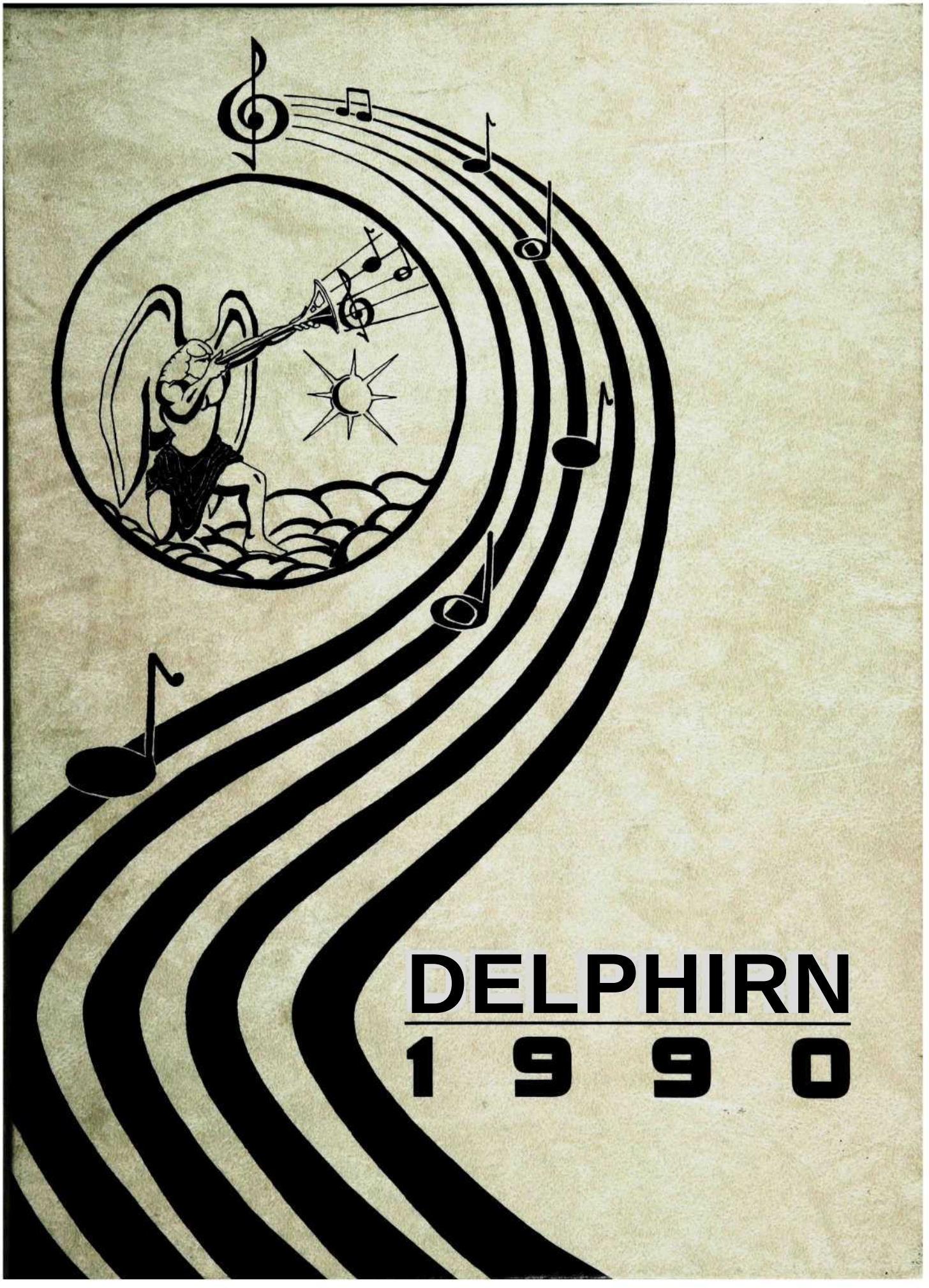
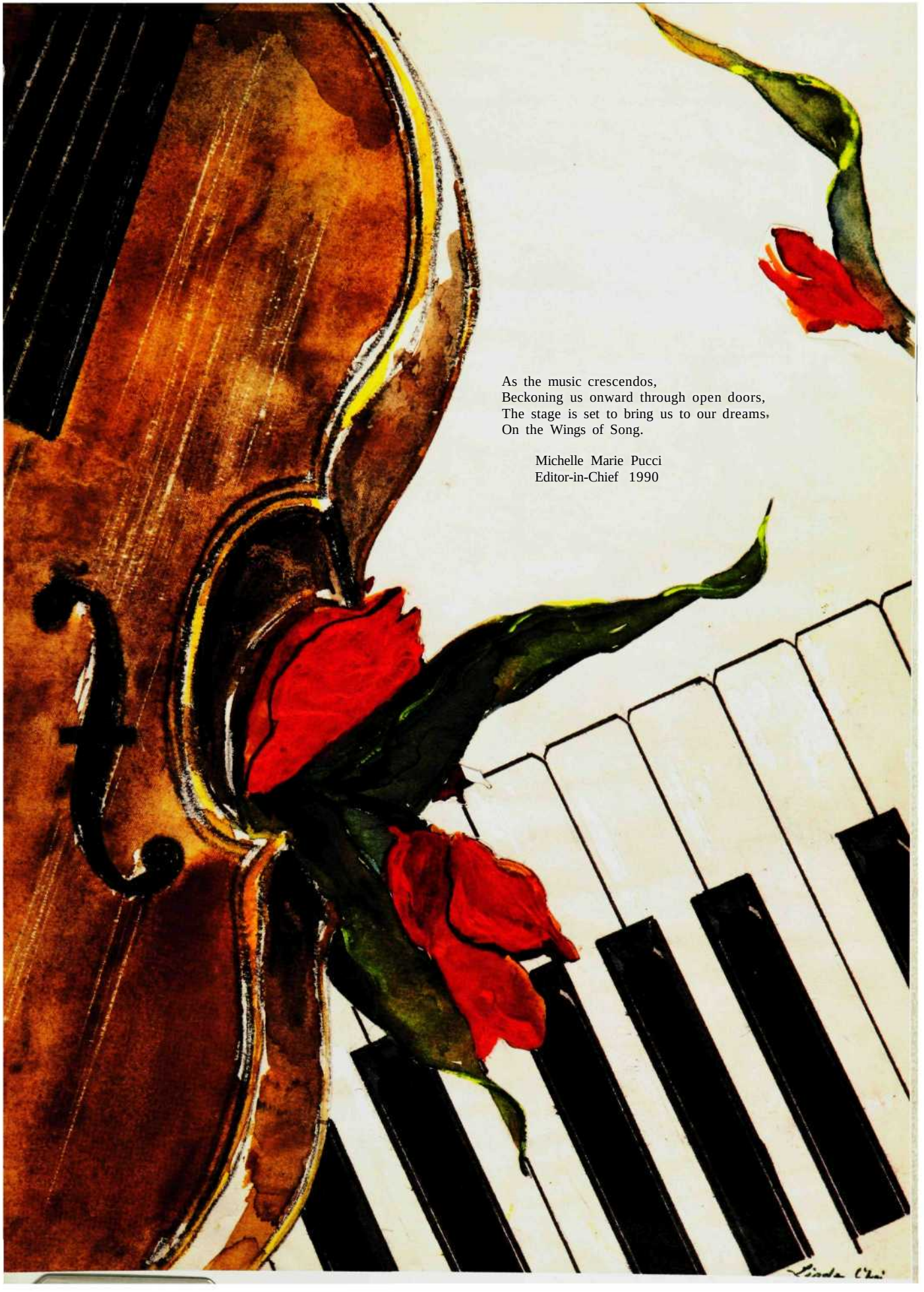


DELPHIRN

1990

ABTAHI AMIR • AGUILAR JOHN • ALBRO LAURA • ALBURTUS SUSAN • ALEXANDER RACHEL • ANDERS DAVID • ANDRES BERNADETTE • ANGERSON CHRISTINA • ANTHONY JENNIFER • APPELBAUM TODD • BANACH WILLIAM • BARBARINO TARA* BARNESJASON • BARROS CHRISTINE • BARSA BRYAN • BASTIAN LISA • BATTAGLIA JENNIFER • BIENER DEBORAH • BILLETT JOANNE • BLOOM CLIFFORD • BOISITS SHERRI • BOPP RYAN • BOYAJIAN ANNE • BUCHTA ELENA • BUCKINGHAM LISA • BUDHWANI NAVIN • BUSSINELLI KATHRYN • CALLISON CLAUDINE • CAPPARELLI LAURA • CELIA MICHELLE • CHIB RITU»CHIMENTI SCOTT »CHIONG JANET* CHO AH RA'CHOU DORIS • CHUN ALVIN* CHUNG EMILY* CIAMBRONE DINA• CILLUFFO MONIQUE • COHEN LAURIE • COLAMEO JOSEPH • CONDRO MARK • CONLON KERRY • COTRONEO SCOTT • COUCOUNAS BETTY • COWEN JOHN • COYLE HOLLY • CUZZI MARY • D'ADDETTA JOHN • DAILEY ALLISON • DALTON RICHARD • DAMATO JOHN • DARWISH SANDRA• DAVIDSON RICHARD • DE BONIS FRED • DE GUZMAN BEN • DEGUZMAN ROLAND • DELEON LARISSA • DEL RE DAVE • DE PIPPA MELISSA «D'ERRICO MICHELLE • DIGREGORIO WENDY • DISTEFANO CHRISTINA • DOLECKI ROBERT • DOMINGUEZ FRANK • DOORLEY BRENDA • DURRENBURGER BRUCE • ELASHMAWY JOE • ENG KEN • ENG MITCH»ENGELTAMMY»ENGELTODD •EPSTEIN JILL »ESKIND MARC • EZRA RICHARD • FAZIO ROBERT • FELDMAN ADAM • FELLNER DAVID • FIOL MIKE • FISCHERNATALIE«FONTANEZMIGUEL • FOSTER ROXANNE • FRANKLIN SCOTT • GAFFNEY JILL • GARCIA SUSAN • GAREY NICK • GENDAL MELISSA • GIACCIO LISA • GIALLORENZO KIM • GOLDBLATT DANIEL • GOLDBLATT PAUL • GREENSPUN DAVID • GROSSMAN JOSEPH • HALLAK VICTORIA • HALLIGAN JEAN • HAN YONG-WAN • HANNA GEORGE • HASTINGS IRAJ • HEDVATMOJGAN'HEGEWALDSTEVE • HEGYI LOU • HUSSAIN SHAHANA • HUTTER CHRISTIAN • HYDE DAVID • IGOE SUSAN • IRWIN SCOTT • IRWIN TAMMY • JABLONSKY STEVEN • JACKSON ELIZABETH • JAMDAR NITEEN* JANCARTSYLVIE* JARETSKY WILLIAM • JONES SEAN • KADONAGA CINDY • KAHWAJIAN MONIQUE • KALANTA STACI • KALMAN LAURIE • KARAKASHIAN EILEEN • KELLY JOHN • KEVREKIDIS JORDANIS • KHEMLANI HEMLATA • KIM DAE JOONG • KIM TAEOK • KOETTING REBECCA • KOHLMANN KEN • KUTS IRINA • LAGATTUTAKIMBERLY»LAMBERTCHRISSY»LAUCELLACLAIRE»LAURIAANTHONY» LEE DEBBIE* LEPAGE CRAIG • LESSNER JEFF • LI JEAN • LIAW WEI-GENE • UNDER MIKE • DAVE LINDNER • LICIOLENTO JAMEY • LOMBARDI CARLA • LOMBARDI MATT • LOMBARDI VINCENT • LUCCHESI DENA • LUCIER CHRISTOPHER • MACHEWIRTH DAN • MAINENTI DAVID • MANOCCHIOTERESA • MAOZ ELI • MARGA AMY • MARKOWSKI LORI • MARSHALL ANGELA • MAY MICHELLE • MCCABE JENNIFER • MCNAIR DON •MCVEIGHTIMOTHY»MDEWAYFADY«MENVILLECHRISTINE»METTLERGREGG« MEYER BART • MITCHELL ED • MONTAG DONNA • MOON JAMES • MORAN MARTIN • MOUSSERIE RAPHAEL* MULLIN JAMES • NAGELTOM • NANDYSANDEEP* NAZAR DANIELLE* NEUMAN ALICIA • NEUMAN JOSH • NEWMAN LEIGH • NICOLAI DAVE • NIEMAN KAREN • NOBLE JEN • NOWARK KERI • NUGENT JOHN • ORATIO GERALD • ORTIZ GLENN • PAGLIUCA GINA • PALADINO MIKE • PALAMARA NANCY* PAPAMICHAELCONSTANTINE • PARAISO CHARINA • PARIKH NEHA • PARK SUNG • PATE MELISSA • PATEL NITA • PECORARO CHRIS • PERLSTEIN JONATHAN • PERRUZZA RAY • PERSICO NICOLE • PETERSON BRET • PETOUVIS ALLISON • PICCIRILLI JENNIFER • PLATT PHIL • PUCCI MICHELLE • RAINER DAN • RALEIGH THERESE • RALPH KEVIN • RASHIDZADA HAMID • RENNAWILLIAM • RIAT MATT • RIEDE ANDREA • RIEMANN CHRISTINE • ROKA JOHN • ROSENBERG STEPHANIE • ROSENBERG WES • ROTH ANDY • ROY MANI • RUGGIERO MICHELE • RUSSO JAMES • SABINO JUSTIN • SAHA JIT • SALTZBERG STEPHANIE • SAMPANG JON • SANBORN LORI • SANTORO RENEE'SCHERERDENISE* SCHMIDT BILL • SCHRADER LISA • SCHWARZWALD RAYNA • SEIDEL ROBERT • SETIA NINA • SHAH SITAL • SHAH SUJAY • SHAMOSH ILANA • SHAMOUN REEM • SHAPIRO SIMA • SHOENHOLZ JON • SIGONA JOHN • SIMITZMIKE»SINGERBETH»SOMMER MARC • SOTIRHOS PEGGY • ST. THOMAS TARA • STAAR ERIC • STARACE MIKE • STEINHARDT MICHELE • SUTERA JOE • TERLECKY HEATHER • THOMPSON ADRIENNE • TORSLAND KARI • TRAN ROSEMARY • TURCO TRACEY • VACCARELLA ROSARIO • VAN RENSALIER TONIA • VASILE MARGARET • VELTRI RENE* VEREB JESSICA* VETRONE MICHELLE* VOLPEMICHAEL* VOSSTARA. WAKSTEINSTACEY* WEINRICH KAREN • WILLIAMS STEVEN • WINTERS JENNIFER • WINTERS TED • WISCOVITCH JOSEPH • WOLINSKY HANNAH • ZAMMITTI NATALIE • ABTAHI AMIR • AGUILAR JOHN • ALBRO LAURA • ALBURTUS SUSAN • ALEXANDER RACHEL • ANDERS DAVID • ANDRES BERNADETTE • ANGERSON CHRISTINA* ANTHONY JENNIFER* APPELBAUM TODD* BANACH WILLIAM • BARBARINO TARA • BARNES JASON • BARROS CHRISTINE • BARSA BRYAN • BASTIAN LISA" BATTAGLIA JENNIFER* BIENERDEBORAH • BILLETT JOANNE •BLOOMCLIFFORD'BOISITSSHERRI* BOPP RYAN* BOYAJIAN ANNE* BUCHTA ELENA • BUCKINGHAM LISA • BUDHWANI NAVIN • BUSSINELLI KATHRYN«CALLISONCLAUDINE»CAPPARELLI

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As the music crescendos,
Beckoning us onward through open doors,
The stage is set to bring us to our dreams,
On the Wings of Song.

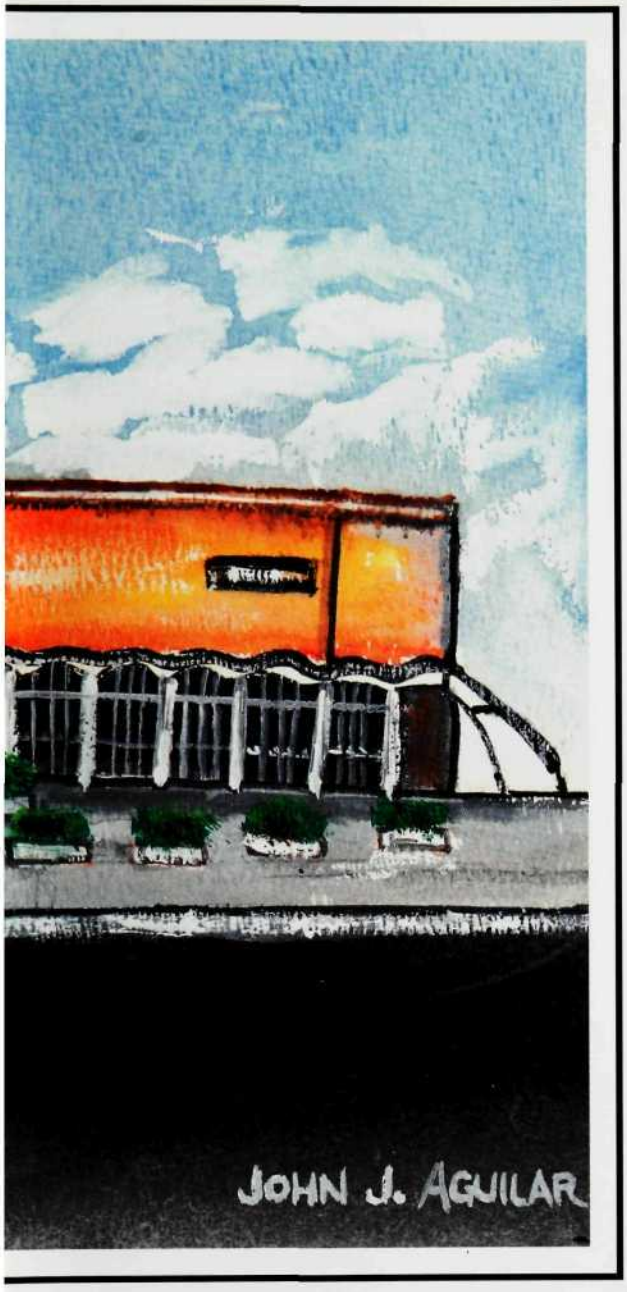
Michelle Marie Pucci
Editor-in-Chief 1990

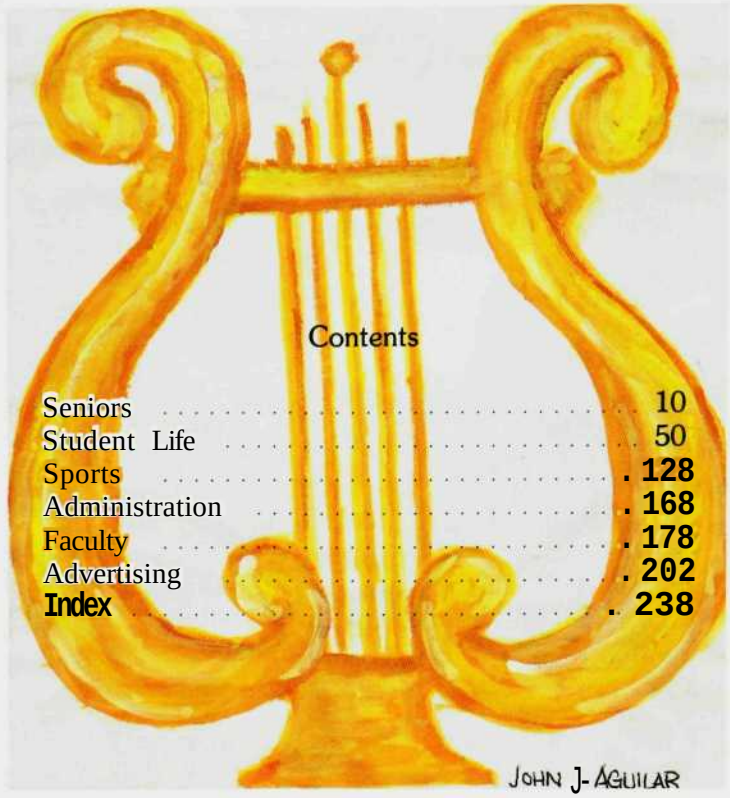


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Paramus High School
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Volume XXXI



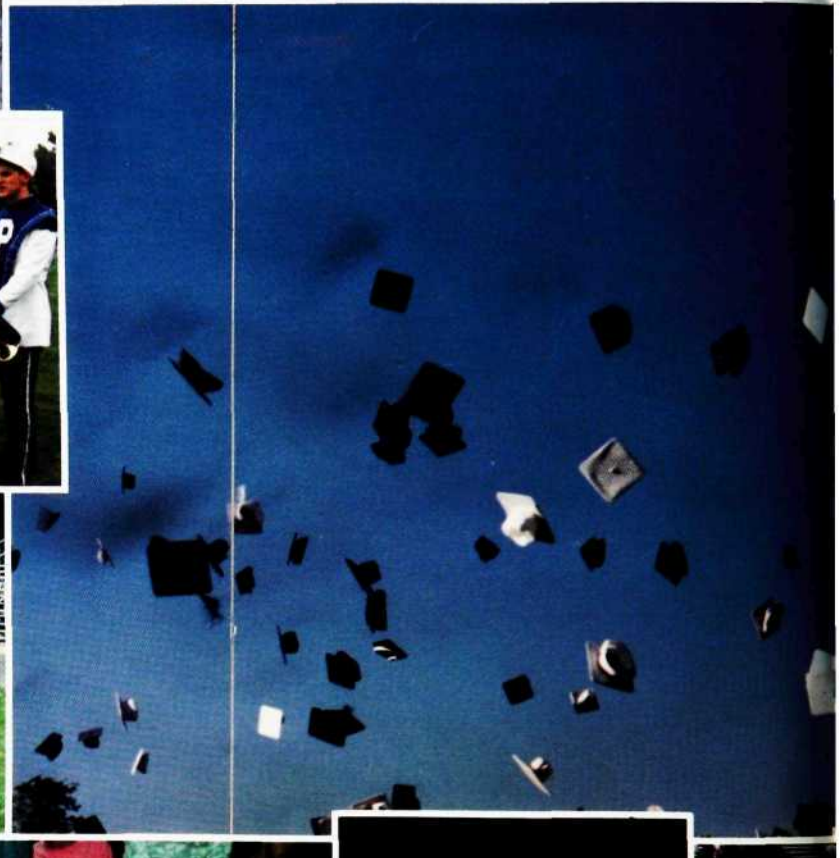


Alma Mater
Hail Paramus Blue and White for posterity!
Sons and daughters sing her praise till eternity.
Raise the chorus.
Speed it onward,
Let our watchword be
Hail, all hail good fellowship
Paramus we love thee.










CLASS
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CNN STATE











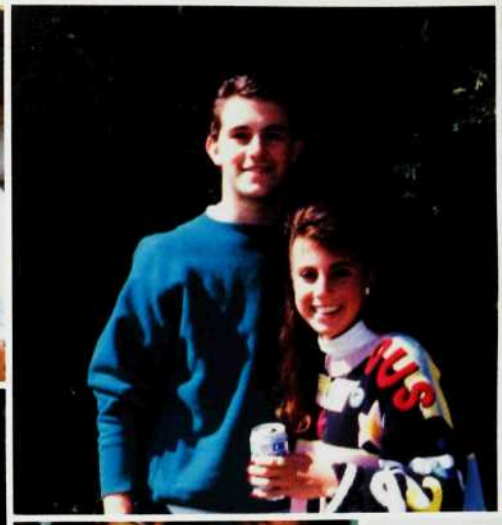








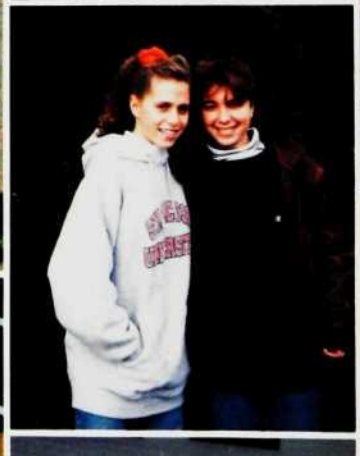


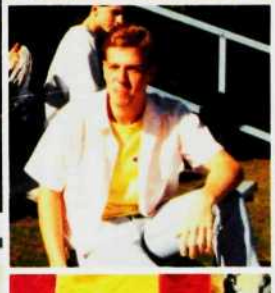
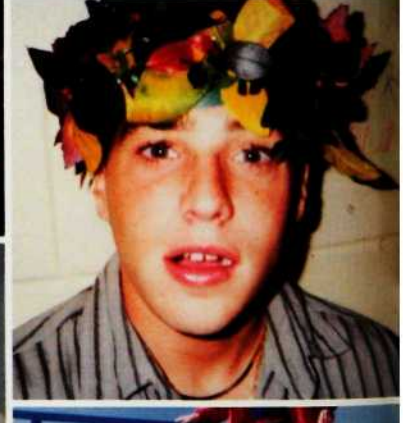
















CLASS
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What's A Maroon?
















PHS







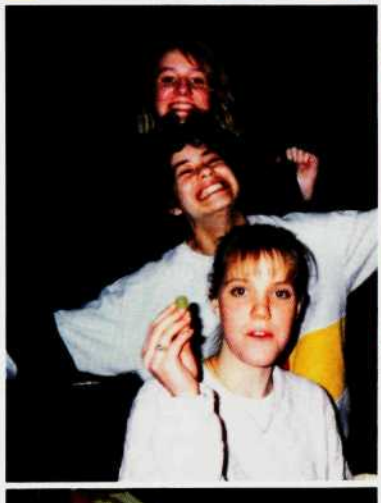
















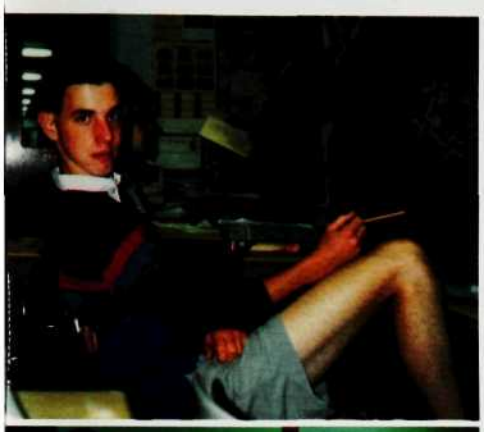








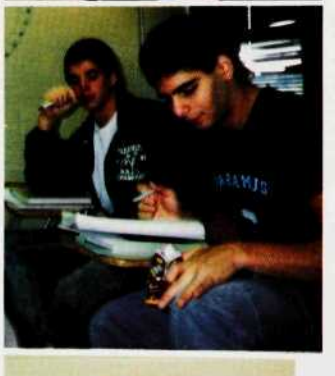


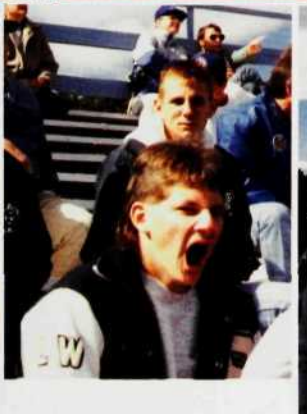


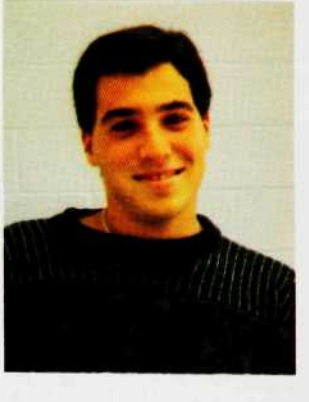


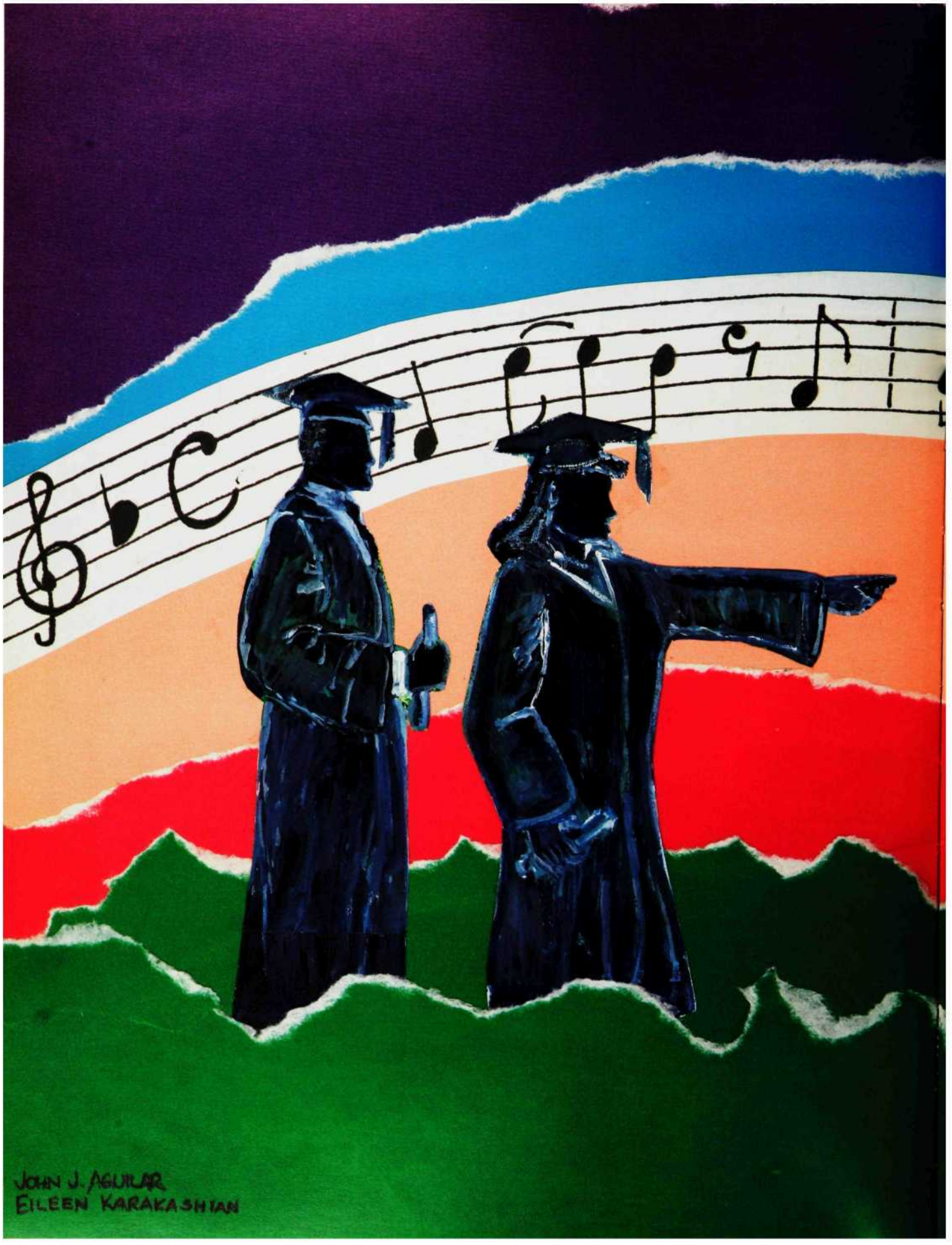


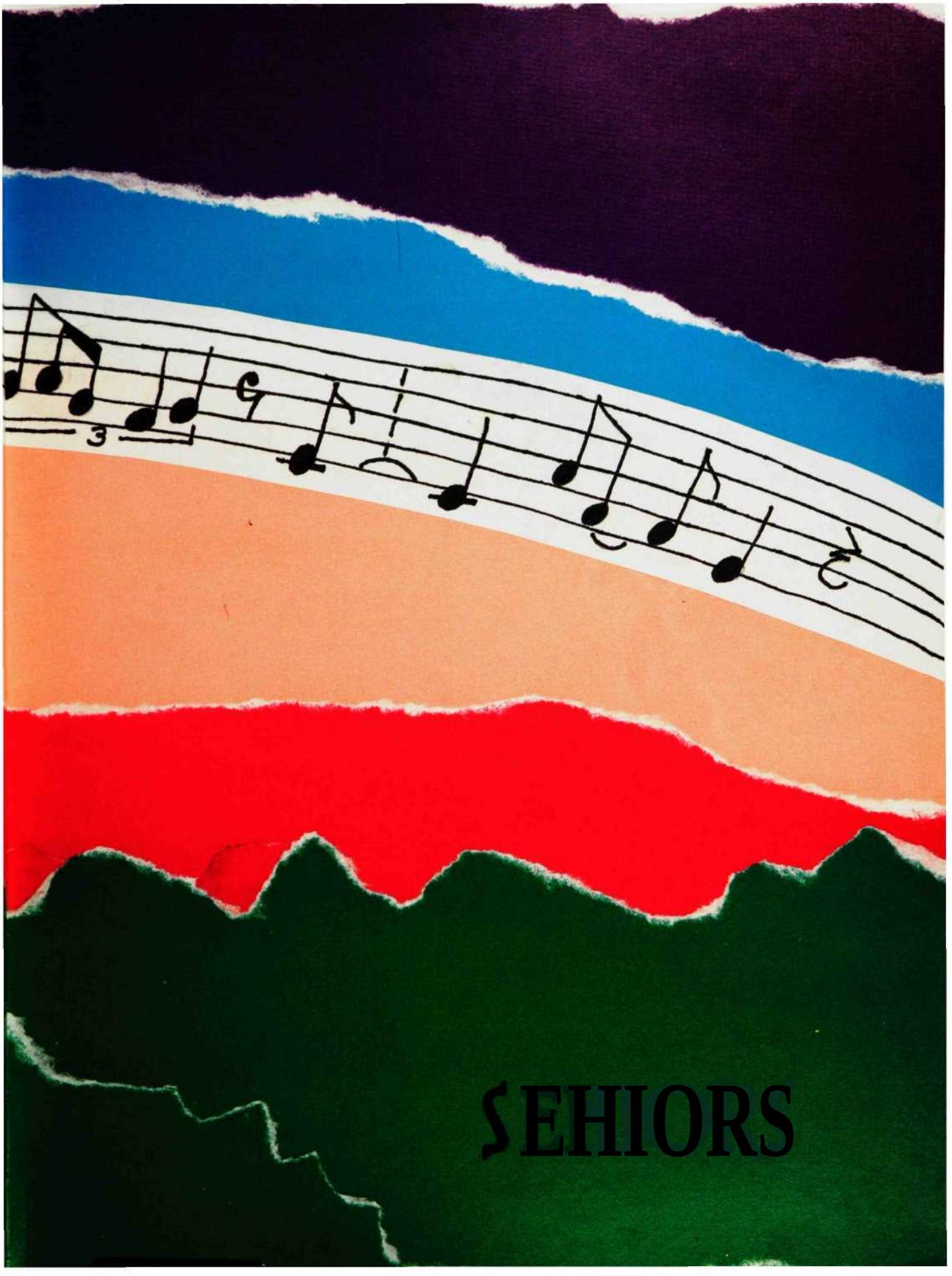







JOHN J. AGUILAR
EILEEN KARAKASHIAN


SENIORS

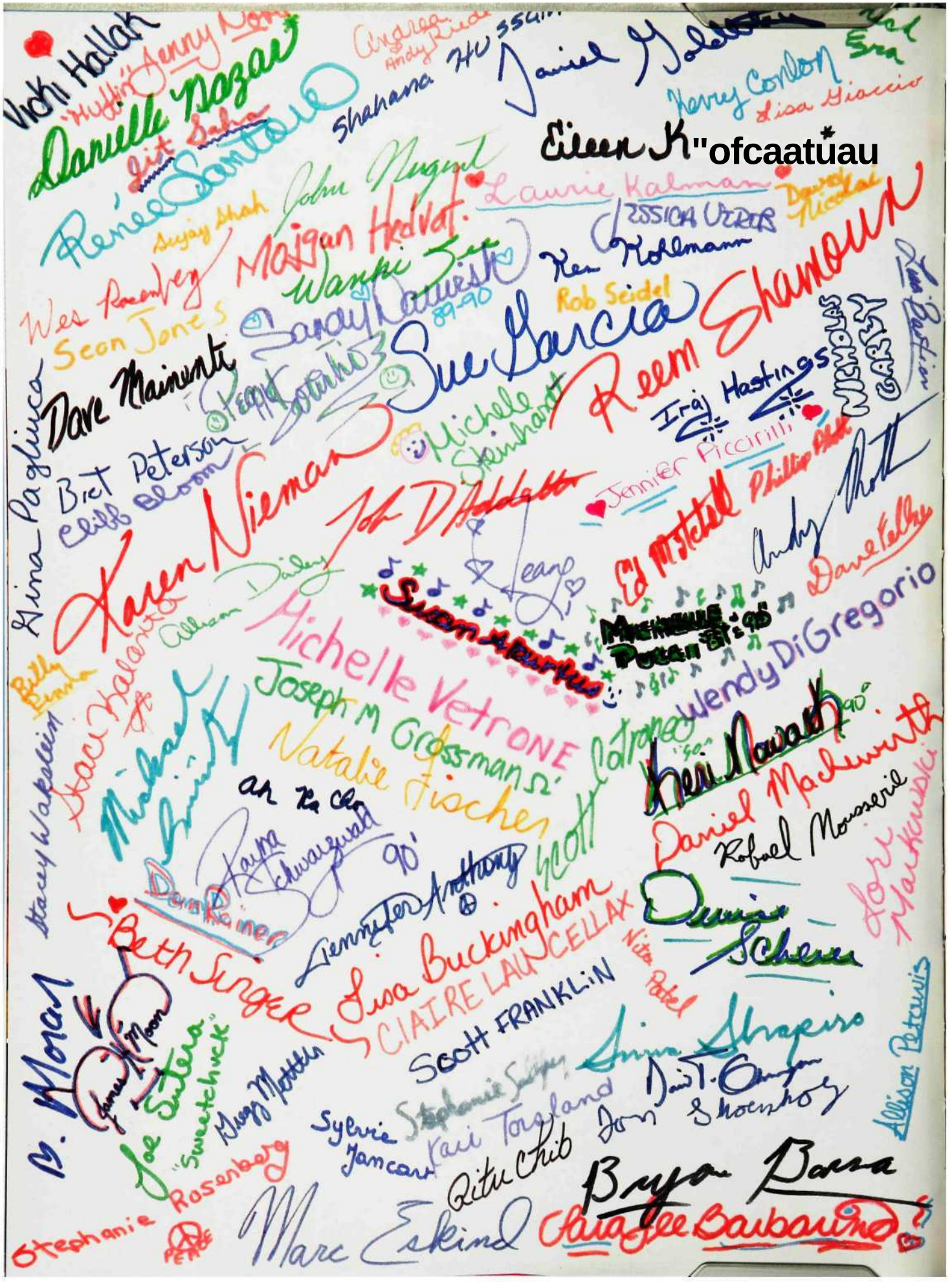


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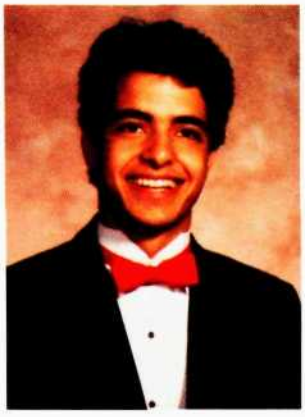
1990

we/,


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Daniel Nazarian
Renee Santos
Shahana
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Jerry Conlon
Lisa Giaccio
Eileen K"ofcaatuau
Suzy Shah
John Nugent
Maigan Hrdlicka
Wanki Lee
Laurie Kalman
Jessica Urban
Ken Kohlmann
Rob Seidel
Wes Rackley
Sean Jones
Dave Mainente
Bret Peterson
Cliff Bloom
Sandy Lamarche
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Sue Garcia
Reem Shamoun
Michele Steinhardt
Iraj Hastings
Jennifer Ficarrilli
Nicholas
Gilly
Karen Nieman
Joe D'Addetta
Ed Mystkal
Phillip Hall
Dave Felke
Allison Daley
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Natalie Fischer
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Stephanie Sieper
Kari Torgland
Rita Chib
Marc Eskind
Allison Petrowski
Joe Esteva
"Sweetchuck"
Rosenberg
Stephanie
PEACE


Rosario Vaccarella
"Rosi"
Bill McNamara
Heidi Herman
Joshua Neuman
Sean Dalligan
Elizabeth Jackson
Kevin Ralph
Nina Sena
-90
Callison
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Holly Coyle
Ryan Boff
Anne Boff
Rachel Alexander
Jimmy Russo
Hannah Wolinsky
TODD APPELBAUM
Ben de Guzman
Alicia Jensen
Tom Vogel
Lisa Thompson
Jamey Focianto
Chris Nimmo
Sara E. Vaughn
Diana Cardona
Richard Sheridan
Franklin Dominguez
HIANA SHAMOSH
Danielle Kaufman
Matt Riat
Eric Hart
Debbie Zamora
Jeanne Bilkett
Maggie Gustavson
Lisa Marie Kay
Chou
Dawn
Madeline
Baby!
Yaaay!
Yeee! Byeee!
SOS!
Roster!

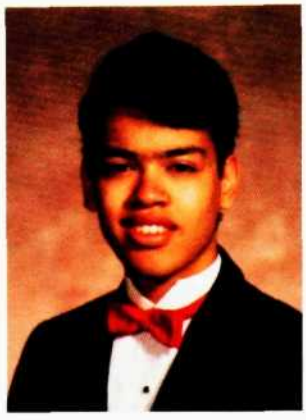
Taking timid steps



Amir Abtahi
"Reza"

"Easy coming is easy going."

Indoor Soccer 1, 2, 3, 4; Ping Pong Club 1, 2, 3, 4; Bowling 2, 3; Soccer 1, 2, 3, 4; Tennis 4.

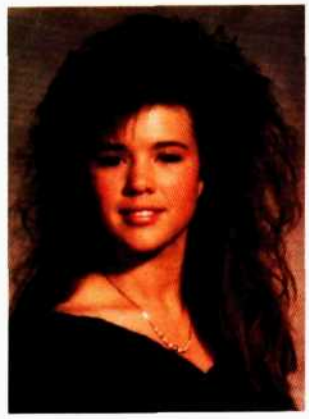


John James Aguilar

"Aggie" "Aguilera" "John"

"And knowing is half the battle."

Art Club 4; Tennis 3, 4; *Delphian* 4.



Laura Albro
Laura

"Believe in the magic of your dreams."

Art Club 2; Marine Science 3; Prom Committee 4; SADD 3, 4; Ski Club 2, 3, 4; Weight Training 1; Cheerleaders 1; Cross Country 1, 2, 3, 4; Indoor Track 2, 3, 4; Spring Track 1, 2, 3, 4; Winter Track 2, 3, 4.



Susan Renee Alburtus
"Suzi", "Gus", "Sue"

"Some people think it's holding on that makes one strong sometimes it's letting go."

Amaranth 2, 3, 4; Band - Concert 1, 2, 3, 4; Band-Marching 1, 2, 3, 4, Drum Major 4; *Delphian* 4; Musical Production 2, 3, 4; Orchestra 1, 2, 3, 4; Pit Orchestra 2, 3, 4; Prom Committee 4; Wind Ensemble 2, 3, 4; Bergen County Band; Jazz Ensemble 4.



Rachel Beth Alexander
"Rachel" "Ray" "Rach"

"Life is one big smorgasboard; we've sampled the hor-d'oeuvres; now, on to the main course "

Band-Concert 1, 2, 3; Band-Marching 1, 2, 3; Class Representative 1, 2, 3, 4; *Delphian* 1, 2, 3, 4; Index Editor 1, 2, 3, 4.



David Anders
"Dave"

"Art is thesbrusWof life?; with each stroke it gives life color."

National HojWi JSCICJty 4; Academic DecattilW|3V4; Band-Concert 1, 2, 3, iJiakiMirching 1, 2. 3, 4; Concert Choir 1, 2, 3, 4; *Delphian* 2, 3, 4; Ediflbr 2, 3, 4; Forum Press 4, Jazz Ensemble 1, 2, 3, 4; Musical Production 1, 2, 3, 4; National Forensic League 1, 2, 3, 4, Vice-President 4; Orchestra 1, 2, 3, 4; Concertmaster 4; Pit Orchestra 1; Small Ensemble 1, 2, 3, 4; String Ensemble 3, 4; Wind Ensemble 1, 2, 3, 4; Golf 1, 2. 3, 4.



Bernadette Odulio Andres
"Bernie", "Berns", "Bern"

"As every thread of gold is valuable, so is every minute of time."

Amaranth 1, 2, 3, 4; Art Club 1, 2, 3, 4; President 4; Art Service Corps 1, 2, 3, 4; Cross American Culture 1, 2, 3, 4; Recording Sec. *Delphian* 3, 4; Editor of Photography 3; Interact 4; International Club 4; Marine Science Club 4; Renaissance Society 4; SADD 4; SAE 4; Treasurer 4; Weight Training 3.

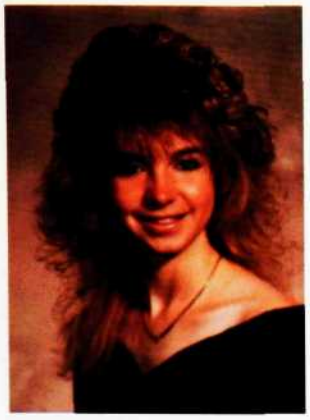


Christina Marie Angerson
"Christina" "Tina"

"Always remember where you have been because you will always go back."

Soccer 1.

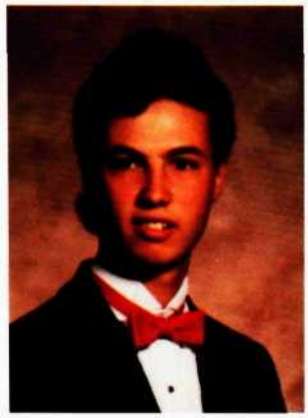
We bring ourselves



Jennifer Lee Anthony
"Tony", "Perry", "Jen"

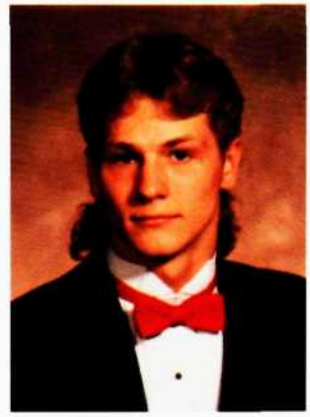
"I am not afraid of tomorrow, for I have seen yesterday, and I love today."

Art Club 4; Class Representative 1, 2, 3, 4; Orchestra 1, 2, 3, 4; Prom Committee 4; Softball 1, 2, 3, 4.



Todd Appelbaum
"Todd"

"Common sense is instinct and enough of it is genius."



William P. Banach
"Bill", "Bowie"

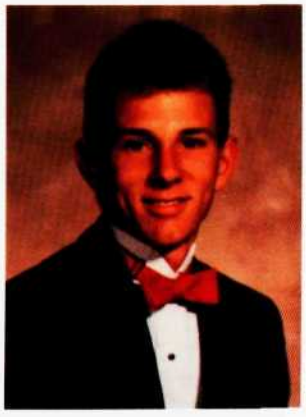
"If you're not now, you never were."



Tara Lee Barbarino
Tara

"Believe in the magic of your dreams."

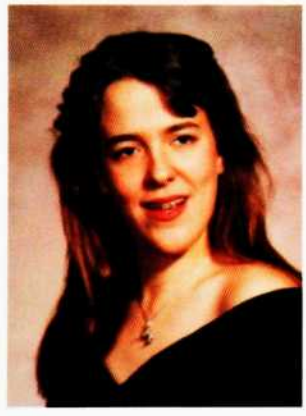
Band-Concert 1, 2, 3, 4; Band-Marching 1, 2, 3, 4; Class Representative 1, 2, 3, 4; Concert Choir 1, 2, 3, 4; Drama Club 1, 2, 3, 4; International Club 3; Majorettes 2, 3; Musical Production 1, 2, 4; Prom Committee 4; Renaissance Society 1, 2, 3, 4; Small Ensemble 1, 2, 3, 4; Spartan Communications 3; Spotliters 2, 3, 4; Cheerleaders 3, 4.



Jason Scott Barnes
"Jas"

"To develiop and grow to another level we must be self-sufficient and independent down the road called eternity."

National **HorwStiSoelety** 3,4; Student Government ,:genate 1; Basketball 1, 2, 3, 4; Crdss Country Track 1, 2, 3, 4; Spring Track 1, 2, 3, 4.



Christine Marie Barros
"Christine", "C.M.B.", "Aggie"

"Like the wind in the trees I shall run with the breeze • Yet when the good times seem too few I need but to remember you."

Amaranth 3, 4; Band-Concert 1; Band-Marching 1, 2, 3; Concert Choir 1, 2, 3, 4; Drama Club 2, 4; Musical Production 2, 3, 4.



Bryan Barsa
"Barsa"

"The road goes ever on and on."

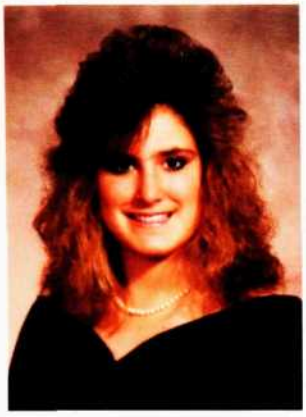
Ski Club 1, 2, 3, 4; Football 2, 3, 4.



Lisa Bastian
"Lisa"

"If we could sell our experiences for what they cost us, we'd all be millionaires."

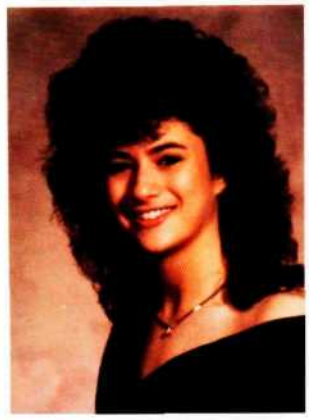
Closer to the



Jennifer Battaglia
"Jen", "Jenny", "Nif"

"Many moments we've shared since I've met you long ago, but now it's time to say farewell; farewell "

Flag Squad 1, 2, 3; Musical Production 2; Prom Committee 4.



Deborah Biener
"Beans"

"I've conquered my past; the future is here at last; 1 stand at the entrance to a new world^- I can see."

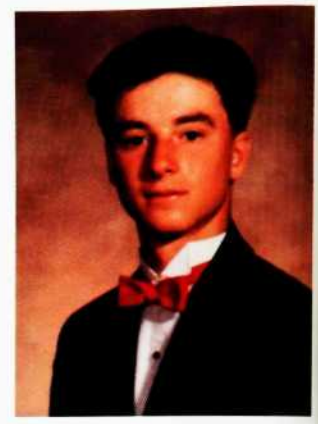
National Honor_SQ|38ty 3, 4; *Delphian* 3, 4; Hebrew Honor Society 3, 4; Ski Club 1, 2, 3, 4; Volleyball 1. I



Joanne Billett
"Joey", "Jo Jo", "Josie"

"Love rules the court, the camp, the grove, the men below and the saints above • for love is heaven and heaven is love."

Concert Choir 1, 2, 3, 4; International Club 2.



Clifford Matthew Bloom
"Cliff", "Bfoipifners", "Bloomera n]3'

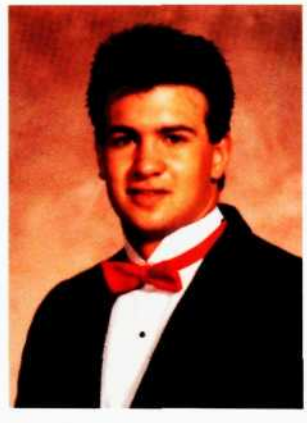
"At our 60th ^^n-niversary, this graduating class inust have the answer to my life's question, how do they get the cream filling inside those Twinkies^-'- ^^-'

National Honor Society 3, 4; Basketball Club 1, 2, 3, 4; Class Representative 1, 2, 3, 4; *Delphian* 3, 4; Interact 4; Spanish Honor Society 3, 4; Weight Training 2, 3; Basketball 1, 2, 3; Baseball 1, 2, 3, 4; Soccer 1.



Sherri Lynn Bolsits
"Sher"

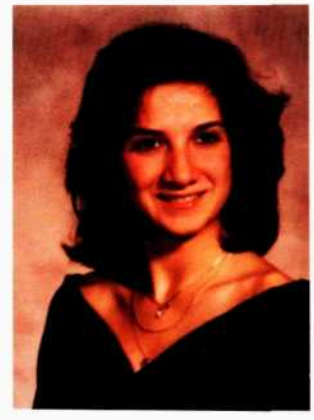
"If you look for truthfulness, you might as well be blind; It always seems so hard to get."



Ryan Matthew Bopp
"Bopper", "Boff", "Reboff"

"You don't have to die to go to heaven, or hang around to be born again, just tune into what this place has 9ot t0 offer, cause we ma^ neu" er be here again "

Football 1. 2, 3, 4. Captain 4; Baseball 1; Basketball 1; Weight Training 1, 2. 3, 4; Floor Hockey 2, 3, 4; Ski Club 1, 2, 3, 4.



Anne Mariam Boyajian
"Annie", "Shorty", "Anne Marie"

"Good things come in little packages. But the size of a person does not matter today. It is what is inside a person that counts."

Computer Club 1, 2, 3, 4; Concert Choir 1, 2, 3. 4; *Delphian* 4; Musical Production 1, 2, 3, 4; Small Ensemble 4; Tennis 2, 4.



Elena Marie Buchta
"Elena". "Elaine"

"Old habits reappear. Fighting the fear of fear. Growing conspiracy, everyone's after me. Frayed ends of sanity, hear them calling me."

threshold of a new decade.



Lisa Dawn Buckingham
"Lisa"

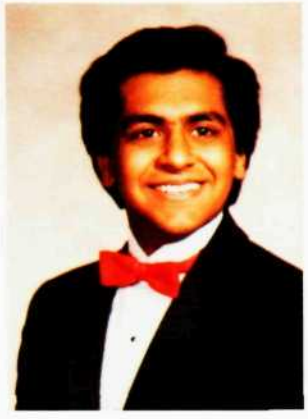
"Take your time don't live too fast, troubles will come and they will pass don't worry you'll find yourself, follow your heart, nothing else."

Ski Club 1, 2, 3.



Laura Capparcelli
"Laura"

"Many dreams come true and some have silver linings. For my dream and a pocket full of gold."



Navln Budhwani
"Bud", "Budwelser", "Navi"

"Nothing makes a man more productive than the last minute."

National Honor Society 3, 4; Academic Decathalon 3, 4^ Amaranth 1, 2, 3, 4; Art Club3, 4;Chess Club 1, 2, 3, 4; *Delphian* 4, Editor 4; F.B.L.A. 3, 4; Interact 1, 2, 3, 4; International Club 2, 3, 4; Vice-President 4; National Forensic League 1, 2, 3, 4; N.J. Science League 2, 3, 4; Prom Committee 4; SAE 3, 4; Spanish Honor Society 3, 4; Student Advisory Board 3, 4; Tennis 1, 2, 3, 4; Cross-American Culture Club 2, 3, 4.



Michelle Debra Celia
[1] 'Cea7s";"Ge I"

"Only the young can say they're free to fly away. Sharing the same desires. Burnin' like W^ildfird."

National Honor Society 3, 4; Interact 1, 2, 4; PraniGeftimittee 4; Student Government Senate 1, 2, 3, 4; Softball 1, 2, 3, 4; Volleyball 2. 3.



Kathryn Bussinelli
"Kathi"

"The moments fade and the memories begin, but friendships remain."

F.B.L.A. 1, 2; Prom Committee 4; Cheerleaders 1, 2, 3, 4; Softball 1.



Ritu Chib
"Ri", "Ribbie", "Chibber"

"The face that bares the mask hides the beauty within."

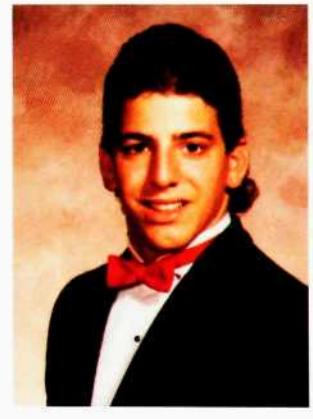
Amaranth 2, 3; *Delphian* 4; Drama Club 2, 3, 4; Interact 2, 3; Prom Committee 4; SAE 2, 3, 4; Wrestling 3, 4; Manager 3, 4; Spring Track 2; Stage Manager 3, 4.



Claudine Callison
"Claudineee", "Dini", "B.P. #2"

"We chased our pleasures here, dug our treasures there; can't you still recall the time we cried. Break on through to the other side."

Amaranth 3, 4; American History Club 1, 2; Art Club 3, 4; *Delphian* 4; F.B.L.A. 3, 4; Forum Press 1; Interact 3, 4; International Club 2, 3, 4; Marine Science Club 1, 2; Prom Committee 4; SADD 2, 3, 4; SAE 3, 4; Basketball 1. 2.



Scott Chimenti
"Chimenti"
"I will get by I will survive."

Ski Club 1, 2, 3, 4; Weight Training 1, 2, 3, 4; Baseball 1; Football 1, 2, 3, 4; Wrestling 1, 2.

Eyes wide with wonder,



Janet B. **Chiong**
"China", "Juanita", "B"

"It's better to have loved and lost, than to never have loved at all."

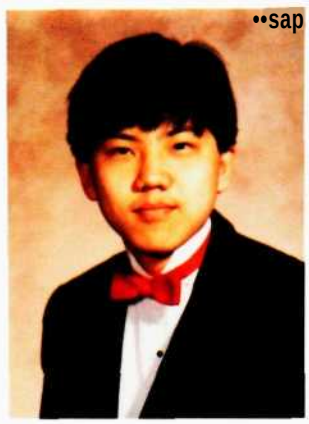
Spanish Honor Society 3, 4, Vice-President 3, 4; Equestrian Club 1; SADD 3, 4; Basketball 1; Cross American Culture Club 4; Advisory Board V.P.; Interact 3, 4; International Club 4; SAE 4; *Delphian* 4; Amaranth 4.



Yu-Chi Emily Chung
"Emily", "Em"

"Variety is the very spice of life, that gives it all its flavor."

National Hoftor Socie^ 3,4; Band-Concert 1, 2; Band-Marching 2; Drama Club 2,3; Fencing 1, 2; Orchestra 1, 2, 3, 4; Renaissance Society 3, 4; SAE 1, 2, 3* 4; String Ensemble 4; Wind Ensemble 2; Volleyball 1.



Ah Ra Cho
"Chostef", "Ctic1-man",
"Ah-choo"

"Everybody holds-thejuture in their own hands.

National Horror Sbcie^ 3, 4; Chess Club 1; Computer Oub 1; Concert Choir 2, 3, 4; *Delphian* 3, 4; German Honor Society 2, 3, 4; High School Bowl 3, 4; Interact 4; Musical Production 2, 3, 4; Who's Who Among American High School Students 3,4.



Dina Ciambrone
Dina

"Follow your heart and your dreams will never go wrong."

F.B.L.A. 12; Prom Committee 4; Softball 1; Volleyball 1, 2.



Doris Chou
"3314", "Dor", "Shorty #3"

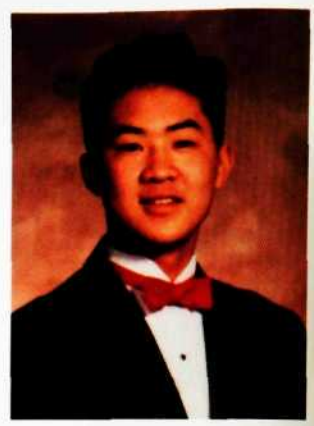
"Each of lis has a *place, deep* within the heart, the* ess£nce of who we are where truthPwnptty

National Horibr , Spotejty 3,4; Amaranth 3, 4; BgSGbjJcert 4; Band-Marching 4; *Delphian* 3, 4, Literary Editor 3, 4; French Honor Society 2, 3, 4; Musical Pruduction 2, 3, 4; N.J. Science League 3; Orchestra 2, 3, 4, Secretary 3, Vice-President 4; Spotliters 2; String Ensemble 4; Tennis 3; Yearbook Executive Staff; Science Research at NJIT, AWSOM 3, 4.



Monique Cilluffo
"Ho"

"The way to love anything is to realize that it might be lost."



Alvin Young Chun
"Al", "Joo Wan"

"For we *ate* notjfcpriterKling against flesh and blood.bu<.against the principalities, -against tfie powers, against the vitorld: rule"; of this present darkness\ \ \!"/

National Honor Society 3,4; Amaranth 1, 2, 3, 4} Cross American Culture 1, 2, 3, 4; *Delphian* 4; Interact 1, 2, 3, 4; International Club 1, 2, 3, 4; Prom Committee 4; SAE 1, 2, 3, 4; Ski Club 1, 2, 3, 4; Student Advisory Board 4; Student Executive Board 4; Student Government Senate 1, 2, 3, 4; Who's Who American Student 4; Basketball 1, 2.

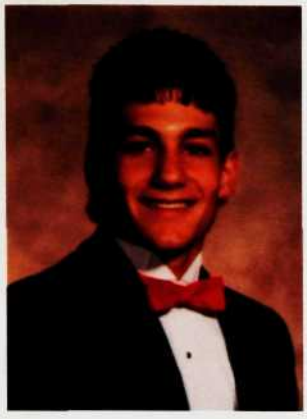


Laurie Cohen
"Laur", "Laurie"

"In dreams and in love there are no impossibilities."

Amaranth 3, 4; *Delphian* 4, Editor 4; F.B.L.A. 3, 4; Interact 2, 3, 4; International Club 2, 3, 4; Prom Committee 4; Renaissance Society 1, 2, 3, 4; SADD 2, 3; SAE 3, 4; Ski Club 3; Student Government Senate 4; Tennis 1, 2, 3, 4; Volleyball 1.

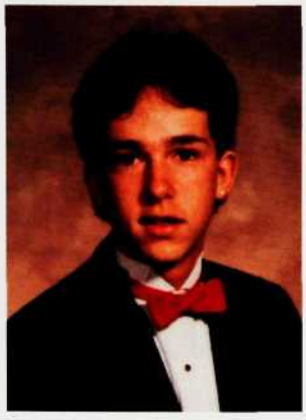
our hearts full of fear . . .



Joseph Colameo
"Joe"

"The world meets no one half way."

Class Representative 3; Prom Committee 4; Weight Training 1, 2, 3, 4; Baseball 1, 2, 3, 4, Captain 4; Football 1, 2, 3, 4.



Mark Condro
"Condro", "Droid"

"Today was Tomorrow, Yesterday."

Indoor Hockey 1, 2, 3, 4; Baseball 2.



Kerry Conlon
"Ker", "Ker-Bear"

"Now that the end of the year is near, life is too short to have to say goodbye."

Art Club 4; Flag Squad 2, 3.



Scott L. Cotroneo
"Slick", "Corey", "Bone"

"Now is not the end. It is not even the beginning of the end. But, it is perhaps, the end of the beginning."

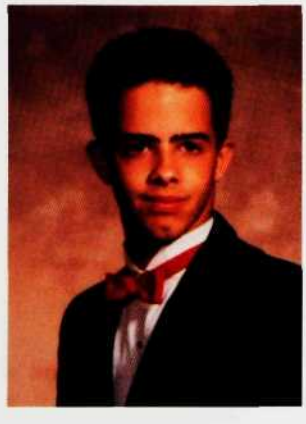
Ski Club 1, 2, 3, 4; Weight Training 2, 3, 4; Football 1, 2, 3, 4; Indoor Track 1; Spring Track 1; Indoor Hockey 3,4.



Elizabeth Renla Coucounas
"Betty Boop", "Booper"

"Life is what thou makest it! (So makest it fun!)"

Amaranth 3, 4; Art Club 3, 4; *Delphian* 3. 4.



John Cowen
"John", "Rat Man", "Cowboy"

"If you want to get somewhere, you must let yourself go."

Soccer 1, 2, 3, 4; Floor Hockey 1, 2, 3, 4; Ice Hockey 3, 4.



Holly Michele Coyle
"Holly"

"Daddy, Did I ever tell you you're my hero. You re everything I wish I could be. You are the wind beneath my wings!
Love Ya!"

Basketball 1, 2; Volleyball 1.



Reynaldo Cruz
"Cruzzer", "Rey"

"The difficult we do right away, the impossible takes a little longer."

Weight Training 1, 2, 3, 4; Football 2, 3, 4.

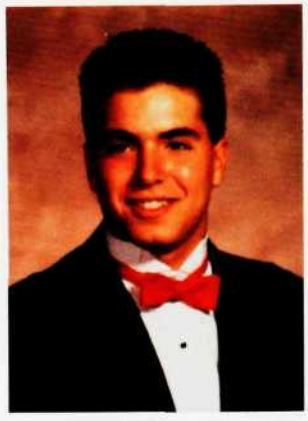
We hum the tunes of days past,



Mary P. Cuzzi
"Mair-Mair", "Mary", "Mair"

"Our memories of yesterday will last a life time. We'll take the best, forget the rest and some day we'll find these are the best of times."

Prom Committee 4.



John D'Addetta
"D'Addetta"

"Those people who think that they know everything are aggravating to those of us who do."

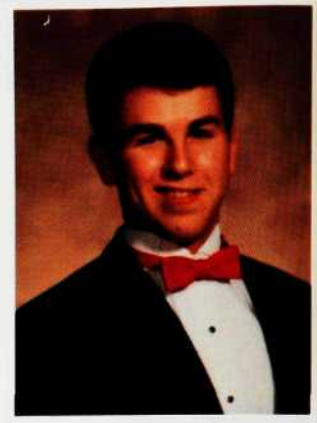
Class Representative 3; Ski Club 1, 2, 3, 4; Weight Training 1, 2, 3, 4; Baseball 1, 2, 3, 4; Captain 4; Football 1, 2, 3, 4; Captain 4.



Allison Dalley
"Al", "Alli-caf'T'Alix"

"When shadows paint the scene, where spotlights used 1o fall, and now its like a dream, did it happen aiter all?"

National HonOfcSoaety 3, 4; Band-Concert 1, 2, 3, 4; Band-Marching 1; German Honor Society 2, 3, 4; Majorettes 2, 3, 4; Co-Captain 4; Renaissance Society 4; Wind Ensemble 2, 3, 4.



Richard Dalton
"Rick", "Rich"

"Twenty years from now we'll look back in these yearbooks and say, who really cares what these quotes say anyway?"

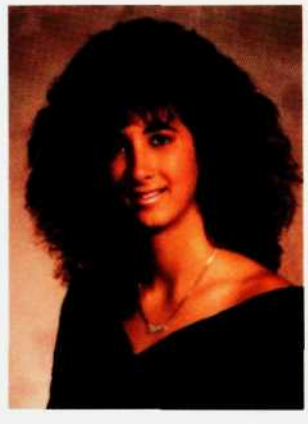
Fantasy Games Club 3, 4; Indoor Soccer 2; Interact 3, 4; SAE 4; Ski Club 4; Bowling 4.



John Damato
"John"

"Live for today, think of tomorrow, and learn from yesterday."

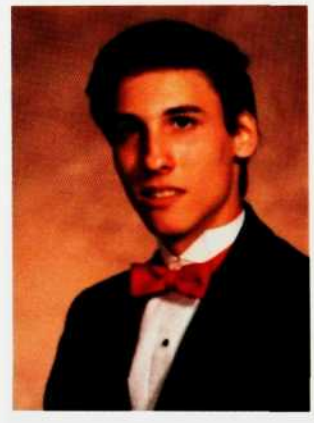
F.B.L.A. 3.



Sandra Darwish
"Sandy"

"Only a dreamer can change a ^a m."

Interact 4; International Club 4.



Richard Davidson
"Dr. D", "Harley"

"As Elvis Presley said, My philosophy for a happy life, some-^ing ,0 do, and something to look rward to."

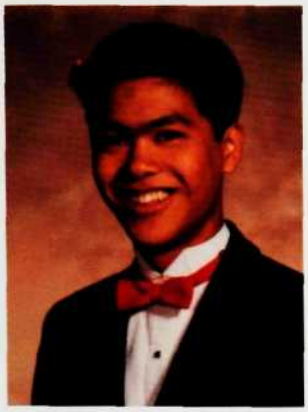


Fred De Bonis
"Fred"

"Winning isn't everything; it's the only thins,,

Indoor Soccer 1 ^ 4 , Ski Club 3; Baseball 2, 3; r 1, 2, 3, 4; Captain 4; Tennis 4; Hockey 1, 2, 3, 4.

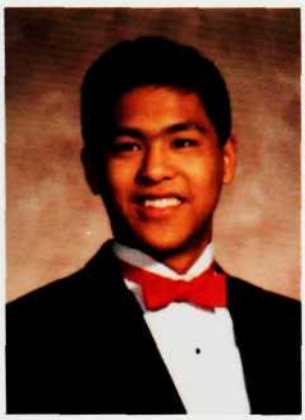
reminiscent of youth.



Benjamin (Jonraa ae buzman
"Ben", "Bert", "Benjha-meen"

"There is a. light/^h^t never goes out."

National Hon^gpjcj&y|3, 4; Amaranth, Associate Editor 3, 4, Junior Editor 2; Class Representative 1, 2, 4; Concert Choir 3, 4; *Delphian* 3, 4 Literary Editor 3, 4; Drama Club 1, 2, 3. 4, Latin Honor Society 3, 4; Musical Production 1, 2, 3, 4; Natinal Merit Semi-Finalist 4; Spanish Honor Society 3, 4; President 3, 4; Spotliters 2, 3. 4; Student Advisory Board 3, 4; Student Government Senate 4; Student Executive Board 4; Tennis 1, 2, Boy's Volleyball 3, 4, Captain 3, 4; NCTE Writing Achievement Nominee 3; Volleyball, Volunteer Assistant Coach 4.



Roland DeGuzman
"Bolface", "Guzzer"

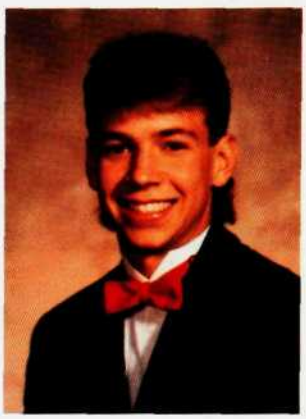
"I really wish I wits less pf a thinking man, and moreya fool who's not afraid of rejection."

National Honor Society 3, 4; *Delphian* 4; Latirufctonor-jlociety 4; Student Executive $oard 4; Student Government Seriate 4; Weight Training 1, 2, 3, 4; Wrestling 1, 2, 3, 4; Captain 4; Boys Volleyball 3, 4, Captain 3, 4.



Larissa DeLeon
"Lali"

"Walk toward the sun and shadows will fall behind."



David DeIRe
"DeIRe", "Dave"

"If we worry about the future too much, we will miss the present and forget the past."

Weight Training 4; Baseball 1, 2; Wrestling 1, 3, 4.



Melissa De Pippa
"Melis", "Titter", "Mel"

"Some hang on to use to be, Live their lives looking behind. All we have is here and now, all our lives are out there to find."

Class Representative 2.



Michelle D'Errico
"Michelle", "Bubbles"

"1 look and see it's not only me, so many others stood where 1 stand. We are the young, so raise your hands."



Wendy Danielle DiGregorio
"Wendy"

"May the dreams of yesterday become the fulfillment of tomorrow."



Christina DiStefano
"Squatter"

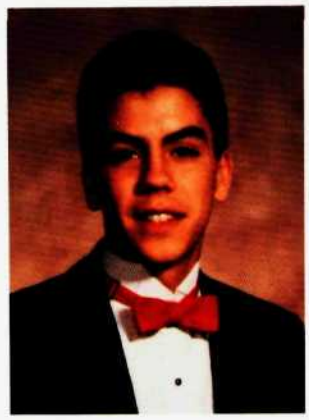
"Just say no!"

We go through the movements



Robert D. Doleckl
"Rob", "Shmo"

"He who dies with the most toys wins."



Frank Dominguez
"Boner", "Quez", "Skankie-Frankie"

"Your brain is an ever changing kaleidoscope of moods and colors, though we seem to float by yesterday's child, come take a walk with me, down by the sea."

Wrestling 1, 2, 3, 4.



Brenda Doorley
Brenda

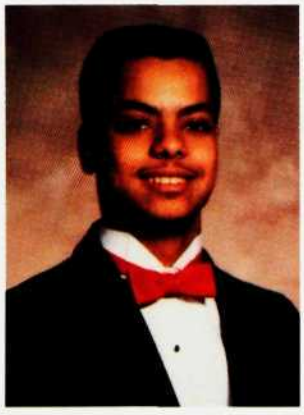
"I did it my way."



Bruce Durrenberger
"Furrberger", "Chucky", "B.J."

"It's not that I am afraid to die, it's just that I don't want to be there when it happens."

Ski Club 1, 2, 3, 4.



Joe Elashmaivy
"Shmawi", "Mawi"

"The strong will survive and the weak will die, and the only ones who make it are the ones who try."

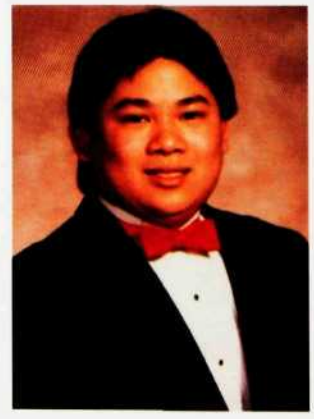
Class Representative 2; Equestrian Club 1; Fencing 1; Weight Training 1; Football 2.



Kenneth Eng
"Mr. Eng", "Gangster", "Kennex"

"I need more time in life to find everything that others will never find. I also need more space for a decent yearbook quote!"

Computer Club 1; Fantasy Games Club 2, 3, 4; Forum Press 4; Interact 3, 4; Bowling 4; Winter Track 2.



Mitchell Eng
"Mitch"

"You control your own future and your own destiny."

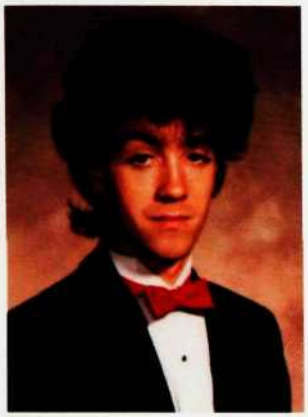


Tammey Reneè Engel
"Tamantha" "Tarn"

"Memories are like diamonds, they are precious and last forever."

Art Club 4; Concert Choir 1, 2; *Delphian* 4; Majorettes 1, 2, 3, 4, Captain 3, 4; Prom Committee 4; Renaissance Society 4; S.A.D.D. 4.

each on our own,



Todd Engel
"Todd"

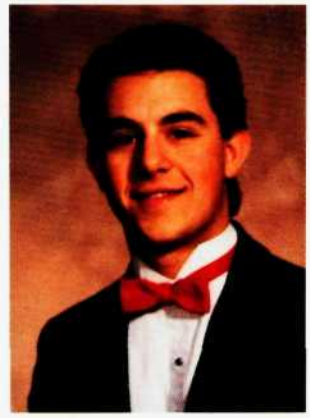
"Yesterday is but a memory Tomorrow only a dream."



Jill Amy Epstein
"Steiner", "Eppy"

"Confidence is the key word to success. If you believe in yourself, the rest is easy."

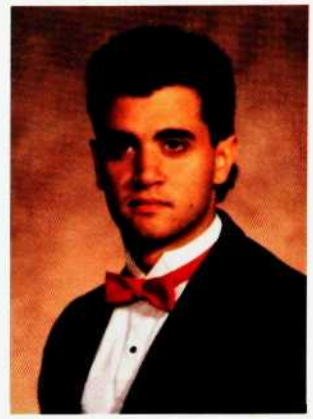
Art Club 1; Class Representative 1, 2, 3, 4; Prom Committee 4; Student Government Senate 1, 3, 4; Cheerleaders 1, 3, 4.



Marc Todd Eskind
Marc

"Life is too complex to be summed up in 25 words or less."

Class Officer 4, F.B.L.A. 4; Interact 3, 4; International Club 3, 4; Prom Committee 4; Student Advisory Board 4; Student Executive 4; Football 1; Wrestling 1.



Richard Ezra
"Rich", "Ez"

"Things that come to those who wait may be the things left by those who got there first."

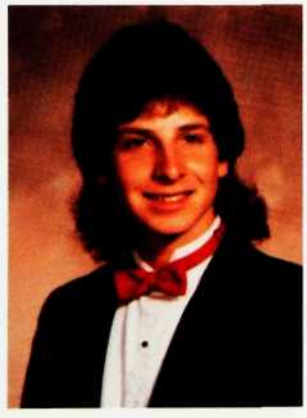
F.B.L.A. 4; Interact 3, 4; International Club 3, 4; Student Government Senate 3, 4; Basketball 1; Football 1; Tennis 1, 2, 3, 4.



Robert Fazio
Robert

"Enjoy life today; don't wait for tomorrow."

Ski Club 4; Basketball 1, 2, 3; Tennis 1, 2, 3, 4.



Adam Feldman
"Feldie", "Feldie Brother", "Agnum"

"Make the best of your life. You only live once."

Class Representative 2; Weight Training 1, 2, 3; Football 1, 2.



David Fellner
"Dave"

"My heart's warm with friends I make, better friends I'll not be knowing, yet there isn't a train I wouldn't take no matter where it's going."

Interact 4; Renaissance Society 2, 3.



Michael Fiol
"Mike"

"All kids look for idols, but sometimes too far. They need not look farther than home because those people truly love you. They're the real heroes."

Amaranth 4; *Delphian* 3, 4; International Club 3; Basketball 1, 2, 3, 4; Baseball 1, 2, 3, 4, Captain 4; Football 1.

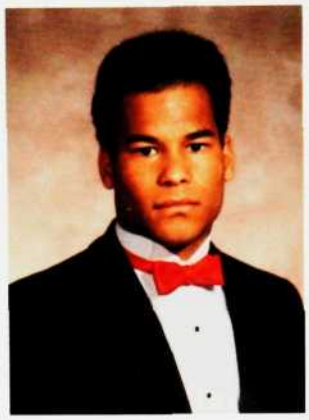
to the beat of a different drummer.



Natalie Fischer
"Natalie"

"Days come and go, but memories are forever."

Prom Committee 4; S.A.D.D. 3; Ski Club 1, 2, 3, 4; Volleyball 1, 2.



Miguel Fontanez
Miguel

"Life is not a problem to be solved, but a reality to be experienced."

Football 1, 2, 3.



Roxanne Elise Foster
"Roxi"

"Friends are Jfhe stars in our happy memories."! —

National Hjforf* Society 4; Amaranth 3, 4; F 4•; Interact 1, 2. 3, 4; Internationrfciub 2, 3, 4; Renaissance Socjety 1, 2, 3, 4; Prom Committee 4; S.A.D.D. 3; S.A.E. 2, 3, 4; Student Government Senate 4; Tennis 1, 2, 3, 4.



Scott Franklin
"Scott"

"One life; I'm gonna live it up!"



Jill Ellen Gaffney
"Gaf", "Gaffer"

"The moments fade and the memories begin but friendships remain."

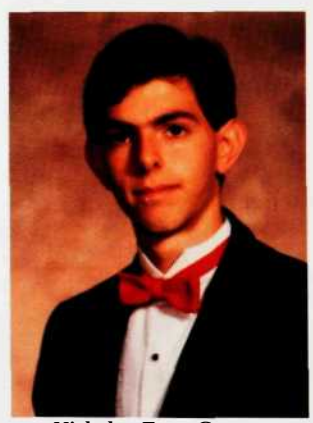
Art Club 1; Class Representative 3, 4; *Delphin* 4; French Honor Society 2, 3, 4; International Club 1; Prom Committee 4.



Susan Garcia
"Garce"7* f\555i5["i Garcia"

"Free at list, fr£« at last, Thank God Almighty^frf^Eree at last."

National Honor Society 3, 4; Amaranth 1, 2, 3, 4;. Art Club 1, 2, 3, 4; Treasurer 2; Class Vice-Chairperson 3; Class Representative 1, 2, 3, 4; *Delphian* 3, 4;i Fund Raising & Advertising Editor 3, 4; F.B.L.A 3, 4; Forum Press 1. 2, 3, 4; Lay-Out Editor 2; Circulation Editor 4; German Honor Society 2, 3, 4; Latin Honor Society 3; Interact 1, 2, 3, 4; Vice-President 3; International Club 1, 2, 3. 4; S.A.E. 1, 2, 3, 4, Vice-President 3; President 4; Student Board 3, 4; Student Executive Board 3; Manager Boy's Varsity Soccer 3, 4; Prom Executive Committee 4; R.Y.L.A. Leadership Award 3.



Nicholas Evan Garey
"Nick"

"Always remember, there are three kinds of people: those who make things happen; those who watch things happen; and those who wonder what happened."

Academic Decathlon 3, 4; Band-Concert 1, 2, 3, 4; Band Marching 1, 2, 3, 4; *Delphian* 3, 4; Typing Editor 3; Fund Raising Editor 4; High School Bowl 3, 4; Interact 2, 3, 4; National Forensic League 1, 2, 3, 4; Wind Ensemble 3, 4.



Melissa Gendal
"Lissa", "Squeeg", "Diamond Girl"

"The world is yours if you seek it."

Interact 1, 2, 3; S.A.E. 1, 2, 3; Volleyball 1, Manager 1.

Strange rhythms become familiar,



Lisa Deborah Giaccio
"Lee"

"Your future is determined by your experiences and expectations in life."

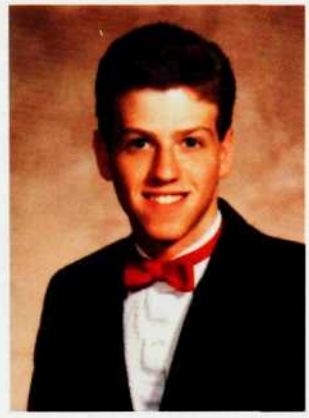
Interact 4; Renaissance Society 3; Volleyball 1; Assistant Manager 1.



Kim Giallorenzo
"Kim"

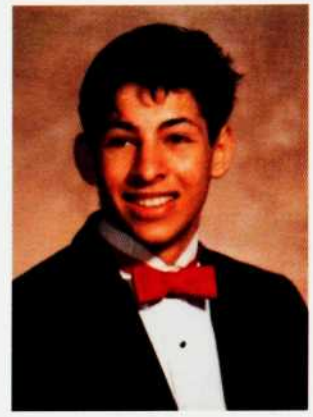
lin, ,. iL ,
Believe in the magic of your dreams."

Concert Chojr 3 4



Daniel R. Goldblatt
"Dan", "Dan-O"

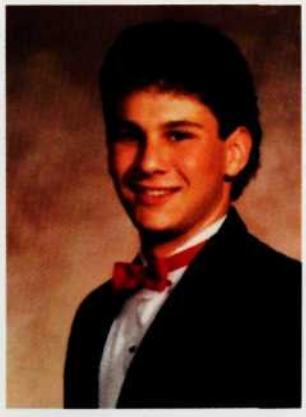
"No journey is too far when one finds what he is looking for."



Paul Goldblatt
"Paul"

"A person is born with a dream and a life, if he loses his dream, he will lose his life."

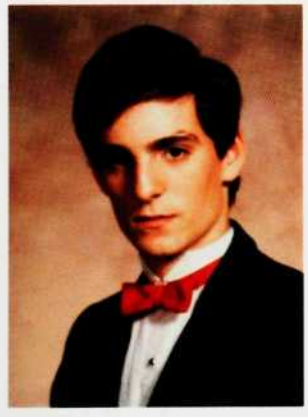
F.B.L.A. 2, 3; Marine Science 3; Weight Training 1, 2, 3, 4; Spring Track 1, 2.



David Todd Greenspun
''Spun'' ''Spungreen''

"If you cart read this, yo•u probably don't need glasses."

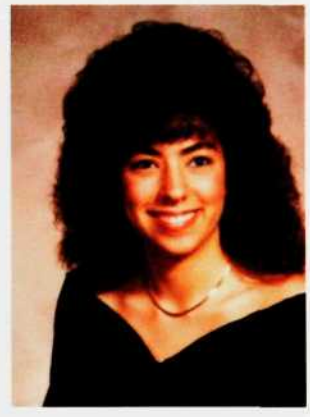
National Honor So'cle^ 3, 4; Academic Decathlon 3, 4; Art Club 3, 4; Class RepresetftatiueJ 1, 2, 3, 4; High School Bowl\3, 4; International Club 1, 2, 3, 4; Lighting Crew 1; National Forensic League 2, 3, 4; Vice-President 4; N.J. Science League 2, 3, 4; Ski Club 1, 2, 3, 4; Vice-President 3; Wall Street Seminar 3; Golf 3, 4; Spring Track 2.



Joseph M. Grossman
"Joi'i-jATQiusepp''
KhoR soar

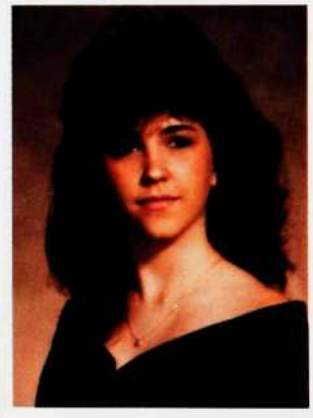
"I am smilingJ''

National Hotter ISJojeieA 3, 4; Academic Decathlon 3; 4;/Amaranth 3, 4; Chess Clubi^3£S|mputer Club 3; Fantasy Games, Cfub 2; Fencing 2; Forum Press $', 4; High School Bowl 2, 3, 4; Math Club 2, 3, 4; N.J. Science League 1, 2, 3, 4; Ping Pong Club 2, 3; Spanish Honor Society 4.



Victoria Hallak
"Vic", "Vicki", "Vickster"

"If I were given a choice between a year's worth of hugs or an hour of kisses, I'd take the hugs any day."



Jean Marie Halligan
"Jean", "Jeanie", "Leigh Jeans"

"It's now or never 'cause you're only young once!!!"

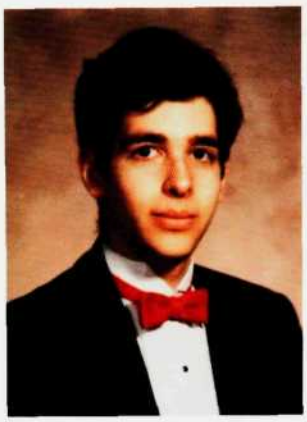
merging comfortably with the known,



Yong Wan Han
"Younger", "Little Gentleman"

"Diligence is the mother of good luck, and God gives all things to industry. Then plough deep while sluggards sleep, and you shall have corn to sell and to keep."

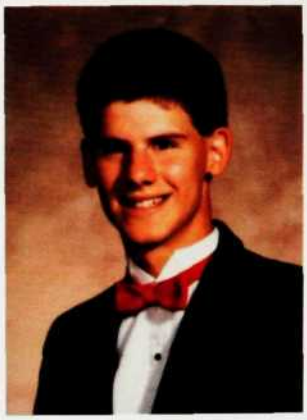
Cross American Culture 3, 4; Indoor Soccer 4; Ping Pong Club 3, 4; Soccer 4.



George Hanna
George!

"A man tiavejs/t|ie wprld over in search of Vlifttv^-uefeds, and returns home\to find it.7

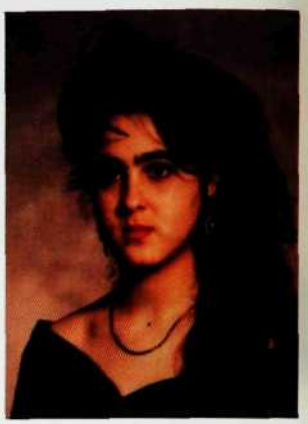
National Honor Society 3, 4; German Honor Society 2, 3, 4; Orchestra 1, 2, 3, 4; Pit Orchestra 3, 4; String Ensemble 3, 4.



Ira] William Hastings
" Raf JTJUBug^Brillo"

"Those who live to work, don't live at all."

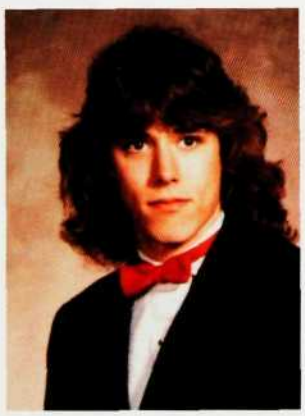
National HoW^OCidy 3, 4; Band-Concert 1, *"3\JilAJ* President 4; Band-Marchinft2,£>>8, 4; Class Representative 2, 3jj *Delphian* 4; Drama Club 2; Jazz fcnsemble 3, 4; National Forensic League 3, 4; Orchestra 2, 3, 4; Pit Orchestra 2, 3, 4; Wind Ensemble 2, 3, 4; Baseball 3, 4; Hockey Club 2, 3, 4.



Mojgan Hedvat
"Moji"

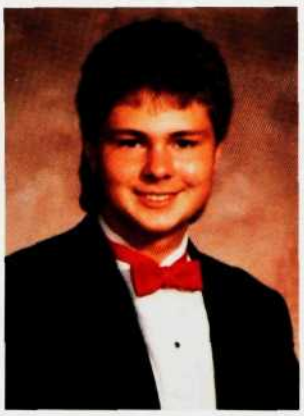
"Dream not of yesterday, but of tomorrow. Fill your life with happiness, not with sorrow. Live your life, day by day, and never give up hope."

Interact 2, 3; International Club 2, 3.



Steve Hegewald
"Sid Vicious", "Stretch"

"In the beginning the universe was created. This made very many people mad and has been widely regarded as a bad move."



Louis T. Hegyi
"Lou", "The Hegger"

"There is always a shortcut."

Indoor Soccer, 1, 2, 3, 4; Ski Club 1, 2, 3, 4; Who's Who American Student 3; Soocer 1, 2, 3, 4; Tennis 4; Floor Hockey 2, 3, 4; Ice Hockey 3, 4.



Shahana Hussain
"Shani"

"It is in dreaming the greatest dreams, seeking the highest goals, we build the brightest tomorrow."

Amaranth 1, 2, 3, 4; Art Club 1, 2, 3, 4; Cross American Culture 4; F.B.L.A. 2, 3, 4; Interact 2, 3, 4; International Club 1, 2, 3, 4; Marine Science Club 4; Renaissance Society 4; S.A.D.D. 4; S.A.E. 4.

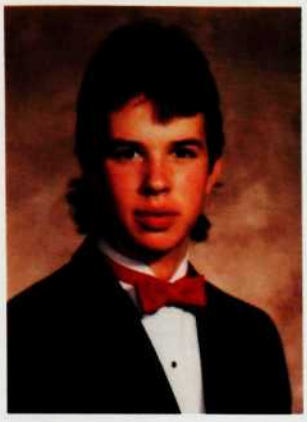


Christian Erik Hutter
"Hudder", "Hutterman", "Big guy"

"When the road of life comes to an end, put it in 4 wheel low and start again."

Band-Concert 1, 2, 3, 4; Band-Marching 1, 2, 3, 4; Interact 1; Jazz Ensemble 1, 2, 3, 4; Orchestra 1, 2; Wind Ensemble 2, 3, 4.

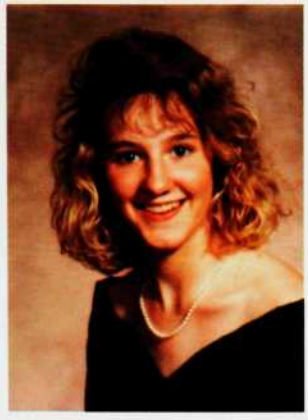
yet distinct in their style.



David S. Hyde
"Dave", "Hide-A-Way"

"I'm calling about your group Putrid Rage, better send some money they're thrashing my stage" — "Fat guys on parade."

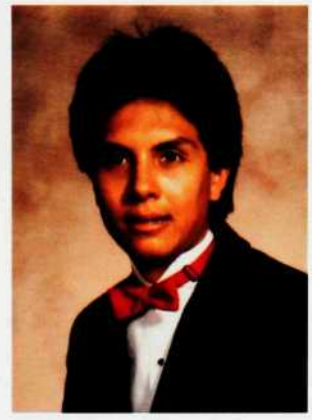
Basketball 1; Marine Science 3.



Susan Grace Igoe
"Sue", "Susie"

"May the roof above us never fall in, and may we friends gathered below never fall out."

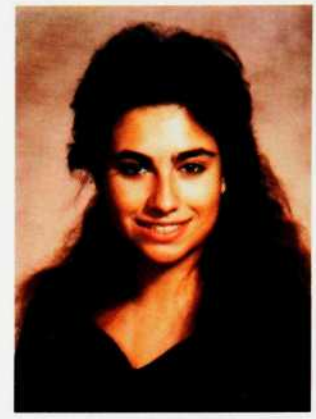
National Hor^r^bcifejy 3, 4; Amaranth 2, 3, 4kSfEdilor-in-Chief 4; Class Representative 1. 2, 3, 4; *Delphian* 4, Typing Editor 4, Executive Committee 4; French Honor Society 2, 3, 4; Prom Committee 4; Student Executive Board 4; Student Government Senate 3, 4; Who's Who American Student 2, 3, 4; Softball 1, 2, 3, 4; Volleyball 1, 2, 3, 4, Captain 4; NCTE Writing Achievement Award winner 4.



Scott D. Irwin
Scott

"Of all things I've lost it's my mind I miss the most."

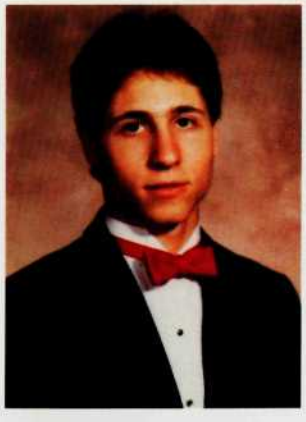
Marine Science 3; Baseball 1; Cross Country Track 1.



Tammy Irwin
"Tarn"

"God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Amaranth 3; *Delphian* 4, Literary Editor; Forum Press 1, 2; Hebrew Honor Society 3, 4; Spanish Honor Society 3; Cross Country 1, 2; Winter Track 2.



Steven Jablonsky
"Jaba", "Jabo", "Jabs"

"The greatest mistake you can make is to be continually fearing that you'll make one."

Weight Training 2, 3; Baseball 1; Cross Country Track 1; Spring Track 2; Wrestling 1, 2, 3, 4.



Elizabeth Mary Jackson
"Liz", "Lizzie", "Lizzard"

"The truth is never far behind, you kept it hidden well, if I tell the secret I knew then, will I ever have the chance again?"

Prom Committee, 4.



Niteen S. Jamdar
Niteen

"To be what we are/and/to become what we are/is a/the only end of life."

National HonWsWi^ 3, 4; Class Representative^OiJ_.A. 2; Interact 3, 4; International Club 3, 4; S.A.E. 3, 4; Spanish Club 1, 2; Student Government Senate 1; Indoor Track 3, 4; Soccer 2; Spring Track 1, 2, 3, 4; Winter Track 3, 4.



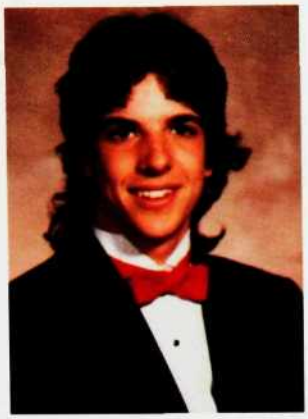
Sylvie Jancart
"Mouss"

"De n'importe quel pays, de n'importe quel couleur, la musique est un cri qui vient de I'interieur. "

"It doesn't matter which country, it doesn't matter which color, the music is a cry that comes from the inward."

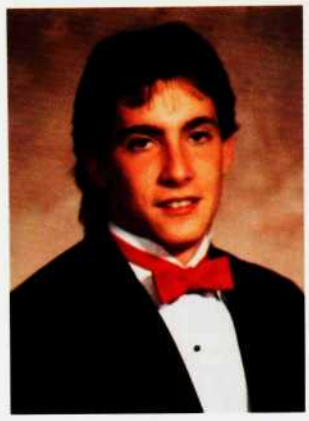
Band-Concert 4; International Club 4; Jazz Ensemble 4; Math Club 4; Prom Committee 4; Softball 4; Volleyball 4.

As the future steals upon us,



William J. Jaretsky
"Jude"

"Different isn't different, it's just not the same, and not being the same isn't different that's reality, that's me And it makes me wonder?"



Sean Jones
"Sean"

Basketball 1; Football 1, 2, 3, 4.



Cindy Kodonaga
"Kadonga", "Lady In Red"

"A soul in tension that's learning to fly, condition grounded but determined to try."



Monique Kahwajian
"Mickie"

"In the moment of darkness, no one but a blind man would answer to the color of a rose."

Art Club 4; F.B.L.A. 3, 4; Interact 1; S.A.E. 1; Volleyball 1, 2.



Staci Lee Kalanta
"Stay", "Stace", "Space"

"We're leaving together, but still it's farewell."

Band-Concert 1, 2, 3, 4; Band-Marching 1, 2, 3, 4; Class Representative 2; Majorettes 3, 4.



Laurie Kalman
"Laurie", "Lor", "Kal"

"We shall all have memories of the good and the bad, but we must still go on with life, hoping our dreams will come true."

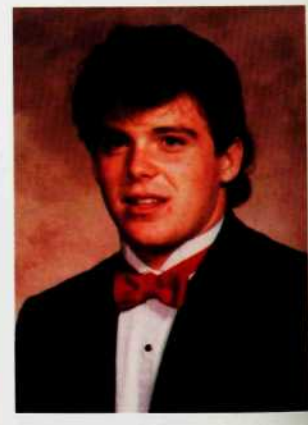
Band-Concert 1, 2, 3, 4; Majorettes !• [2] . [3] > [4]; P[rom] Committee 4; Wind Ensemble 1, 2, 3.



E U c e n **Karakashian**
"Eileen"

"The most beautiful things in the world cannot be seen or even touched. They must be felt with the heart."

Amaranth 4; Art Club 4; *Delphian* 4; Prom Committee 4.

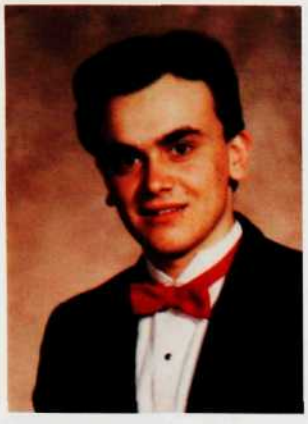


John Kelly
"John"

"There is no ice cream for you today Just life, and groovy music! BA! BA!"

Football 2, 3, 4.

the resounding echoes of our past



Jordanis Kevrekidis
"Dan"

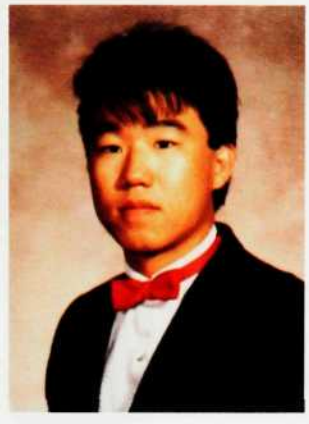
"The mind of a man is the man himself."



Hemlata Khemlani
"Smiley"

"Treat a person as though she already is the person she's capable of becoming."

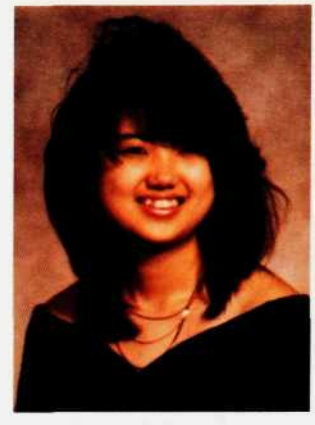
Art Club 4; Art Service Corps 3; Computer Club 1; Concert Choir 2, 3; F.B.L.A. 3, 4; Flag Squad 2, 3.



Oae-Joong (John) Kim
"JK", "Kimbo", "Johnnie"

"Should one eat to live or live to eat?"

National Honor Society 3, 4; Computer Club 4; Cross American Culture 2, 3, 4; F.B.L.A. 4; Indoor Soccer 2, 3, 4; Interact 4; Math Club 3, 4; N.J. Science League 3; Ping Pong Club 2, 3, 4; Renaissance Society 4; SAE 3, 4; Soccer 2, 3, 4; Tennis 2, 3, 4.



Taeok Kim
"Kim", "Taeoky", "Tae"

"It is no good to try to stop knowl- cdse frOm Soing forward, ignorance is never better than knowledge."

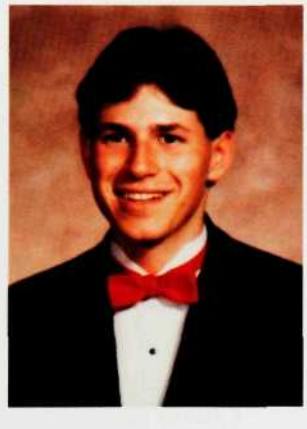
Art Club 1. 2, 4; Art Service Corps 4; Band-Marching 2; Cross American Culture 1, 2, 3, 4; *Delphian* 4; Interact 1, 2, 3, 4; International Club 4; Ping Pong Club 2, 3, 4; Renaissance Society 4; S.A.E. 2, 4.



Rebecca Lyn Koettlng
"Becki", "Berecca", "Beck"

"I would rather sit on a toadstool with my friends, then sit on a velvet cushion and be all alone."

Band-Concert 1, 2, 3; Bergen County Band 3; Band-Marching 1, 2, 3; Class Representative 2; Concert Choir 1, 2, 3, 4; Musical Production 2, 4; Orchestra 1, 4, N.J. Jr. Region Orchestra 1; Pit Orchestra 2; Wind Ensemble 1, 2, 3.



Kenneth Brian Kohlmann
"Kohl", "Kohltrane", "Ken"

"To be or what not to be? That is the question!"

Concert Choir 1, 2, 3, 4; Musical Production 2, 3, 4; Small Ensemble **2, 3, 4.**



Irina Kuts
"I", "Casey", "Kuts"

"Take your time, don't live too fast, troubles will come and they will pass. Don't you worry, you'll find yourself. Follow your heart and nothing else."

Equestrian Club 2; Prom Committee 4.



Kimberly Lagattuta
"Kim"

"When all else is lost the future remains."

fade away ever so subtly . . .



Christina Marie Lambert
"ChrissyTOTSHle'L, "Lambs"

"We are the future coming from different directions, carrying different dreams, eventually to be united as one."

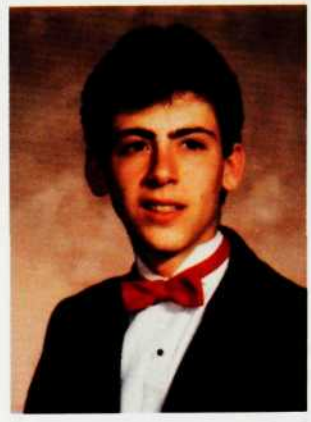
National Hori£iSM*ty 3, 4; *Delphian* 4; F.B.B.A.:|4; Prom Committee 4; Student Government Senate 1, 2, 3, 4; Basketball 1, 2, 3, 4, Co-Captain 4; Softball 1, 2, 3, 4.



Claire Marie Laucella
"Antique", "Clairence"

"Do not follow where the path may lead, go instead, where there is no path and leave a trail."

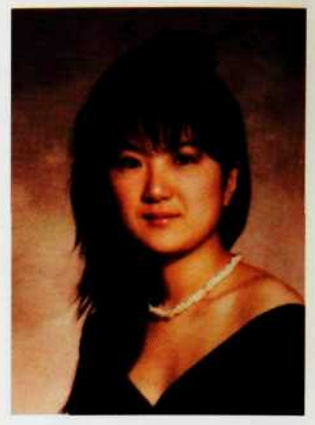
Amaranth 1; Art Club 1, 2; Orchestra 1, 2, 3, 4; Prom Committee 4; S.A.E. 3.



Anthony Lauria
"Tony", "Guinea"

"I finally graduated, I'm going to Disneyworld!"

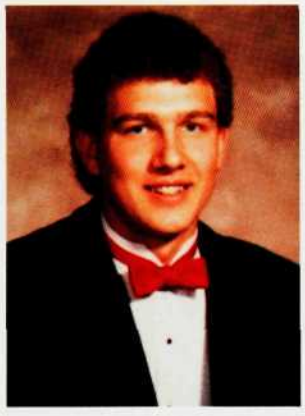
Indoor Soccer 3, 4; Floor Hockey 1, 2, 3, 4; Soccer 1, 2, 4; Ice Hockey 3, 4.



Wan-Hi Debbie Lee
"Wanhi", H52f ltf^iPfebby-mama"

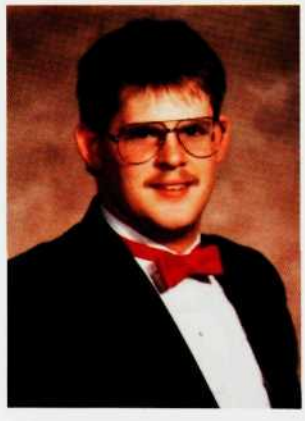
"True friendbhip>,is /like sound health, thel valfrE3ef-rt is seldom known untillit Werf>^sti t\ A

National HonajjsUjty 3, 4; Art Club 1,2, 3, %5LVji^fvice Corps 4; Band-Concert 1, 2, 3: Band-Marching 2, 3; Cross American Culture 1, 2, 3, 4, President 4; *Delphian* 4; Fencing 1, 2; German Honor Society 3, 4; Interact 1, 2, 3, 4; Math Club 1, 2, 3, 4; Orchestra 1, 2; Ping Pong Club 2, 3; Pit Orchestra 2, 3; Renaissance Society 4; S.A.E. 1, 2, 3, 4; Wind Ensemble 2, 3; Soccer 1, 2; Spring Track 1, 2; Debate 4; Amaranth 4.



Craig Robert LePage
Craig

"Determination is the key to success." "Freestyle."



Jeffrey Lessner
Jeffrey

"Success only comes to those who find it."

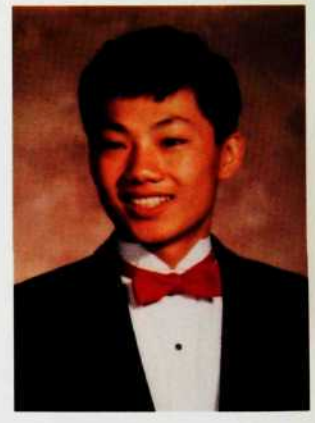
Football 1, 2, 3; Wrestling 1, 2, 3, 4.



Jing Li
"Jean", "JeanneLee", "JeanneLee"

"Life is full of internal dramas, instantaneous and sensational, played to an audience of one."

National *HonUA&Mj* 3, 4; Chess Club 1; ComrSffljEbk 1, 2, 3, 4; Cross American Culture 1, 2, 3, 4; Fencing 1; Interac 2, 3, 4; International Club 2, 3, 4; Math Club 1, 2, 3, 4; Ping Pong Club 1, 2, 3, 4; S.A.E. 1, 2, 3, 4; Spring Track 1; Tennis 3,



Wei-Gene Liaw
"Wanger"

"For memory has painted this perfect day with colors that never fade, and we find at the end of a perfect day the soul of a friend we've made."

Chess Club 2, 3, 4; Marine Science 4; Ping Pong Club 3, 4; Indoor Track 2; Volleyball Club 3, 4.

ever so softly.



Michael Under
"Mike"

"Money is like manure. If you spread it around, it does a lot of good. But if you pile it up in one place, it stinks like hell."

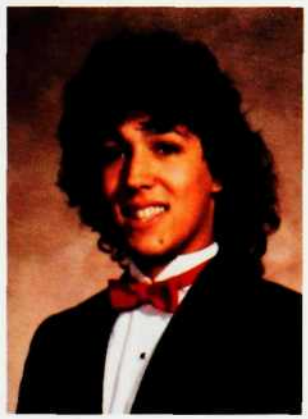
Indoor Soccer 3, 4; Soccer 1, 2, 3, 4; Floor Hockey 2, 3, 4.



David Lindner
"Crocket"

"Good luck to all of you and keep on playing those mind games forever."

Football 3.



James Lawrence Locilento
"Jame", "Jamey", "Jaimond"

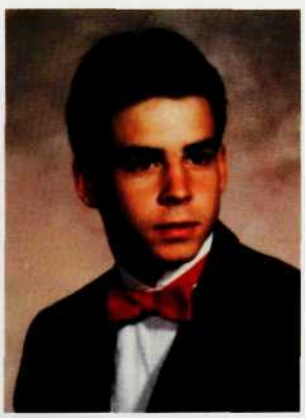
"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it!"

Band-Concert 1, 2, 3, 4, Secretary 4; Band-Marching 1, 2, 3, 4, Secretary 4; Jazz Ensemble 1, 2, 3, 4; Orchestra 4; Weight Training 1, 2, 3, 4; Wind Ensemble 3, 4; Basketball 1; Baseball 1; Cross Country Track 1.



Carla Nicole Lombard!
"Carl"

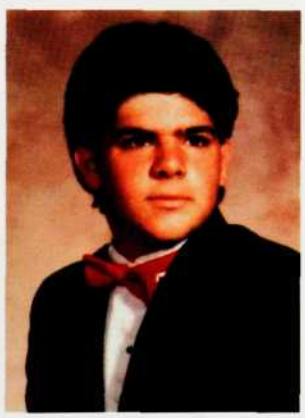
"That's the way it has to be 'cause that's the way I like it!"



Matthew Lombard!
"Matt"

"It is more easy to be wise for others than for ourselves."

Wrestling 1, 2, 3, **4.**



Vincent Lombard!
"Vince", "Vin", "Rusty"

"In the days of my youth I was told what it means to be a man."

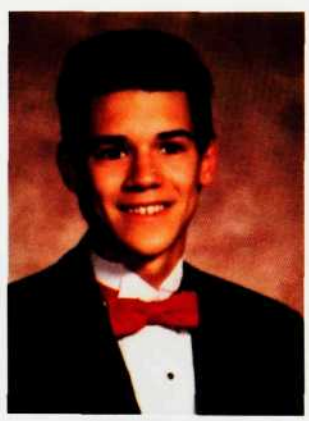
Art Club 2, 3, 4; Art Service Corps 1; Band-Concert 2, 3, 4; Band-Marching 2, 3, 4; Equestrian Club 1; Lighting Crew 1, 2, 4; Spartan Communications 1, 2, 3, 4, President 3, **4.**



Dena Lucchesi
"Deen", "D", "Denah"

"Go to California and surf!" "2081141119 131513 1144 414."

Amaranth 2, 3, 4; *Delphian* 4; Interact 2, 3, 4; Prom Committee 4; Cheerleaders 1, 2, 3, 4, Captain 3, 4; Softball 1, 2.

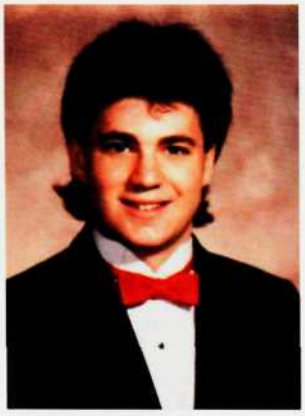


Christopher M. Lucier
"Opie", "Ops", "Max"

"You can't grab on to the future, if you don't let go of the past, but whatever you do, you've got to have fun."

Baseball 1, 2.

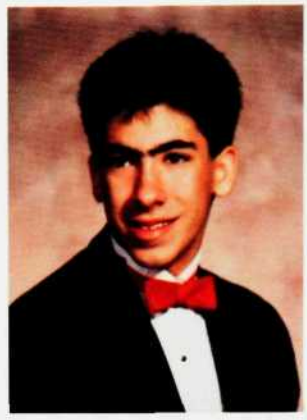
While signaling a new awakening within,



Daniel Thomas Machewirth
"Dan", "fliTO^^JBig Mac"

"So little time, so much to do."

National Honor/SotietJ 3, 4, Treasurer 4; Cla* Officer |, 4; German Honor Society 2, | 3, 4, Vice-President 4; inter^gtjSijy President 4; S.A.E. 3, 4, Vice-president 4; Baseball 1; Bowling 1, je, 3, 4, Captain 4; Tennis 2.



David Mainenti
"Dave"

"If it weren't for the last minute, nothing would get done."

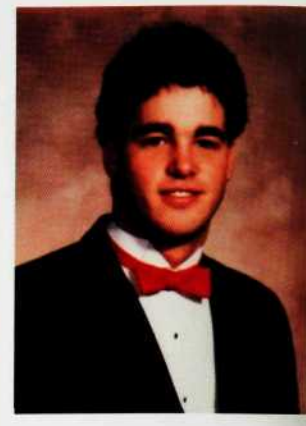
National HonV Socet;<J 3, 4; Amaranth 3, 4; Ant Club 4; Cross American Culture (i.VjfigiPresident 4; *Delphian* 4; International Club 4; N.J. Science League 2; Prom Committee 4; Spanish Honor Society 3, 4j



Teresa Manocchio
"Tree"

"There is nothing one can not do with just a little bit of faith."

National Honor Society 3, 4; French Honor Society 3, 4.



Eli Maoz
Eli

"No comment."

Jazz Ensemble 3, 4; Orchestra 3, 4.



Amy Ellen Marga
"Aim"

"Trust in \the, Lord with all your heart; never fely-oh what you think you know."

National Hoinor Society 3, 4, President 4; Amaranth 2, 3, 4: Editor-in-Chief: 3, 4; Ant Club 1; French Honor Society 2, 3; 4; N.J. Science League 3; Student Government 2, 3; Bowling 1; Tennis 3, 4.



Lori Markowski
Lori

"Well, it's about time it's over!"



Angela Marshall
"Ang", "Angie"

"Don't depend on others, learn to rely on yourself!"

Prom Committee 4; Student Government Senate; Cheerleaders 4; Powder Puff Football 3, 4.



Michelle May
"Shelly", "Bell"

"It's better to look where you're going, than to see where you've been."

Prom Committee 4.

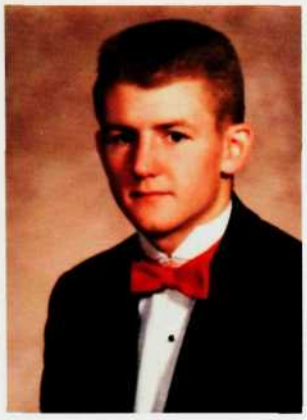
We undergo



Jennifer McCabe
"Jen", "Jenni"

"We leave behind us footprints in the sands of time that will never wash away."

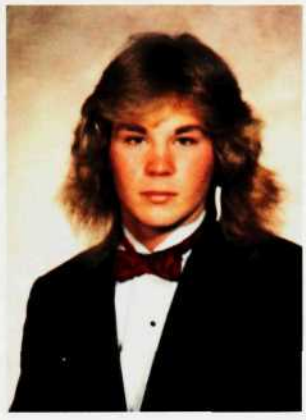
Amaranth 2, 3, 4; Class Representative 1, 2, 3, 4; *Delphian* 3, 4; Interact 3, 4; S.A.D.D. 3; S.A.E. 1, 2, 3, 4; Softball 1; Volleyball 1.



Donald McNair
"McNair", "Boz", "The Godfather"

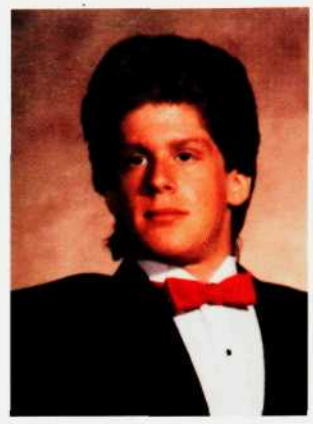
"From ashes and dust we came to ashes and dust we shall go."

Weight Training 1, 2, 3, 4; Football 1, 2, 3, 4.



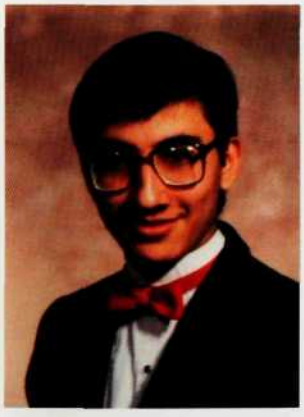
William McNamara
"Mac", "Bill", "Billy"

"Every rose has its thorn, like every night has its dawn; just like every cowboy sings his sad, sad song, every rose has its thorn."



Timothy McVeigh
"Tim"

"No matter how tough life may seem, you just have to keep on fighting."



Fady Mdeway
"Fady", "Speedway", "Fadayo"

"No longer forward or behind I look in hope or fear, but grateful take the good I find, the best of now and here."

Delphian 4; Class Representative 1, 2; Indoor Soccer 3, 4; Marine Science 4; Soccer 1, 2, 3, 4; Volleyball 3.



Christine Menville
Christine

"The moments fade but the friendships remain."

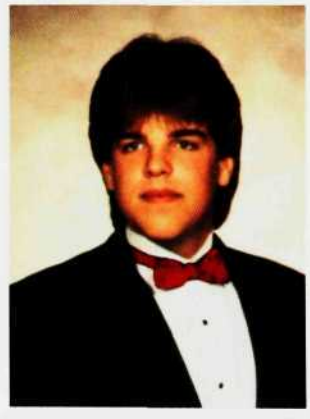
Art Club 1, 2; Equestrian Club 2, 3.



Gregg H. Mettler
"Mett", "Har"

"If I had to do it all over again, I'd be king and have others do it for me."

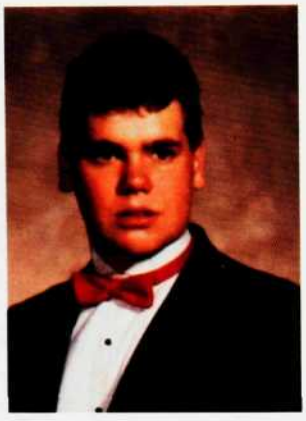
National Honor Society 3, 4; Band Concert 1, 2, 3, 4; Band-Marching 1, 2; Jazz Ensemble 1, 2, 3, 4; N.J. Science League If 2; Pit Orchestra 1, 2, 3, 4; Spartan Communications 3, 4; Wind Ensemble 1, 2, 3, 4; Football 1, 2, 3; Indoor Track 1, 2, 3, 4; Spring Track 1, 2, 3, 4; Winter Track 1, 2, 3, 4.



Bart Meyer
"Labatt's", "Anglebert", "Gorgeous"

"Live life on the edge . . . take the challenging risks . . . don't fear tomorrow."

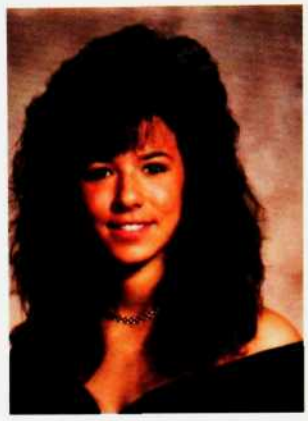
a metamorphosis of our



Edward Mitchell
"Ed", "Eddie". "Mitch"

"There is no pleasure in having nothing to do. Happiness is having lots to do and not doing it."

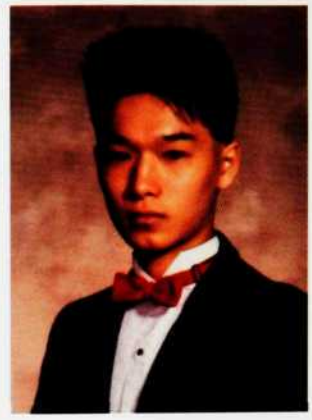
Spanish Honor Society *2;* Weight Training 2, 3. 4; Football 1, 2, 4.



Donna Nicole Montag
Donna

"Well, my friends, the time has come, let's raise the roof and have some fun."

Prom Committee 4; Cheerleaders 1, 2, 3, 4.



James Peter Moon
"Moon Sei Bok". "Moon", "Moonie Bopper"

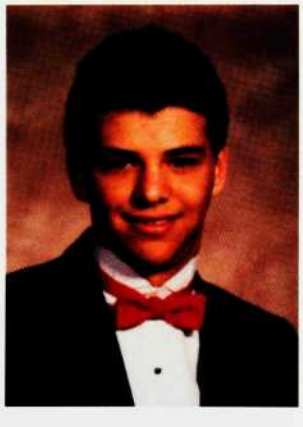
"My treasures are not for this Earth, but the Kingdom of Heaven!"



Marty Moran
"Bubba" "Bub"

"Leaves are falling all around; time I was on my way. Thanks to you, I'm much obliged, such a pleasant stay."

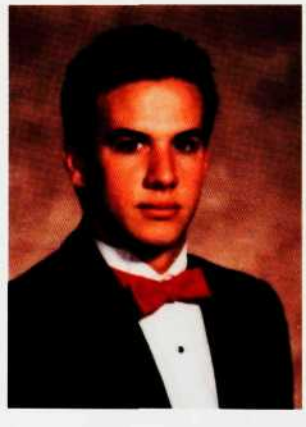
National Honor Society 3, 4; Football 1, 2; Wrestling 1. 2, 3, 4.



Rafael Mousserie
"Ralph", "Fuhr", "Puke"

"How much are educated men superior to those uneducated? As much as the living are to the dead."

Indoor Soccer 4; Floor Hockey Club 2, 3, 4; Ice Hockey 3, 4; Soccer 2, 3, 4.



James Mullin
"James"

"If the Phoenix bird can fly - so can I!"

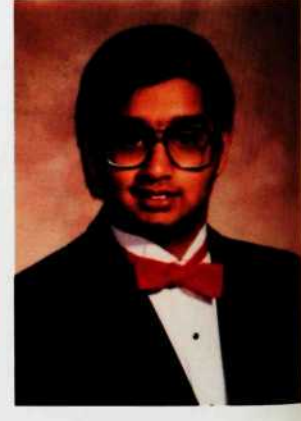
Football 1, 2, 3; Spring Track 1.



Thomas Nagel
"Tom", "T"

"These past few years have served as the road of life exiting onto the freeway of the future."

F.B.L.A. 4; Prom Committee 4; Ski Club 3, 4; Weight Training 2, 3, 4; Baseball 2; Indoor Track 3, 4; Spring Track 3, 4; Winter Track 3, 4.



Sandeep K. Nandy
Deep

"Intellect is the critical, creative and thinking side of the mind. Intelligence seeks to collect, manipulate, adjust, ponders, wonders, theorizes, criticizes, and imagines."

National Honor Sdtiety 3, 4; Chess Club 1, 2. 3, 4; Computer Club 1,2, 3, 4; Concert Choir 3, 4; Fantasy Games Club 2, 4; German Honor Society 2, 3, 4; Spotliters 3, 4.

senses, souls and spirits,



Danielle Justine Nazar
"Dani", "Dan", "Naz"

"We make ourselves a place apart behind light words that tease and flout, but oh, the agitated heart till someone really finds us out."

Art Club 4; *Delphian* 3, 4; Marine Science 4; Prom Committee 3. 4; SADD 3. 4; Volleyball 1, 2, 3.



Alicia Babette Neuman
"Leish", "Foof", "Lavender"

"I walk the pathway of life, never alone, for always a friend is beside me."

Amaranth 1, 3, 4; *Delphian* 4.



Joshua J. Neuman
"JosfftSlfSJish"

"That's great, it starts with an earthquake, birds and snakes and airplanes, and Lenny Bruce is not afraid."

National Hond£S*!>Bi*i/ 3, 4; Academic Decathlon $,4; Amaranth 2, 3, 4; Art Club 4j *Delphian* 3, 4, Sports Editor 4; Forum Press 3, 4, Editor-in-Chief 4; High School Bowl 3, 4; Latin Honor Society 4; National Forensic League 2, 3, 4; Spartan Communications 3, 4; Basketball 1, 2, 3, 4.



Leigh Alexandra Newman
"Mooman", "Fleigh"

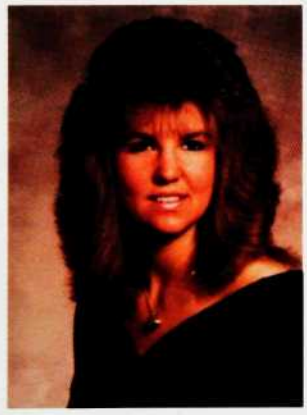
"Remember yesterday, walking hand in hand, love letters in the sand, I remember you."



David Nicolai
"Dave", "Nick", "B.J."

"Money shouldn't be the only thing in a person's life, just one of the more important."

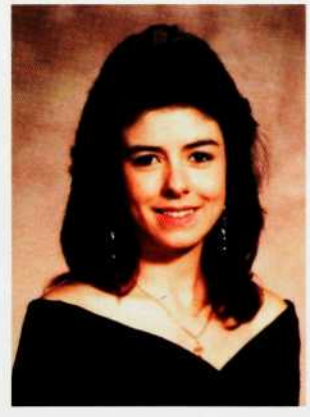
Bowling 1, 2, 3, 4.



Karen Lynn Nieman
"Niems"

"The storm is breaking or so it seems, we're too young to reason and too grown up to dream."

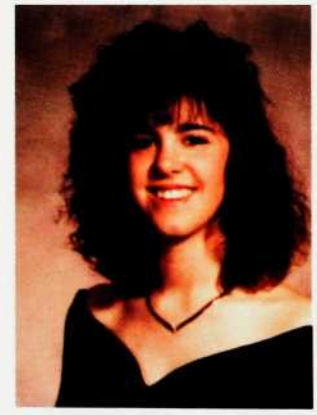
Prom Committee 4; Ski Club 2, 3, 4; Basketball 1; Softball 1, 2, 3, 4: Volleyball 1, 2, 3, 4, Captain 4.



Jennifer Noble
"Muffin", "J.J.", "Cherinoble"

"They threw us together Our lives intertwined We learned Love Hate Good Bad But now it's time to go Never Say Goodbye "

Delphian 4; Fencing 4.

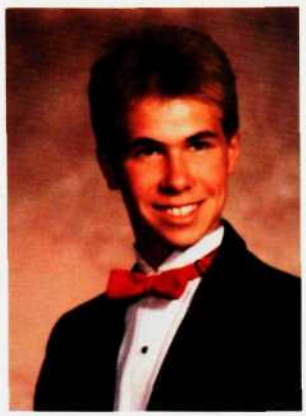


Keri Lynn Nowark
"NOWARK!", "Know", "Ker"

"We cannot discover new oceans unless we have the courage to lose sight of the shore."

SADD 3, 4; Basketball 1; Volleyball 1, 2, 3.

culminating finally into who we are



John P. Nugent
"Little Nuge," "Nuge", "Johnny"

"We must run with endurance the race that is before us, not looking back over our shoulders, but fixing our eyes on the course ahead."

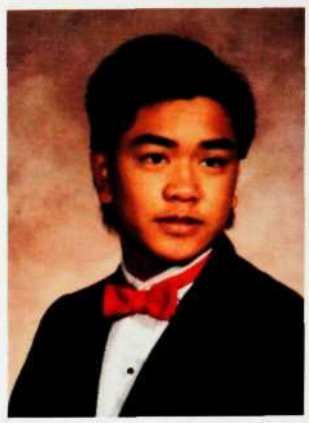
Boys' State 3; Class Representative 1, 2, 3, 4; Concert Choir 2, 3, 4; *Delphian* 3, 4; German Honor Society 2, 3, 4; Musical Production 2, 3, 4; Who's Who American Student 4; Cross Country Track 1, 2, 3, 4; Indoor Track 2; Spring Track 1, 2, 3, 4; Winter Track 2: Co-Captain 4.



Gerald Oratio
"Jerry"

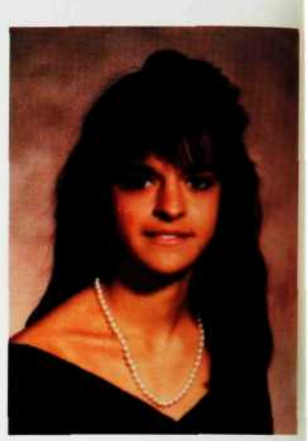
"If one enters a dark room and sees darkness, he will not see the light until he opens his eyes."

Basketball 1; Soccer 1; Floor Hockey 1, 2, 3, 4.



Glenn Ortiz
Glenn

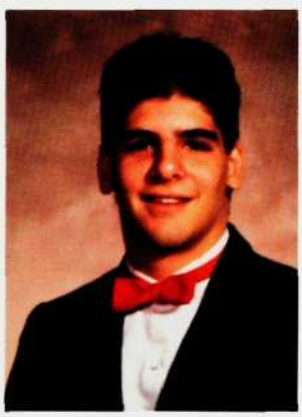
"A saint has a past; a sinner has a future; so instead of choosing the lesser of two evils, choose the one you've never tried before!"



Gina Leonora Pagliuca
"Pags", "G"

"You can never go too far."

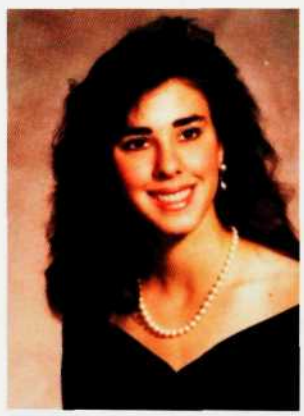
National Honor Seejety/3, 4; Amaranth 1, 2, 3,;4, Assocjiite Editor 4; Class Represej)taliv£/j2, 3. 4; *Delphian* 3. 4; Cffiglffffffts Editor 4; F.B.L.A. 3, 4; Italian Honor Society 2, 3, 4, President 4; Renaissance Society 4; SADD 3, 4; Who's Who American Student 2, 3; Volleyball 1, 2.



Michael Anthony Paladino
"Spike", "Mike"

"Good times, bad timesj you know we've had our share."

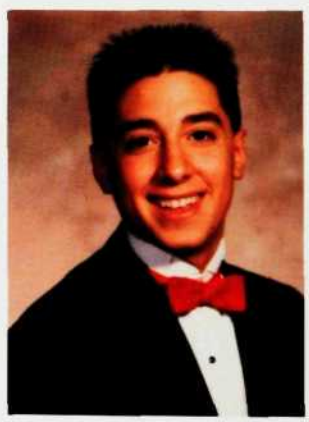
National Honor Society 4; F.B.L.A 4, President 4; Prom (jommittee 4; Student ExecijMv£ 603rd 4; Student Government Senate 4, Vice-President 4; Weight Training 1, 2, 3, 4; Who's Who American Student 3, 4; Baseball 1, 2; Football 1; Wrestling 1, 2, 3, 4, Captain 4.



Nancy Ortenzia Palamara
"Nance", "Nan"

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

National Honor £>ociety'3, 4, Secretary 4; Art Club irBahtl-Concert 1, 2, 3, 4; Barfd-Marchine 1, 2, 3, 4; *Delphian* 4, Typing Editor 4, Executive Board 4; Italian Honor Society 2, 3, 4, Vice-President 4; Orchestra 2, 3, 4; Prom Committee 4; Student Executive Board 3; Student Government Senate 1, 2, 3; Who's Who American Student 4; Wind Ensemble 1, 2, 3, 4; Softball 1, 2, 3, 4; Volleyball 1, 2; Bergen County Band 3; National Merit Commended Scholar 4; AWSOM 3, 4.



Constantine Papamichael
"Con"

"The secret to success is sincerity. Once you can fake that, you've got it made."

Chess Club 1, 2, 3, 4; Fantasy Games Club 1, 2, 3, 4; National Forensic League 1, 2, 3; Weight Training 1, 2, 3, 4; Volleyball 3, 4.



Charina Paraiso
Charina

"Sticks and stones vvill hurt my bones, but words wil| never hurt me."

Concert Choir 1, 3; Girls' State 2.

J

and who we forever will be.



Neha R. Parikh
"Knees"

"The road to success is under construction."

Amaranth 1, 2, 3, 4; Sophomore Class Officer 2; Concert Choir 3, 4; Interact 4; Math Club 1, 2, 3, 4, Co-Chair 3, 4; National Forensic League 4; Prom Committee 4; Small Ensemble 3, 4; Spanish Club 1, 2; Who's Who American Student 3, 4; Basketball 1, 2, 3, 4, Varsity 3, 4; Tennis 3.



Sung Jin Park
"Gnus", "Sungernal", "Sung-Jin-A"

"'Tis something to be willing to commend; but my best praise is, that I am your friend."

National HonMJjtfciiti 3, 4; Amaranth 1, 2, 3,y£$£y!tball Club 1; *Delphian* 4; Drar^a Club 2, 3, 4; International Club fl; Prom Committee 4; SAE 4; Spotliters 2, 3, 4; Who's American Student 3, 4; Basketball 1.



Malissa Pate
"Pate", "Maliss"

"This is the time, this is the place, so we look forward to the future and our dreams to chase."

Amaranth 1, 2; *Delphian* 4; F.B.L.A. 3; Italian Honor Society 2, 3, 4; Prom Committee 4; Who's Who American Student 1, 2, 3, 4.



Nita Patel
"Pita", "Patelie"

"Wouldn't \t be fun to be forever young."

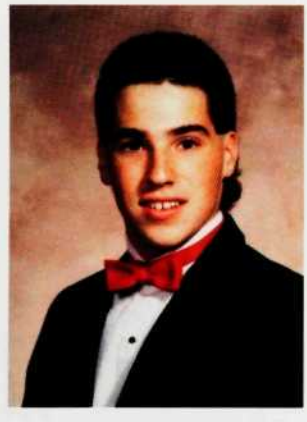
National HoHor/^dciady 3, 4; Art Club 1, 2, 3,'H;'C!ais'Representative 1, 2, 3, 4; Cross American Culture 4; *Delphian* 4;, F.B.L.A. 2, 3, 4, Secretary; InteracJ 1, 2, 3, 4; International Club 2, 3, 4; Latin Honor Society 3, 4; Prom Committee 4; Renaissance Society 2, 3, 4; SADD 2, 3, 4, Vice-President 4; SAE 2, 3, 4.



Christopher Pecoraro
"Peck", "Jimmy", "The Goose"

"We remember the Nightrider, AND WE KNOW WHO YOU ARE See ya' later Goose!!"

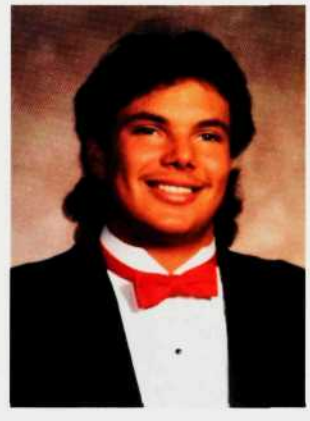
Indoor Hockey 3, 4.



Jonathan Perlstein
"Perl", "Jon"

"We're going wrong, we're gaining weight, we're sleeping long and far too late. And so it's time to change our ways. But I've loved these days."

Indoor Soccer 1, 2, 3, 4; Ski Club 1, 2, 3, 4; Soccer 1, 2.



Raymond Perruzza
"Ray", "Fiero-Man", "Guido"

"Whatever with the past has gone, the best is always yet to come."

Football 1, 2.

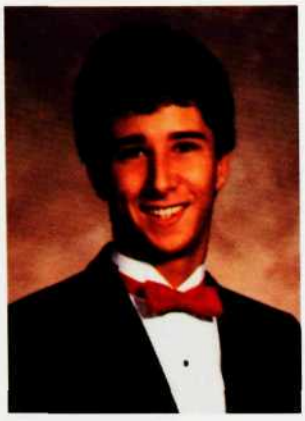


Nicole Reneé Persico
"Nikki", "Fifi 1", "Nickums"

"Live today to the fullest, because today will be tomorrow's memories. Good-bye T,S,R,J."

Interact 2; International Club 1, 2, 3, 4; Spanish Club 3.

There are different songs



Bret Peterson
"Bret"

"Words we're singing now, don't mean nothing more than 'mean', to an animal."

Band-Concert 1, 2, 3, 4; Band-Marching 1, 2, 3, 4; Wind Ensemble 2, 3, 4.



Allison Petouvis
"Al", "Carrot-top", "Petrouvis"

"In the end, we will conserve only what we love, we will love only what we understand, we will understand only what we are taught."

Amaranth 4, *Delphian* 4, Typing Editor 4; French Honor Society 2, 3, 4; Prom Committee 4; Who's Who American Student 3; Volleyball 1.



Jennifer Piccirilli
"Jenni"

"Time is an endless journey into the future."

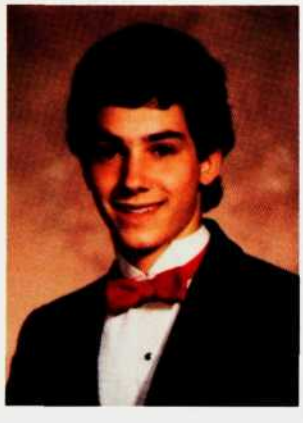
Band-Concert 1, 2, 3, 4; Band-Marching 1, 2, 3; Concert Choir 3; Cross American Culture Club 4; Interact 4; Lighting Crew 2; Prom Committee 4; Renaissance Society 3, 4; SADD 4; SAE 4; Cheerleaders 3, 4; Spring Track 3.



Jennifer Pierson
"Jen", "Pierce"

"Your expression is the most important thing that you can wear."

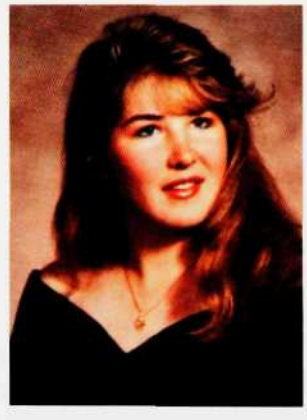
Prom Committee 4; Cheerleaders 1; Softball 1; Volleyball 1, 2, 3, 4.



Phillip M. Platt
"Phil", "Pip", "Plattman"

"Life is what you make of it, so never stop trying."

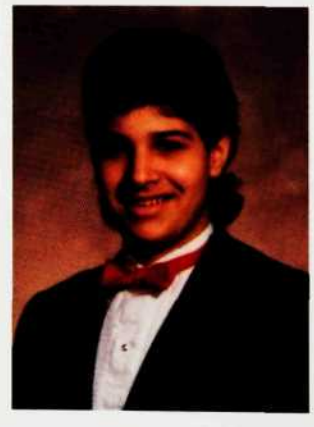
F.B.L.A. 4; SADD 4; Ski Club 3; Spanish Honor Society 3, 4; Basketball 1; Tennis 1, 2, 3, 4.



Michelle Marie Pucci
"MislOTish" "B"""
TO«R SOCIETY

"Music givis wings to tlie mind and flight to thWlk*kmhat* ion, On the Wings of Scrig/

National HoifgtJpWcMj 3, 4; Concert Choir 1, *ti^ljagtoelphian* 1, 2, 3, 4, Layout 2, Managing Editor 3; Editor-in-Chief 4;f Forum Press 4; Layout 4; German Honor Society 2, 3, 4; Jazz Ensemble 4; Lighting Crew 2, 3, 4; Majorettes 1, 2, 3; Musical 1, 2, 3, 4, Stage Manager 2, 3, 4; Pit Orchestra 1; Orchestra 1, 2, 3, 4, Treasurer 3; Renaissance Society 1, 2, 3, 4, President 4; Small Ensemble 1, 2, 3, 4; String Ensemble 1, 2, 3, 4; Student Advisory Board 3, 4; N.J. All-State Orchestra 4; Region Orchestra 2, 3, 4; Junior Region Orchestra 1; German Exchange 3, 4; National Merit Commended Scholar 4.



Daniel Jon Rainer
"Dan", "Rainer"

"This Bud's for me!"

Class Representative 1, 2; Computer Club 1, 2, 3.

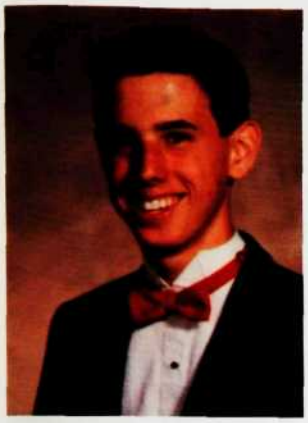


Therese Marie Raleigh
"NATIONAL
HONOR SOCIETY"

"Winners never quit and quitters never win."

National Honor Society 3, 4; International Club 4; Basketball 1, 2, 3, 4; Softball 1, 2, 3, 4.

for different people,



Kevin M. Ralph
"Kev", "Ralphie"

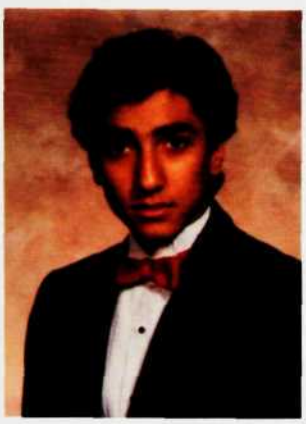
"Now this is not the end. It is not even the beginning of the end. But it is, perhaps, the end of the beginning."

National HondiS^jj&J 3, 4, Vice-President 4; Acac|fmic Decathalon 3, 4; Band-Concerf 1, 2, 3, 4, Treasurer 3; Band-Marching 1, 2, 3, 4; Boys State 3; Class Officer 1, 2, 3, President 1, 2, 3; Concert Choir 1, 2, 3; *Delphian* 4; German Honor Society 2, 3, 4, President 4; Jazz Ensemble 1, 2, 3, 4; National Forensic League 1, 2, 3, 4; Orchestra 1, 2, 3, 4; Pit Orchestra 1, 2, 3, 4; Prom Committee 4; Small Ensemble 1, 2, 3; Student Advisory Board 1, 2, 3, 4; Student Executive Board 4; Who's Who American Students 4; Wind Ensemble 1, 2, 3, 4; Basketball 1, 2, 3, 4; Co-Captain 4; Golf 1, 2, 3, 4, Captain 3, 4; Student Government Senate 4, President 4; Soccer 4.



Andrea Gisela Riede
"Ann", "Ange", "Andrea"

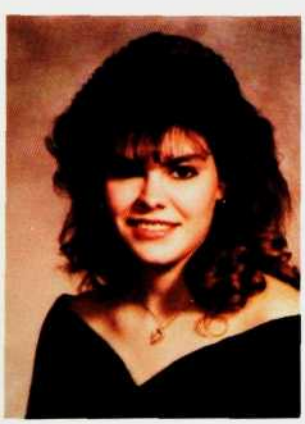
"The time has come to say goodbye, to remember all the fun times we had, especially with you, Andy. I'll love you always, Andy!"



Hamid Rashidzada
"Hamid"

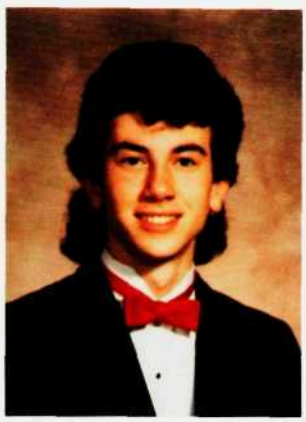
"I have the simplest of tastes, I only want the best."

Volleyball-Varsity 3.



Christine Rose Riemann
"Chris"

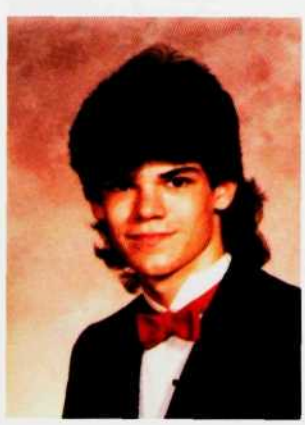
"I'm on my way now. I just needed a friend, the way 1 feel, 1 know I'll be with you forever. I love you Sam."



William Thomas Renna
"Bill" "Billy" "Renna"

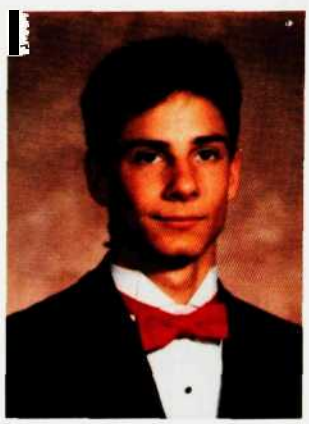
"In future days, which we seek to make secure, we look forward to a world founded upon love, trust, and friendship."

Class Representative 1, 2; Baseball 1.



John Roka
"John"

"Catch your dreams before they slip away. Dying all the time, lose your dreams and you will lose your mind. Ain't life unkind?"



Matthew Riat
"Matt", "Reee-at", "Rocketansky"

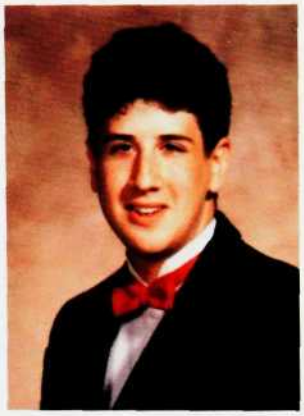
"How will I laugh tomorrow, when I can't even smile today? Insanity might be a sane reaction to an insane world. Hooters!"



Stephanie Rosenberg
"Steph", "Shorty", "Hair"

"This is the time to remember, 'cause it will not last forever. These are the days to hold on to. 'cause we won't, although we'll want to."

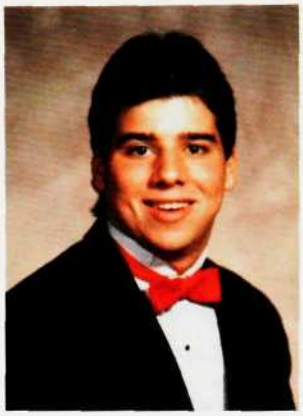
and different words



Wes A. **Rosenberg**
Wes

"Don't ya' know it's gonna' be alright?"

F.B.L.A. 3, 4; Ski Club 1, 2, 3, 4; Who's Who American Student 3, 4; Golf 1, 2, 3, 4.



Andrew Roth
"Andy", "Andyman"

"Determination and hard work are the keys to success."

Class Officer 1, 2, 3, 4; Student Advisory Board 1, 2, 3, 4; Football 1, 2, 3, 4; Indoor Track 1; Winter Track 1; Tennis 1.



Madhuri Roy
"Mani", "Shorty #1", "4133"

"When all is lost but love is won, when true love comes, there is but one."

National HoBor So*ci«ty ?3, 4; Amaranth 2, 3, 4; Band Concert 1, 2, 3, 4; Band-Marching 1, 2j 3, 4; Class Representative -1; *Delphian* 3, 4, Literary Editor 3, 4, Executive Committee 4; French Honor Society 2, 3, 4; l%sical j oduction 2, 3, 4; Music Parents Executive Board 4; N.J. Science League 2, 3; Orchestra 1, 2, 3, 4, Treasurer 4; Pit Orchestra 2, 3, 4; String Ensemble 3, 4; Who's Who American Student 2, 3, 4; Wind Ensemble 1, 2, 3, 4; Bowling 2; Winter Track 3; National Merit Commended Scholar 4; AWSOM 3, 4.



Michele Diane Ruggiero
"Lit", "Peach", "Chelle"

"I will never miss you because of what we do, but what we are together."

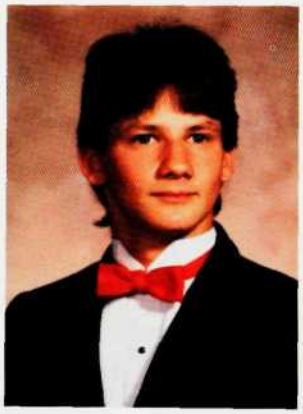
Amaranth 1; Art Club 1, 2; Band-Concert 1, 2, 3; Band-Marching 1, 2; Flag Squad 3; Orchestra 2, 3; Pit Orchestra 2; Wind Ensemble 2, 3.



James Russo
"Jim"

"You can observe a lot by watching."

Ski Club 4; Baseball 1.



Justin Sabino
"Bino"

"If a man has common sense, he has all the sense that there is."

Baseball 1, 2, 3, 4; Soccer 1, 2, 3, 4.



Arijit Kumar Saha
"Jit"

"Destiny is not a matter of chance, it's a matter of choic^; it's not a thing to be waited-for, fcr it's a thing to be achieved. ——.I

National Hdho^ $pci4y 3, 4; Amaranth 4; ChW Clu/A, 3, 4; Computer Club 2, 3; French Honor Society 4; High School Bowl 3, 4; Interact 4; Math Club!3, 4; N.J. Science League 3; Prom Committee 4; Bowling 3, 4; Cross Country 1, 3, 4; Tennis 3.

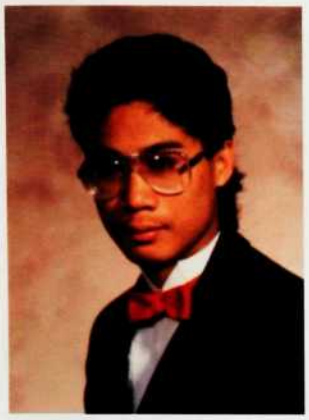


Stephanie Sharyn Saltzberg
"Steph", "Baby Stephy"

"It takes years to find the nerve to be apart from what you've done, to find the truth inside yourself and not depend on anyone."

National Honor Society 3, 4; Amaranth 1, 2, 3, 4; Art Club 1,2,3,4; Class Representative 1; *Delphian* 4; F.B.L.A. 3, •4; Interact 2, 3, 4; N.J. Science League \i, 2, 3, 4; Prom Committee Executive Board 4; SAE 3, 4; Spanish Honor Society 3, 4; Softball 1; Volleyball 1, 2; Interns-1 tional Club 1, 2, 3, 4; Cross American Culture Club 4; Women's Sup-{ port League 4.

for different needs.



Pacifico Sampang
"Jon", "i%t«J,iffl",a"Murph"

"The present Js ,but the past's future, so don't wait for the future with what you could've done in the past."

National Honor Society 2, 3; Band-Concert 1, 2, 3; Band-Marching 1, 2, 3.



Lori Sanbom
"Lori"

"Today, well lived, makes yesterday a dream of happiness, and tomorrow a vision of hope."

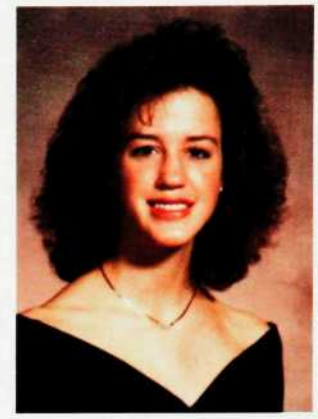
Cheerleaders 2, 3.



Renée Krlstlne Victoria Santoro
"Nazar", "Nasal", "René"

"Don't walk in front of me, I may not follow. Don't walk behind me, I may not lead. Just walk beside me and be my friend."

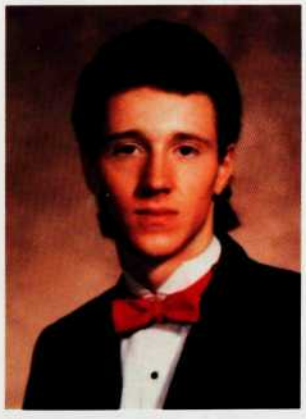
Concert Choir 1, 2, 3, 4; Treasurer 3, President 4; *Delphian* 3, 4, Senior Personals Editor 4, Executive Board 4; Drama club 1, 2, 3, 4; Interact 4; Majorettes 1, 2, 3, 4, Representative; Musical Production 1, 2, 3, 4; Music Parents Executive Board 3, 4; Renaissance Society-V.P. 1, 2, 3, 4; Small Ensemble 1, 2, 3, 4; Spotliters 2, 3, 4; Basketball 2; Softball 1; Speechwinner 3; Prom Committee 4; Tour Choir 1, 2, 3, 4.



Denise S. Scherer
"Dee", "Neesie"; "Nee"

"I wonder what's on the other side of the wall."

National Honor Society 2, 3; *Delphian* 3, 4; Girls Sports Editor 3, 4; German Honor Society 2, 3, 4, Secretary 4; International Club 4; Renaissance 4; SADD 3. 4; Basketball 1, Volleyball 2, Volleyball Manager 3, 4; AWSOM 3, 4.



William H. Schmidt
"Bill", "Schmidty"

"They tell me I often go out on a limb. Well, that's where I like to be."

Marine Science 3, 4; Ski Club 2, 3, 4; Football 1, 2, 3.



Lisa Schrader
"Lee"

"Reality is for people with no imagination."

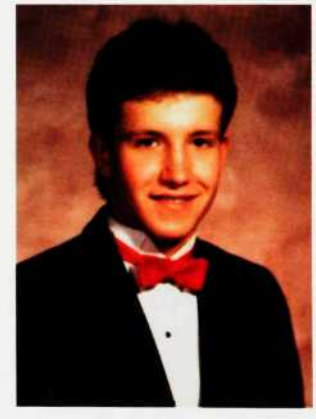
Cheerleaders 1, 3; Softball 1, 2.



Rayna Schwarzwald
"Ray", "Rosie", "Schwarzneggar"

"Giant steps are what you take, walking on the moon."

Class Representative 1, 2, 3, 4; *Delphian* 3, 4, Girls Sports Editor 4; Prom Committee 4; Executive Board 4; Ski Club 3, 4; Cross Country 4; Indoor Track 4; Spring Track 3, 4.



Robert Seidel
"Rob", "BJ", "MacGyver"

"Life is not a problem to be solved, but a reality to be experienced."

Concert Choir 1, 2, 3, 4; Musical Production 3, 4; Basketball 1; Cross Country Track 1, 2, 3, 4; Indoor Track 2, 3, 4; Spring Track 1, 2, 3, 4; Winter Track 2, 3, 4.

Response to music



Nina Setia

"Neen", "Set". "Ny-na"

"I am what I am, so let me be."

Softball 1. 2. 3. 4; Tennis 1. 2, 4.



Sital Shah

"Skittles"

"I can't believe my life is happening to me, 1 never think of the future. It comes sure enough."

Amaranth 1, 2, 3, 4, Associate Editor 4; Chess Club 1, 2. 3, 4; F.B.L.A. 2, 3, 4; High School Bowl 2, 3, 4; National Forensic League 1, 2. 3, 4; SADD 2; Student Advisory Board 3. 4; Tennis 1, 2, 3, 4.



Sujay Shah

Sujay

"You have only one life to live; try to get the most out of life."

Chess Club 1; Computer Club 1, 2, 3; Tennis 3.



liana Beth Shamosh

"Sham oo", "Lon"

"Good frieinds we have and good friends we've lost along the way. In this great future we cannot forget our past, so dry your tears I say."

National H(one< Society 3, 4; Amaranth 3, 4; Art Club 3, 4; *Delphian* 3, 4, Editor 4; Interact 4; International Club 3, 4; Prom Committee 4; Ski Club 3, 4; Spanish Honor Society 3, 4; Student Government Senate 2, 3, 4; Softball 1; Volleyball 1, 2, 3, 4, Captain of Junior Varsity Volleyball 3, MVP (Most Valuable Player)-JV, 3.

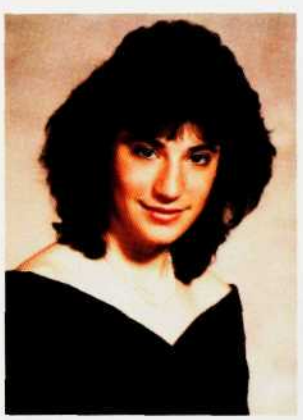


Reem Shamoun

"Reemster", "Reemer", "Blue"

"Good leaders are scarce, so I'm going to follow myself."

Amaranth 3, 4; Art Club 1, 2, 3, 4; Class Officer 1, 2, 4; Class Representative 2, 3; *Delphian* 4; Interact 1, 2, 3, 4; Prom Committee 4; Renaissance Society 3, 4; Spanish Honor Society 3, 4; Student Advisory Board 2, 4.

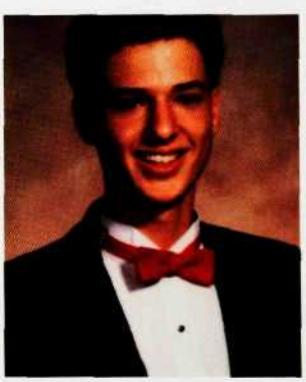


Sima Shapiro

"Sima"

"Happiness adds and multiplies as we divide it among others."

National Honor Society 3, 4; Academic Decathlon 3, 4; Band-Concert 2, 3, 4; Band-Marching 2, 3, 4; Concert Choir 1, 2, 3, 4; Bergen County Choir 2, 3; Region Choir 2; Interact 3. 4; Musical Production 2, 3, 4; N.J. Science League 1, 2; Orchestra 1, 2, 3, 4; RYLA Leadership Conference 3; Small Ensemble 1, 2, 3, 4; String Ensemble 4; Wind Ensemble 2, 3, 4, Bowling 2, 3, 4, Co-Captain 3, 4; Softball 1; Tennis 3, 4, Captain 4; Science Project 3; Awsom 3, 4.

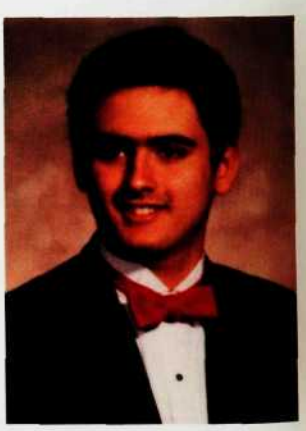


Jonathan Todd Shoenholz

"Jon", "Jonny"

"That's the news and I am outta' here!"

National Hc?priS<J>cisfly 3, 4; Academic DecatMori HL&I Amaranth 3, 4, Associate ^ga^/Band-Concert 1, 2, 4, Band-Mashing 1, 2, 4; Boys State 3; *Delphian\l*, 2, 3, 4, Typing Editor 3, Advertising Editor 4; Fantasy Games Club 3; Forum Press 1, 2, 3, 4, News Editor 4; High School Bowl 2, 3, 4; Interact 2, 3, 4; National Forensic League 1, 2, 3, 4, Captain 4; Orchestra 1, 2, 3, 4; Student Advisory Board 4; Wind Ensemble 4; Tennis 1.

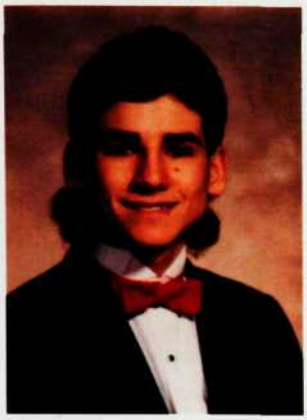


John Sigona

"John"

The best is yet to come.

molds our true character.



Michael S. Simitz
"Michael". "Mike". "Mikey-Boy"

"Happiness doesn't come from doing what we like but from liking what we have to do."

National Honor Society 3. 4; Class Representative 3. 4; Computer Club 1; Fantasy Games Club 2. 3, 4; German Honor Society 2, 3, 4; Interact 3, 4; National Forensic League 1, 2, 3, 4; Ski Club 1, 2, 3. 4; Student Government Senate 3; Baseball 1; Bowling 1, 2, 3, 4.



Beth Michelle Singer
"Beth", "SINGER"

"You only live once and if you do it right, once should be enough."

Ski Club 4; Softball 1.



Marc Daniel Sommer
"Marc"

"Don't put off until tomorrow what you can do today."

Ski Club 1, 2; Weight Training 1; Soccer 1, 2; Tennis 1, 2, 3, 4.



Peggy Sotirhos
"Peg". "Petula"

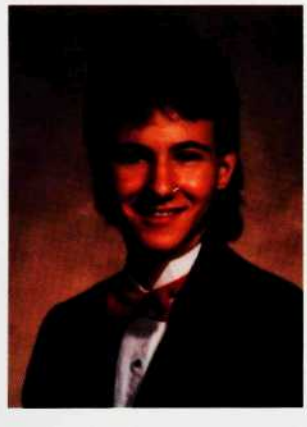
"Don't try to live your life in one day Don't go and speed your time away Try to enjoy the here and now- the future will take care of itself somehow!"

Amaranth 3, 4; Art Club 1, 2, 3, 4, President 3; *Delphian* 3, 4, Editor 4, Executive Board 4; F.B.L.A. 3. 4; Interact 2, 3, 4; Prom Committee 4, Executive Board 4; RYLA Leadership Award 3: SAE 3. 4; Student Advisory Board 3, 4; Who's Who American Student 3. 4.



Tara St. Thomas
Tara

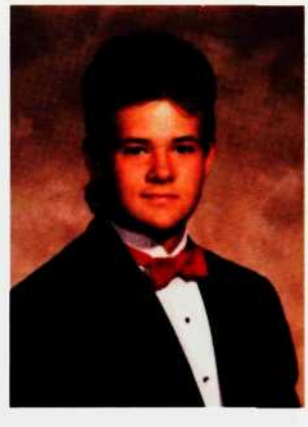
"The only way I have found to say goodbye is the single, silent, silver tear."



Eric Staar
"Staar", "Er"

"Reach for the Golden Dream, Reach for the sky. Just spread your wings and fly higher than high."

Band-Concert 1, 2, 3; Band-Marching 1, 2, 3; Equestrian Club 1, 2; Jazz Ensemble 3; Lighting Crew 2, 3. 4, Vice-President 3, President 4; Stage Crew 2, 3, 4, President 3, 4; Orchestra 1, 2, 3; Wind Ensemble 1, 2, 3; Floor Hockey 1, 2, 3, 4.



Michael Starace
"Mike"

"You'll never be able to catch the past, so try for the future."

Ski Club 1, 2, 3, 4; Prom Committee 4; Weight Training 1, 2, 3. 4; Baseball 1. 2. 3, 4.



Michele Suzanne Steinhardt
"Mich". "Fuzz". "Willy"

"Smile a lot. it makes people wonder what you're up to."

Amaranth 1. 3. 4; Art Club 1. 3. 4; Class Representative 1. 4; *Delphian* 3, 4, Senior Personals Editor 4; F.B.L.A. 3. 4. Treasurer 3. Secretary 4; Interact 2. 3. 4; International Club 1; SAE 3. 4; Who's Who American Student 3, 4: Volleyball Manager 1; Prom Committee. Executive Board, 4.

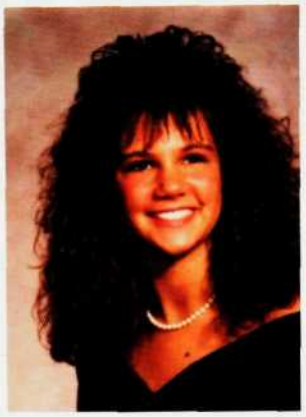
Though the tempest rages in our uniqueness,



Joseph Michael Sutera
"Sweetchuck", "Sweet", "Joe"

"When we cannot bear to be alone, it means we do not properly value the only companion we will have from birth to death- ourselves."

Baseball 2, 3, 4; Football 2, 4.



Heather Terlecky
"Heath", "Perk"

"Can you see the real me behind my brown eyes?"

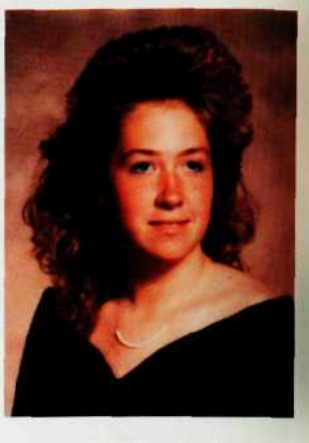
Amaranth 3, 4; *Delphian* 4; Interact 3, 4; Prom Committee 4.



Adrienne Ann Thompson
"Age", "A", "Beamer"

"As life progresses, the game gets tougher and only pure determination separates the winners from the losers."

Band-Concert 1, 2, 3, 4; Band-Marching 1, 2, 3, 4; Pit Orchestra 4; Prom Committee 4; Wind Ensemble 4; Bowling 1, 2, 4, Captain 2.



Kari Torsland
"Kar", "Tors", "Torsie"

"This is the time to remember, 'cause it will not last forever. These are the days to hold on to, 'cause we won't, although we'll want to."

Amaranth 1, 3, 4; Art Club 1, 3, 4; F.B.L.A. 1, 3, 4; Interact 1, 3, 4; Prom Committee 4; SAE 1, 3, 4; Softball 1, 2, 3, 4; Volleyball 1, 2.



Rosemary Tran
"Roe"

"The key to success ip self-discipline. Anything one; jriah can imagine, other rnen CarKmajle real."

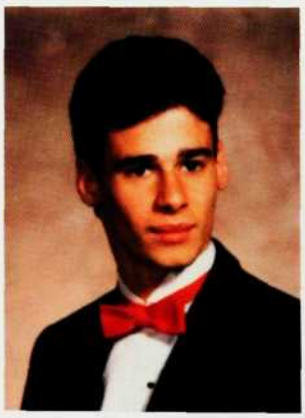
National Horf*, *kpk&i* 3, 4; Class Officer 1,2; Bowlir 12-J, 2, 3- Cross Country 2; Sprin^Track 1, 2, 3.



Tracey Jo Turco
"Turk", "Turco"

"Life is a mVstery to be lived, not a problem to be solved."

Delphian 4; Interact 4; Prom Committee 4; Softball 1.



Rosarlo Vaccarella
Rosario

"Good times come before all.' '



Tonia Van Rensalier
Tonia

"We all have the right to go **where]** we want and to be who we are."

the connection to each of our souls lies



Margaret Gabrlelle Vasile
"Marg", "Peggy", "Meagan"

"They call us problem children. We spend our lives on trial. We walk an endless mile. We are the youth gone wild."

Art Service Corps 4; Prom Committee 4.



Rene Veltri
"Bush", "Speedy"

"With friends I've laughed for many years, but now I have to cry. I think you know the reason, it's hard to say good-bye."



Jessica Sue Vereb
"Jess", "Jessi"

"Some people think it's holding on that makes one strong; sometimes it's letting go."

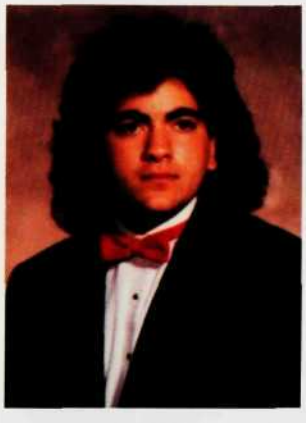
Amaranth 1, 2, 3, 4; Art Club 1, 2; Interact 1, 2; SADD 3.



Michelle Vetrone
"Trone", "Mich", "Mickey V."

"You only live once so take hold of the chance. Don't end up like others, same song and dance."

American History Club 1; Marine Science 1, 2; Prom Committee 4; Renaissance Society 2, 3; SADD 3, 4; Ski Club 3, 4; Student Executive Board 4; Student Government Senate 4, Treasurer 4; Basketball 1, 2, 3, 4, Captain 4; Softball 1; Volleyball 1, 2, 3, 4.



Michael Volpe
"Michael"

"Time Rolls On, that's as it should be. Here and gone, seems to move so quickly."

Band-Concert 1, 2, 3, 4; Band-Marching 1, 2, 3, 4, Drum Major 3, 4; Concert Choir 1; Jazz Ensemble 1, 2, 3, 4; Music Parents Executive Board 4; Orchestra 1, 2, 3, 4, President 4; Pit Orchestra 1, 2, 3, 4; String Ensemble 1, 2, 3, 4; Wind Ensemble 1, 2, 3, 4; North Jersey Regional Orchestra 1, 2, 3, 4; N.J. All State Orchestra 3, 4; Bergen County Band 3; Floor Hockey 1, 2, 3, 4.



Tara Eileen Voss
"Tarr", "Ta-Ta"

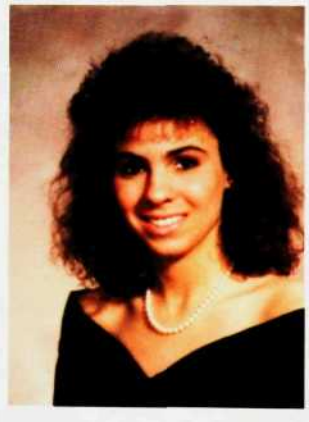
"Never to be wrong ... Never to make promises that break ... It's like singing in the wind or writing on the surface of a lake ..."

Flag Squad 2, 3, 4, Captain 4; Marine Science 4; Prom Committee 4; Bowling 1, 2, 3.



Stacey Wakstein
"Stacey", "Stace"

"Hope is the thing with feathers, that perches in the soul and sings the tune without the words and never stops at all."

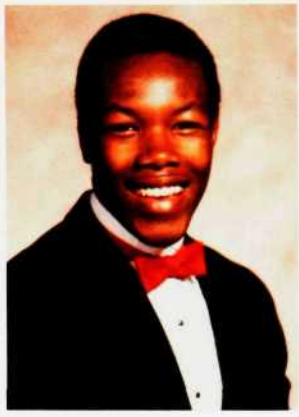


Karen Lynn Welnrich
"Karen", "Kar"

"Although these days will soon be gone, the memories shall linger on, for we have shared so much together; these memories I will cherish forever."

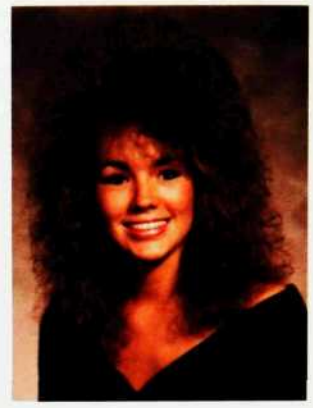
Equestrian Club 1; Interact 1, 2, 3, 4; Prom Committee 4; Student Government Senate 1, 2, 3, 4; Cheerleaders 3, 4; Softball 1.

On the Wings of Song.



Steven Williams
"Steve"

"Live for the present, for the future is unknown."



Jennifer Lee Winters
"Jen", "Winny"

"When you meet a man without a smile, give him one of yours."

Cheerleaders 1, 2, 3, 4; Softball 1, 2, 3, 4.



Joseph J. Wiscovitch
Joseph

"Man is what he believes."

National Honor Society 3, 4; Amaranth 4; Art Club 1, 2, 3; Class Representative 1; Interact 1, 2, 3, 4; Math Club 1, 2, 3; National Forensic League 1, 2, 3; Ping Pong Club 2, 3; Prom Committee f; SADD 3; Spanish Club 1, 2, 3.



Hannah Marie Wolinsky
"Han", "Kiddo"

"Live each day to the fullest. Then you can look forward with hope and back without regret, while making today's dreams into tomorrow's successes."

Band-Concert 1, 2, 3, 4; Band-Marching 1, 4; Concert Choir 1, 2; Flag Squad 2, 3; SAE 1, 2, 3, 4; Wind Ensemble 3, 4; Bowling 3, 4.

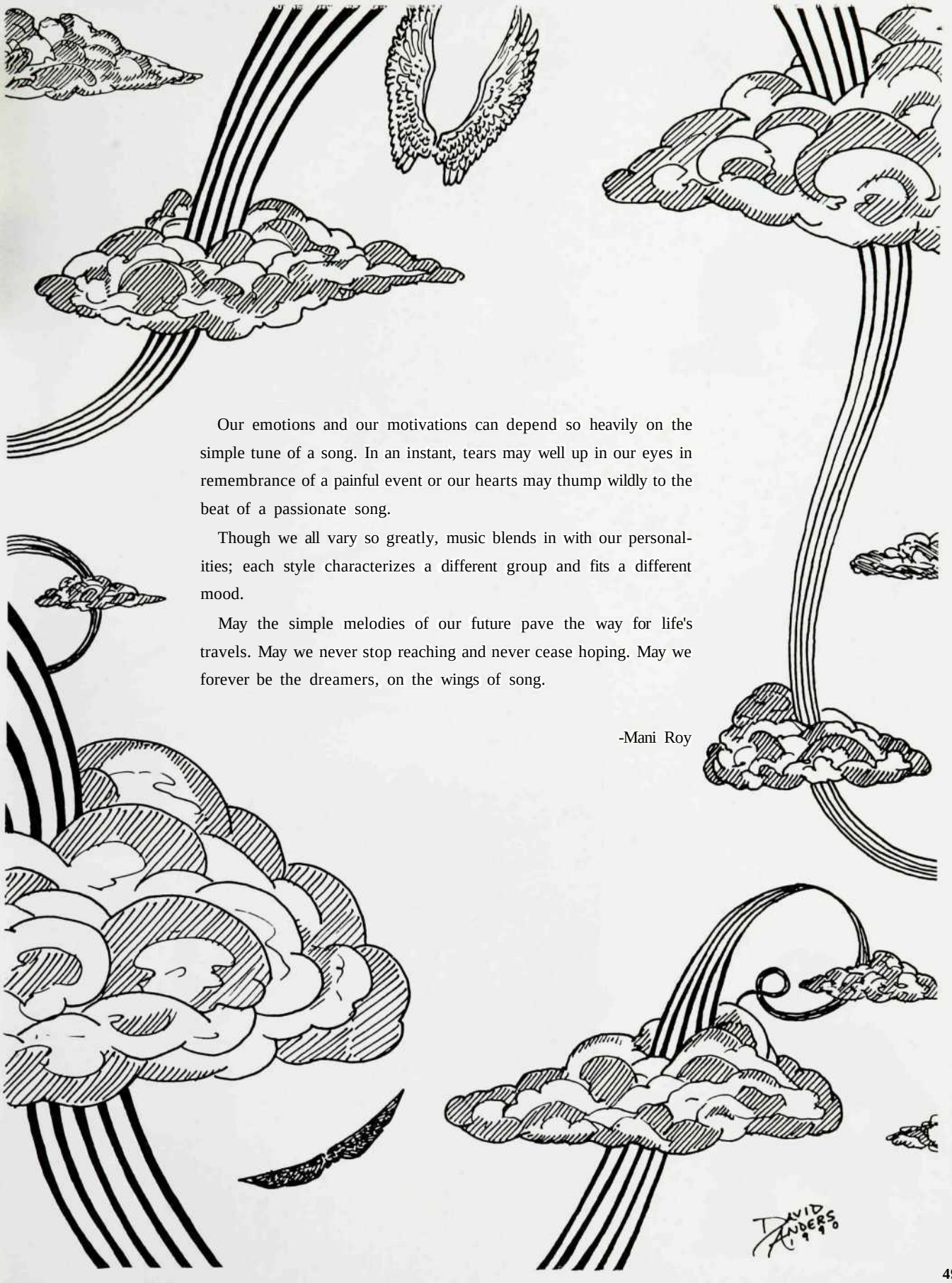




Natalie Anne Zammltti
Natalie, "Pasquali-Caputo"

"The shades of our past will soon vanish, as our destiny unfolds in the future. So I say 'goodbye' to our yesterdays, and 'hello' to our tomorrows."

Interact 3, 4; International Club 3, 4; Prom Committee 4; Student Government Senate 2, 3, 4; Who's Who American Student 2, 3, 4; Cheerleaders 1, 2, 3, 4; Softball 2; Volleyball 1.

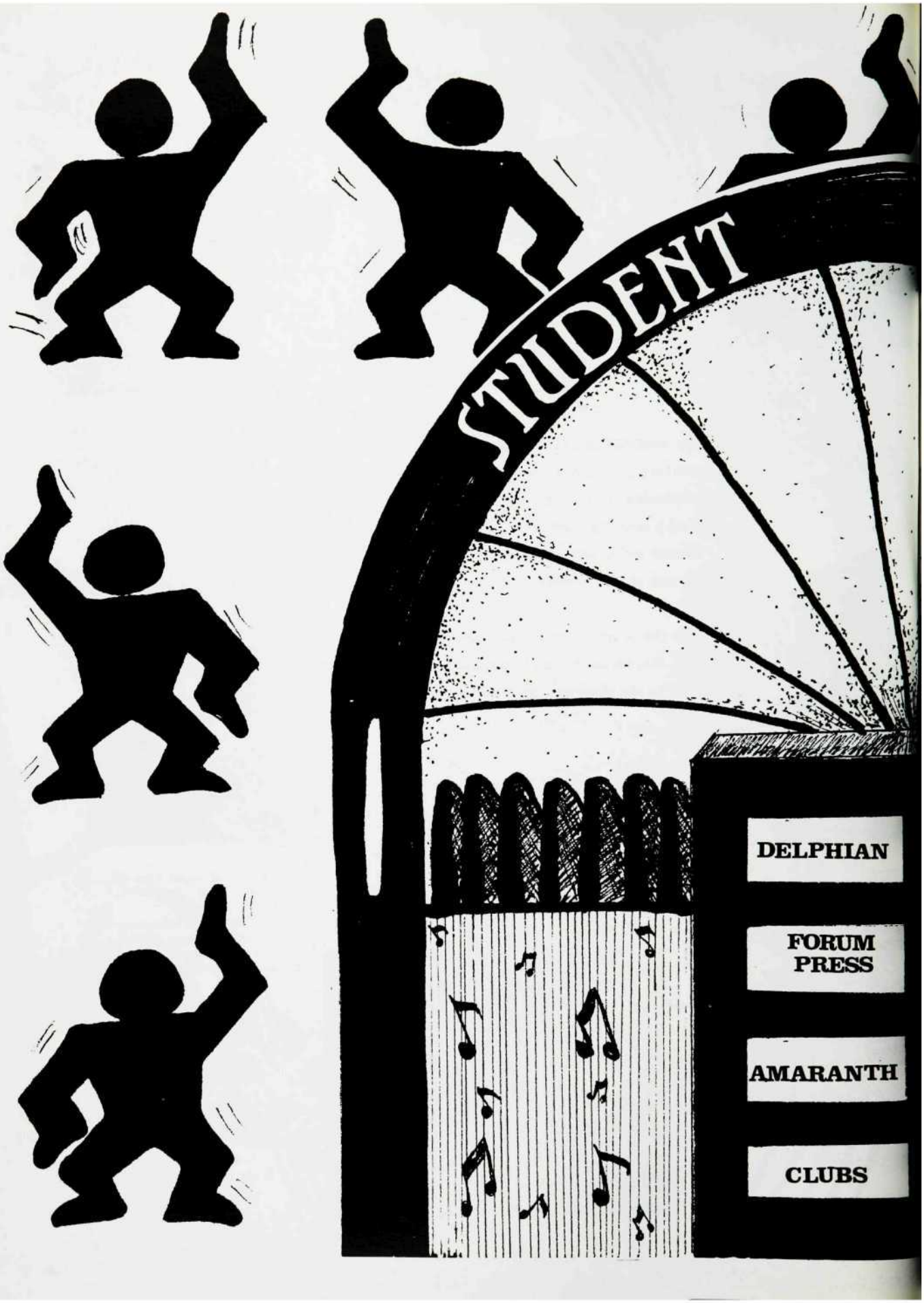


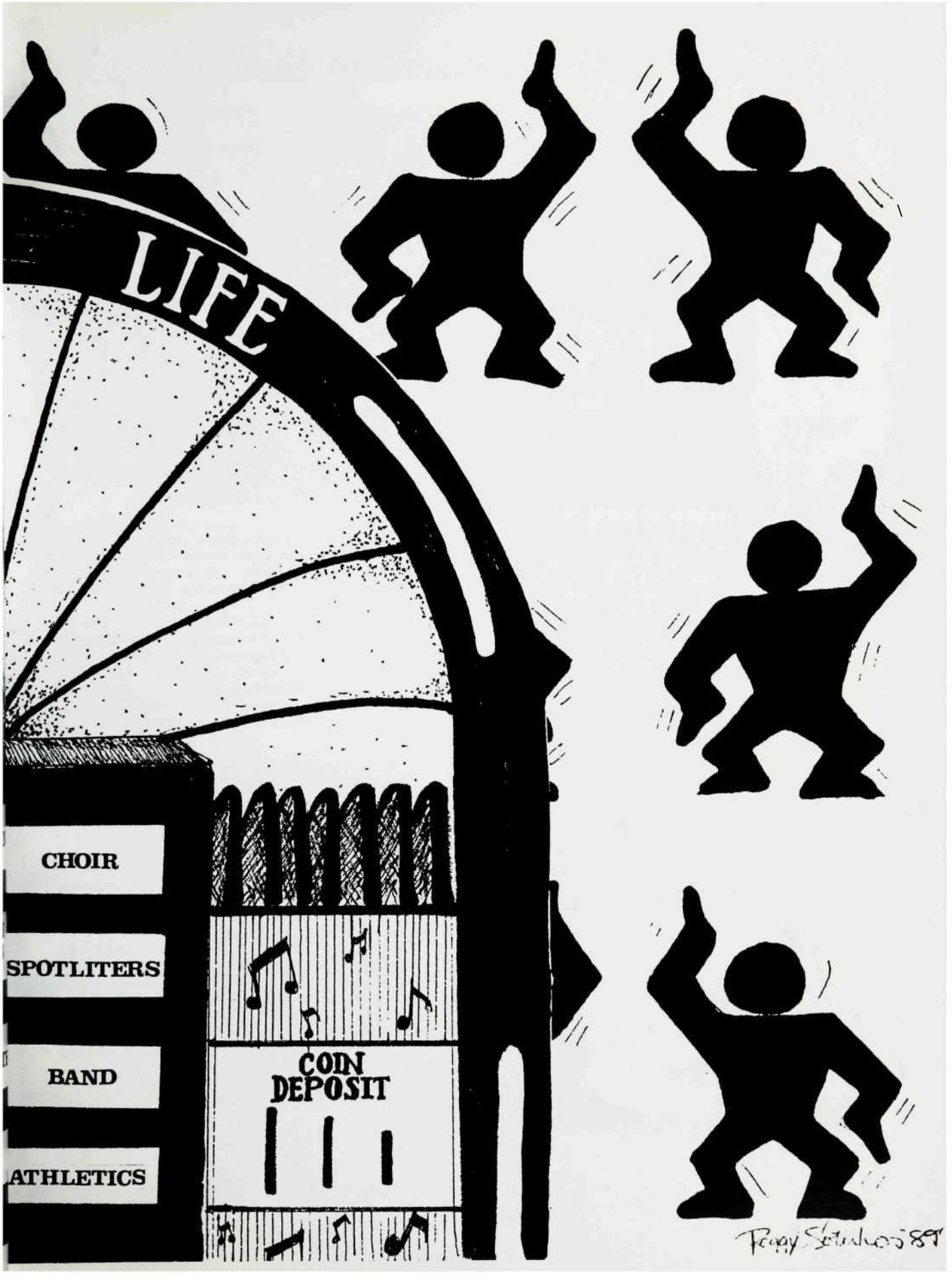
Our emotions and our motivations can depend so heavily on the simple tune of a song. In an instant, tears may well up in our eyes in remembrance of a painful event or our hearts may thump wildly to the beat of a passionate song.

Though we all vary so greatly, music blends in with our personalities; each style characterizes a different group and fits a different mood.

May the simple melodies of our future pave the way for life's travels. May we never stop reaching and never cease hoping. May we forever be the dreamers, on the wings of song.

-Mani Roy


STUDENT
DELPHIAN
FORUM PRESS
AMARANTH
CLUBS


LIFE
CHOIR
SPOTLITERS
BAND
ATHLETICS
COIN
DEPOSIT

Senate . . . Sovereign Students



Front Row: Susan Igoe, Ben de Guzman, Michelle Vetrone, Mike Paladino, Kevin Ralph, Ethan Sklar, Dominique Pandolfo, Jennifer Barrow. *Second Row:* Stephanie Glazer, Laurie Cohen, Stephanie Lee, Jennifer Chung, Marc Maurino, Craig Ross, Susan Martins, Caren Schweidel, Jennifer Fallon, Sabeena Setia, Susan Mover. *Third Row:* David Elfenbein, Rich Ezra, Peter Maier, Roxanne Foster, Chad Feinstein, Natalie Zammitti, Karen Weinrich, Alvin Chun, Mr. Earabino. *Back Row:* Jason Glatzer, Rahul Young, Yilo Cheng, liana Shamosh, Michael Pincus, Danny Ezkiel, Rayna Schwarzwald, Michelle Celia, Roland De Guzman.

Consisting of four executive officers, six senators from each grade, and an additional twelve senators at large, the Student Government serves as the law-making body of Paramus High School. Under the guidance of Mr. Warren Earabino, this year's student council has maintained its reputation as being the most influential voice in the student body. Keeping up last year's tradition, we held our second successful bonfire. As a result of the Senate's dedication and determination, they have put their support behind the school's recent anti-smoking policy.

When not meeting in full session, the Senate is divided into six committees: the school plant, curriculum, awards and community, budget ways and means, elections and constitution, and social committees. This year's Senators were responsible for several immediate achievements, plus in addition they have laid the ground work which they feel will perpetuate equally effective years to come.



Kevin Ralph, President

1990! This year marks the beginning of a new decade and the end of an old one in which many of us shared experiences together. Often times we take for granted Paramus High School, its faculty and staff, and our fellow students. It is not until our high school experience is almost over that we are able to look back and realize what a special time it was.

This Class of 1990 is, indeed, a special one for me. Thank you for the memories, the laughter, and the happiness that we shared while growing up together. We have all been prepared to make whatever we want of our lives, and I hope you all attain your goals and fulfill your dreams.

My deepest thanks and gratitude go out to all the members of the student body for allowing me the privilege and distinction to serve as your Student Government President. It was an honor and pleasure. I hope I made you proud.

It is hard to find the words to tell the people that you grew up with, "good-bye," so I won't. For we hope we will share experiences together in the future. So, until then, I will say "Farewell" and God bless you all.

Student Advisors . . . They Understand



Front Row: Ethan Sklar, Mike Paladino, Caren Schweidel, Susan Igoe, Kevin Ralph. *Back Row:* Ben de Guzman, Roland De Guzman, Rich Ezra, Michelle Celia, Alvin Chun.

Once every month throughout the year, Mr. Zanella meets with his Student Advisory Board. These informal discussions which take place in the principal's conference room, cover the gamut of daily high school life. Through these meetings, Mr. Zanella is able to gain a better understanding and an increased insight into the views and needs of the students. As a diverse group of students, members include the Student Government officers, Class Government officers, selected Club officers, and representatives of the athletic teams. On occasion, a member from the Board of Education will join the Principal in hearing the concerns of the students. Such meetings provide for direct communication among the students, the Board of Education, and the High School Administration. Very often the views shared by at the Student Advisory Board meetings directly affect school policy.

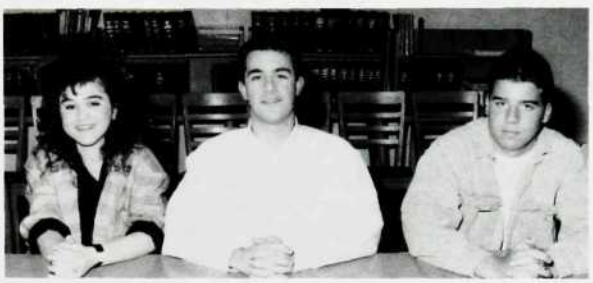


Back Row: Mr. Zanella, David Greenspun, Josh Neuman, Ethan Sklar, Kurt Wilcomes, Eric Wilcomes, Sergio Puentes, Bret Shamosh, Bill Featherstone, Dave Battafarano, Michelle Pucci. *Front Row:* Mike Paladino, Michelle Vetrone, Kevin Ralph, Sital Shah, Scott Reiss.

Class Officers . . . Dependable Reps.



Executive Officers: Ethan Sklar - Treasurer, Kevin Ralph - President, Michelle Vetrone • Secretary, Mike Paladino • Vice-President.



Senior Officers: Reem Shamoun - Vice-President, Marc Eskind - President, Andy Roth • Secretary.



Junior Officers: Sue Martins • Secretary, Sergio Puentes - President, Eric Wilcomes - Vice President.



Sophomore Officers: Bill Featherstone • Vice President, Dave Battafarano • President, Kurt Wilcomes - Secretary.

Our Executive Officers and Class Officers form an important part of P.H.S.'s Student Government, under the direction of Mr. Warren Earabino. They participate in all Student Government activities including Senate Meetings. Our Class Officers help to advise their particular class on what fundraisers are available to raise money for their Senior Year!

This year's Senior Class held such fundraisers as the Gold Raffle and the Fashion Show. All of these proceeds went to the Prom Committee, and other related Senior Class activities.



Freshman Officers: Simon Gharibian - Vice-President, Brett Shamosh • President, Scott Reiss - Secretary.

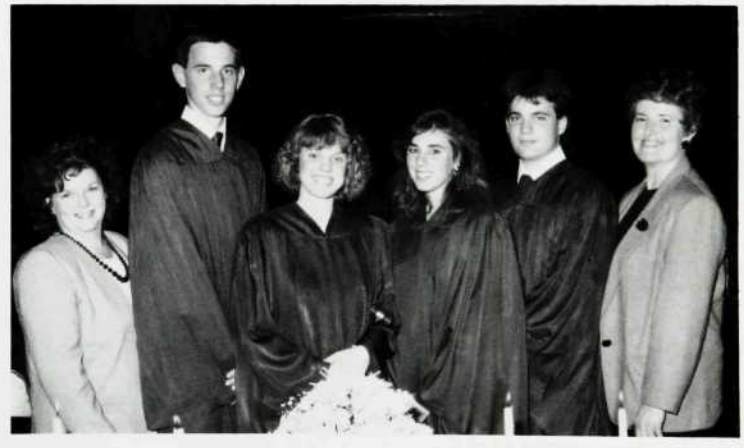
N.H.S. . . . The Cream of the Crop



Back Row- Debbie Jonas, Niteen Jamdar, Jon Schoenholz, Allison Dailey, Teresa Manocchio, George Hannah, David Mainenti, Tim Turpin, Martin Moran, Joseph Grossman, Joshua Neuman. *Fourth Row*- Iraj Hastings, Denise Scherer, Sandra Chilazi, Gene DeMaio, Melissa Langanella, Rose Mary Tran, Sima Shapiro, liana Shamosh, Nita Patel, Sung Park, Kevin Ralph, David Greenspun. *Third Row*- Mike Simitz, Debbie Lee, Jean Li, Danny Goldblatt, Sandeep Nandy, Ah Ra Cho, Debbie Biener, Jason Barnes, Michelle Celia, Stephanie Saltzberg, Jit Saha. *Second Row*- Sue Igoe, John Kim, Gina Pagliuca, Cliff Bloom, Christina Lambert, Michelle Pucci, Dan Machewirth, Pacifico Sampang, Gregg Mettler. *First Row*- *Sue* Garcia, Amy Marga, Ben de Guzman, Roland DeGuzman, Navin Budhwani, Alvin Chun, Doris Chou, Madhuri Roy, Nancy Palamara, Larry Toscano.

Advisers Ms. Patricia Bolger and Mrs. Diana **Walla supervise** the annual activities of the George **Hodgins Chapter** of the National Honor Society, which include services such as the Alumni Tea and help during **the** Annual Paramus Run. Year - long services also include tutoring of students of Paramus **High School** and the fundraising which is given as a scholarship **at** the end of the year, and the help with the homeless in America.

To obtain membership, students must show the **character** qualities of Honor, Scholarship, Leadership, and **Community** Service. They must have a B + **average** to be nominated **to** this selection **of** scholars.



Ms. Bolger; Kevin Ralph, Vice-President; Amy Marga, President; Nancy Palamara, Secretary; Dan Machewirth, Treasurer; Mrs. Walla.

Hebrew . . . Spanish . . . French Honor Societies

Our Hebrew Honor Society members must achieve a high level of the Hebrew Language while also helping other students taking Hebrew as their foreign language, with their studies. Under the direction of Ms. Barbara Markowitz, members learn not only of the Hebrew language, but also of the Hebrew culture.



Warren Hutmacher, Ronnie Murad, Joseph Grossman, Ms. Markowitz.



Front Row: Mrs. Rita Kostopuolos, Stephanie Saltzberg, Reem Shamoun, Yanet Perez, Janet Chiong, Vice President. *Back Row:* Cliff Bloom, David Mainenti, President Ben de Guzman.

P.H.S.'s Spanish Honor Society, under the faithful direction of Ms. Kay Zazzali, helps to promote the understanding of the Spanish culture. Students who have acquired membership must maintain a very high understanding of the language. They must also show a willingness to help and teach others who have chosen Spanish as their foreign language. The Joan Miro chapter of the "Sociedad Honoraria Hispanica" maintains the excellent standards of its forerunners through the intense study of the language and literature through the fourth year of the language.

This year's French Honor Society, under the direction of Mr. Manzella is helping French Scholars fund their trip to Paris, France. Through hard work and dedication to the French Language and Charms Blow Pops, our French Honor Society successfully completed an interesting year of French culture. Along with their trip to Paris over Easter vacation, they help to promote French American relations through various outings at French restaurants. French students in the A.P. level participate in many French related activities.



Back Row: Orrie Pelc, Candice Chao, Tom Cahill, Colette Callison, Mary Rose Cruz, Jit Saha. *Middle Row:* Allison Petouvis, Jill Gaffney, Mani Roy, Doris Chou, Susan Igoe, Amy Marga. *Front Row:* Melanie Pakingan, Latha Nadella, Mary Sotirhos, Knar Ohanessian, Sari de Leon.

Italian . . . Latin . . . German Honor Societies



Front Row: Nancy Palamara (Vice-President), Gina Pagliuca (President), Sharon Marcone. *Back Row:* Marc Maurino, Brian Sutera, Kim Passarelli, Malissa Pate.

This year's Italian Honor Society, under the direction of adviser Miss Mary Bellina, has helped sponsor a trip for the A.P. Italian students. During the Easter vacation, these Italian Scholars traveled to such Italian cities as Rome and Venice. Through out their ten day tour, they experienced Italian Culture to the fullest! Students that participate in the Italian Honor Society must maintain a high level of coherency and understanding of Italian. They must also help other students taking Italian.

P.H.S.'s Latin Honor Society, under the direction of Mrs. Lombardi learn not only the Latin language, but part of its culture too! Through events such as the annual toga party, Latin Scholars participate in the Latin language and its culture. Each Latin Scholar has the name of one of the Roman Gods or Goddesses, adding to their experience as a student of Latin.



Nita Patel, Matt Grossman, Susan Garcia, Ben de Guzman.



Front Row: Jennifer Breuer, Aarthi Ballal, Dana Cook, Sandeep Nandy, Ah Ra Cho. *(MiddleRow:* Susan Garcia, Kevin Ralph (President), Dan Machewirth (Vice-President), sDenise Scherer (Secretary), Michelle Pucci, Allison Dailey. *Back Row:* Bryan King, * Kevin Ware, Peter Maier, Mike Cramer, Alice Tzeng, Debbie Lee.

Under the direction of Herr Ernst Linger, the George Hodgins Chapter of the German Honor Society helps to teach P.H.S. students of the German culture. The annual German Exchange program with the Frei Herr von Stein Schule in Frankfurt West Germany helps to promote German American friendships that will last for ever. Every year, the German Honor Society helps to sponsor the P.H.S. German Scholars in their trip to Frankfurt and then to Berlin. Frankfurt students also come to America and live with their Exchange partners over the course of one month. This program, although not active this year, promotes many German American friendships.

Die



The gang's all here.

Our German Exchange Program has completed yet another successful year. In this, the eighth year of the exchange, many lasting friendships and memories were created. Through the help of Herr Unger, Herr Koehler, Herr Franzl, and the German Government, the participants on both sides **of the exchange created** friendships that will last forever.

Our classes at our host school, the Freiherr-Vom-Stein-Schule, our stay **with** our host families and our own experience of German culture were just some of the facets of our exchange. The other half of the exchange took place in America, where we hosted our German friends, and helped them to experience our culture, as they helped us experience theirs. Both our stay in Frankfurt and our stay in Berlin "was sehr geil!"

"Wir vergessen euch nie: Ricci, Kirsten, Annabelle, Belli, Andrea, Sandra, Valerie, Annette, Rahoul, Stefan, Christian, Richard, Yvette, Axel, Florian, Andreas, Alexander, und Daniel!"

"Wir danken Ihnen fiir die Ereignisse!"



Stefan Wild-Thing Oser!



Oh no it's German!



The seance queens!



"One time, once!"



Don't tell me I'm not the luckiest guy alive!



Heartbroken!

deutsche



"Pops, can I have your rhubarb?"



"Laura, your hair is flat!"



"K.O." Kirsten



"Anybody see Anabelle?"



The Sandeep strut!



"Happy Birthday to you!"



"Look what I picked up!"



Where's the Café?"

Ereignisse!



"DADDY!"



Gary, you're not singing?!



Letter men.



Stud man!



Lucy Coe **attacked by killer pillow!**



She's leaving, don't cheer yet!



Dream on Mezz!



"Auf Wiedersehen!"

Interact and S.A.E. . . . Service and Excellence!



First Row: Candice Chao, Won Jang, Latha Nadella, Sara Byun, Taeok Kim, Debbie Lee, Talar Sestyan, Asit Parikh, Dan Machewirth, Kurt Wilcomes, liana Shamosh, Ken Eng. *Second Row:* Ms. Lindner, Radhika Sagar, Natalie Nazar, Jeanie Kim, Sharon Marcone, Stephanie Lee, Jennifer Chung, Linda Choi, Joanna Gallo, Denise Chami, Dan Goldblatt, Jit Saha, Sujay Shah, Sung-Hee Chun *Third Row:* Priya Prahakar, Hima Prabhakar, Un Jung Kim, Julie Drivas, Courtney Klaus, Stephanie Saltzberg, Peggy Sothiros, Joyce Lee, Sylvie Jancart, Jean Li, Laurie Kalman, Ah Ra Cho, Richard Dalton *Back Row:* Alvin Chun, Felice Saltzberg, Michelle Tacolb, Knar Ohanessian, Michele Steinhardt, Eric Wilcomes, Reem Shamoun, Nita Patel, Sheri Garciatte, Shahana Hussain, Chul Chun, Jac Joyce

In its fifth year of existence, The Interact Club, headed by Ms. V. Lindner and Mr. J. Tuzzolo, continues to be the largest weekiy afterschool club of Paramus High School. This service organization works with the Rotary Club to promote goodwill in the community by creating a partnership between students and residents. One such project is the Extend-a-Hand program, where a student befriends a senior citizen of the community.

This year, the Interact Club is also holding several fundraisers, with the proceeds going to the Save-a-Life program. Save-a-Life is a nonprofit organization which brings sick children to the United States from other countries for life saving operations.

Paramus's S.A.E. Club, under the direction of Mr. Joesph Tuzullo, is a service organization that benefits the Paramus Community. Among its activities, is the Special Olympics trip that was canceled once this year. On this trip, members of the club help handicap children participate in the activities. They are also allowed to ski and skate themselves, after the day is through. S.A.E is an important service organization in our school system!



First Row: Ah Ra Cho, Dan Machewirth, Eric Wilcomes, Kurt Wilcomes, Thomas Silaghy, Howard Opatowsky, Tae Chung, *Second Row:* Julie Drivas, Stephanie Lee, Michele Steinhardt, Stephanie Saltzberg, Alvin Chun, Sung Park, Reem Shamoun, Ferda Yartim, Neha Parikh *Third Row:* Sylvie Jancart, Courtney Klaus, Debbie Lee, Taeok Kim, Linda Choi, Jennifer Chung, Joanna Gallo, Denise Chami, Asit Parikh, Lenchi Wong *Back Row:* Mary Sotirhos, Knar Ohanessian, Susan Garcia-President, Peggy Sotirhos, Nita Patel, Shahana Hussein, Talar Sestyan

Ooh! La La!



Juine 1990

Chvu Cwmui,

Raconter ce qui n'est passé pendant cult. Oftw«*. m'<M pa* JJUM. chose très facile. J'ai rencontré tellement de personnes, visité tellement de villes, vécu tant et tant de différentes expériences, que choisir celles qui m'ont plues le plus seraient encore trop nombreuses pour cette lettre.

Depuis le jour où j'ai pris l'avion de Belgique <J4M l'aéroport John Kennedy, } 'cvi- itowji C*w LQpo<jLtEo Ou/yji Uts* pluvif ques que était de venir en Amérique pour connaître vos coutumes, habitudes, nos différences et points communs. J'ai appris chaque jour.

L'Amérique m'a permis de voyager dans l'Etat de New York, du New Jersey, du Vermont, de Pennsylvanie, de Virginie en passant par ses grandes villes pleines de richesses telles que New yolk, Philadelphie, Albany, Boston, Atlantic city, Washington, D.C., et un m'attend en Juillet. New York a vraiment attiré mon attention par son Empire State Building, la Statue de la liberté, ses spectacles à Broadway, ses musées, les Radio city Music Hall et aussi par l'atmosphère qui règne dans les rues.

J'ai aussi pu participer à des sports qui ne sont pas communs dans mon pays comme le football américain, le baseball, le ski alpin. J'ai aussi eu la chance de pouvoir progresser dans le monde de la danse, au studio d'Hackensack et de découvrir la musique en apprenant à jouer du saxophone. Je suis contente d'avoir rencontré des gens venant de tous les coins du monde, il est important, je crois, de communiquer tous ensemble et d'apprendre à connaître le monde qui nous entoure et dans lequel nous vivons.

J'aimerais remercier mes familles d'accueil ; les Dorpons, les Shapiros, les Knowles et les Sharons ainsi que le Rotary, spécialement monsieur Piazza, mes amis et toutes les personnes qui m'ont aidée à rendre cette année si magnifique. Je ne les oublierai jamais et espère les revoir très bientôt.

Tendrement,

Sylvie Jamart.

Dear friends,

It's difficult to kUu OIL the things which have happened in the past year. I have met so many peop visited so many cities, I lived through so many different experiences, KUV to tfcsne- Vf ax. which pleased me most would be too numerous for this letter.

Since the day I took the plane from Belgium to Kennedy Airport, I have expanded both my physical and moral horizons. My dream was to come to America in order to get to know your customs, hofaife., oui. *QJJ>VumU0* and common points. I have learned each day.

My trip to America has allowed me to visit the States of New York, New Jersey, Vermont, Pennsylvania and Virginia passing through their large cities full of splendor such as New York City, Philadelphia, Albany, Boston, Atlantic City, Washington, D.C., and a trip across country awaits me in July. New York city has really attracted my attention with its Empire State Building, the Statue of liberty, its Broadway shows, its museums, its Radio City Music Hall and also by the atmosphere of its streets.

I have also been able to participate jm .opoU* uJ«X<> OKA- me*- pt^jou- tax in my country such as ; football, baseball, and skiing. I have also had the luck to be able to continue with dance lessons in Hackensack Studio and to discover music by VotLuro, -CcntdfAxm*- JUAHTIVI • 3 arm hatyy fc have met people who come from every (O V M \ o(W*- Would , •> ji Jtmupc«cw*J , 3 WUnA , fo communi- nicate with, each other and to y> fe» bmouj >V uXAid oJuiunvd juw amol HU. One in which we lived.

I would like to thank my host families ; Mr. Dorpons, the Shapiros, the Knowles, and the Sharons. I would also like to thank Rotary, and especial- ly mister Piazza, my friends and all those people who helped make this year so magnificent for me. I shall never forget them and I hope to see them again soon.

Sylvie Jamart.



My boyfriend and I.

La Femme de Belgique.



My friends and I.



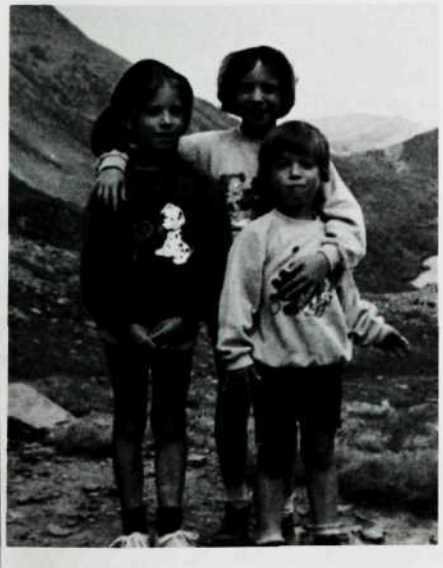
My class from 1987.



My boyfriend, my mother, my boyfriends father and I.



My house.



My cousins and God-child.



My favorite hobby: ballet.



My sister and brother-in-law.

International . . . Cross Culture . . . Ways Around the World



Front Row: Todd Ledy, Bridgitte Cavanagh, Brad Finkle, Mike Fischbein, Susan Garcia, Michele Steinhardt, Marc Eskind, Alvin Chun • President, Sylvie Jancart, Claudine Callison, liana Shamosh, Craig Ross, Ms. Kostopuolos. *Second Row:* Sneha Patel, Glenn Patoray, Nita Patel, Jessica Veeb, Dan Goldblatt, Stephanie Saltzberg, Sung Park, Rich Ezra, Un Jung Kim, Stephanie Lee, Jennifer Chung, Bernadette Andres. *Third Row:* Radhika Sagar, Raquel De Bonis, Dave Mainenti, Denise Scherer, Jean Li, John Kim, Joyce Lee, Shahana Hussain, Knar Ohanessian, Cathy Lee, Mary Sotirhos. *Fourth Row:* Robin Waldman, Serjia Puentes, Sue Martins, Sandy Alapaty, Jennifer Fleischer, Neeta Rastogi, Joseyln Cruz, Felice Saltzberg, Joanna Lindenbaum, Jackie Greenspun, Debbie Leibowitz. *Back Row:* Heather Perchick, Gal Sharon, Sabine Chaanine, Neda Pourat, Grace Kim, Edina Perng, Ethan Sklar, Scott Levy, Michelle Talcob.

Advised by Mrs. Rita Kostopoulos and assisted by the help of the Rotary Service, students from various countries are brought together through and exchange program. Our student this year, from Beligum, Sylvie Jancart, spent the school year here in Paramus. Sylvie learned the cultures, customs differences and similarities of various societies.

Each year the main event is International Day in which Rotary students from Paramus High School and Bergen County attend a special seminar where the tell American students and each other, what their county is like!

Now completing its sixth year of existence, the Cross American Culture Club, advised by Ms. Claire Gomez, demonstrated the true spirit of unity on such special projects such as the distribution of the gift baskets for the needy during the holiday season. Also, Ms. Gomez and students jogged around the East Brook track in their efforts to raise money. In addition, the Club held bake sales to further the collection of funds. To top off a busy year, the members and adviser enjoyed an evening at the Picasso's Restaurant and seeing such Broadway musicals as Les Miserables and the Phantom of the Opera. This was a memorable year for the Club which represents a cross-section of all the ethnic backgrounds in P.H.S.



Front Row: Deborah Martinez, Jennifer Fleische, Un Jung Kim, Stephanie Lee, Nure Akdemir, Debbie Lee • President, Linda Choi - Secretary, Bernadette Andres • Secretary, Jennifer Chung, Joy Hazan, Carol Gomez, Shahana Hussain. *Second Row:* Sneha Patel, Radhika, Sagar, Babita Bhatia, Dan Goldblatt, Priya Saini, David Mainenti, Taoek Kim, Mirachelle De Los Santos, Dina Conzo, Neeta Rastogi. *Back Row:* James Kim, Yong Wan Han, John Kim, Stephanie Rohdieck, Caren Schweidel, Jeannie Kim, Gal Sharon, Neda. Pourat, Edina Perng, Alvin Chun. Back Row: Cathy Lee, Sabeena Setia, Sue Martins, Robin Waldman.

S.P.E.C. . . . Ultimate Ozone Protectors





Back Row: Rahul Young, Mike Pincus, Laura Hulik, Amy Marga, Liza Alhadeff, April Matheson. *Second Row:* Sarah Sia, Maria Hishikawa, Latha Nadella, Priya Saini, Alice Tzeng, Joyce Lee, Melanie Pakingan, Leah Goldberg. *Front Row:* Hamid Farahvashi, Adam Rosen, Karen Mainenti, Sonia Kahwajian.

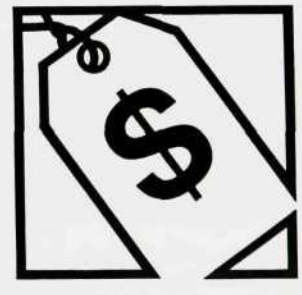
S.P.E.C. - Student Participation in Environmental Concern! This new Club under the leadership of adviser, Ms. De Simone, broadens the student body's awareness of situations threatening our environment. The members are trying to publish pamphlets and brochures that will state the facts of such issues as the ozone layer, animal abuse, the dangers of toxic chemicals and other present situations threatening our environment. They have helped the student body and community understand the threats to our lives from such dangerous situations.

F.B.L.A. . . . Money, Money, Money



Back Row Mr. D'Ambrosio, Talin Sesetyan, Neha **Parikh, Sital Shah,** Dan Goldblatt, Eileen Karakashian, Shahana Hussain. *Second Row:* Candace Cho, Michele Sieinhardt-Secretary, Mike Palad.no Pres.dent, Rosemary Tran, Kerry Conlon, Stacey Wakstein. *Front Row:* Hemlata Khemlani-Vice President, Stephanie Saltzberg, Susan Garcia, Peggy Sotirhos.

Business! Business! Business! That is the motto of PHS's Future Business Leaders of America Club. Headed by Mr. D'Ambrosio, the FBLA club is heavily involved in field trips, guest speakers, and county, state, and national competitions. In addition to all that, the members are constantly working on various fundraisers and money making ideas which truly are wonderful exhibitions of their economic and business talents.

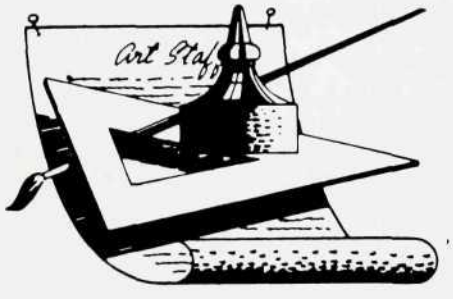


Communication . . . Crew . . . Crafters . . . Magnificent Managers



Front Row: Yong Han, Mr. Marchelle, Valerie Berthoud, Lenchi Wong. *Back Row:* Jose Diaz, Vince Lombardi, James Kim, Gregg Mettler, Josh Neuman, Fernando Urtiaga, Chul Chun.

Members of the Spartan Communications group can be seen anywhere in the high school where there is a concert, play, sporting event or other special activity. In its sixth year of existence, the Club is under the supervision of Mr. Dennis Marchelle, with Gregg Mettler as executive producer of the Senior video. Tapes made by the Club are put on the high school's own T.V. station V-35. They can be seen Mondays through Fridays from 6:30 to 7:00 P.M.





Back Row: Eric Staar, President, Vince Lombardi, Steven **Beacon,** Dennis Provost *Front Row:* David Finver, Don McNair, Sean **Jones**



Back Row: David Finver, Eric Staar, President, **Mark Condro,** Vince Lombardi, Dennis Provost, Ron Strub *Front Row:* Bart Meyer, Rich Davidson

Equally talented, because some people are members of both groups, the Sound and Lighting Crew was responsible for the electrifying effects they produced for the Stage productions this year. There has to be a coordination between the two groups in order to produce a smooth running performance. Mr. Natello was the advisor for the group.

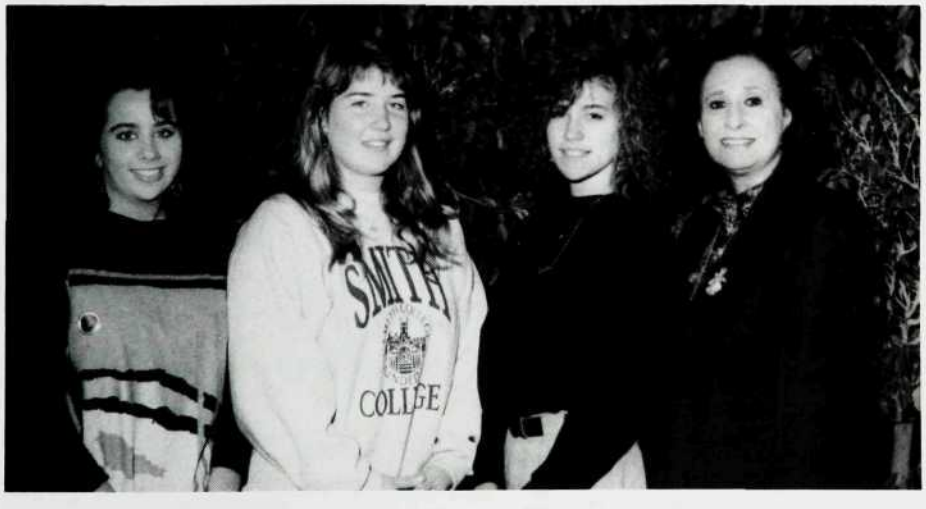
Composed of talented students, the Stagecrafters, under the careful and watchful eye of Mr. Dennis Provost, have built and assembled the beautiful scenery used in the various productions through out the year. Preparing the stage requires patience and ability. These qualities are shown in the results produced on the stage over the school year.

Renaissance . . . Appreciators of Art



Front Row: Sung Park, Reem Shamoun, Susan Garcia, Ms. Bishar, Advisor, Renee Santoro, Vice President, Michelle Pucci, President, Stephanie Rohdieck, Treasurer/Secretary, Liza Alhadeff, Priya Saini, Samantha Jo Mandara. *Middle Row:7ara* Barbarino, Jennifer Piccirilli, Yu-Chi Emily Chung, Denise Scherer, Nita Patel, Bernadette Andres, Amy Marga, Mike Fischbein, Brad Finkle, Shahana Hussain. *Back Row:* Wayne Quick, Iraj Hastings, Mike Simitz, Allison Dailey, Gina Pagliuca, John Kim, Adam Rosen, Sylvie Jancart, Matt Grossman.

Under the wonderful advisement of Ms. Ruby Bishar, and Mrs. Phyllis Kravitz, the Renaissance Society has had the opportunity to gain a great deal of insight concerning operas, plays, and ballets. During the weekly meetings, discussions have been held about the importance of the theater in America's cultural development. Some of the performances enjoyed by the members this year were Neil Simon's "Rumors", the Broadway Musical "Cats", and the preview of "Meet Me In St. Louis."





Officers: Renee Santoro - Vice President, Michelle Pucci - President, Stephanie Rohdieck - Secretary/Treasurer, Advisor Ms. Ruby Bishar.

Spotliters Presents . . .



"Cast and Crew"

I remember when I first came to the cast of "Cheaper by the Dozen." It was a couple of weeks before the show, and I had just auditioned for and received the part of the Gilbreth's dog. I was so excited. Not an actor, I could hardly contain my excitement, and was jumping up and down all over the Little Theater.

My next appearance was at the dress rehearsal, the day before the show. My excitement turned to fear. Everything on stage was in chaos; the set was still unfinished; and the show looked like it would never come off.

However, when opening night came, I saw that they had nothing to worry about. On Friday, December 1, 1989 the show went beautifully, Saturday's show was even better. I was so happy that I barked for joy, but unfortunately it was in the middle of the show and I was yelled at for barking while the show was going on.

What impressed me the most was how well the cast worked together. They stuck by each other despite all the problems and put out brilliance. They overcame



"There he goes again!" says an exasperated Mother (Renee Santoro)



Anne (Heather Franey) and Larry (Iraj Hastings) "at it again" while Ben (Ronny Murad) and Brandon look on.

Cheaper by the Dozen!



Miss Brill (Liza Alhadeff) managing the "Chaos" of Frank (Sung Park) and Fred (Bill Featherstone).



"Gilbreth family, front and center."



Frank (Sung Park) and Ernestine (Yanet Perez): a trip down memory lane.



"By jingo, a capital punishment!"

scheduling difficulties and a host of other obstacles in their production of the show. I have so many great memories of the cast. They really cracked me up. Whether it was Ben de Guzman (Father) making faces at Heather Franey (Anne) to make her laugh, or Ned Chami (Dan) making another chauvinistic remark, or Sung Park (Frank) telling us, "No Side Conversations," each cast member tried his or her best to keep rehearsals lively. Reneé Santoro (Mother) would always remark about how her hands never looked dishpan-like they were supposed to for the play, and no one could help laughing when Liza Alhadeff (Miss Brill) called us "Nasty Little Cheats!" Just by looking at them rehearse you could tell how much they liked working together.

What was the real glue behind the show? It was Dr. Dan Corey, the director, and his "little helpers" Dana Freedman and Ritu Chib. While Dr. Corey was busy teaching the cast acting and stage positions, Dana and Ritu handled just about everything else, and took care of all the little details that many overlooked. Without them and all that they did, the show would have never flown. Besides, I have to talk nicely about Dana. She's my master.

KVS — Brandon, *A Dog's Tale*



"More efficiency, that's all I hear!" Mrs. Fitzgerald (Sarah Kalemkerian) gives Father a iittle of his own medicine as Mother (Renee Santoro) tries to mediate.



"Jackie!" Father admonishes one of the dozen.

P.H.S. . . . Presents . . .



"Hi Margie Hi Helen "



"Did they really get pinned!?"



"How lovely to be a woman"



"You got to be sincere!"



"Put on a happy face!"

Bye, Bye, Birdie!



"I love you Ed!"



"He's a fine, upstanding, patriotic, healthy, normal, American boy!"



"You know Doris "



"The raging, snarling, panting jungle beast!"



"Conrad Birdie AHHHHHH!"

"Behind The Scenes At . . . "





PARAMUS HIGH SCHOOL MUSi<- iiLrA.tit.iif,;







Contrary to popular belief, Elvis Presley was not making his comeback on Friday, Saturday, and Sunday March 9, 10, and 11, 1990. Conrad Birdie did, however, as the Paramus Music Department put on Mike Stewart's "Bye Bye Birdie."

Celebrating a 30th anniversary of the 1960 Broadway production, the show was the debut for many on the PHS stage. Jeff Lipp, in his first show, played the title role of the rock-n-roll star, Conrad Birdie. Jeff, a sophomore, quickly grew accustomed to the new sensation of having girls screaming for him. Our Paramus stage also welcomed the "creative team" of Dr. Edward Schmiedecke, the music director, Carol Andrews, the stage director, Leigh Kamioner, the choreographer, and Bobby Pearce, who handled the costuming. With this team at the helm, work quickly began to put this show together.

When the final curtain fell, it closed out the careers of some of the mainstays of the PHS stage for the past four years. In his last performance at Paramus, Ben de Guzman "Put on a happy face" as Albert Peterson, Conrad Birdie's manager. Renee Santoro gave her farewell performance as Rosie, Albert's Spanish ("not Yiddish") secretary. Tara Barbarino sang her swan song as the teenaged Conrad-crazy Kim MacAfee. David Anders, who blustered and griped as Mr. MacAfee, also acted in his last PHS production. These seniors ended their PHS careers with a flourish!

In the midst of this series of hellos and goodbyes, the faithful constants of the PHS stage helped put the show together. Dana Freedman, this year's stage manager, was running around picking up all the loose ends and handling all the little details so necessary for a show's success. Michelle Pucci and the stage crew kept the set from falling apart and formed the glue that held the show together. Involving one-tenth of the school, "Bye. Bye Birdie" was one of the biggest productions put on by the school, and to all involved, one of the most memorable.

MARCH* 9!h «mj *10th* at 8.00 *P.M.
MARCH 11th* »1 2:00 *P.M.

PARAMUS HIGH* SCHOOL *AUDITORIUM
***East 39 Cantury* Road**

Bye, Bye Birdie!

















Orchestra ... An Ode to Fiddlers



***Back** Row:* George Hanna, Anthony Kursar, Seiji Shirashi, **Jesse Shapiro, Nick Garey, Iraj Hastinigs, Joe Shoenholz,** Leslie Zettler, John Hsu, Neil Blecher, Wayne Quick, Michael Volpe, Eli Moaz, Adam Brown, Joe Kursar, Jennifer Anthony. *Third Row:* Diane Terhune, Mohan Gurunathan, Jennifer Wirt, Veronica Jones, Shilpa Zaveri, Priya Prabhakar, Emily Chung, Jean Kang, Jennifer Breuer, Jennifer Chung, Lucy Kim, Rosa Kim, Yong-jin Han, William Cheng, Sari de Leon, Liza Alhadeff, Becki Koetting *Second Row:* Jennifer Molinaro, Collette Lagalla, Derek Slavin, Sima Shapiro, Maureen Glynn, Hima Prabhakar, Jamey Locilento, Kent Chou, Claire Lucella, Priya Saini, Caren Schweidel, Stephanie Rohdieck, Jennifer Uzzi, Sarah Kalemkerian. *First Row:* Ms. Joy Perraudin, Grace Kim, Sammy Saini, Stephen Lucella, Constantine Katsaros, Aarthi Ballal, Joy Hazan, David Anders, Mani Roy, Doris Chou, Michelle Pucci, Susan Alburtus, Esther Byun, **Sung-Hee** Chun, Nancy Palamara, Rebecca Dunn.



President Michael Volpe, Vice-President Doris Chou, and Treasurer Mani Roy.

Once again the Paramus High School Orchestra has performed with excellence through out the year! This year's selections "Phantom of the Opera," "Telemann Concerto in G major for Viola," "Overture to Nabucco," and several others were performed. Our Orchestra, under the direction of Ms. Joy Perraudin, has grown to sixty-five String members alone. They meet every day during lunch periods and Tuesday nights to perfect their next selections for oncoming performances! Last year in the Florida competition, P.H.S.'s very own Orchestra came home with not only the First place price in both the String Ensemble and the Orchestra, but also the Grand Prize for all Orchestras!



"We outta here!"



String Ensemble . . . Merry Melody Makers



"The Official M.O.'s"

P.H.S.'s String Ensemble forms the more intimate String Section. Our most outstanding performers of the Orchestra are selected to perform with the String Ensemble. Directed by themselves with the supervision of Ms. Joy Perraudin, the members are encouraged to explore their own musicality. They are given the opportunity to perform in the String only section of the Orchestra. Of course the music level is much more difficult, but to the members of the String Ensemble, well worth the extra practice time. Selections played this year were: The Brandenburg Concerto number 3 - J.S. Bach, the Concerto Grosso in D Minor, and the Brandenburg Concerto number 2 • J.S. Bach. This year's string ensemble also performed at the spectacular Art Exhibit in the Community School, as well as in their regular concert series.



"Yo!"



First Row: Ms. Joy Perraudin, David Anders, Mani Roy, Doris Chou, Michelle Pucci. *Second Row:* Maureen Glenn, Hima Prabhakar, Emily Chung, Kent Chou, Michael Volpe. *Back Row:* Priya Prabhakar, Jean Kang, Jennifer Breuer, Jennifer Chung.

Concert Choir . . . Classy Crooners



Back Row: Sarah Anders, Linda Wattez, Nicole Krempa, Linda Choi, Liza Alhadeff, Becki Koetting, Leslie Zettler, John Nugent, Adam Rosen, Jeffery Lipp, Catherine Elterline, Tara Barbarino, Christine Barros. *Third Row:* Dana Freedman, Allison Millevoi, Chris O'Reilly, Neha Parikh, Jennifer Lin, Maria Croce, Ah Ra Cho, Dennis Kruk, John Nugent, Kenneth Kohlman, Meredith Stratton, Tania Ramian, Theresa Distasi. *Second Row:* Priya Saini, Jeanie Pak, Kim Giallorenzo, Edina Perng, Un Hyi Choi, David Anders, Benjamin de Guzman, Sandeep Nandy, Stephanie Rohdieck, Sima Shapiro, Lisa Batchelor, Elisa Mark. *Front Row:* Colette Lagala, Aruna Reddy, Radhika Sagar, Neeta Rastogi, Sneha Patel, Michelle Pucci, Joe Sullivan, Jeffery Lesh, Jennifer Barrow, Anne Boyajian, Jennifer Zullo, Dr. Edward Schmiedecke.



"Yeah. Music For Credit. Gotta a problem?!"

Under the new director, Dr. Edward Schmiedecke, the Paramus High School Concert Choir is flourishing. Through out many concerts during the year, the P.H.S. Concert Choir has had some outstanding performances! At the Holiday Concert the Traditional Handel's Messiah's Hallelujah Chorus was sung. At the Spring Concert the selection "Gift of love" was performed, proving what phenomenal talent lies in the Music Department of Paramus High School.
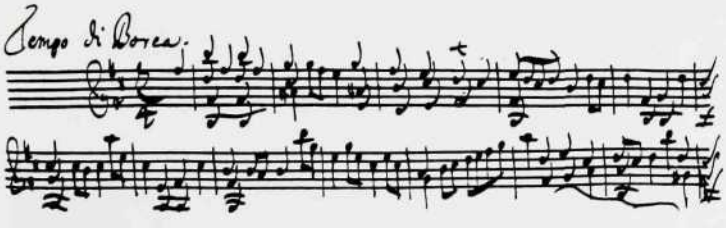


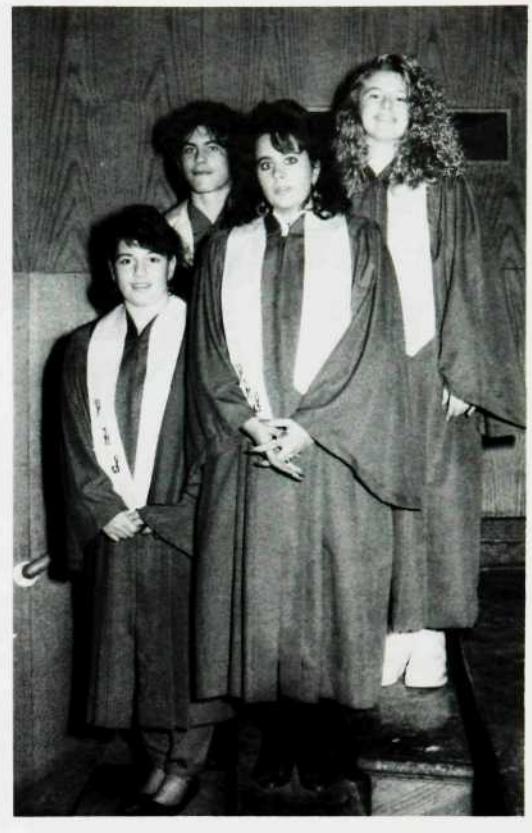
"Wha'd ya want?"



Select Choir . . . Super Singers

Our Select Choir of Paramus High School performed with excellence this year. Under the new leadership of Dr. Edward Schmiedecke, the Select Choir perfected their glorious voices. Through tough and demanding rehearsals, they learned new techniques on the voice, and it showed in their concerts. Selections such as *Les Miserables were* sung at their annual concert series. Our Select Choir also performed at various malls and old age homes during the Holiday Season in order to bring Holiday cheer through the gift of music. This year was a rebuilding year for the Choir and they not only learned to sing well, but to enjoy it, too!





Vice-President Sue Moyer, Treasurer Adam Rosen, President Renee Santoro, Secretary Nicole Krempa.



Back Row: Jennifer Zullo, Michelle Pucci, Liza Alhadeff, Becki Koetting, Leslie Zettler, John Nugent, Adam Rosen, Jeffery Lipp, Catherine Elterlein, Tara Barbarino. *Second Row:* Neha Parikh, Jennifer Lin, Maria Croce, Ah Ra Cho, Dennis Kruk, Robert Seidel, Kenneth Kohlman, Meredith Stratton, Tania Ramian, Dr. Edward Schmiedecke. *Front Row:* Anne Boyajian, Edina Perng, Un Hyi Choi, Priya Saini, David Anders, Benjamin de Guzman, Sandeep Nandy, Stephanie Rohdieck, Sima Shapiro, Lisa Batchelor, Jennifer Barrow.

Band . . . Rhythm and Soul



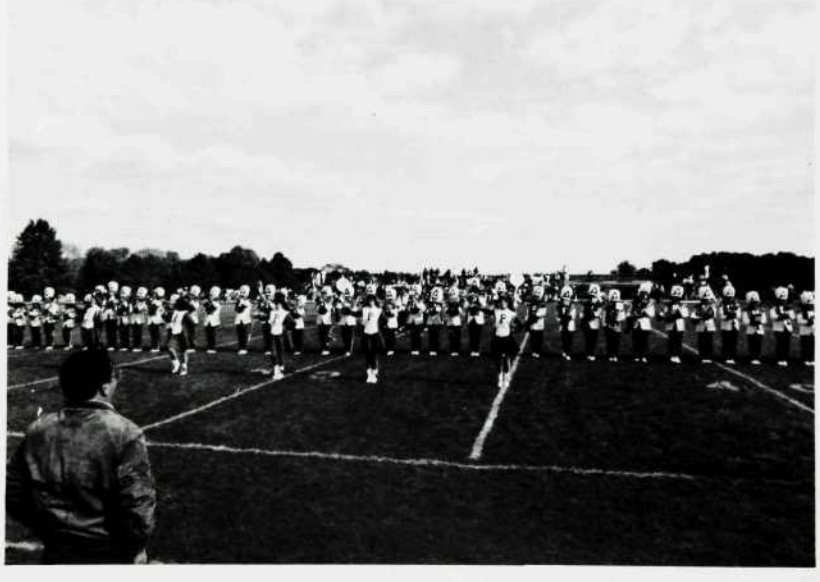
Back Row: Asit Parikh, Daniel Edwards, Ed Dailey, Leslie Zetter, Seiji Shiraishi, Bryan King, David Anders, Vincent Lombard], Eli Moaz, Robert Holmes, Derek Slavin, Grayson Chin. *Fourth Row:* Laura Behnke, Rahul Young, Yilo Cheng, Steve Patafio, William Cheng, Ronald Mintz, Michael Pincus, James Rippe, Nicholas Garey, Lisa Batchelor, Jon Shoenholz, Christina *Perez,* Robyn Ecochard, Alison Dailey. *Third Row:* Sima Shapiro, Susan Alburtus, Hannah Wolinsky, Jennifer Wirt, Michael Polstra, Anthony Kursar, Joseph Kursar, Caren Schweidel, Sharon Thompson, Tania Ramian, Adrienne Thompson, Jennifer Barrow, Jennifer Lin, Staci Kalanta. *Second Row:* Doris Chou, Ai Yasuoka, Edina Perng, Un-Hui Choi, Aarthi Ballal, Diane Terhune, Stephanie Rohdieck, Mani Roy, Nancy Palamara, Jamey Loc ilento, Michael Volpe, Maria Croce, Meredith Stratton, Jennifer Dierberger, Kathryn Vasile. *First Row:* Kazu Morimoto, Jennifer Senti, Brigette Whitmore, Sarah Anders, Iraj Hastings, Wayne Quick, Jesse Shapiro, Neil Blecher, Ronald Hayunga, Mr. Kalman.

This year's Paramus High School concert band features an extremely hard-working group of upperclassmen as well as a very large and talented group of lower classmen. Together with this colorful mix, experienced leadership from officers and drum majors helped the concert band put on one of the most exciting shows in recent years. As well as playing shows and cheering for the football team, the concert band performs at the holiday and spring concerts.

Under the direction of Ronald Kalman, the concert band plays a magnificent combination of modern and classical music to give a treat to the audience that is worth seeing. This will definitely be a terrific year for the concert band and with the talent of the under classmen, the future **looks bright.**



Drum Majors: Susan Alburtus and Michael Volpe



Jazz Ensemble . . . Wind Ensemble . . . Snazzy and Brassy



Back Row: **Iraj Hastings,** David **Anders,** Michelle Pucci, Susan Alburtus, Sharon Thompson, Mr. Kalman. *Second Row:* Seiji Shiraishi, Bryan King, Laura Behnke. *First Row:* Eli Moaz, Michael Volpe, Jamey Locilento, Adrienne Thompson.

Our Jazz Ensemble at Paramus High School is one of the most popular and exciting performing groups of the music department. This year as in other years, the Jazz Ensemble is rehearsed weekly in order to perform spectacularly at its mesmerizing performances. Our Jazz Ensemble consists of instruments from the Band • Brass and Woodwinds, plus a rhythm section. There are four Trumpets, four Trombones, two Alto Saxophones, two Tenor Saxophones, a Baritone Saxophone, an Electric Bass, a Piano, and the Drum Set.

Their performance selection includes both old and new songs, ranging from swing to pop to rock to jazz. This year's performances were exciting and innovative.

Our wind ensemble is a group composed of some of the most musically talented performers of Paramus High School. Members meet every Thursday night for an intensive rehearsal into some extremely exciting and difficult music. This year's ensemble is looking forward to a successful trip to the Williamsburg Virginia Music Festival and plans to thrill audiences with their show.



Back Row: Michael Volpe, Iraj Hastings, Nicholas Garey, Robert Holmes, David Anders, Jon Shoenholz. *Third Row: Mr.* Kalman, Jennifer Wirt, Seija Shiraishi, Yilo Cheng, Rahul Young, Maria Croce, Hannah Wolinsky. *Second Row:* Diane Terhune, Aarthi Ballal, James Rippe, Caren Schweidel, Bryan King, Laura Behnke, Meredith Stratton, Lisa Batchelor. *First Row:* Susan Alburtus, Eli Moaz, Vincent Lombardi, Stephanie Rohdieck, Mani Roy, Nancy Palarnara, Adrienne Thompson, Alison Dailey, Brigette Whitmore, Jennifer Lin.

Band Officers . . . Top of the Scale



Stephanie Rohdieck Treasurer, Jamey Locilento Secretary, Nancy Palamara Vice-President, Iraj Hastings, President.



This year's Color Guard under the leadership of Ms. Lisa Kennedy and fabulous Captains Tammey Engel (Majorette) and Tara Voss (Flag), performed with perfection. Through good times and bad, they pulled together to dazzle their audiences, with flourishing Flags and twinkling Batons. Along with **the** Marching Band, they captured much attention with their dazzling performances!



Captain Tara Voss, Co-Captain Kathy Vasile.



Co-Captain Alison Dailey, Captain Tammey Engel.

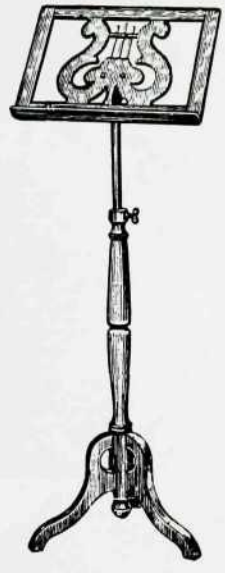


Back Row: Ms. Lisa Kennedy, Staci Kalanta, Laurie Kalman, Robin Ecochard, Robin Renna, Christina **Perez,** Jennifer Dierberger. *Front Row:* Jennifer Barrow, Alison Dailey, Tammey Engel, **Tara Voss, Kathy Vasile, Jennifer** Zullo, Jennifer Lin.

Elite Musicians . . . The Best of the Best!



Michael Volpe
N.J. Regional Orchestra 9, 10, 11, 12; All-State Orchestra 11, 12; Bergen County Band 11, 12; N.J. Regional Band 12; Orchestra President 12.





Michelle Pucci
N.J. Region I Orchestra 10, 11; N.J. Jr. Regional Orchestra 9; N.J. All-State Orchestra 12; Bergen Youth Orchestra Concert at Carnegie Hall 11.

This is an elite group of special musicians: the best the P.H.S.' Music Department has to offer. Through intense auditioning and practicing these selected musicians were named to All- State, National, Bergen County and Region Orchestras, Bands, and Choirs. Each selected group rehearses with the best of the best, broadening the horizons of these talented young musicians. They compete against the best other Music Departments have to offer. To us this exemplifies what a terrific Music Department Paramus High School has. What other Music Department has so many talented musical geniuses?

Special congratulations to Gregg Mettler-selected to the All-National Orchestra!



Bergen County Choir Members
Edina Perng, Ben de Guzman, Meredith Stratton, Sue Moyer.



Bergen County Band Members
Back Row: Michael Volpe, David Anders, Susan Alburtus, Jon Shoenholz. *Front Row:* Nancy Palamara, Mani Roy, Iraj Hastings.

Musical Festival
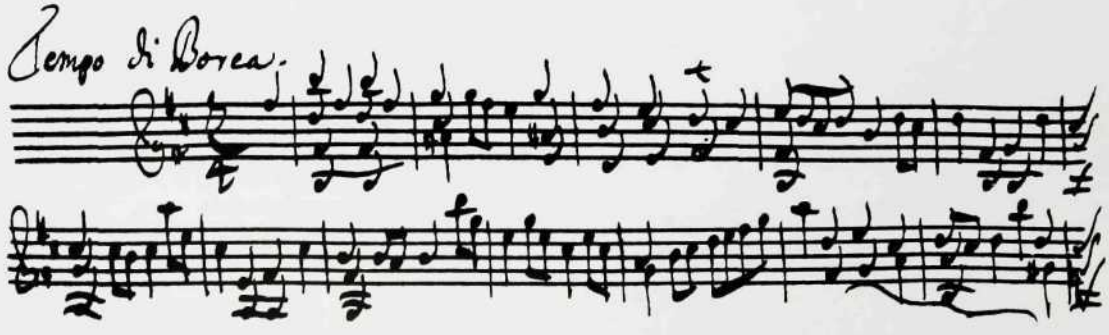








With the support of the wonderful Music Parents, last year, the Paramus High School Music Department was given the opportunity to participate in a Festival Competition in Orlando, Florida! Through out the competition, the P.H.S. performing groups were spectacular! To prove again the excellent standard of the P.H.S. Music Department, they came home with eleven trophies! The Grand Prize in Orchestra, and First Prize in some of the Band and Choir competitions! Congrats!



Musical Candids



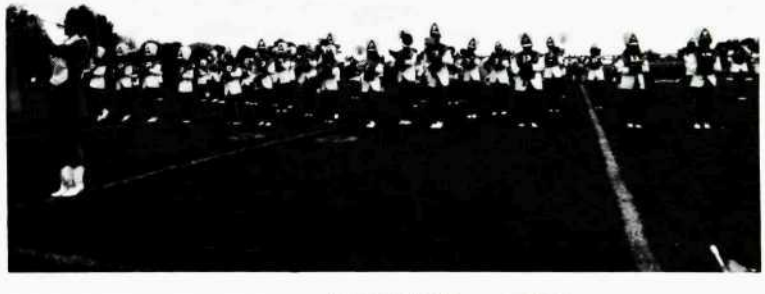
















Art Club ... Art Service . . . Dazzling!



Front Row: liana Shamosh, April Matheson, Yesim Jasci, Ferda Yartin, Reem Shamoun, Bernadette Andres President, Linda Choi Vice President, Unjing Kim, Sandy Minervini, Janice Lee, Sun Hae Yang, Rosa Kim, Adam Rosen, Michelle Taclob. *Second Row:* Tomoko Sekiya, Sara Byun, Raquel De Bonis, Eileen Karakashian, Cathy Lee, Secretary, Adviser Mrs. Di Paolo, Judi Cohen, Erin Finnegan, Babito Bhatia, Elisa Mark, Matt Grossman. *Third Row:* John Aguilar, Peggy Sotirhos, Sue Garcia, Stephanie Lee, Taoek Kim, Jean Kang, Talin Sesetyan, Shana Seldin, Shahana Hussain, Nita Patel, Dan Goldblatt, Michele Steinhardt, Jessica Vereb, Debbie Lee, Sari De Leon, Sonia Kahwajian, Karen Mainenti, Knar Ohanessian, Mary Sotirhos. *Fourth Row:* Yong Wan Han, John Kim, David Greenspun, Stephanie Saltzberg, Jennifer Chung, Joy Hong. *Back Row:* James Kim, Won-Chul Yang, Alvin Chun, Leah Goldberg, Ritu Chib, Danielle Nazar.

P.H.S.'s Art Club, under the direction of Mrs. Di Paolo, experiences art in many different ways. Many members submit articles to the DELPHIAN, or the AMARANTH. Some may help with scenery in our school's major productions. Not only do members help experience art through drawing and painting themselves, but they also visit various museums during the course of the year. In *every* sense, members of the Art Club of Paramus High School learn to appreciate and experience art.



Back Row: Karen Mainenti, Chul Chun, Jason Jones, Linda Choi. *Middle Row:* Leah Goldberg, April Matheson, Margret Vasile, Tara Lee Barbarino. *Front Row:* Kim Giallorenzo, Stacy Ullrich, Mr. Marchelle, Jennifer Heischer, Tasha James.

Under the direction of Mr. Dennis Marchelle, the Art Service Club of Paramus High School helps with many school productions and functions. Our members help create posters, set designs and backdrops that appear in productions such as this year's "Cheaper by the Dozen" and "Bye Bye Birdie." They also are able to create art for other school functions that may appear in this years First Annual Art Exhibit held in the Community School.

Prom Committee . . . Musical Memory Makers



Back Row: **Neha** Parikh, Sylvie **Jancart, Angela Marshall, Marc Eskind, Alvin Chun, Nita Patel, Rayna Schwarzwald.** ***Third Row:*** Jit Saha, Nancy Palamara, Adrienne Thompson, Renee Santoro, Tara Barbarino, Dena Lucchesi, Lisa Buckingham, Beth Singer, Laurie Kalman, Mr. Dennis Marchelle. *Second Row:* Eileen Karkarashian, Margaret Vasile, Michele Steinhardt, Stephanie Saltzberg, Peggy Sotihros, Susan Garcia, Reem Shamoun. *Front Row:* liana Shamosh, Sung Park.



Perhaps, the most looked forward to event throughout high school is the Senior Prom. This year's Prom, held at the Westmount Country Club in West Paterson, continued the elegant and extravagant tradition of Paramus High School Proms. Under the skillful leadership of Dennis Marchelle and the hard working and dedicated executive prom committee our prom was a great success. Our D.J. provided excellent entertainment, and the photographers took beautiful pictures to enhance our memories. Everyone had a great time, May 31st, 1990 was a night which will last in the memories of all the young couples who attended. These special memories of the prom will last a lifetime.



Executive **Board:** ***Back Row:*** **Marc Eskind,** Advisor, Mr. Dennis Marchelle. *Front Row:* Margaret Vasile, Michele Steinhardt, Stephanie Saltzberg, Peggy Sotihros, Susan Garcia.

Computer . . . Math . . . Cracking Codes

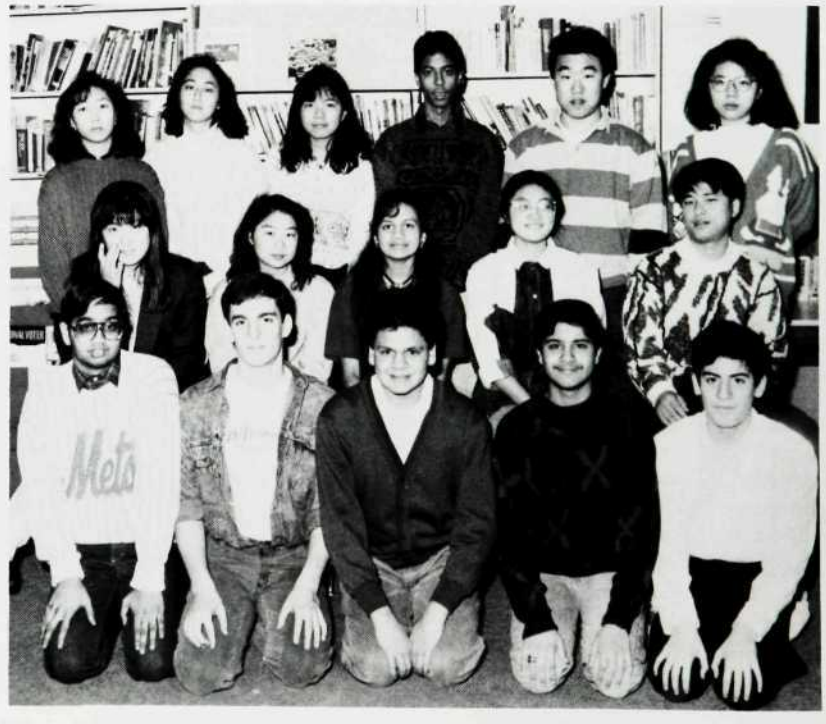


Front Row: Ardy Ghambarzadeh, Pratik Dave, Joyce Lee, Anne Boyjian, Sandeep Nandy, Hima Prabhakar, Yoschi Yasuoka. *Middle Row:* Mrs. Ellen Passage, Nirav Savalia, Jean Li, John Kim, Jit Saha, Natalie Nazar, Alan Vapurchyan. *Back Row:* Sameet Palkhiwala, David Tsai, Priya Prabhakar.

Under the direction of Mrs. Ellen Passage, the Computer Club of Paramus High School, allows students to get acquainted with the major technological force in the world today. They can write programs for both the Apple and the IBM computers using the most advanced technology. Students are able to write tutorial programs that each BASIC computer skills and graphic imaging programs.

Participating in a yearly contest in which students attempt to solve difficult problems and present their solutions. The Computer Club is sure to grow and prosper as the use of the computer becomes more widespread.

Affiliated with different leagues, the Paramus High School Math Club, directed by George Mockel, is included in the New Jersey an National Leagues. In house competitions are held against other schools, in which the top five scores of each school are combined, yielding the score. Awards are given to recognize individuals that excel.



Back Row: Janice Lee, Sunhae Yung, Joyce Lee, Jit Saha, John Kim, Anita Liao *Middle Row-Debbie Lee*, Jean Li, Neha Parikh, Yu-Chi, Emily Chung, Yong Wan Han. *Front Row* Sandeep Nandy, Joe Grossman, Asit Parikh, Pratik Dave, Matthew Grossman.

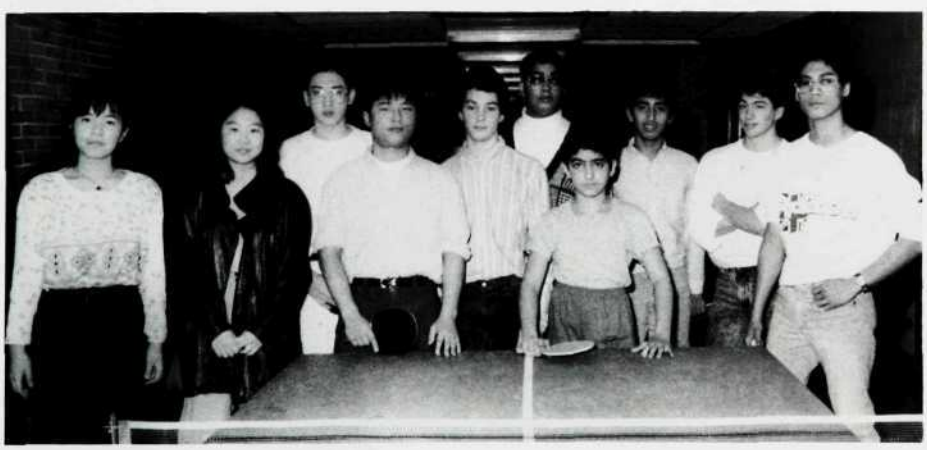
Ski Club And Gnop-Gnippers



Back Row: David Greenspun, David Nicolai, Steve Corino, Kim Passarelli, Aaron Saslow, Deann Reddiconto, Lisa Piero, Eric Wilcomes, Roseann Morrison, John Rupich, Ted Winters, George Koumoulis, Chris Donoghue *Front Row:* Mr. Mosdar, Mark Zubriski, Marek Nemcek, James Russo, Mike Russo, Rick Dalton, Kurt Wiicomes, Tom Donoghue, Seiji Shiraishi, Steve Conan, Jackie Greenspun, Marni Opatowsky, Linda BenMoshe, Laura Behnke, Liz Carletta, Joanna Lindenbaum, Mr. Marchelle, Justin Marchelle

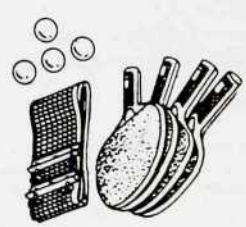
"Think Snow!" That is the slogan of our Ski Club, one of the most popular clubs in Paramus High School. Under the direction of Mr. Dennis Marchelle and Mr. Vincent Mosdar, the club once again has taken their annual trips to both Vermont and New York Ski areas such as Sugarbush, Killington, Bolton Valley, and Winter Ice. Filled with ambitious and enthusiastic members, the club welcomes all skiers, from the novice to the expert.





Joyce Lee, Jean Li, Steve Corino, Yong Wan, Phil Platt, Sujay Shah, Ardy Ghanbarzadeh, Anish Rajan, Fred Debonis, Jon Sampang.

Every Tuesday and Thursday, P.H.S.'s own gnop • gnippers can be seen in the commons after school in heated ping pong matches. Under the direction of Mrs. P. Karalis, the ping pong club hones its skills of gnop gnipping. Through excited calls from onlookers, and the display of fast action, intense playing of ping pong has flourished.



Chess . . . Strategic Knights



Front Row: Sandeep Nandy, Jit Saha, Dan Goldblatt, Sital Shah, Michael Pincus. *Back Row:* Jeff Seldin, Arijit Biswas, Richard Hofsommer, Igor Rozenblit, Asit Parikh.

These noble Knights of the Paramus High School Chess Club, under the direction of Mr. James LaGreca and Mr. Michael Pistorio, meet after school to perfect their skill and knowledge of the game. Knight, Pawns, Kings, Queens and Bishops are moved upon the Chess Board of Paramus to ultimately defeat the opponent. They are members of the North Bergen Interscholastic Chess League with other schools such as River Dell, Indian Hills, Pascack Valley and Demarest. Players can perfect their moves under the supervision of Mr. LaGreca and Mr. Pistorio.

Marine Science . . . Underwater Observers

Composed of students that wish to increase their awareness of the ecosystem, as well as the environment in general, the Marine Science Club, advised by Mrs. Beverly Caccavale, engaged in several field trips. These trips help the students to participate directly in Marine Science activities allowing them to gain knowledge. This year the Marine Science aquatic adventurers traveled to Florida to observe the marine life there.



Front Row: Mrs. Caccavale, Sarah Sia, Danielle Na2ar, Alice Tzeng, Veronica Panzer, **Matt Vissac.** ***Middle Row:*** Richard Hofsommer, Asit Parikh, Brett Shamosh, Courtney Klaus, Julie Drivas, Glen Patoray, Jen Kirby. *Back Row:* Arijit Biswas, Michael Yannone, D.J. De Zuzio, Jeff Lesh, Nirav Savalia, James Basili, Philip Russoniello.

Lombardi's Decathletes!



Front Row: Mrs. Lombardi, David Greenspun, Joe Grossman, David Anders, Josh Neuman. *Back Row:* Matthew Grossman, Jon Schoenholz, Ah Ra Cho, Liza Alhadeff, Nick Garey, Michelle Pucci.

Our Academic Decathlon, advised by Mrs. Lombardi the mentor, competed in the annual competition in March. Not all members compete in the full day of testing, some of them help the other members through coaching. Each member has his/her strong points and helps the others players gain knowledge from them Last year the teams high scorer Joe Grossman led the team to victory Outstandinq speakers David Anders and David Greenspun took the most valuable speaker • award.

Carlberg's Whiz Kids!

Advised by Mr. Dale Carlberg, the Quiz Bowl team's active members include all seniors, with a strong back up group of underclassmen, practicing for the future. Major competition is the William Paterson CollegeUa Columbia Cablevision High School Tournament, which of schools from all of North Jersey. These matches involve a question and answer scenario and Competitors must have good mental ability, quickness and must be competitively oriented. If the team produces victories in five consecutive matches, they will be champions of **North** New Jersey.



Back Row. Mr, Date Carlberg, Dav.d Greenspun, Josh Neuman, Dan Goldblatt. Jon Shoenholz George Hanna· M«Mfe fiW S.ma Shapiro, Sital Shah, Joe Grossman (CpU, Ji» Saha, YVChi Emily Chung. *Front Row:* Jon Re.ss, Matt Grossman, Nick Garey, Pratik Dave, Ah Ra Cho Neil Blecher

Debate . . . Audacious Arguers



Front Row: Neha Parikh, Bernadette Andres, Sung Park, Nick Garey, Jon Shoenholz, David Anders, David Greenspun, Gregg Mettler, Mrs. Joan Rivitz. *Second Row:* Matt Grossman, Pratik Dave, Iraj Hastings, Jesse Shapiro, Bill Featherstone, Asit Pankh' Kevin Ralph, Peter Maier. *Third Row:* Glenn Ortiz, Mike Simitz, Jean Kang, Priya Prabhakar, Aparna Saha, Marc Eskind, Josh Neuman. *Back Row:* Natalie Nazar, Hima Prabhakar, Edward Dailey, Grace Kim, Jeanie Lindenbaum, Scott Reiss, Michael Pincus.

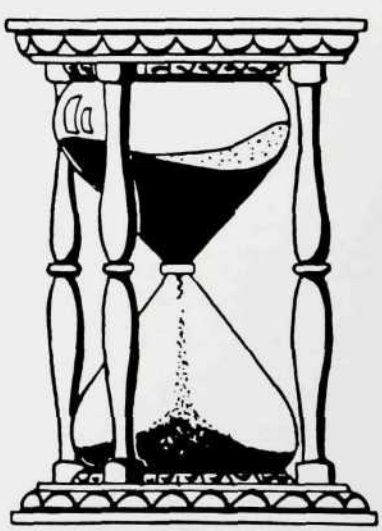
Our debate team displayed outstanding ability in its tournaments this year. With several senior teams, including the league powerhouse of David Anders and David Greenspun, Paramus became one of the prominent schools attending the regional meets.

Co-Presidents Nick Garey and John Shoenholz, along with the club's Vice-Presidents David Anders and David Greenspun, have produced strategies and techniques that led the school to victory after victory. Hours of preparation and planning went into the process of building a team fit for competition; the time spent has resulted in a winning season.

At the end of the year, the school enters one of its teams into a large tournament sponsored by the Bergen Record. The team of Anders and Greenspun will be this year's entrant for the Record Classic.



Officers: David Greenspun, David Anders, Mrs. Rivitz, Jon Shoenholz, Nick Garey.



Forum Press . . . Rapid Reporting



Front Row: Grace Kim, Jennifer Wirt, Heather Franey, Michelle Pucci, Amy Marga, Josh Neuman (Editor-in-Chief), Joe Grossman, Pratik Dave, Apurva Shah, Matt Grossman. *Middle Row:* Kevin Ralph, Liza Alhadeff, Susan Garcia, David Anders on the Left, Dave Greenspun on the Right, Felice Saltzberg, Joanna Lindenbaum, Andrea Alexander, Candice Chao. *Back Row:* Mr. Dave Miles, Gregg Mettler, Jon Shoenholz, Ethan Sklar, Sandeep Nandy, Mrs. Gale Alhadeff.

Letter from the Editor

With increased student and faculty support, I have been fortunate to lead the transformation of *The Forum Press.* I owe much of this year's success to two basic changes instituted in early September. The first change was to expand the horizons of the newspaper to cover issues of global concern. It is a credit to the publication that we have been able to present various opinions of specific issues, such as in the popular feature "Dave on the Left versus Dave on the Right." The second major change provided for a restructuring in the staff which I hope will continue as we venture into the nineties.

The contributions of our Senior Editors should be noted. Joeseph Grossman, Jon Shoenholz, Sue Garcia, Amy Marga, Michelle Pucci, Sandeep Nandy, and Dr. Josh have successfully represented the voice of the P.H.S. student body. All of us hope that the 1989-90 *Forum Press* can be used as a blueprint for future publications in Paramus High School.

In the future, the "Miles Prize" shall be awarded to recognize excellence in journalism. This year's **dubious distinction goes to Hamid** Fashandi for his timeless piece on the plight of convicted felon Robert Chambers entitled, "The Last Innocent Man."

John F. Kennedy once said, "Freedom never relied on the uniformity of opinion." For years, this quotation has appeared on the front page of **our** newspaper. We don't understand exactly what it means, but it sure sounds great!



Editor-in-Chief, Josh Neuman



Editors: *Front Row:* Sue Garcia (Distributing Editor), Josh Neuman (Editor-in-Chief), Amy Marga (Layout Editor), Michelle Pucci (Layout Editor). *Back Row:* Sandeep Nandy (Sports Editor), Jon Shoenholz (Feature Editor), Joe Grossman (Feature Editor).

Amaranth . . .



Front Row: Jane Brody, Allison Petouvis, Gina Pagliuca, Sue Igoe, Amy Marga, Ben deGuzman, Mani Roy, Doris Chou, Elisa Mark. *Second Row:* Eileen Karakashian, Sabeena Setia, Sharon Thompson, Jon Shoenholz, Marc Maurino, Colette Lagala, Sital Shah, Felice Saltzberg, Joanne Lintenbaum, Talin Sesetyan, Shana Seldin. *Third Row:* Josh Neuman, Dave Mainenti, Dan Goldblatt, Sue Garcia, Michele Steinhardt, Stephanie Saltzberg, Alvin Chun, liana Shamosh, Claudine Callison, Won Jang, Andrea Alexander. *Fourth Row:* Jennifer Chung, Jessica Vereb, Alicia Neuman, Jill Gaffney, Bernadette Andres, Sung Park, Peggy Sotirhos, Ethan Sklar, Adam Rosen, Edina Perng, Sandy Alapaty, Neeta Rastogi. *Back Row:* Un-jung Kim, Michelle Tacolb, Todd Levy, Neha Parikh, Joe Grossman, Shahana Hussain, Debbie Lee, Joy Hong, Stephanie Lee, Cathy Lee.

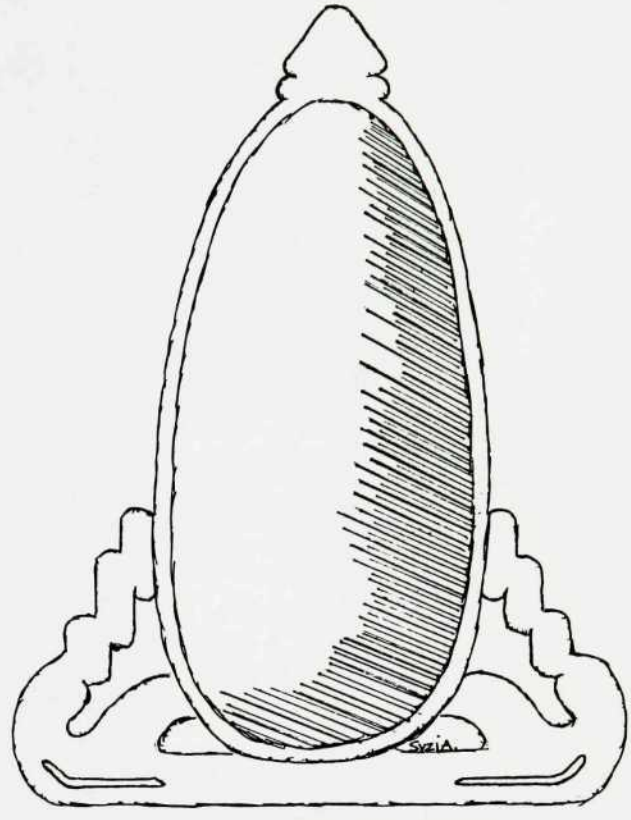
This year as every year, the students of Paramus High School Anticipate the newest edition of the school's literary magazine, The Amaranth. Remaining consistent with this year's theme of mirrors- the staff reflects upon the merit of each submitted piece, and **after** reading and discussion, votes upon it's worthiness for the Amaranth. Those pieces which are accepted are laid out and proofread by the Editorial Staff, headed by Amy Marga and Sue Igoe. They eventually appear in the much awaited edition of the Amaranth, which hits homerooms in early June. Ms. Meyer continues to serve as adviser to the Amaranth in addition to all her other duties.





Mirrors of the Mind.

"The Amaranth"
A little tiny flower
Springs from sprouts of green.
It's beauty goes unnoticed,
It's petals go unseen.
In spring it grows in peace
In the field as it faces towards the sun.
It is the eternal seed
In the world, there is only one.
The winter blisters in,
Covering it with snows,
But nothing could kill the seed
From which the Amaranth grows.





Editors: Jon Shoenholz, Colette Lagalla, Editor-in-Chief • Amy Marga, Editor-in-Chief - Susan Igoe, Marc Maurino, Gina Pagliuca. (Not pictured: Ben de Guzman, Sital Shah)



Editors-in-Chief: Amy Marga and Susan Igoe.

Delphian . . .



The *Delphian: Back Row:* Iraj Hastings, Susan Alburtus, Eileen Karakashian, Alice Tzeng, Sabina **Setia, Linda Choi, Debbie Lee,** Bernadette Andres, Stephanie Lee, Kevin Ralph, Michele Steinhardt, Stephanie Saltzberg, Mike Fiol, Roland de Guzman. *Third Row:* Danielle Nazar, John Augliar, Anne Boyajian, Malissa Pate, Dena Lucchesi, Heather Terlecky, Sung Park, Josh Neuman, Peggy Sotihros, John Nugent, David Mainenti, Rayna Schwarzwald, Stephanie Rohdieck, Ah Ra Cho. *Second Row:* **Jon** Shoenholz, David Anders, Mani Roy, Doris Chou, Editor-in-Chief Michelle Pucci, Mr. Robert Boyce, Mrs. Patricia Di Paolo, Managing Editor Danielle Scalo, Reem Shomoun, Gina Pagliuca, Allison Petouvis, Caren Schweidel. *Front Row:* Nick Garey, Ben de Guzman, Susan Igoe, Nany Palamara, liana Shamosh, Sue Garcia, Renee Santoro, Denise Scherer.



Adviser **Robert** "Bishop" Boyce



Editor-in-Chief Michelle Pucci



Managing Editor Danielle Scalo

Moving Performance



Delphian Editors: *Back Row:* Jon Shocnholz, Allison Petouvis, Susan Igoe, Nancy Palamara, Gina Pagliuca, liana Shamosh, John Nugent, Rayna Schwarzwald, Michele Steinhardt, Anne Boyajian, *Middle Row:* John Aguliar, Ah Ra Cho, Nick Garey, Dena Lucchesi, Heather Terlecky, Sung Park, Josh Neuman, Peggy Sotihros, Renee Santoro, Stephanie Saltzberg, Roland De Guzman. *Front Row:* David Anders, Mani Roy, Doris Chou, Editor-in-Chief Michelle Pucci, Mr. Robert "Bishop" Boyce, Ms. Patricia Di Paolo, Managing Editor Danielle Scalo, Reem Shamoun, Sue Garcia, Denise Scherer, Ben de Guzman.

Through many deadlines and hard work, the *Delphian* Yearbook Staff and Editors, produce of the most important "memories" of our High School lives. Seniors, Clubs, Sports, Faculty, and most importantly Candids, can be found in the 1990 *Delphian.* Through out the year, the *Delphian* staff attends meetings and gathers materials needed to create the final production of the Yearbook. Our Layout Staff places the pictures, the Photography Staff takes the pictures, and the Identification Staff identifies the pictures. Our Literary Staff creates the copy, the Typing Staff types the copy, and the entire Staff proofreads it! Finally, the Art Staff under the direction of Ms. Patricia Di Paolo produces the creative art work found through out the entire book. Then this book is given to the Editor-in-Chief and she correlates, corrects, and checks everything with the help of her managing Editor. When all is finished, the final copy comes before the "Bishop" Boyce and our publisher, Mr. Ball for the last time before it reaches the plant and will enter into the 1990 *Delphian* Yearbook. In late May The Book, finally finished, arrives and the Editor-in-Chief and Mr. Boyce read through the entire book, cover to cover! Then it is turned over into the hands of the waiting Senior Class.

Special thanks to all of the *Delphian* Editors! David Anders, Linda Choi, John Aguliar, Mani Roy, Ben de Guzman, Doris Chou, Dena Lucchesi, Heather Terlecky, Stephanie Saltzberg, Peggy Sotihros, Michele Steinhardt, Allison Petouvis, Gina Pagliuca, Nancy Palamara, Sue Igoe, Anne Boyajian, Joshua Neuman, Iraj Hastings, Nick Garey, Jon Shoenholz, Lisa Giaccio, and Danielle Scalo, thanks for your help in creating the best yearbook yet! To the Editor-in-Chief, Michelle Pucci, who created the entire book, congratulations on producing the 1990 *Delphian* Yearbook. To Ms. Di Paolo, thanks for all of your hard work and dedication to the *Delphian!* Finally to Mr. Boyce, our Creator-in-Charge, whom we could not live without, thank you for creating a book that can fly ON THE WINGS ON SONG!

Musically . . .



Literary Editors: Doris Chou, Ben de Guzman, Mani Roy.



Typing Editors: Susan Igoe, **Anne Boyajian, Allison Petouvis,** Nancy Palamara.



Identification Editors: Renee Santoro, Stephanie Saltzberg, Michele Steinhardt, liana Sha**mosh.**



Art Editors: Dave Anders, Reem Shomoun, Adviser Mrs. Patricia Di Paolo, Peggy Sotihros, John Aguliar.



Photography Editors: Heather Terlecky and Dena Lucchesi Layout Editors: Roland De Guzman, Dave Anders, and Sung Park.



Sports Editors: *Front:* Rayna Schwartzwald, John Nugent, Kevin Ralph. *Back:* Gina Pagulica, Denise Scherer, Josh Neuman. Ah Ra Cho.



Fundraising Editors: **Jon** Shoenholz, Sue Garcia, **Nick** Garey.

A Delphian Salute!



Teacher Of The Year

Thank you, Mrs. Di Paolo! To the members of the *Delphian* Staff and Editors you have been the greatest. Your hard work and dedication to the Art Staff and art work of the *Delphian* have helped make this, the 1990 edition of Paramus High School's Yearbook, the best! All divider pages, cover designs, and art work clips have helped us to create a terrific **"memory" for** all Seniors. We know the hard work and efforts it took to get David to hand in his work on time, to design and re-design the cover, to create the beautiful color divider Eileen and John worked on so hard, to organize the Student Life Divider Peggy created, and to correct the first page Linda did beautifully. We, the Editors, Staff, and Adviser thank you **for all your efforts,** and would like to tell you that we really appreciate all the time and effort you put in to help make the 1990 *Delphian* Yearbook fly on the wings of song!

In Memoriam . . .



Ms. Barbara Ann Kruse (1937 - 1989)
She dedicated her life to the enlightening of young minds. A teacher at Paramus High School for thirty years, she will be remembered by faculty and students alike.

MATHLAND REVISITED

There was a land of joy
That I once knew.
A land filled with songs and pickles jars.
A land free from the poltergeists
That haunt this world,
Where you makes your choice if you pays your money.
But the limit as youth approaches age is
Solitude.
Change in Life equals change in Death.
As the sine wave winds its way to
Infinity,
It treads a lonely step,
Leaving it behind all its childhood friends.
I mourn this loss
And say to myself, "Self . . . "
But there is no response.

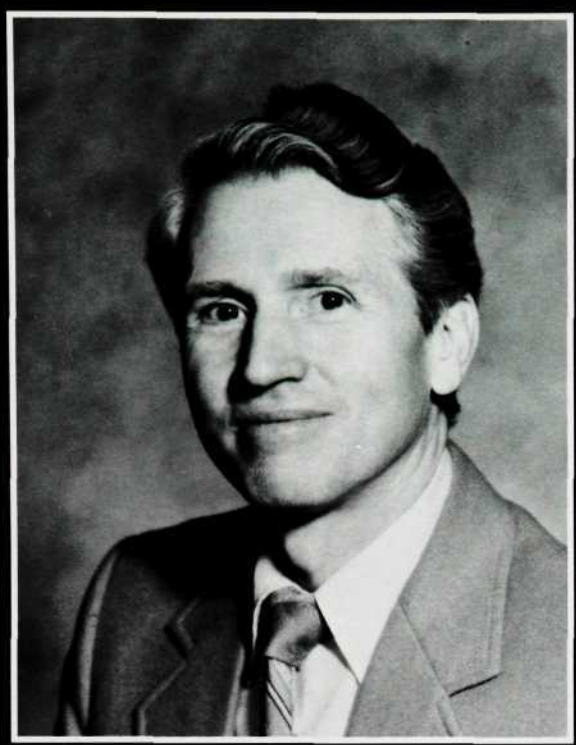
— Benjamin deGuzman





Those of us who have been through the "Kruse Experience" know that we are the lucky ones. Your never ending bubbliness eased the pains of learning, student after student, day after day, year after year. Thank you, Ms. Kruse, for bringing smiles into our hearts.

Herr Unger . . .



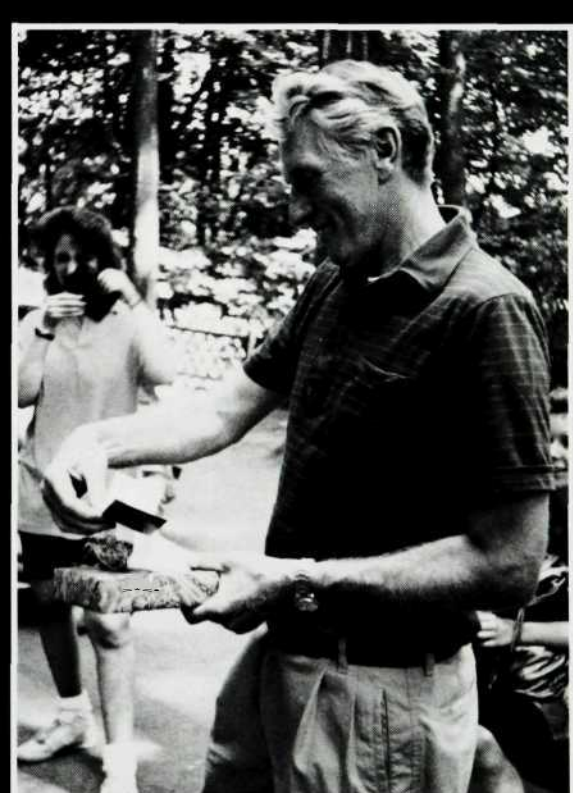
P.H.S.'s one and only Herr Ernst Unger has not only been a teacher to us, but he has also been a mentor and a father figure. Those of us who have had the pleasure to spend several weeks in Germany with him, know the patience that this man has, and his understanding that has helped all of us in our adventure. As a foreign language teacher, his dedication and extensive knowledge of the German language and literature is fundamental to our learning. All the times in class where we thought he would get mad at us, he not once lost his composure. After losing homework, essays, passports and ourselves, he always tried to understand us in our troubles. In giving us advice, though sometimes we do not like to hear the truth, he somehow always seems to be right. As his A.P. Class and after having him for five years, we can honestly say, *"Herr Unger ist ein erfahres Padagoge."*

As if being organizer of the German Exchange and teacher of German I, III, IV, and A.P., were not enough, he is also head coach of the P.H.S. Varsity Soccer team. As coach, he is stern yet calm, and is a true advocator of sportsmanship. He alwyas seems to have faith in the team. The silence on the bus ride coming home after a loss demonstrates the guilt of letting him down; yet he never loses hope.

We could go on to write his endless list of awards to show his importance to Paramus High School, but we do not want to take up the entire yearbook. We can only say that Herr Unger was an imperative part of our high school career in making it unforgettable. *"Wir vergessen Sie nicht*

Herr Unger! Wir lieben Sie!"

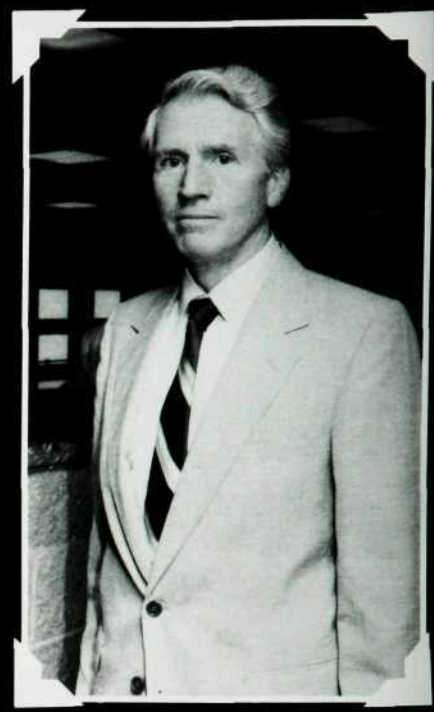
Deine A.P. Deutsch Klasse



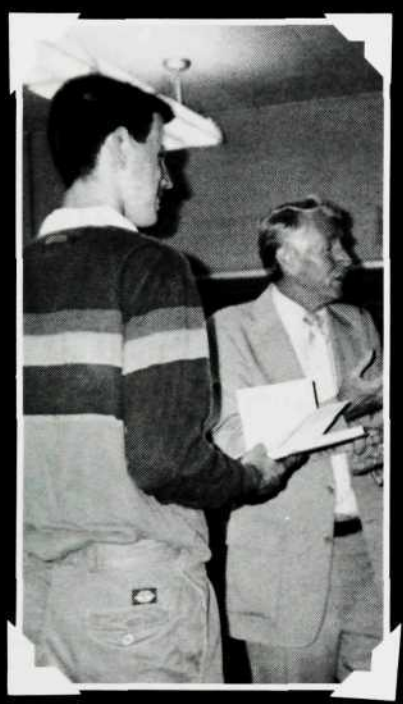
Our German

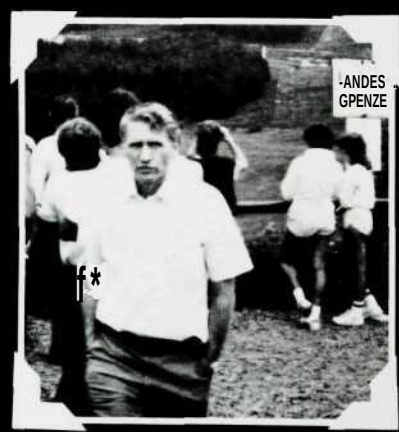






In 1959, the year after the doors of Paramus High School opened, the student body and faculty gained a valuable asset to both the Foreign Language Department and the soccer team. Through teaching German and English, and coaching the P.H.S. Varsity soccer team for thirty years, Paramus High School students gained both wisdom and knowledge. Then in 1981 a new program was launched by Herr Unger and The Freiherr-vom-Stein Schuhle: a German American Exchange Program was created! These experiences have helped the German classes and soccer teams of P.H.S. to grow and broaden their horizons, looking to the future, knowing what they have learned in the past from Herr Unger will help them through college. Herr Unger not only shapes the minds of P.H.S. students academically, but he also gains a tremendous amount of respect from his students, acting as a role model to them. *"Wir danken ihnen fur diese Eriegnisse!"*







Goethe!







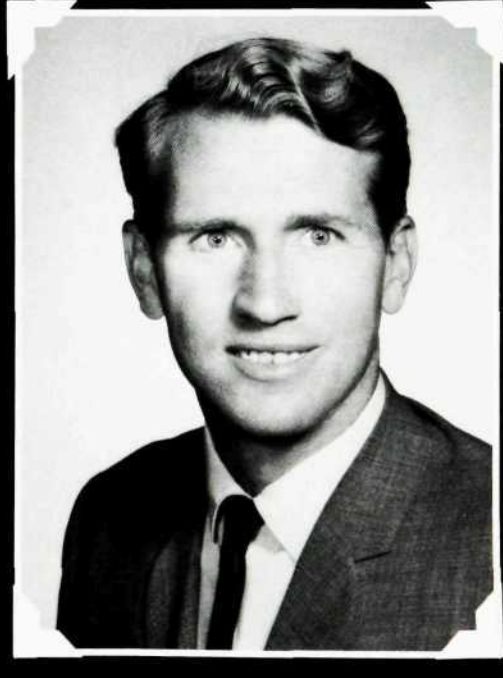


Scoreboard of Awards **and Honors**

Varsity Soccer coach for thirty **years**
Partial Fellowship Ful Bright Commission for summer study in West Germany.
President of German Club • Rutgers University
Captain of Varsity Soccer - Rutgers University
Recipient of the Sasser Soccer Trophy Award
Assistant Track Coach 1966-1977
Co- Chairperson of Middle States Evaluation Committee 1979-1980
Member of the German Honor Fraternity Rutgers University
Bronze Seal of Frankfurt - 1987 for German/American Understanding
Governor's Teacher Recognition Award 1986-1987 - "Teacher of the Year"
Certificate of Commendation 1989 for the academic and personal growth of the young people of Paramus **and** to the sport of soccer.

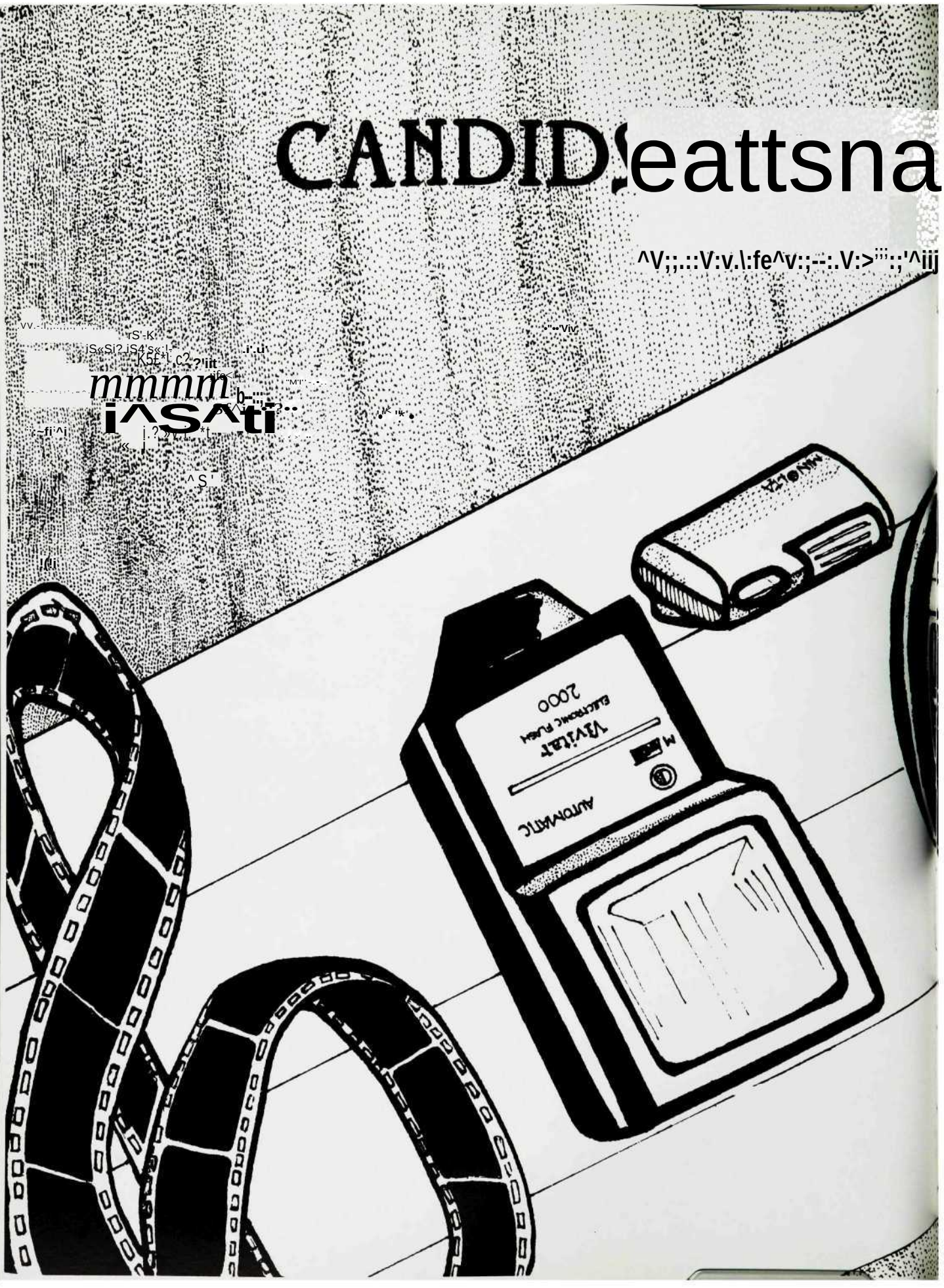






CANDID! eattsna

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Canon
SnappyAF
JOHN J. AGUILAR

Freshman



What a simile!

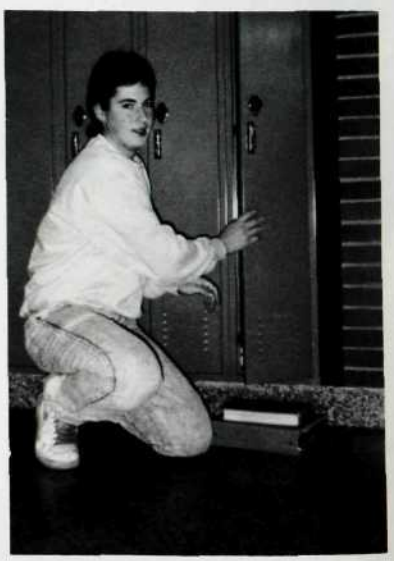




"Have you seen Rahoul?"



Our Class of 1992 Under the advisement of Mrs. Stephanie Slyva is fundraising for that far off date of Graduation and the Prom! They obviously have three years left to finish raising the expensive bill that supports their Senior Class activities. After the traumatic change from eighth graders at Eastbrook and Westbrook, these Freshmen are now ready to tackle their Sophomore Year. They are no longer the gawky small children they were as they entered Paramus High School. Books always ready until Senioritis sets in the Junior year! Remember Freshmen Class, don't always study so hard!



"You want me to do what?"

Candids



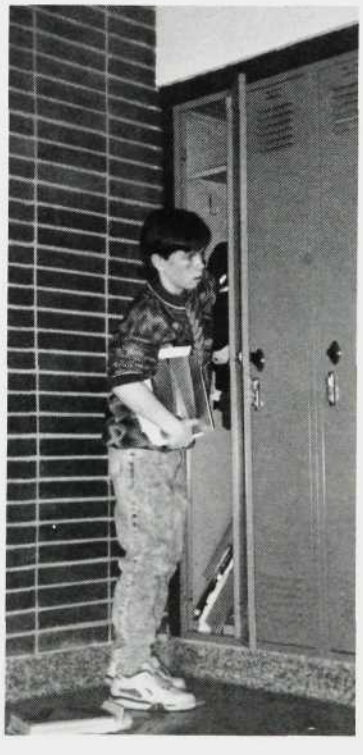
The Krukster!



Shall we dance?"



Such a Freshman.



"Help! Its got me!"



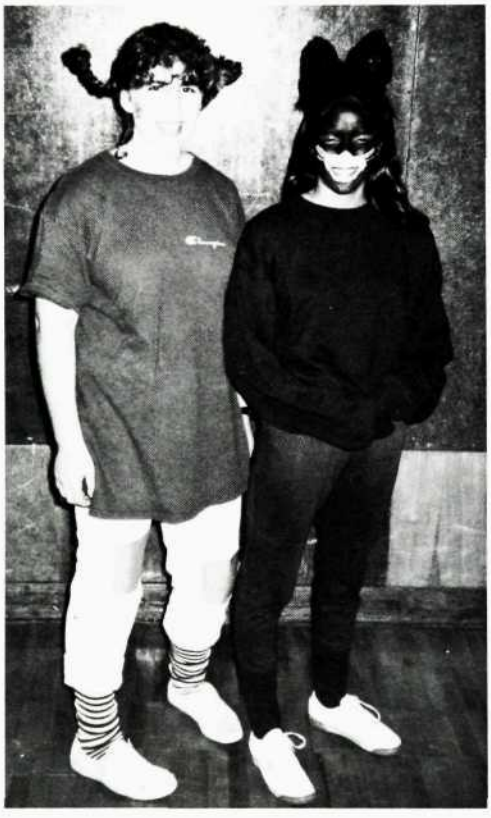
Sophomore



"It just goes to show you. the sophomore guys out number the girls 2 to 3."



"The ballerina and the bum, what a fairy tale!"



"Sarah have a clue!"



"Hi, how ya doin'?"



"Yeah, that's the song."



"No, not the . . . camera!"

Candids



"Ms. Perraudin. do you still love me?"

This year's P.H.S.'s Sophomore Class, the Tasmanian Devils are fundraising furiously. Under the direction of Mr. John Sandanato, the Sophomore class will sell their class rings, the class of 1992. They expect to raise a lot of money for their senior year, two years away. The major part of their fundraising comes from the sale of their class rings.

We Seniors thank you for the wonderful sign on the sidewalk, "The Class of 1992." Wait your turn. It's still two years away! Through their two years at P.H.S., the Tasmanian Devils have really become devilish.



"Like they say, opposites attract."



"I can't see the game, the sun's too bright."



"Hey. what's that on the floor?"

Junior



"The Behr Facts"



"The young and the "innocent" of P.H.S."



"Yeah, go ahead, take my picture!"



"I just 'love' school!"



"Am I an organized student or what?"



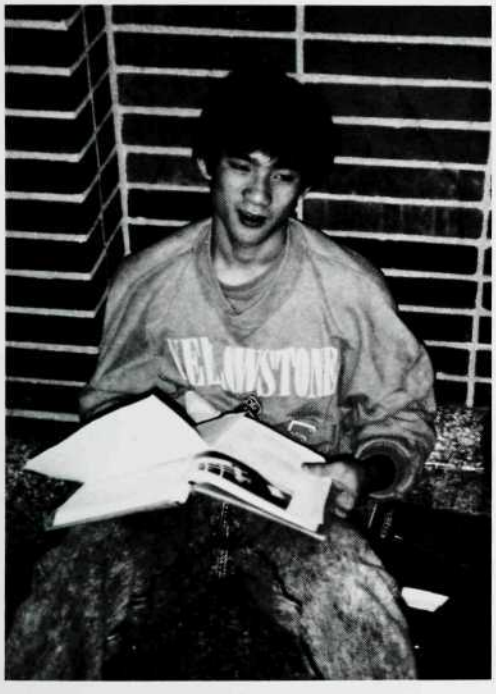
"One of the she-devils of P.H.S."

Candids



"The Spartan Spirit Sparkers."

This year's Junior Class, the Class of 1991, has been fundraising furiously! Through numerous fundraisers, this years Junior Class is raising money for their Senior Prom and other activities in order to give next year's Senior Class Adviser a break. Under Mrs. Maxwell, their adviser, they have sold "class items" for all classes. Items sold were teddy bears with your class year on it, or key chains with your class year on them. The Senior Class of 1990 wishes the Senior Class of 1991 good luck and success in the years to come.



"Don't bother me, **I** gotta finish my homework, before class **starts."**



"Eh!?"

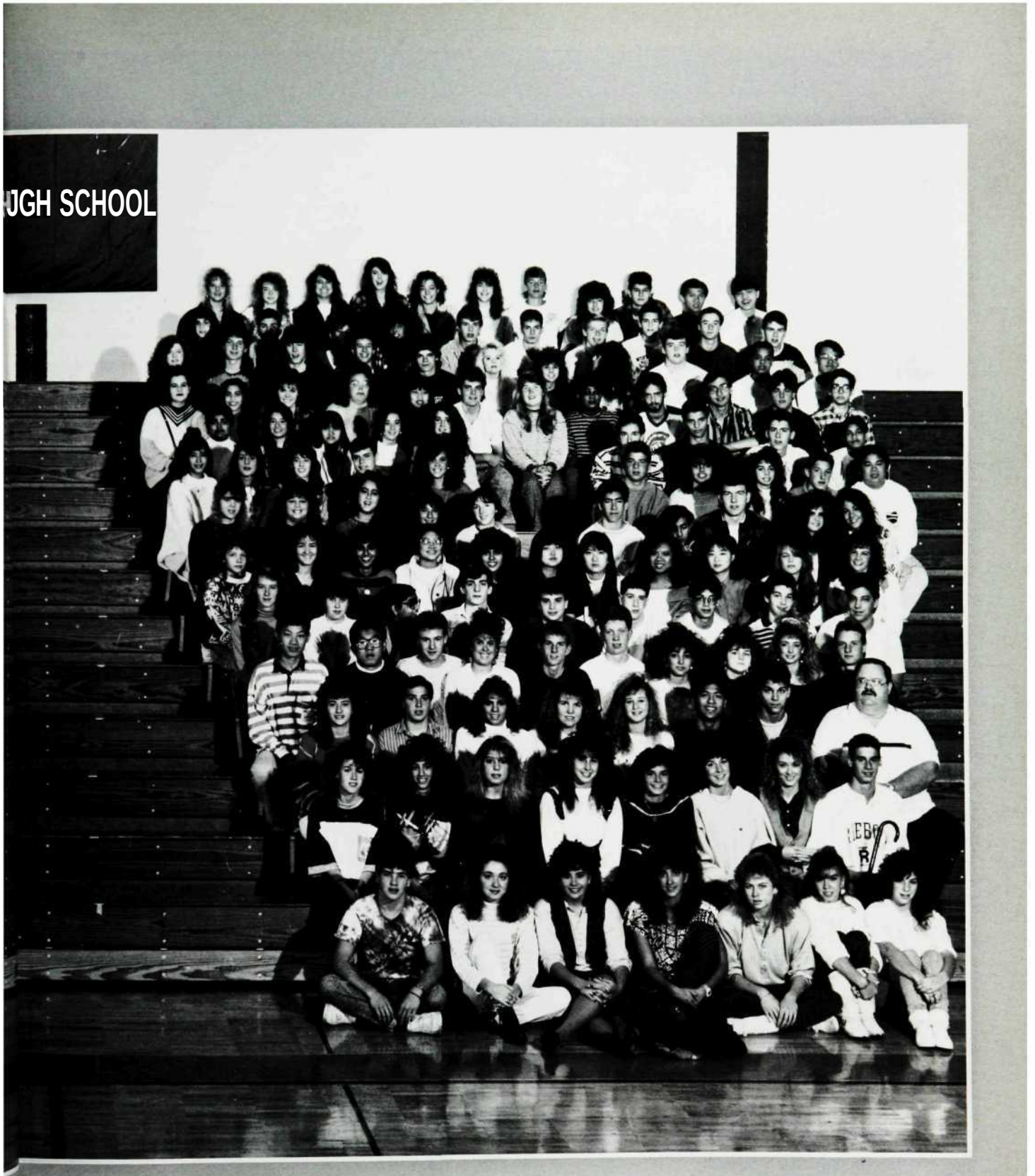


"Heather, ready, and willing to go to class."



"I got the cutest little baby face ..."


PARAMUS


JGH SCHOOL



"Sorry, no beer!"



"Uh, Yeah, that's the ticket."



Wild and vicious.



"Don't even think of it!"



"Pucker-up!"



"You THINK I'm doing homework over the vac; tion?"



"I don't need Band to help MY rank!"



"Peace, love, and sunshine "



"I've got it aced!"



"Hey, how ya doin?"



"Oh, how cute!"



"Wake me up at 2:30!"



"Yo, I'm Ezra!"



The Breakfast Club.



"Yeah right sure!"



"What d'ya mean I failed a French test?"



"Say cheese!"



"I'm a mean, lean, muscle machine!"

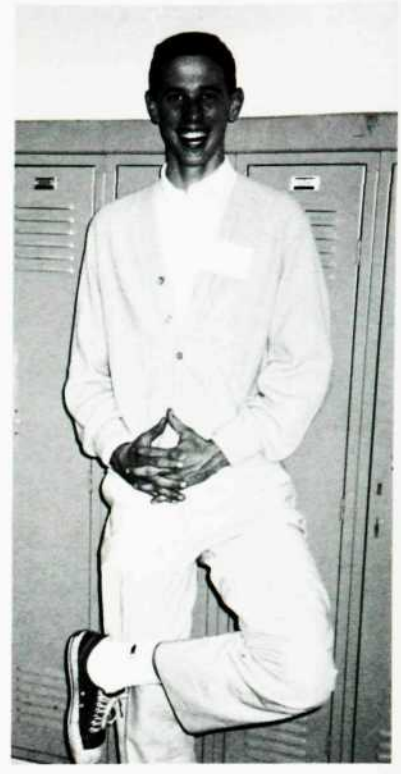


Groucho Marcs!





Licensed to kill! - "By (he way, where are we going?"



"Won't you be my neighbor?"



Frizz!



The three stooges with the two crazzies!



"I'm ready."



The three Mouseketeers-



"Ewwwww!"



Jessica studying?



"Ya, know "



"Okay, so I'm a little tired "



The Asian Invasion.



The mime and the baby the sweet and the innocent.



Shoe and Cho



"Yeah, He's looking at me!"



Too much $C_{19}H_{28}O_2$!



Its a Pearle Drop Smile.



Double Trouble



"A bit colorful, I might add."



"We're cool and we know it."



Amy, the animal.



Seriousness of purpose - 10.



"Keep smiling sweetie!"



"Yeah, I know I'm cute!"



Tweedle Dum and Tweedle Dee.



Get Met Life, it pays.



"Look, here's another picture of me!"



La La Land.



"We're ready and waiting."



"What, we're out of gel?"



"Look James, the good looking girls are over there!"



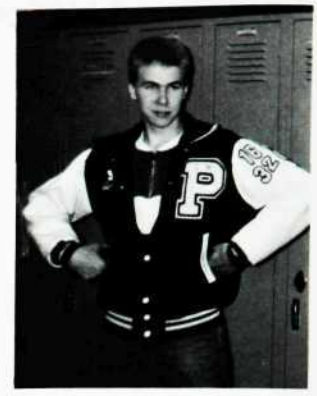
Two's company • but Lou, you're a crowd.



"Another test tomorrow?"



"We're champions. What can I say?"



"Yeah, I'm cool!"



"Gossamer is out to get me!"



From Arkansas, and proud.



Eli and the Piano perfect together.



"Skin heads where!?!"



"Hieeeee!"



"So you admit it "



"I'm a cool dude in a loose mood."



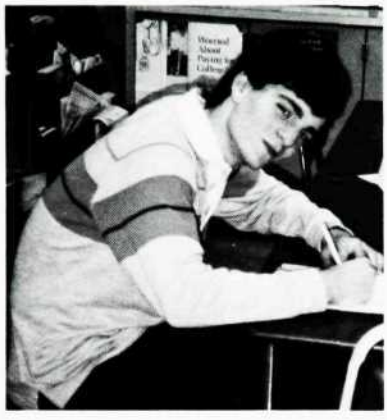
"What's a Maroon?"



"Shower, flower. Brillo Power!"



"Oh, so this is the boy's room."



"Yes, I am Alex Travek!"



"Hey Shorties-roll me a high one!"



"Friends, Spartans, Countrymen, lend me your ears."



"Oh do go away PLEASE!"



"Oh, no, its a liberal!"



"Sweetie, and Sweet Chuck."

Remember . . .



Denise and the gang.



"How now brown cow?"



Surf power.



Its the Roy-Chou team!



Hah! Brace faces!



Beauty or the B*~?



He's the president of our class?



Rambo II

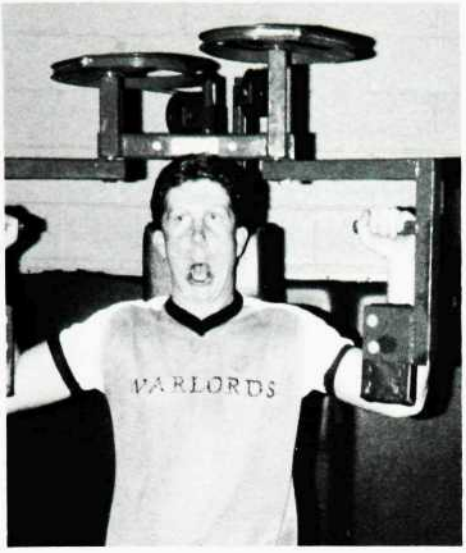


Cute and cuddly.



Ben Busts a Move.

When We Were So Young!



"Pump on the jam."



"Gimme a beat"



"I'll Have another shot of coke"



"Say Cheese!"



Sleepy and Grumpy.



"I dare you!"



So young so innocent.



"C'mon, no pictures."



"The Giants are better than the Cowboys!"

Paramus High School



Hoe-Down In The Hoeland Dome
"Square Dancing Becomes A
Gym Requirement"





Potty Patrol Commissioned
"Smoking Banned"





The Open Door Policy
"Fire Doors Installed"





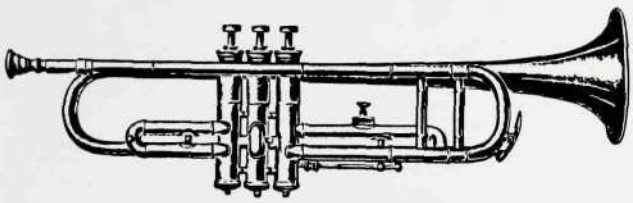
Hats Off To P.H.S.
"Hat Wearing Banned"

Current Events



Guidos Vs. Preps
"No Comment!"





Toot Your Way To The Top?
"The Class Rank Controversy
Rages On!"



P.H.S. #1



Senior Cut Day
‘‘It Is On Wednesday!"



F·r.:H



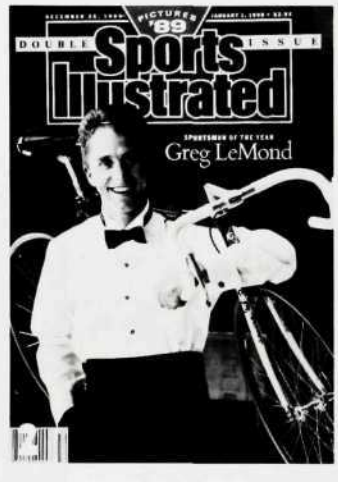


COVER

1 NBA Superstar Kareem Abdul-Jabbar hooks one of the last shots in his professional career after 20 years, six championships and 38,387 points, the most in pro history.



2 Tour de France winner Greg LeMond embraced his magic bicycle on the cover of "Sports Illustrated" after being named Sportsman of the Year.



3 California Interstate 880 pitched and heaved Oct. 17 when the quake hit. Registering 7.1 on the Richter scale, it claimed 67 lives and caused $6.5 billion in property damages.



4 Voyager II captured a false-color image of Neptune on its way to an endless journey into interstellar space.



5 A maniacal grin lit the face of the Joker (Jack Nicholson) in Warner Bros.' action-adventure film "Batman."

6 The People's Liberation Army crushed a human barricade to regain control of Tiananmen Square, the site of a month-long pro-democracy protest by one-million Chinese students and workers.

RENT



H Barbie hit the Big ^3 - 0 in 1989. The eternal teen has come a long way since her introduction and now enjoys a trendier look and richer sales.



A weary President Bush announced U.S. troops had invaded Panama Dec. 20 on a mission to capture General Manuel Noriega on drug charges.



Fireworks sizzled in the Paris sky, illuminating the Arch of Triumph during the 200th anniversary of the French Revolution.



East met West for the first time in 28 years following the destruction of the Berlin Wall. Berlin youth danced near Checkpoint Charlie in celebration.



New Kids on the Block took the pop music scene by storm with their No. 1 hit single/Til Be Loving You (Forever)." Group members are Jon Knight, Danny Wood, Joe Mclntyre, Donnie Wahlberg and Jordan Knight.



It's not a secret anymore. The radar-eluding B-2 stealth bomber was displayed for the first time in Palmdale, California.





1989

FALL OF COMMUNISM IN 1989



1988 - Nuclear accident at Chernobyl power plant kills 31 and sends cloud of radiation across Europe. Forty thousand people are evacuated.

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1989 — Supertanker Exxon valdez runs aground in Alaska's Prince Wiliam Sound, spilling 11 million gallons of crude oil and killing at least 90.000 sea birds.

THE TOP TEN OF ROLLING STONE MAGAZINE'S 100 BEST ALBUMS OF THE EIGHTIES

1. "London Calling" (Epic) The Clash
2. "Purple Rain" (Warner Bros) Prince and the Revolution
3. "The Joshua Tree" (Island) U2
4. "Remain in Light" (Sire) Talking Heads
5. "Graceland" (Warner Bros.) Paul Simon
6. "Born in lhe U.S.A." (Columbia) Bruce Springsteen
7. "Thriller" (Epic) Michael Jackson
8. "Murmur" (IRS) REM
9. "Shoot Out the Lights" (Hard

- Short skirts
- Designer pe
- Swatch watches
- Sony Walkmans
- MTV
- Cordless telephones
- USA Today
- Home computers
- Fern bars
- Car phones
- Crystals
- Food processors
- Big-screen TVs
- Remote controls
- Compact discs
- VCRs
- Reeboks
- Steroids
- Cocaine
- Catalogs
- Call wailing
- Shopping
- World Wrestling Federation
- Designer diets

pro-choice
pro-life

1986

raq both
kers in Persian Gulf.

1988 — Alter more than 1 million are killed, a truce is called along roughly the same border that existed when lhe war began.

1981 - Soulh Africa Invades Angola.

1981 - 52 US hostages released by Iran. US frees $8 billion in frozen Iranian assets.

1986 - Challenger space shuttle explodes 73 seconds after takeoff, killing seven crew members. At rear left to right, Ellison S, Onizuka, Christa McAulifte, Gregory B. Jarvis, and Judith E. Resnick, and in front, Michael J. Smith. Francis R. Scobee, and Ronald E. McNair.

DISASTERS



Baby boomers

PANAMfl

IN PANDEMONIUM



1988



1988

1984 - Vietnam Veterans Memorial unveiled with 57,939 names.

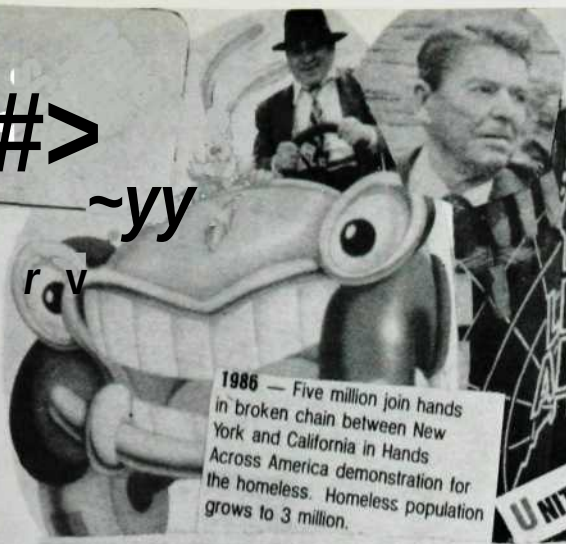
1980

IN THE '80s

THEY CRIED FREEDOM

THAT'S INCREDIBLE

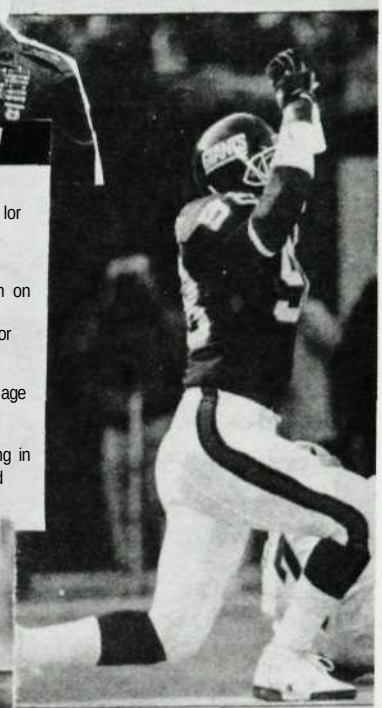
'Vte



1986 — Five million join hands in broken chain between New York and California in Hands Across America demonstration for the homeless. Homeless population grows to 3 million.



H THE LAND *J OF THE GIANTS



Coacli Bill Para'll'.; ,ind linebacker Carl Banks celebrating during Giants victory over Los Angeles Raiders lasl month Gianls seek a second Super Bo> Irip m lour seasons They won il all in '86.

YOUNG LIVES LOST

1985 — A five-mile stretch of the Wildwoods Is closed tor six days when poorly treated sewage raises the ocean's lecal bacteria counts.

1987 — Bathers are scared away when a menacing 50-mile slick of garbage floats off Ihe New Jersey shore and bottlenose dolphins wash up al ong the coast.

1988 — An aging sewage treatment plant in Asbury Park malfunctions, and nearby ocean beaches are closed for two weeks. Meanwhile, hysteria about AIDS arises when hypodermic syringes and conlamlnaled blood vials are found on some beaches. Shore tourism losses are estimated at $800 million.

1988 — Congress approves a bill to end dumping of sludge al sea by 1991 and sets an escalating schedule of fines lor violators.

1989 — Five Wildwood Crest businessmen are arrested for throwing chlorine tablets into the Atlantic Ocean in an attempt to mask high fecal bacteria counts.

IT'S THE LAW

1981 — The stale sets a mandatory three-year sentence lor persons who use a gun when committing a violent crime.

1982 - The slate cracks down on drunken driving by imposing a mandatory license suspension for violators.

1983 — The minimum drinking age is raised lo 21.

1985 — The stale limits smoking in public areas like restaurants arid grocery stores.



- Banana Republic
- Running shoes and business suits
- Cowboy boots
- Anything by Ralph Lauren
- Un-designer jeans
- Power lies
- Braces (suspenders)
- The pouf
- The new dress-for-success (a la "Working Girl"
- The Madonna look (bustiers, crosses, etc.)
- Plain T-shirts
- "Miami Vice" Italian men's suits
- Designer eyewear
- Anything leather, especially bomber jackets
- Designer perfumes (everything from Liz Taylor to" World Wrestling Federation)
- Giorgio

1980 - Mandatory water rationing is imposed as North Jersey's reservoir levels dip to 30 percenl ol capacity Alter heavy rams, Ihe restrictions are eased in May 1981

METS WIN WORLD SERIES - 1116: Jubilation al Shea Stadium as Mels squeak past AL champion Boston Red Sox in seven games.

ACADEMY AWARD WINNERS

(awarded the following year)

1980: "Ordinary People"
1981: "Chariots of Fire"
1982: "Gandhi"
1983: "Terms of Endearment"
1984: "Amadeus"
1985: "Out of Africa"
1988: "Platoon"
1987: "The Last Emperor"
1988: "Rain Man"



• COVER GIRLS AND BOYS

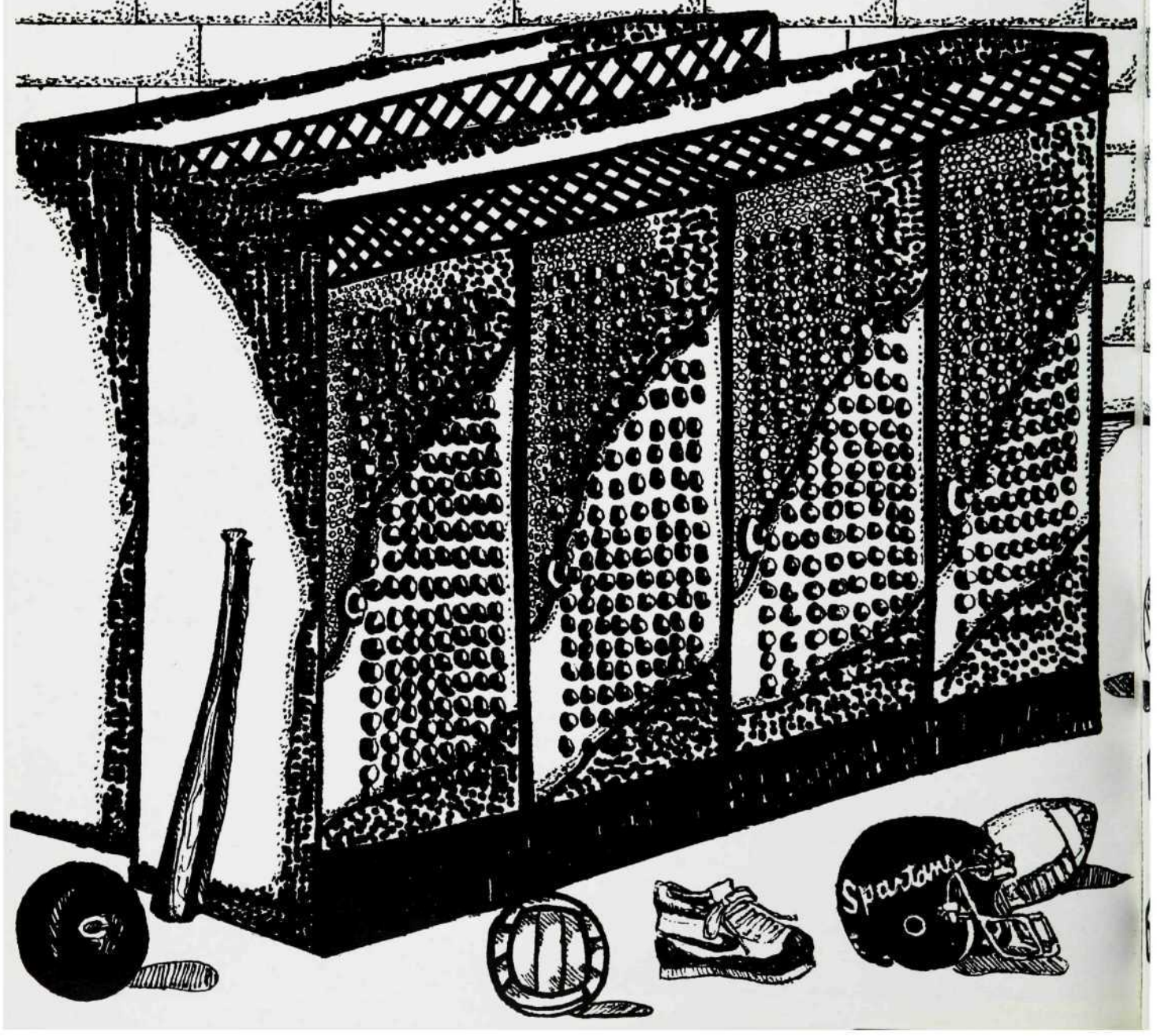
Bill Cosby
Arnold Schwarzenegger
Bruce Springsteen
Madonna
Eddie Murphy
Mel Gibson
Tom Cruise
Tom Hanks
The Bral Pack (Estevez, Sheen, Lowe, el al)
Diane Sawyer
Jessica Lange
Sylvester Stallone
Arsenio Hall
Vanna While
Michael J. Fox
David Letterman
Oprah Winfrey
Ted Turner
MichaeLKealon
Meryl Streep
Michael Jackson
Michael Douglas
Bill Murray

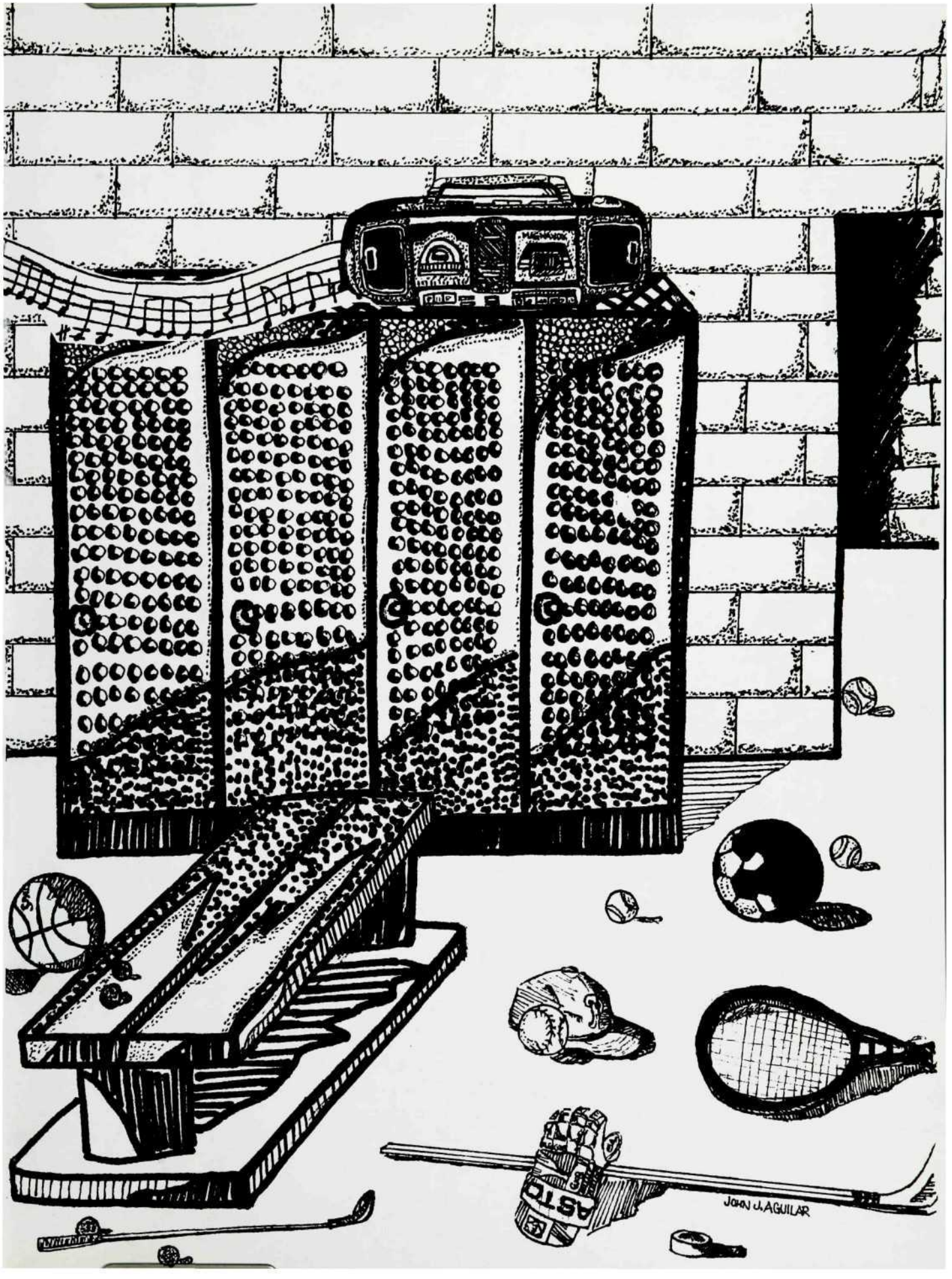
- Shoulder pads
- Shoes-no-socks (a la Don Johnson)
- 5 o'clock shadows (Don Johnson again, George Michael)
- Mousse, hair gels, return ol hair sprays
- Ponylails (on men)
- Bob haircuts (on women)
- Factory outlets (never pay retail)
- Nancy Reagan red
- Joan & David
- High style tor little kids
- Candles
- Jellies
- Jams and other surfer clothes
- String bikinis, thong bathing suits
- Laura Ashley

1S88 — Five firefighters die battling a blaze at a Ford dealership in Hackensack on the eve o' the Fourth ol July holiday weekend^ Dead are: LL Rfch-ard L. Williams, firemen Leonard Radumski, William Krejsa, Steven Ennis, and Richard B. Relnhagen.

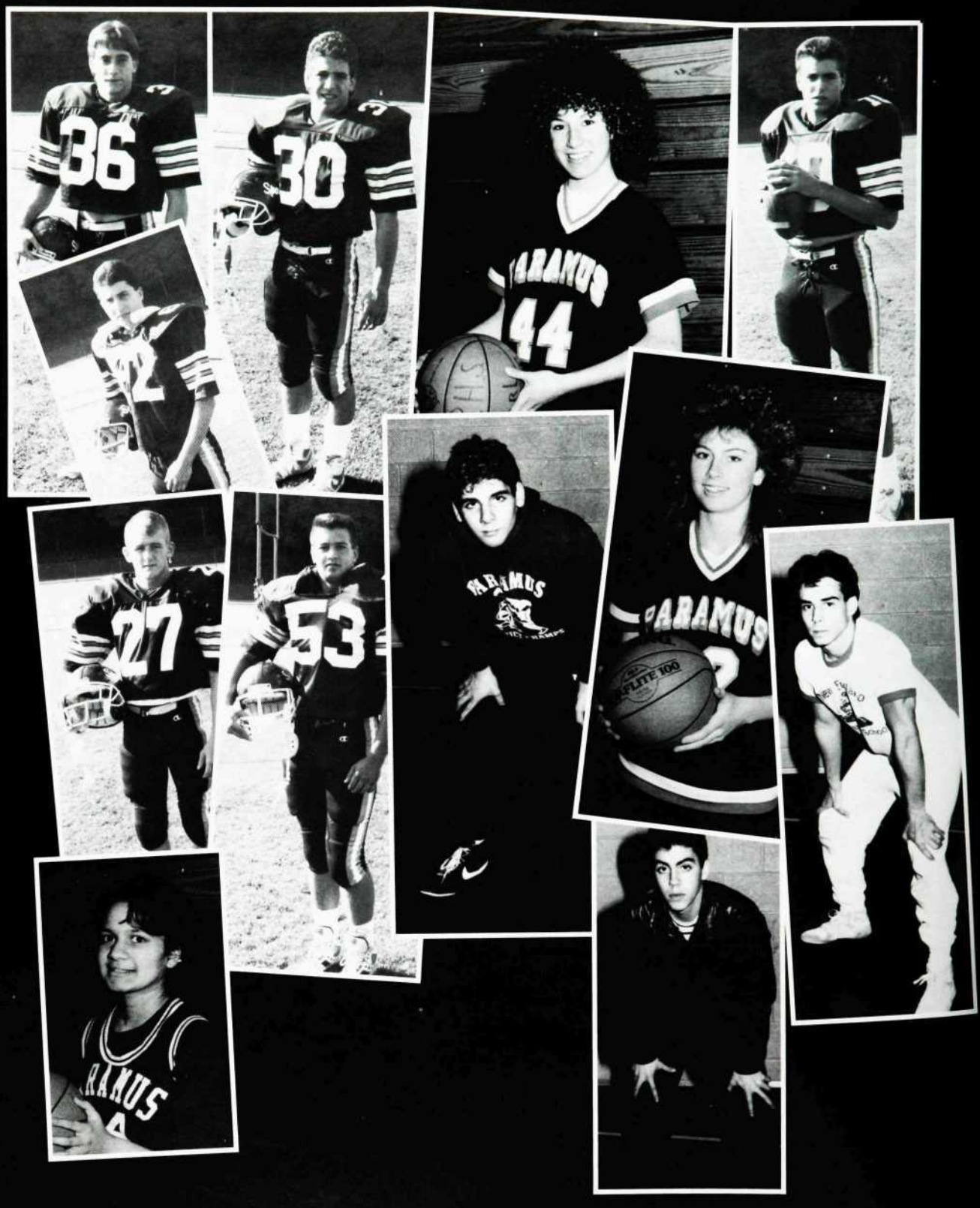
Freedom 1990

SPORTS




JOHN J. AGUILAR

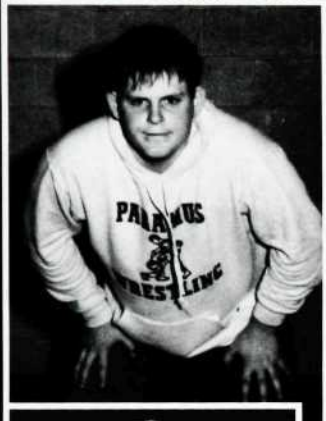
A Scrapbook



Of Champions



















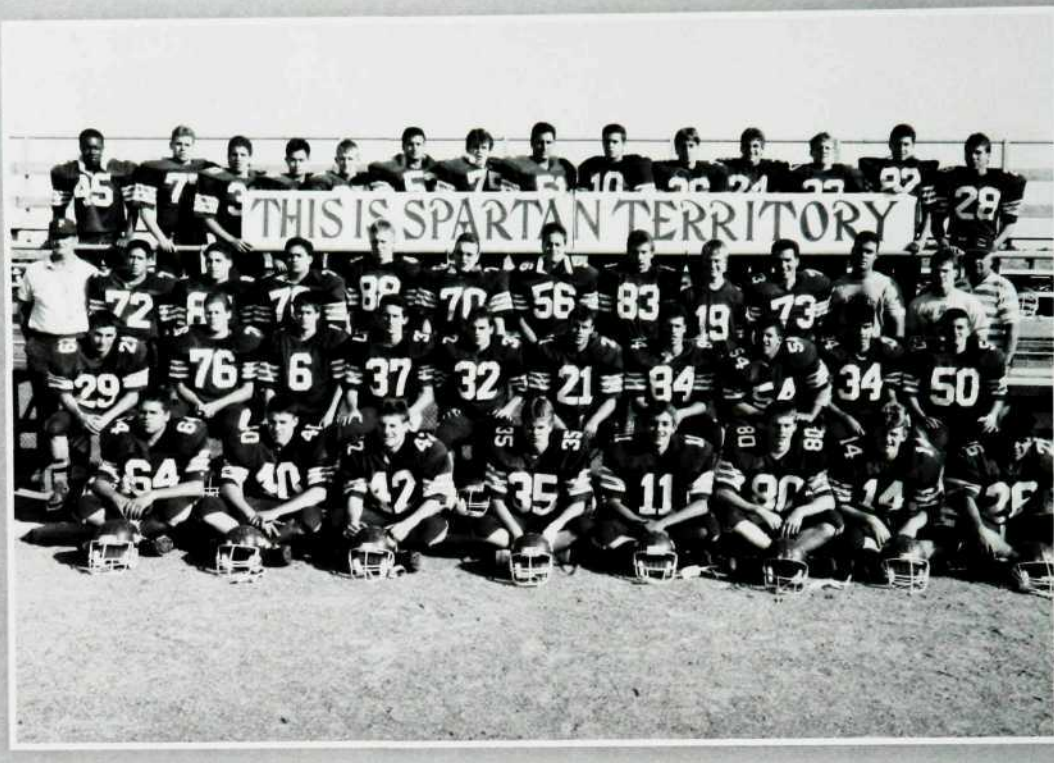








Football . . .



Back Row. Steve Williams, Ed Mitchell, Scott Chimenti, Ray Cruz, Don McNair, Captain Ryan Bopp, John Kelley, Bryan Barsa, Captain John D'Addetta, Sean Jones, Joe Colomeo, Scott Cotroneo, Joe Sutera, Andy Roth. *Third Row.* Coach Darragh, Bryan Grieco, Chris Ryan, Rory Camangian, Eric McNamara, Chris Donoghue, Mike Cramer, Dan Tabor, Pete Amerio, Dan Donofrio, Coach Rich LaBarbiera, Coach George Heckle, Coach Bauer. *Second Row.* Brandon Fazio, Ed Ludwig, Tom Cahill, Eric Wilcomes, Joe Mancuso, Tim Tabor, Jon Grabow, Ray Ferraioli, Bill Bastian, Dave Battafarano. *Front Row:* Glen Stickna, Kevin Cherven, Mike Sabino, Mike Mulligan, Alex Jankuloski, Gary Moffit, Keith McNair, Nick Galati.

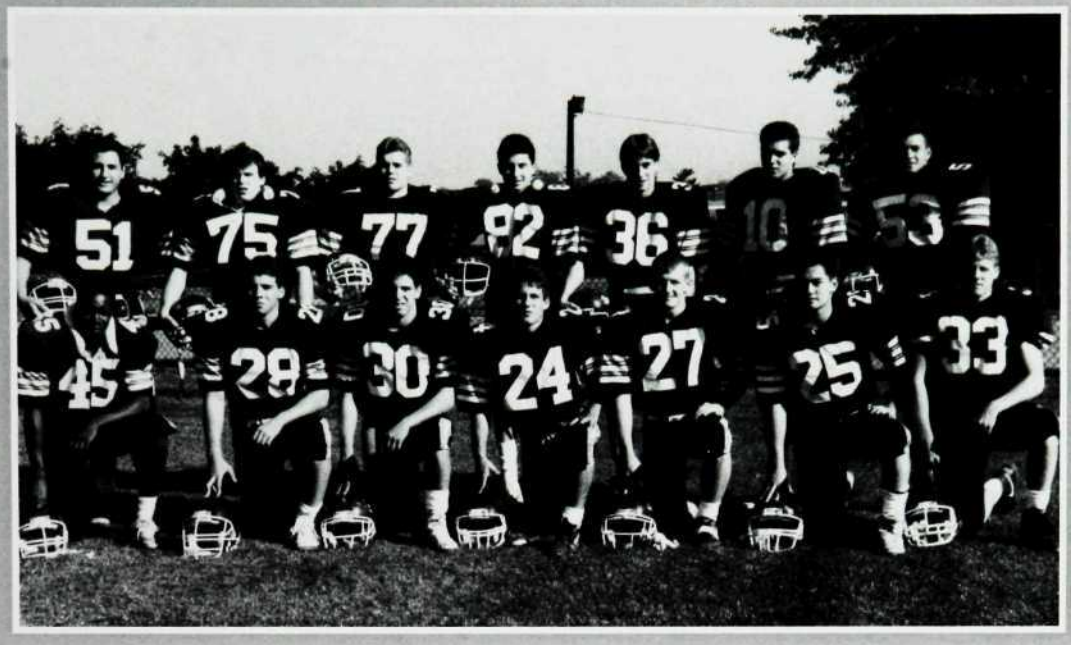


Captains: Ryan Bopp, John D'Addetta

Although the Paramus Spartan Football Team posted a record of 1-8, there were some bright spots for the team. A mid-season victory over Bellivile accounted for the teams only victory. However, the Spartans' record did not reflect the hard work and effort put into the team by both players and coaches.

Senior Joe Colameo led the Spartan running attack and received Honorable Mention All-League Honors for his efforts along with Senior Scott Controneo, John Kelley did a super job on defense and received First Team All Honors at defensive tackle. Senior Captains John D'Addetta (QB, Punter) and Ryan Bopp (L.B.) provided the leadership for our Football team. They born received First Team All-League Honors.

Blue Thunder



Seniors: *Back Row:* Bryan Barsa, John Kelley, Ed Mitchell, Joe Sutera, Sean Jones, John D'Adetta, Ryan Bopp. *Front Row:* Steve Williams, Andy Roth, Scott Chimenti, Joe Colameo, Don McNair, Ray Cruz, Scott Cotoroneo.



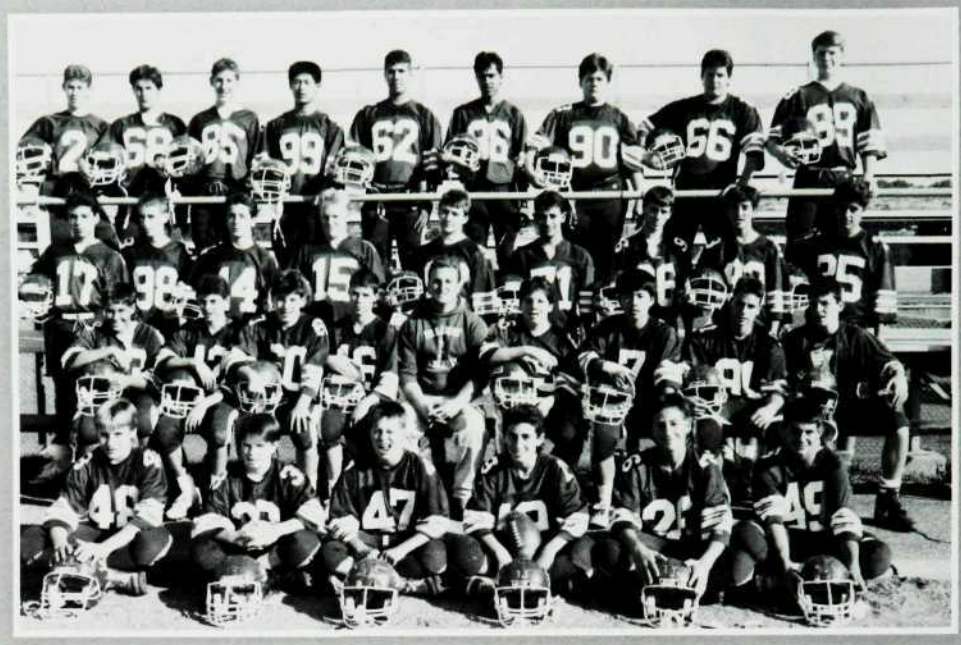
Varsity Football 1989

Date		Team
Sept	• **23**	Hackensack
	28	Ridgewood
Oct	• 7	Nutley
	" 14	Paramus Catholic
	' 21	Belleville
	28	North Bergen
Nov.	* 4	Teaneck
	" 11	Don Bosco
	' **23**	Bloomfield

"Divisional Games



Reigns On



Back Row. Mike Rohdieck, Dylan De Benedetto, Rich Lambert, Sungil Hong, Greg Caufield, Anjoy Mukheyee, Anthony Lubjich, Jason Evans, Steve Young. *Third Row.* Jose Sisco, Jeff Lattanzi, Joe Ciambrone, Rick Rydell, Dave Marko, George Kuwati, Chris Foody, Chris Gwastello, John Mosca. *Second Row.* John Sweeney, Anthony Parlato, Mike Buttino, Don Foy Coach Walburton, Bobby Holmes, William Cheng, Vin Paluzzotto, Tim Labue. *Front Row.* Kurt Nordman, Tom Donoghue, Tom De Bonis, Gerard Nisivoccia, Tony Balestrieri, Matt Greco.

JV Football 1989

Date		Team
Oct	2	Ridgewood
	9	Nutley
	16	Paramus Catholic
	23	Belleville
	30	North Bergen
Nov.	4	Teaneck
	13	DonBosco

Paramus JV Football did a fine job this year. P.HLS.'s Football future is looking bright. There are many underclassmen returning next season to play Varsity Football. Some of these players are Jon Grabow, who received second Team All-League Safety, and Eric MacNamara, who received first Team All-League, T.E. These players are a valuable asset to Paramus High School Football in the years to come. Next year the P.H.S. Fooiball team will dominate!

Rivals











Cheerleaders … Spartan



Back Row. Coach Camille Conrad Natalie Zamitti, Jennifere Winter, Kathy Bussneili, Donna Montag. *Second Row.* Lori Rgundio, Karen Weinrich, Donna Karrenberg, Jennifer Piccritli, Dawn Luberto. *Front Rovr.* Jill Delconsole, Captain Sherri Boisits, Captain Dena Lucchesi, Deana Maher.





Captains: Sherri Boisits, Dena Lucchesi.

Spirit Sparkers!



Captains: Tara Barbarino and Stacey Bernstein

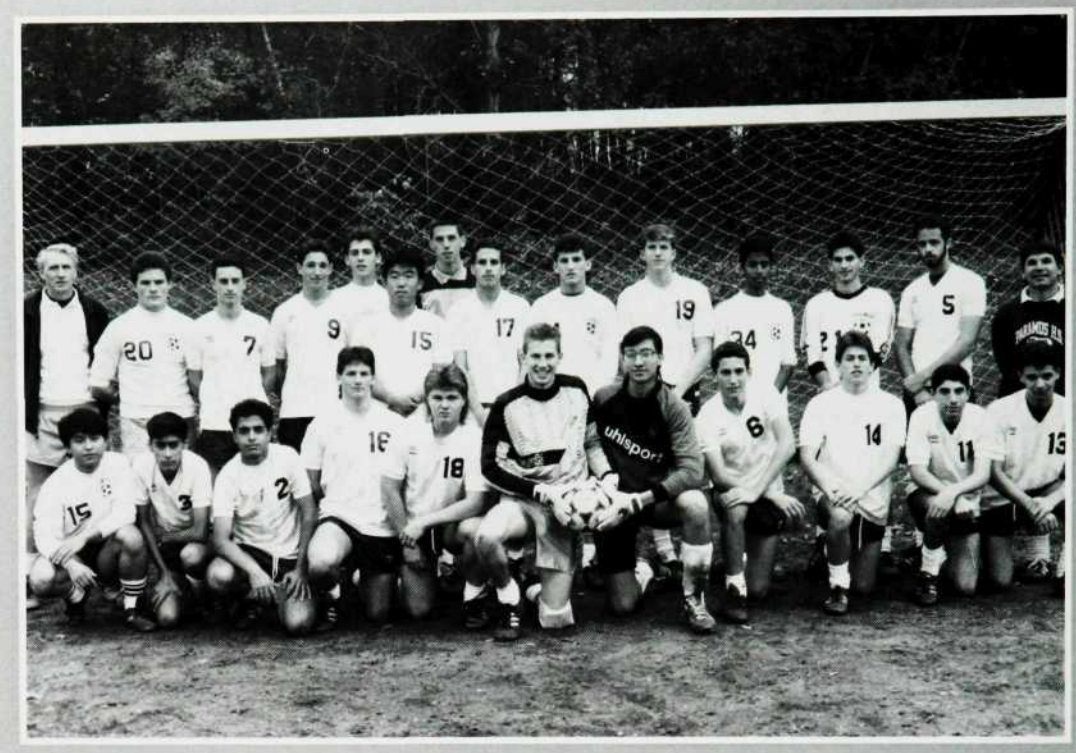


Our P.H.S. Spartan Spirit Spikers are responsible for the high expectations of our Fall and Winter Sports. Through rain, snow, and sleet P.H.S. cheerleaders rouse the crowd to spur a Spartan victory. Captains Dena Lucchesi and Sherri Boisits try to keep the team organized. Under the direction of new Coach Camile Conrad, the Pom-Pons of Paramus undertook endless rehearsals to perform with perfection. Cheerleaders Jill Epstein and Jen Piccerilli were the light bulbs of the squad, always contributing to new and innovated cheers. Other seniors Donna Montag and Natalie Zamitti always attended rehearsals and even added a special touch. Go P.H.S. Cheerleaders!

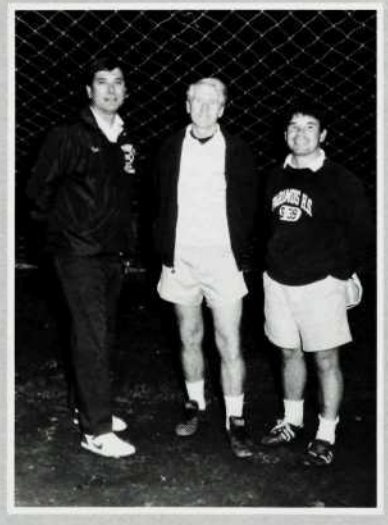


J.V. Cheerleaders: Coach Jill Heiney, Danielle Minetvini, Jennifer Conte, Alicia Icoorst, Tara Barbarino, Stacey Berstein, Julie Marshall, Allisen Bucco, Jennifer Dembia.

Boys Soccer . . .



Back Row: Anthony Lauria, Kevin Ralph. *Second Row.* Coach Ernst Unger, Aaron Saslow, Brad Finkle, Michael Under, John Kim, Howard Opatowsky, Todd Bataglia, Pete Maier, Jit Saha, Brian King, John Cowen, Coach Kevin Sabella. *Front Row.* Yon-Wan Han, Hamid Farahvashi, Amir Abtahi, Justin Sabino, Lou Hegyi, Glenn Haug, Fady Mdeway, Kurt Wilcomes, Fred De Bonis, John Artinian, Raphael Moussterie.



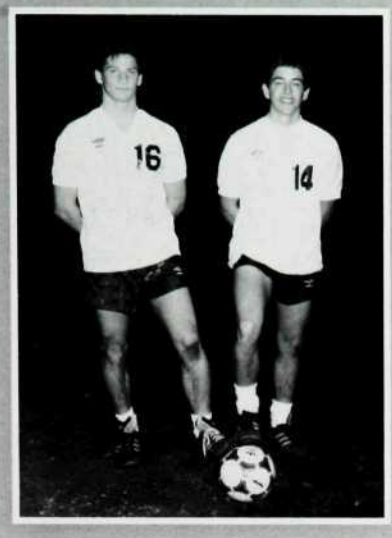
Boys Soccer-Coaches Coach Jim Shenkberger, Coach Emst Unger, Coach Kevin Sabella

Boys Varsity'BesatEr 1989

Date		
		Nutley
Sept	1921	Bloomfield
	26	Belleville
	28	Paramus Catholic
	3	Don Bosco
Oct.	5	Hackensack
	10	Teaneck
	12	Nutley
	17	Bloomfield
	19	Belleville
	24	Paramus Catholic
	26	Don Bosco
	30	Hackensack
	1	Teaneck
Nov.		

All Games Are Divisional

Unger



Captains: Justin Sabino, Fred De Bonis.

Starting the 1989 Boy's Soccer season, the team had a record of 2-7-1 for the first four games. Under Coach Ernst Unger's watchful eye, the Spartan Soccer team delivered defeats to Paramus Catholic and Bellville twice in the same season. Managing to tie Nutley and Hackensack, it kept the team going strong throughout the grueling season. With the leadership of senior captains Justin Sabino and Fred De Bonis, on and off the field, the Spartans continued to improve their skills with two shut-outs. Junior goalie Glenn Haug preserved the shut-outs by keeping the ball of the goal. High scorers on the team were Fred De Bonis, Amir Abtahi, and John Artinian. The Spartan offense out scored the other teams 26-23, assisted by seniors Lou Hegyi and John Kim. As back up goalie, senior Fady Mdeway was there to help out when the team needed him.



Back Row Kevin fialph, Anthony Lauria, Michael Under, Amir Abtahi, John Kim, John Cowen, Fady Mdeway. *Front Row* :Yon-Wan Han, Justin Sabino, Lou Hegyí, Fred De Donis, Jit Saha, Raphael Moussterie.

Dogs



Freshmen Boy's Soccer *Back Row.* Coach Jim Shenkberger Dave Bower, Derek Slavin, Edmond Van Bever, Amit Shukla, Mike Vasile, Kazu Marimoto2, Rahol Young, Dave Kieinstein. *Front Row.* Matt Ranieri, Eddie Winter, Ed Dailey, Nick Iula, Jason Jones, Ricky Hishakawa, Frank Giufrida.





Girls Soccer



Back Row. Tony Iula, Laura Behnke, Natalie Nazar, Mami Opatowsky, Debra Meaiia, Nicole Krempa, Kim Salisbury, Tammy Herrara. *Second Row.* Joanna Koumolis, Sharon Thompson, Arta Housepian, Jen Albanese, Jennifer Chung, Flora Huang. *Front Row.* Sari DeLeon, Dana Cook, Shilpa Zaveri, Jennifer Wirt, Christine O'Reilly.

Girls Soccer

Date		Team
Sept.	15	Ridgewood
	18	passaic
	20	Clifton
	25	Nutley
	27	Bloomfield
Oct.	2	Belleville
	4	Paramus Catholic
	6	Hackensack
	10	IHA
	11	Teaneck
	13	Nutley
	16	Bloomfield
	18	Belleville
	20	Paramus Catholic
	23	Hackensack
	25	IHA
	27	Teaneck

Our girls Soccer team, led by Captains Shilpa Zaveri and Jennifer Wirt, had an amazing comeback, winning one game and tying another against Paramus Catholic making their record 1-12-1. Although the team's record indicated a bad season, our Girls Soccer team members were dedicated to their sport. Our team is made up of only juniors and underclassmen, showing great strength in the years to come. Next year, it is hoped, the P.H.S. Girls Soccer team will get off to a better start.

Girls Volleyball



Standing: Coach Connie Story, Susan Igoe, Michelle Vetrone, Jennifer Pierson, Karen Nieman. *Kneeling:* Raquel De Bonis, liana Shamosh, Kim Passarreili, Jill Galasso.



Captains: Jennifer Peirson, Susan Igoe, Karen Nieman.



Seniors: Michelle Vetrone, Jenifer Pierson, Karen Nieman, Susan Igoe, liana Shamosh.

Story's Spikers

Varsity Volleyball

Date		Team
Sept.	15	Ridgewood
	18	Passaic
	20	Clifton
	25	Nutley
	27	Bloomfield
Oct	2	Belleville
	4	Paramus Catholic
	6	Hackensack
	10	IHA
	11	Teaneck
	13	Nutley
	16	Bloomfield
	18	Belleville
	20	Paramus Catholic
	23	Hackensack
	25	IHA
	27	Teaneck
		William Paterson Tournament
		County Tournament
		State Tournament

Once again, the Paramus Volleyball team continued their winning tradition under the leadership of Coach Connie Story and tri-captains Karen Nieman, Jennifer Pierson, and Susan Igoe. Although Karen Nieman and Jennifer Pierson were the only two returning lettermen, last years strong J.V. team helped to fill in the gaps in the lineup. Early in the season, the Lady Spartans captured first place in the Paramus Catholic Invitational Tournament in a crushing defeat of P.C. and Lakeland. The team continued with a strong season and finished second place in the NNJIL and Coach Connie Story acquired her 300th career win. Towards the end of the season, the Spartans captured the Group 3 State Championship when they defeated Old Tappan.

At the close of the season, many honors were bestowed upon the players. Karen Nieman received first-team all league and first-team all county, and Jennifer Pierson was selected as first-team all league and second-team all county. Players selected to the second-team all league were Susan Igoe, Raquel De Bonis, and liana Shamosh. Michelle Vetrone received honorable-mention all league.



Varsity Volleyball —*Back Row.* Allison Millevoid, Jill Singer, Jamie forSiMrSfanelli Lamagna, Kally Emmanulites.'Sxrond *Row.* Christina Lotito, Grace Avedecian, Sharon Mahaffe, Unhi Choi, Beth Igoe, Jennifer Ezra. *Front Row.* Denise Lee, Jeanie Pak, Kann Burougla, Jocelyn Cruz, Debbie Lui, Dawn Lotito.

Indoor Soccer … They're No Heels



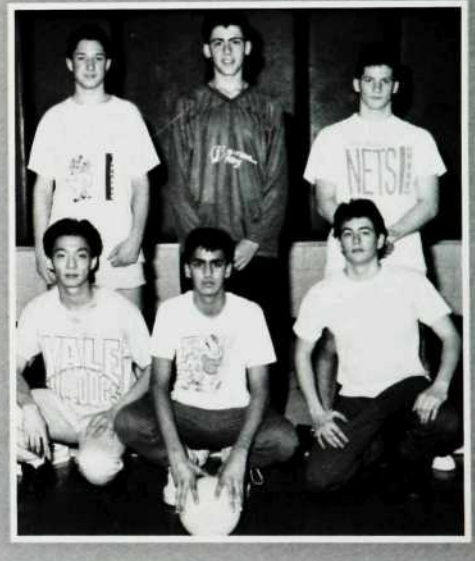
Coach Unger, Eric Wilcomes, Howard Opatowsky, Kurt Wilcomes, Sergio Puentes



Frank Guiffrida, Howard Opatowsky, Sergio Puentes, Hamid Farahvashi, Tom Hovsepian







Back Row: Michael Lindner, Anthony Lauria, Justin Sabino
Standing: Nick lula, Frank Guiffrida, Mike Vasile *Kneeling: Front Row:* Jonathan Chen, Amit Shukla, Fred DeBonis
Amit Shukla

Under the direction of Coach Ernst Unger, the Indoor Soccer Open Gym has flourished. Twice a week the indoor soccer teams meet in order to sharpen their soccer skills for the season to come and just to have fun. The Open Gym gives every student the opportunity to participate in sports such as soccer, basketball, and volleyball in an organized professional way. Open Gym and Indoor Soccer help students perfect their athletic skills and still have fun doing it!

The Indoor soccer league consists of a group of soccer teams that participate in open gym, that battle each other for the championship with Coach Unger refereeing the intense competitions.

Floor Hockey ... Sabella's Slap-Shooters



Knights: *Standing:* Sergio Gonzalez, Marc Pucci, Dave Finver, Bill Featherstone, Brad Rosenberg, Michael Yannone *Kneeling:* Jesse Shapiro, **Rich Rydell,** Erich Schmidt, Iraj Hastings



Titans: *Standing:* John Cowen, Eric Staar, Sergio Puentes, Anthony Lauria *Sitting:* Mike Vasile, Mike Under, Chris Foody

1990's floor hockey season features six teams. Our teams meet on Monday and Wednesday for fast and furious competition. Featured during the floor hockey season were two rounds of play. In each round, all teams went against one another for a total of 5 games. This year, after the first round, the Warhawks were undefeated and were ready to take the title away from last year's champions, the Titans. The Knights were the surprise team of the first round going 4-1 and landing in second place. Two teams, the Heads and Demolition, showed a great deal of promise as the Rookies have a group of future stars who will be contenders in the coming years. Mr. Sabella has once again done a great job of organizing and scheduling to make this one of the most exciting seasons in recent years.



Warhawks: Jerry Oratio, Mark Condro. Rpahael Mousserie, John Artinian. Justin Sabino

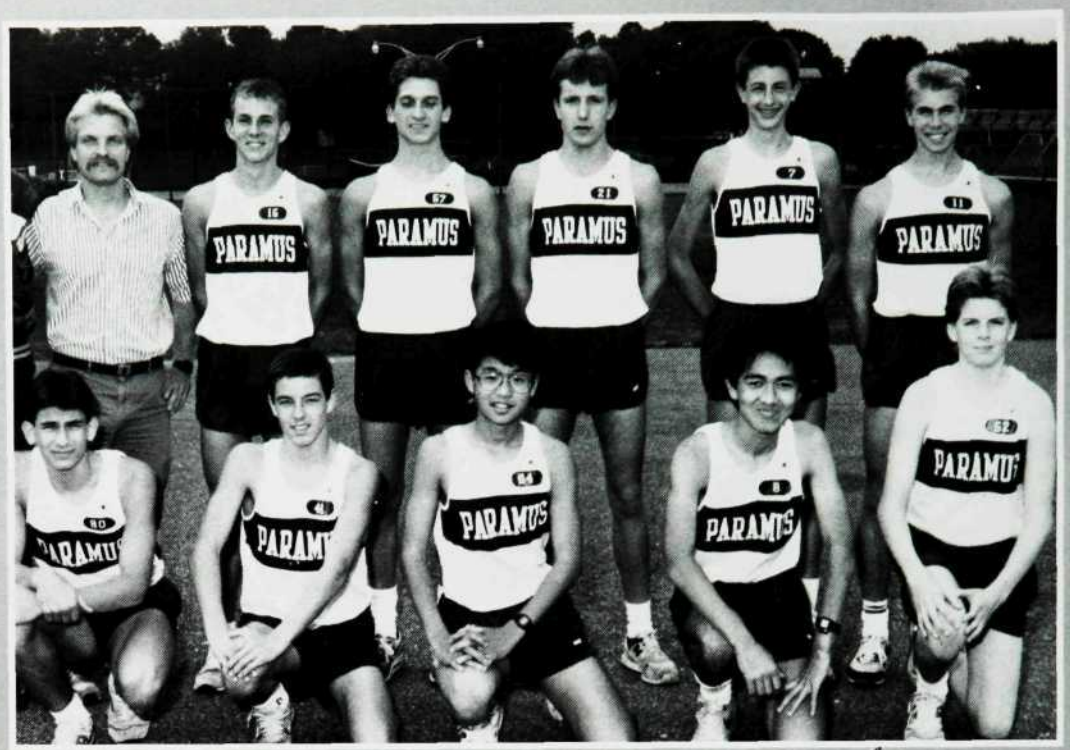


Demolition: *Standing:* Scott Cotroneo, Mike Cramer, Rory Camangian, Ryan Bopp, Bill Schmidt *On Ground:* Vincent Salvetti

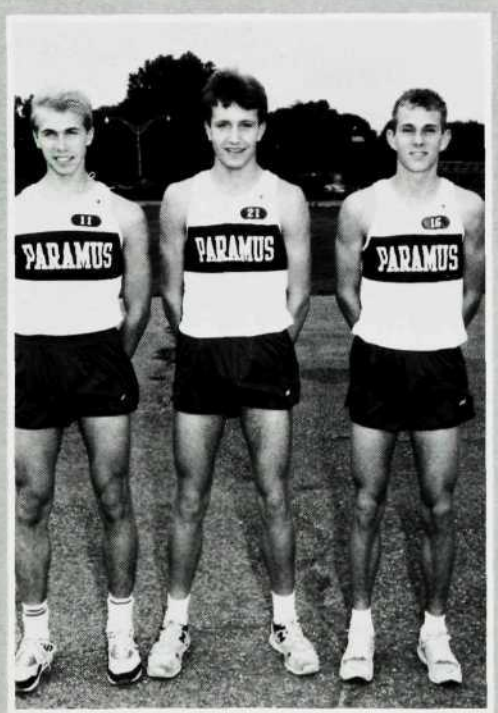


Heads: *Standing:* Dave Del Re. Matt Riat, Amit Shukla, Bill Banach, Dave Hyde *Sitting:* Clarence Herfort, Chris Lucier, Bart Meyer

Boy's Cross Country Track



Boy's Cross Country K M * *Row*. Coach Brian Rodak, Jason Bames, Ken Paxlinec, Rob Seidel, Sean Albert, John Nugent *Front Row*. Eric Lipkin, Jon Bames, Yiio Cheng, Daisuke Chihara, Greg Jockish.



Captains: John Nugent, Rob Seidel, Jason Bames.

The Boy's Cross Country Trac team had a terrific year, winning their first ever Triple Crown. They were NNJIL Pacific Champs, Group Three County Champs, and Group Three State Secional Champs. They also won the Bergen County Meet of Champs with Captains Jason Barnes, Rob Seidel, and John Nugent leading the way. Underclassmen Sean Albert, Ken Pavlinec and Daisuke helped make this a winning season.

Date		Boy's Cross Country Team
Sept	15	Montclair
	19	Hackensack/Nutley
	26	Don Bosco
	28	Barringer
Oct.	3	Bloomfield Paramus Catholic
	10	Belleville/Teaneck
	17	Kennedy
		County Meet
		Freshman County Meet
		State Sectionals and Groups
		Meet of Champions
		Frosh/J.V. Invitational
		Hunter College Invitational

Girls Cross Country Track



Girls Cross Country *Back Row.* Rayna Schwartzwald, Laura Albro. Tasha James, Amy Greenberg. *Front Row.* Nicole Lavezzi, Penny Cin-otti. Tania Halime. Nicole Hollar.



Seniors: Captain Laura Albro. Rayna Schwartzwald.

This year the Girls Cross Country team had its share of victories, with Vickee Foy and Laura Albro leading the way. Our Freshman girls might have had a slow start, but by the end of the season, they worked their way up to county champs!

Some tough practices included Colgate runs. Vansaun Park, and Rochelle Park. Led by Coach Rodak, the Girl's Cross Country team was to practice after school and even before school at six o'clock a.m. What dedication. Each runner worked hard in order to become the County Champs.

Girl's Cross Country Team

Date		
Sept.	15	Montclair
	19	Hackensack/Nutley
	26	IHA
	28	Baninger
Oct.	3	Paramus Catholic/ Bloomfield
	10	Belleville/Teaneck
	17	Kennedy
	24	NNJ1L MEET

Shore/Bulldog Invitational
County Meet
Freshmen County Meet
Frosh/JV Invitational
Season Opener Invitational

Shenkberger's





Back Row Coach Shenkberger, Nicole Castino, Brigitte Nielson, Dawn Schwartz, Lisa Alcott, Neha Parikh, Arda Hovsepian *Front Row:* Raquel De Bonis, Michelle Vetrone, Therese Raleigh, Chrissy Lambert, Nancy Halligan, Collette Callison

Our Lady Spartan basketball team had another successful season led by Coach Jim Shenkberger and tri-captains Chrissy Lambert, Therese Raleigh, and Michelle Vetrone. The electricity from last year's success has been brought over by Lambert, Raleigh, Vetrone and junior Raquel DeBonis.

Next year's squad looks to DeBonis and sophomores Dawn Schwartz, Arda Hovsepian, and Nancy Halligan to carry the torch for the Spartan's continued success.



Tri-Captains: Chrissy Lambert, Therese Raleigh, Michelle Vetrone

GIRL'S VARSITY BASKETBALL-1989-1990

DATE	TEAM	SITE
Dec. 15	Ridgewood	Home
'19	Bloomfield	Away
21	River Dell	Home
•22	Belleville	Home
CHRISTMAS TOURNAMENT AT GARFIELD		
Jan. * 4	Teaneck	Home
8	Elmwood Park	Home
•9	IHA	Away
'11	Nutley	Home
'16	Paramus Catholic	Away
'18	Hackensack	Home
•23	Bloomfield	Home
'25	Belleville	Away
29	Elmwood Park	Away
•30	Teaneck	Away
Feb. * 1	IHA	Home
• 6	Nutley	Away
• 8	Paramus Catholic	Home
'13	Hackensack	Away
15	Montclair	Home
20	Barringer	Away

* Divisional Games
County Tournament
Staff Tournament

Shuperior Shooters



Back Row: Coach Shenkberger, Marilyn Crespo, Colleen Kent, Dawn Schwartz, Jennifer Albanese, Courtney Claus, Mirachelle De Los Santos, Julie Drivas. *Front Row:* Leonore Crespo, Nicole Castino, Arda Hovsepian, Collette Callison, Nancy Halligan, Shari Darata.





Back Row: Coach Jack Weaver, Talin Sesetyan, Reema Khanna, Suzanne Cuttito, Susan Wirt. *Second Row:* Karin Burucuoglu, Kelly Cochrane, Liz Crespo, Tanya Halime. *Front Row:* Danielle November, Stacey Ullrich, Kelly Kopf.

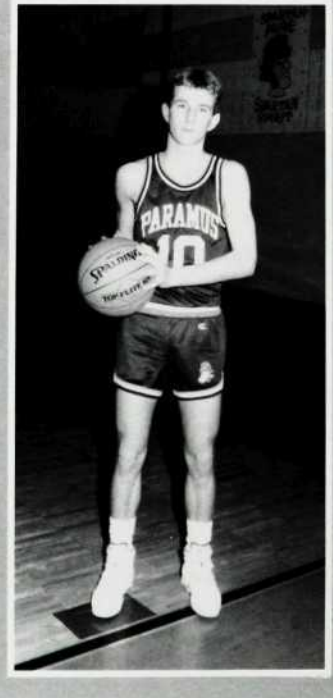
High Flying



Back Row: Ken Ralph (Assistant Coach), Mary Sotirhos (Manager), Ken Stem, Glenn Haug, Eric McNamara, Paul Bames (Coach), Jon Grabow, Mark Tendler, Ken Pavlinec, Dana Cook (Manager), Vic DiPasquale (Assistant Coach). *Front Row:* Craig Messmer, Sean O'Neill, Mike Fiol (Tri-Captain), Kevin Ralph (Tri-Captain), Jason Barnes (Tri-Captain), Brad Finkle, Tom Cahill.



Kevin Ralph
Tri-Captain



Jason Bames
Tri-Captain



Mike Fiol
Tri-Captain

Mesmerizin' And

BOY'S VARSITY BASKETBALL-1989-1990

DATE	TEAM	SITE	TIME
Dec. 15	Ridgewood	Away	7:30p.m.
•19	Bloomfield	Home	7:30p.m.
21	River Dell	Away	7:30p.m.
•22	Belleville	Away	7:30p.m.
CHRISTMAS TOURNAMENT AT OLD TAPPAN			
Jan. "4	Teaneck	Away	4:00p.m.
•9	Don Bosco	Home	7:30p.m.
•12	Nutley	Away	7:30p.m.
•16	Paramus Catholic	Home	7:30p.m.
•19	Hackensack	Away	7:30p.m.
•23	Bloomfield	Away	4:00p.m.
•25	Belviile	Home	4:00p.m.
•30	Teaneck	Home	7:30p.m.
Feb. "2	Don Bosco	Away	7:30p.m.
'5	Nutley	Home	4:00p.m.
•8	Paramus Catholic	Away	7:30p.m.
'13	Hackensack	Home	7:30p.m.
15	Montclair	Away	4:00p.m.
17	St. Joseph's	Home	1:30p.m.
19	Fairlawn	Away	7:30p.m.
22	Garfield	Away	4:00p.m.

* Divisional Games
County Tournament
State Tournament



Once again, the Paramus Boy's Varsity Basketball team had another successful season under third year coach, Paul Bames. Mr. Barnes was sided by third year assistant Ken Ralph, J.V. Coach Di Pasquale, and Mr. Robert Kingsley, a seasoned vetran of the ranks.

Our Spartans qualified for the state tournament for the second consecutive season, something that has not been accomplished by A Paramus Basketball team in years. The Spartans got off to a slow 2-5 record, and lost some close games, but won 6 out of their next 8 games and very nearly were selected for the Bergen Jamboree. The Spartans had a solid league record and played everyone tough. A high point of league competition came when Paramus rallied from a 21 point deficit going into the fourth quarter to "stun" first place Hackensack. Junior forward Jon Grabow's layup at the *buzzer* gave Paramus the one point victory. This incredible comeback drew headlines from local papers, and, amazingly enough, was written up in "USA Today."

Leading the team this year were senior tri-captains: Kevin Ralph, Jason Barnes, and Mike Fiol. Ralph, a forward, was the team's leading scorer and rebounder, while Bames and Fiol provided outstanding play at the guard positions. Juniors Brad Finkle, Glenn Haug, Eric McNamara, and Grabow all helped to round out the starting positions. Sophomore Mark Tendler also saw action on the varsity court.

The future continues to look bright for Paramus Basketball. Losing only three players to graduating, Barnes will have an experienced and talented team next season that will look to continue the success, growth, and accomplishments of Paramus Basketball!



Back Row: Ken Stem, Ed Dillworth, Wally Dorgan, Vic DiPasquale (Coach), Mark Tendler, Ken Pavlinec, Craig Messmer. *Front Row:* Tom Cahill, Mike Aronesty, Vinnie Salvefti, David Sailer, Sean O'Neill, Greg Zammitti.

Gravity Defying



Back Row Dan Rosini, Brett Shamosh, Steve Young, Mike Gmiterek, Gregg Caufleld, Fernando Urtiaza, Bob Kingsley (Coach). *Front Row:* Eric Walter, Jeff Lattanzi, Dan Dable, Jason Jones, Tim LaBue, Derek Slavin, Jonathan Barnes.

BOYS JUNIOR VARSITY BASKETBALL-1989-1990

Date		Team	Site	Time
Dec.	15	Ridgewood	Away	6:00p.m.
	19	Bloomfield	Home	6:00p.m.
	21	River Dell	Away	6:00p.m.
	22	Bellevfle	Away	6:00p.m.
Jan.	**4**	Teaneck	Away	5:30p.m.
	9	Don Bosco	Home	6:00p.m.
	12	Nutley	Away	6:00p.m.
	16	Paramus Catholic	Home	6:00p.m.
	19	Hackensack	Away	6:00p.m.
	23	Bloomfield	Away	5:30p.m.
	25	Belleville	Home	5:30p.m.
	30	Teaneck	Home	6:00p.m.
Feb.	2	Don Bosco	Away	6:00p.m.
	5	Nutley	Home	5:30p.m.
	8	Paramus Catholic	Away	6:00p.m.
	13	Hackensack	Home	6:00p.m.
	15	Montclair	Away	5:30p.m.
	17	St. Joseph	Home	12:00p.m.
	19	Fairlawn	Away	6:00p.m.

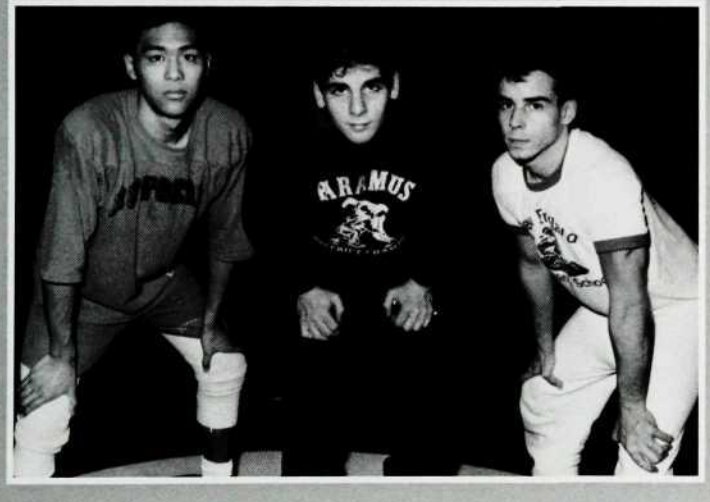
JUNIOR VARSITY TOURNAMENT



Perennial



Back Roue Frank Dominguez, Roland DeGuzman, Marty Moran, Steue Jablonsky, Anthony Aiello, Jeff Lessner *Front Row:* Steve Taranto, Rich Giroiami, Craig Ross, Mike Mulligan, Matt Lombardi, Joe Mancuso, Mike Paladino





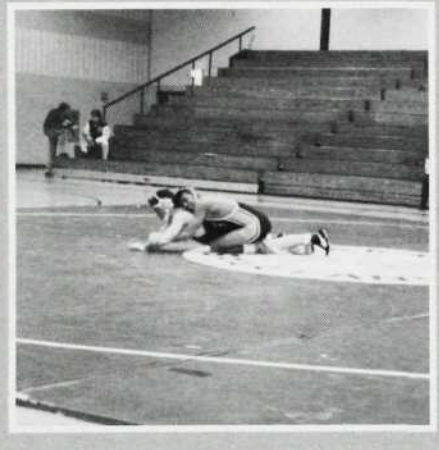


Tri-Capfains: Roland DeGuzman, Mike "Spike" Paladino, Matt Lombardi Varsity

Pillaging



Sac* /toitc Jason Evans, Glenn Stickna, Marc Maurino, Andy Zumpano, Pete Maier, Sun Gil Hong, Dan Edwards. *Second Row:* Mike Murray, Scott Levy, Eugene Tunik, Mike Garrison, Chris Andres, Dave Marko. *Front Row:* Tom De Bonis, Chris Boisits, Chad Feinstein, Don Foy, Mike Buttino, Mike Sabino.







VARSITY WRESTUNG 1989-1990

Date		Team	Site
Dec	16	PHS Tournament	Away
	20	Ridgewood	Home
Jan.	5	Clifton	Away
	10	Bergen Catholic	Away
	•12	Nutley	Home
	•17	Bloomfield	Away
	•20	Belleville	Home
	'24	Paramus Catholic	Away
	•26	Don Bosco	Home
	•31	Hackensack	Away
Feb.	'3	Teaneck	Home
	9	St. Joseph	Home

* Division Matches

Pinners



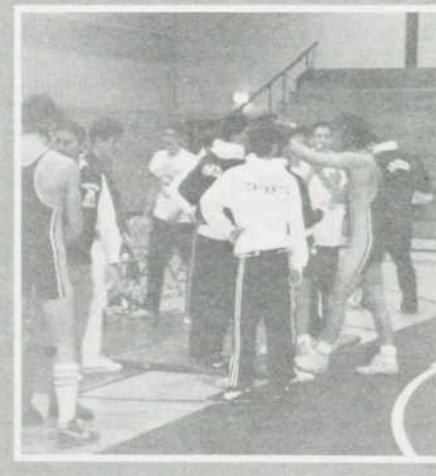


Team Mascot

Coach Joe Cervino hoped to build another powerhouse this year at Paramus. However, we fell a little short of our lofty goals. Our Spartans finished in third place in the potent NNJIL wrestling league. Losing only to Bloomfield and state-ranked Belleville, the Paramus Matmen were plagued by illness and injury through out the middle of the season. A solid performance was turned in for our own early season Paramus tournament. Finishing second to South Jersey powerhouse Pinelands Regional in the team standings, four Spartans reached the finals. Of those four, three won gold medals. All were involved in the Paramus vs. Pinelands bouts. Joe Mancuso, Mike Paladino, and Marty Moran prevailed and won the gold in their respective weight classes.

After the Paramus Tournament, the next highlight of the season was our victory over Bergen Catholic. At the time, we were ranked second in the Record polls, followed directly by Bergen Catholic. Led by a powerful middleweight lineup of seniors Mike Paladino, Roland DeGuzman, Marty Moran, and junior Joe Mancuso, the Spartans were in the hunt for a berth in the State playoffs and a District Championship. Other solid performances were turned in by seniors Steven Jablonsky and Jeff Lessner. All of these wrestlers were prime candidates for All-League, All County and other post-season tournament medals.

Next year's team will be led by letter-winners Craig Ross, Tim Tabor, Rich Girolami, Anthony Aiello, Mike Mulligan and Steve Taranto.







Bowling . . . Dan The Man



Back Row: Dave Nicolai, Dan Goldblatt, Coach Haug, Jit Saha, Mike Simitz, Reza Abtahi, Dan Machewirth. *Front Row:* Brad Cancelosi, Mike Poelstra, David Tsai.

Surprisingly and excitingly the season came to an end with our Spartan bowlers moving past Nutley on the last day of the season to finish in fourth place.

Senior Dan Machewirth, a four-year letterman, was selected to First Team All-League and First Team All-County, had the high average for the season with a 197 and an individual high game of 269. He also established a Paramus High School record by bowling twenty-eight 200 games in one season. Senior Mike Simitz, an honorable All-League, had an individual high game of 255.

In the County Tournament, Dan Machewirth bowled a six-game series of 1146. Senior Dave Nicolai had the individual high game of 213. Our team also bowled in the State Tournament on February 24 and in the NNJIL-Inter-Divisional Play on March 1, 1990.

Departing Seniors, Captain Dan Machewirth, Mike Simitz, Dave Nicolai, Dan Goldblatt, and Reza Abtahi are to be congratulated for their efforts during the season.



Dan Machewirth

NNJIL Pacific Boys Final

League Standings

Name	GD/TL	Games	Avg	Hi G	Hi S	20(1	Enl	Avg
D Nicolai	7867	51	154	222	58K	3		
D Machew.rth	10081	51	197	204	70(1	2H		
M Simil*	8137	51	15<>	255	<i2*	4		
R Abiahi	4814	35	M	222	51*'	1		
J Saha	4900	37	132	17*	47<>	(1		
B Cancelosi	4661	37	125	100	45'»	0		
E Wilcomts	4455	35	127	175	444	0		
D Goldblaii	6923	49	141	1*4	5-1''	0		
A Kauta	1306	12	10H	1 TA	254	0		
P Tsiii	1225	10	122	144	277	0		
M Pclsita	1219	10	121	177	20.1	0		
R Del ion	766	b	127	175	Mil	0		



Reza Abtahi



Dan Goldblatt



Dave Nicolai



Jit Saha

Bowling . . . Amazing and Marvelous!



Back Row: **Michele Taclob, Theresa Tran, Coach Haug, Hannah Wolinsky, Sharon Thompson, Alice Tzeng.** ***Front Row:*** **Sima Shapiro, Rosemary Tran, Adrienne Thompson.**

Girls Bowling Schedule 1989-1990
Boys Bowling Schedule 1989-1990
All Matches at Bowling City, Hackensack, N.J.

Date		Team
December	18	Paramus Catholic
	20	Hackensack
January	3	Bloomfield
	8	Belleville
	10	Teaneck
	12	Nutley
	17	Don Bosco IHA
	22	Position Day
	24	Paramus Catholic
	29	Hackensack
	31	Bloomfield
February	5	Belleville
	7	Teaneck
	14	Nutley
	26	Don Bosco IHA
	27	Position Day
	28	Position Day
March	1	Interdivisional Match

All Matches are Divisional
Summit Invitational
County Tournament
State Tournament

Our Girls Varsity team continued to improve as the season progressed and capped their most successful season in the last five years, finishing in fifth place.

Sophomore Michele Taclob with a high average of 142, bowled seventeen-150 games or better, and had a high game of 185. Senior Adrienne Thompson also bowled well, finishing with a 132 average, bowling eleven-150 games or better, and had a high game of 209. Michele Taclob was selected to second team, All-League and Adrienne was given honorable mention All-League.

In the County Tournament, Michele Taclob bowled a six-game series of 952, with a high game of 231. Our girls also bowled in the State Tournament on February 17 and in the NNJlL-lnter-Divisional Tournament on March 1, 1990.

Departing Seniors, Co-Captains Sima Shapiro and Rosemary Tran along with Adrienne Thompson are to be commended for the contribution they have made this past season.

NNJIL Pacific Girls Final
League Standings

Name	GD/ TTL	Games	Avg	Hi.G	Hi. S	200	Ent. Avg.
T. Tran	5488	44	124	173	431	0	16
M. Taclob	6432	45	142	185	514	0	0
A. Thompson	5981	44	135	209	517	0	17
R. Tran	5331	44	121	176	434	0	17
S. Thompson	5937	50	118	178	425	0	17
A. Tzeng	3972	35	113	149	398	0	16
J. Kim	760	8	95	107	294	0	0
S. Shapiro	3650	30	121	158	441	0	17
H. Wolinsku	3565	36	99	195	411	0	0



Adrienne Thompson



Sima Shapiro



Rosemary Tran

Going, Going,



Back Row: Coach Joe Cervino, John D'Addetta, Joe Sutera, Anthony Moffatt, Pete Amerio, Justin Sabino, Michael Starace.
Front Row: Tim Tabor, Ken Stern, Ethan Sklar, Mike Fiol, Cliff Bloom, Nick Galati, Joe Colameo, Vahak Hanessian.

Varsity Baseball Schedule 1990

Date		Team
April	2	Old Tappan
	6	Clifton
	9	Bergen Catholic
	12	Ridgewood
	14	St. Joseph
	16	Eastside
	18	Kennedy
	•20	Nutley
	' 23	Bloomfield
	'25	Belleville
	•27	Paramus Catholic
	' 30	Don Bosco
May	2	Hackensack
	•4	Teaneck
	•7	Nutley
	•9	Bloomfield
	' 11	Belleville
	' 14	Paramus Catholic
	' 16	Don Bosco
	' 18	Hackensack
	' 21	Teaneck

* Division Games
County Tournament
State Tournament

After nine consecutive winning seasons, Coach Joe Cervino is continuing the Spartan tradition. With the student leadership of Tri-Captains Joe Colameo, John D'Addetta, and Mike Fiol, the 1990 Spartan Varsity Baseball Team is quickly becoming an exploding dynamo.

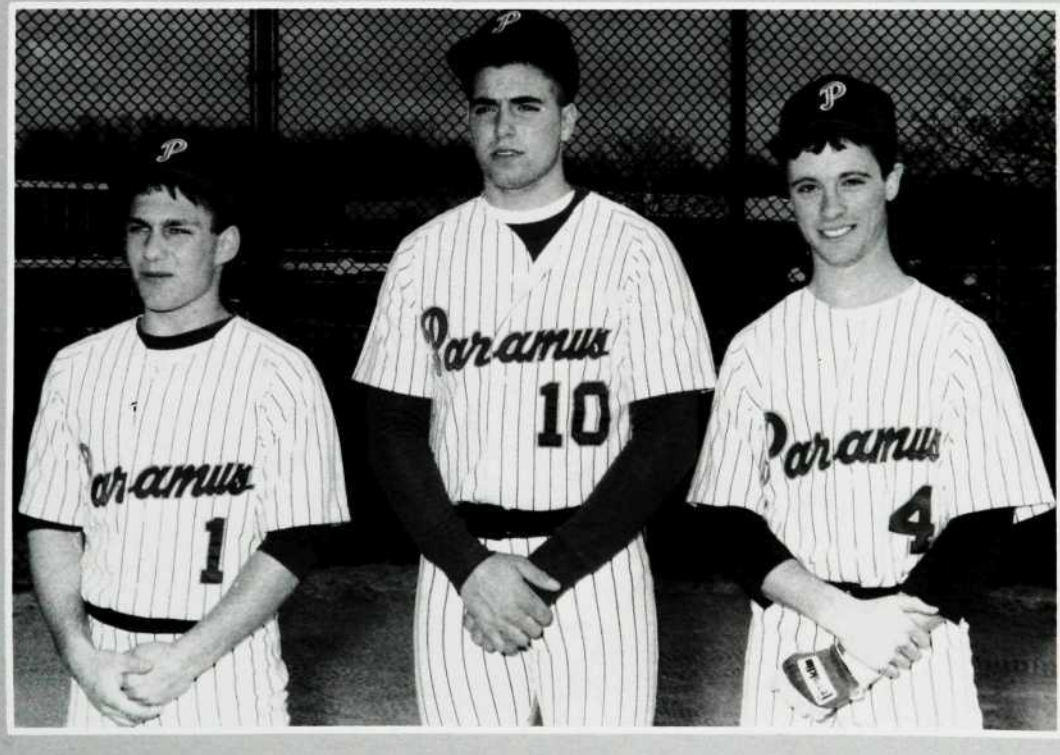
Returning varsity veterans are Pete Amerio, Mike Fiol, Justin Sabino and Ken Stern. With the help of Cliff Bloom, Nick Galati, Vahak Hanessian, Anthony Moffatt, Ethan Sklar, Michael Starace, Joe Sutera, and Tim Tabor, there is little chance of this year's season ruining their outstanding record.

Gone!



JV Basketball Schedule 1990

Date		Team
April	2	Old Tappan
	6	Clifton
	9	Bergen Catholic
	12	Ridgewood
	14	St. Joseph
	16	Eastside
	18	Kennedy
	20	Nutley
	23	Bloomfield
	25	Belleville
	27	Paramus Catholic
May	1	Don Bosco
	2	Hackensack
	4	Teaneck
	7	Nutley
	9	Bloomfield
	11	Belleville
	14	Paramus Catholic
	16	Don Bosco
	18	Hackensack
	21	Teaneck



Captains: Joe Colameo, John D'Addetta, Mike Fiol

Diamonds in



Back Row: Raquel DeBonis, Kari Torsland, Karen Nieman, Michelle Celia, Christine Lambert, Sherri Boisits, Jennifer Anthony. Front Row: Therese Raleigh, Nina Setia, Collette Callison, Bridgette Cavanaugh, Jill Galasso, Lisa Alcott, Michelle Starace, Stacy Iula.



Seniors: Nina Setia, Therese Raleigh, Kari Torsland, Karen Nieman, Christine Lambert, Sherri Boisits, Jennifer Anthony, Michelle Celia.

Girls Varsity Softball Schedule 1990

Date		Team
April	6	Clifton
	12	Ridgewood
	16	Eastside
	18	Kennedy
	'20	Nutley
	•23	Bloomfield
	•25	Belleville
_ \|	'27	Paramus Catholic
r	***30**	**IHA**
May	'2	Hackensack
	•4	Teaneck
	'7	Nutley
	*9	Bloomfield
1	•11	Belleville
	•14	Paramus Catholic
	•16	**IHA**
	'18	Hackensack
	'21	Teaneck

"Division Games
County Tournament
State Tournament

the rough



Back Row: **Stacy lula, Jennifer Albanese, Becky Dunn, Yanet Perez, Jennifer Wirt, Colleen Kent, Nicole Krempa, Christine Anderson, Jennifer Dierberger, Leonore Crespo, Coach Ken Ralph.** *Front Row:* **Stephanie Puleo, Rosann Morrison,** Jessica **O'Brien, Jennifer Hsu, Jennifer Vincenta, Alice Stillman, Shari Darata, Joy Hazan, Particia Rennar.**

Girls JV Softball Schedule

Date		Team
April	6	Clifton
	12	Ridgewood
	16	Eastside
	18	Kennedy
	20	Nutley
	23	Bloomfield
	25	Belleville
	27	Paramus Catholic
	30	IHA
May	**2**	Hackensack
	4	Teaneck
	7	Nutley
	9	Bloomfield
	11	Belleville
	14	Paramus Catholic
	16	IHA
	18	Hackensack
	21	Teaneck

JV Tournament

Our Lady Spartan Softball team, under the direction of newly appointed girls Softball coach Paul Barnes with assistant varsity coach Tina Laganella will, we trust, be able to follow in the footsteps of last year's State Championship team.

This year the team consists of seniors Kari Torsland, Chrissy Lambert, Michelle Celia, Karen Nieman. Therese Raleigh. **Sherri Boisits, Nina Setia, and Jen Anthony, along with juniors Raquel De Bonis and Lisa Alcott.**

Our J.V. team, after the promotion of Tina Laganella to Varsity assistant, is **coached** by Mr. Ken Ralph. Once again, the **freshman team is coached by Mr. James Shenkberger.**

All three levels of this year's Paramus High School's Softball team look very promising and we expect to have winning **seasons on all levels.**





Back Row: Nicole Pirone, Sharon Thompson. Laura Behnke. Julie Marshall. Jill Singer, Jamie Torsland, Leonore Crespo, Stephanie Bergmann. Tracy Staar. Jackie Greenspun, Kim Salisbury, Toni lula. *Middle Row:* Tania Ramian. Kristen Newman, Eleni Giatras, Dara Cantini, Rema Kahn. Liz Carletta. Sandra Terranova. *Front Row:* **Erin Smith, Denise Lee, Allison** Bucco. Jennifer Conte. Beth Conlon

Center Court is Carlberg's



Back Row: Steven Fiol, Coach Dale Carlberg, Andrew Awad, Michael Under, Rob Fazio, Won-Chul Yang. *Front Row:* Phil Platt, Steven Feintuch, Sital Shah, Fred DeBonis, Rich Ezra, Mike Fishbein

Our Paramus boys tennis team, led by Coach Dale Carlberg, has had another great season. With seniors Michael Linder, Fred DeBonis, and Rich Ezra slicing their way though matches and Sital Shah, Phil Platt, and Rob Fazio dropping the opposition right and left there is little doubt of these swingers's victories.

With juniors Mike Fishbein and Won-Chul Yang helping out and sophomores Steve Fiol, Andrew Awad, and Steven Feintuch backing them up we can expect more smashing records from our battling Spartans.





Back Row: Coach Bill McNamara, Victor Cohen, Kip Chaney, Nathan Fishman, Dave Finver, Sergio Gonzalez, James Kim, Unnat Desai, *Front Row:* Anish Rajan, Igor Rosenblitz, Nirav Savalia, Ardy Ghanbarzedah, Saneet Palkhiwala

Boys Varsity Tennis Schedule 1990

Date		Team
April	3	St. Joseph
	6	Kennedy
	9	Eastside
	11	Clifton
	16	Barringer
	18	Nutley
	20	Bloomfield
	23	Belleville
	25	Paramus Catholic
	27	Don Bosco
	30	Hackensack
May	2	Teaneck
	4	Nutley
	9	Belleville
	11	Paramus Catholic
	14	Don Bosco
	16	Hackensack
	18	Teaneck

Captain Jack's Racquet Attack



Back Row: Sandy Minervini, Roxanne Foster, Laurie Cohen, Candace Chao, Amy Marga, Sabeena Setia, Coach Jack Weaver. *Front Row:* Donna Miller, Jennifer Lynn, Anne Boyajian, Joy Hazan, Sima Shapiro.



Captain Amy Marga



Captain Sima Shapiro

Our 1989 Girls Tennis Team, coached by Mr. Jack Weaver and Ms. L. Lowry, had still competition from the league. Returning veterans of the team helped, along with newcomers, to overcome the tribulations of high school sports in the tennis field.

Led by Captains Amy Marga and Sima Shapiro, the varsity team was composed of Sandy Minervini, Donna Miller, Jennifer Lynn, Joy Hazan, Candace Chao, Sabeena Setia, Roxanne Foster, Laurie Cohen, and Anne Boyajian.

Prediction for next season is a strong team consisting of varsity veterans and energetic members from the junior varsity team.

Girls Varsity Tennis Schedule

Date		Team
September	13	Passaic
	15	Kennedy
	18	Eastside
	22"	Nutley
	25"	Bloomfield
	27'	Belleville
	28"	Paramus Catholic
October	2'	Hackensack
	4"	IHA
	6'	Teaneck
	10"	Nutley
	ir	Bloomfield
	13'	Belleville
	16"	Paramus Catholic
	18'	Hackensack
	20-	IHA
	23-	Teaneck

'Divisional Games
County Tournament
State Tournament



Back Row: Donna Miller, Dianne Terhune, Alice Tzeng, Jackie Greenspun, Debra Baron, Knar Ohanessian, Mary Sotirhos, Joy Hazan, Coach L. Lowry. *Front Row:* Sandy Minervini, Joyce Lee, Gayle Moritz, Won Jang, Jennifer Fleischer, Jodi Cohen, Colette Callison.

Fore Forty is Tee Time



Bill Featherstone, Joseph Sullivan, Brad Cancelosi, Steve Conte, David Anders, Kevin Ralph, David Greenspun, Scott Horway, Brad Finkle, Coach Forty.

Hopes are high for the Paramus Golf Team as they begin a new decade under the direction of veteran Coach Anthony Forty. Seniors Kevin Ralph, David Anders, and Junior Brad Finkle are all returning lettermen from last year's team. Coach Forty hopes that Ralph, an All-League and Third Team, All-County selection in his junior season, can lead the Spartans to a high finish in the NNJIL-Pacific division. This year's strong influx of newcomers looks to keep the Spartan program competitive over the next several seasons.



Coach Forty and Kevin Ralph



Varsity Golf Schedule 1990

Date		Team
April	2	Clifton
	4	Ridgewood
	9	Nutley
	10	Hackensack
	11	Paramus Catholic
	24	Belleville
	26	Passaic
	30	Teaneck
May	2	DonBosco
	7	BCS Tournament
	9	Bloomfield
	14	NJSIA Qualifying
	22	Bergen Catholic
	24	NNJ1L Tournament

Rodak's Runners!



Back Row: Coach Brian Rodak, Coach Mike Renn, Laura Albro, Therese DeStasi, Laura Goodwin, Dawn Shwartz, Jenn Lenkiewicz, Lori Figundio, Coach Connie Story, Coach Dian Ciaramella, *Middle Row:* Amy Greenberg, Tanya Halime, Karin Burucuoglu, Linda BenMoshe, Sari DeLeon, Theresa Tran, Colleen Hickey, Rabita Batiha. *Front Row:* Rosemary Tran, Penny Cirrotti, Kim Passarelli, Karen Smith, Nicole Lavezzi.

This year's Spring Track team has accomplished an outstanding season. Under the watchful eye of Coach Rodak, Senior co-captains Jason Barnes, Niteen Jamdar and Gregg Mettler and captain Laura Albro led the team to success with the help of seniors Tom Nagel, John Nugent, Rob Seidel and Rosemary Tran. With the experience of the veteran runners and the vigor of newcomers, the Spartan Team is looking stronger than ever and ready for every challenge.

Boys/Girls Track Schedule 1990

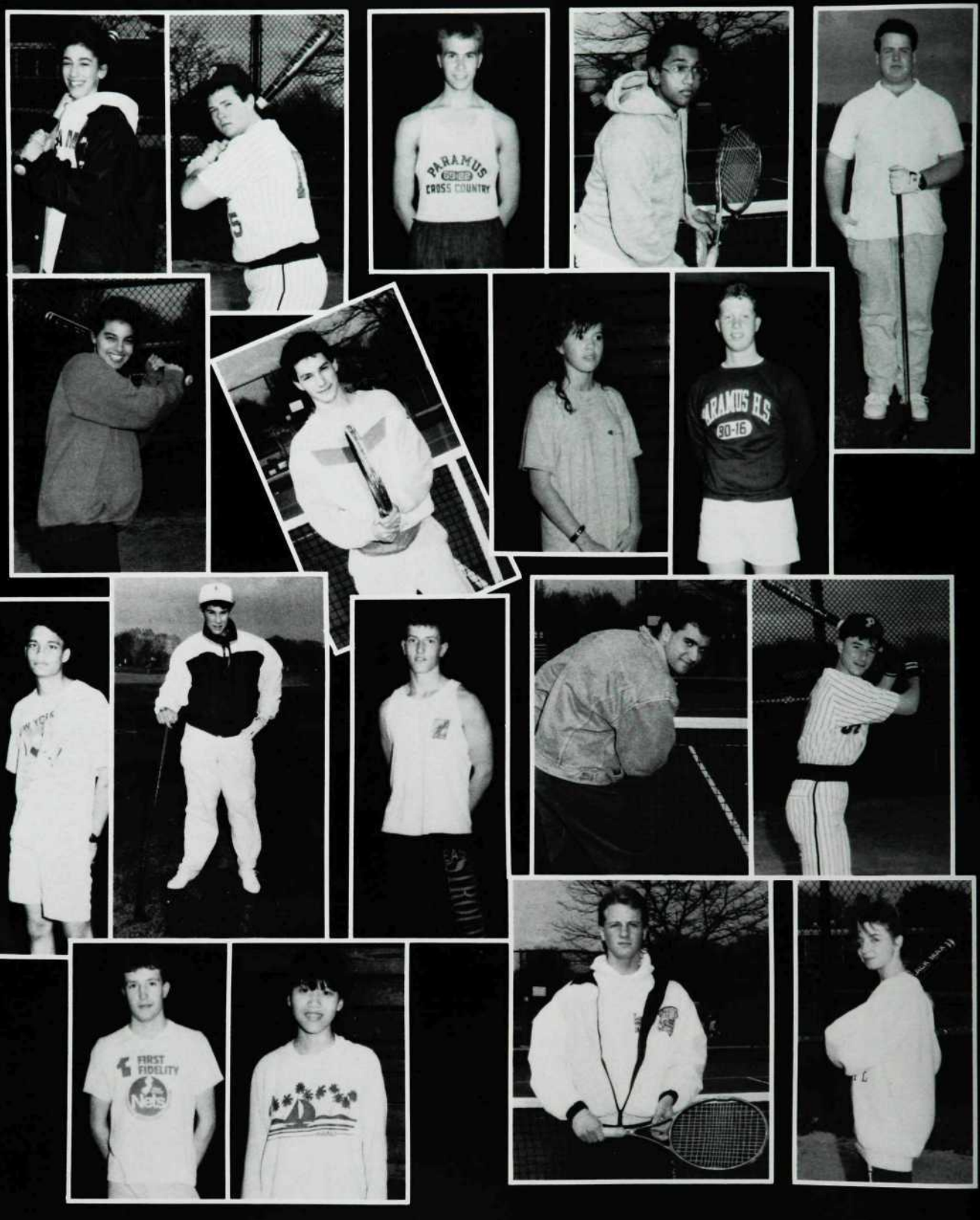
ALL MEETS ARE DIVISIONAL

Date		Team	NNJIL Meet
April	3	Nutley	County Relays
	10	Bloomfield	Yockers Relays
	12	Belleville	Spike Shoe Relays
	17	Paramus Catholic	County Seat Invitational
	24	IHA/Don Bosco	Nanuet Relays
May	1	Hackensack	Ridgewood Relays
	8	Teaneck	Meet of Champions
			Patriot Invitational
			County Freshmen Seat
			State Sectionals & Finals
			Novice Meet
			Penn Relays



Back Row: Coach Mike Renn, Coach Dian Ciaramella, Aaron Saslow, Jason Barnes, John Hsu, Ken Pavlinec, Wally Dorgan, Fady Mdeway, Sean Albert, Tom Nagel, John Nugent, Eric Lipkin, Niteen Jamdar, Dwayne Lynch, Daisuke Chihara, Coach Connie Story, Coach Brian Rodak. *Middle Row:* Gregg Mettler, Marek Nemcek, Rahul Young, Greg Jockish, Jason Jones, Sui Chen, Ron Hayunga, Tony Ljubicich, Wayne Quick, Rob Seidel. *Front Row:* Scott Riesse, Dave Tsai, Anup Kauta, Jeff Seldin, Kazu Morimoto, Tom DeRoberto, Ed Dailey, George Kanavati

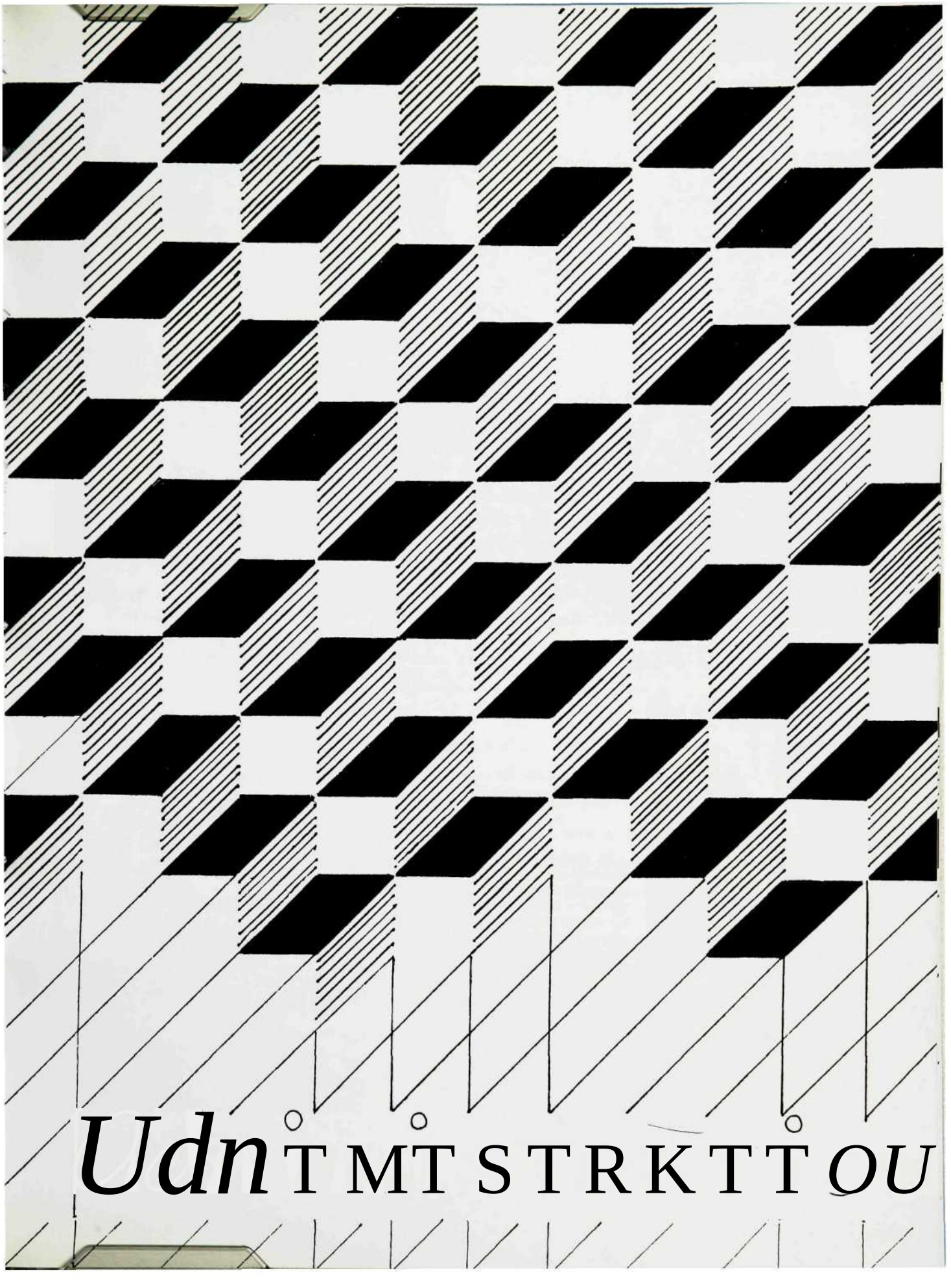
A Scrapbook



of Champions






Udn T MT S T R K T T OU

Our Administrators . . .



Basking in the honor of being selected as New Jersey's Superintendent of the Year by the New Jersey Association of School Administrators, Dr. Harry A. Galinsky has doubled his efforts to demonstrate his excellent leadership of our educational system in Paramus.

As Superintendent of Schools, Dr. Galinsky is responsible for maintaining a comprehensive and challenging education for every student in the Paramus schools. Dr. Galinsky has traveled widely to enhance the cause of education in Paramus.



Dr. Harry A. Galinsky
Superintendent of Schools



Dr. Janice Dime as the Assistant Superintendent for Administration and Supervision is responsible for the daily operations and overall supervision of the entire school system. Dr. Dime assists in planning and developing the K-12 curriculum and in the evaluation of district personnel. One of her main concerns is the preparation and administration of the annual budget for the Paramus public schools.



Dr. Janice Dime
Assistant Superintendent of Schools

Board Of Education



Back Row: Dr. Harry **A. Galinsky, Superintendent** of Schools; Dr. Joseph P. Lupo, Assistant to the Superintendent for Personnel Services; Joseph J. Cardella, Board Member; Lawrence J. Ruggiero, Board Member; Michael C. Brown, Board Member; Kathleen Igoe, Board Member; Milton Katine, Board Member, Jerome F. Bohnert, School Business Administrator-Secretary. *Front Row:* Dr. Janice Dime, Assistant Superintendent of Schools, Joanne C. Bergman, Board Member, Ronald O. Weber, President of the Board of Education, Richard Schweidel, Vice-President of the Board of Education, Ann P. Funicelli, Board Member.



Ronald Weber,
Board President

Elected on a yearly basis for three-year terms by the residents of Paramus, the nine of the members of the Paramus Board of Education strive to take a positive approach in all their relationships with the school and the Community. Headed by President Ronald Weber, the group meets regularly to consider any new proposals, formulate any school policies, and talk to those interested citizens in the audience who ask many probing questions. These dedicated people work long and hard hours to achieve a high degree of success.



Richard Schweidel, Vice President

Concert Master



Mr. Richard Zanella
Principal

Honored as the Principal of the Year, Mr. Zanella continues to exude his enthusiasm for Paramus High School. In his sixth year as principal, Mr. Zanella is primarily concerned with teacher evaluation, curriculum development, educational planning, budget preparation, and recommendations for employment of personnel, as well as being the chief parental organizational liaison officer for Paramus High.

Mr. Zanella traveled with Mr. Weber, Board President, and Miss Ruby Bishar from the faculty, to Washington, D.C. to receive the recognition award for our school as having been selected number one in the State!

Our VIPS . . .



Mr. Patrick Cappucci
Senior Vice-Principal

Senior Vice-Principal, Mr. Patrick Cappucci, of House 2 is in charge of all discipline referrals, the supervision and evaluation of all staff members, all school finances, including the budget, the maintenance of the building, the arranging of all field trips, the overseeing of all bus transportation, outside security and parking, and the coordination of the transitional and satellite programs.

Mr. Charles Brown is the Vice-Principal of House 1. In this capacity he oversees discipline, the supervision and evaluation of the staff members, the preparation of the master and student schedules, the writing of the annual State Report, the handling of attendance and its problems, and the arranging for class coverage and obtaining substitute teachers in emergencies. Mr. Brown is in charge of all the fire drills held periodically and he is the coordinator of all co-curricular activities.



Mr. Charles Brown
Vice-Principal
House I

Assistant Administrators . . .

Consisting of six assistant administrators, these people hold positions ranging from the recruitment of professional and nonprofessional personnel, collecting data, conducting special studies, preparing press releases, coordinating the budget of the Paramus school system, **developing** and evaluating all instruction from Kindergarten through the Twelfth Grade, overseeing the computer operations and transportation, to the maintaining of the custodial services for the entire system.



Ms. Plucinsky, P.H.L.S.'s "old" guidance counselor, has been promoted to the assistant to the Superintendent of Schools. She is not only a wonderful friend to bom teachers and students but she also a terrific friend to the *Delphian* Yearbook. Ms. Plucinsky has saved the yearbook once again, by organizing the Yearbook fundraising.

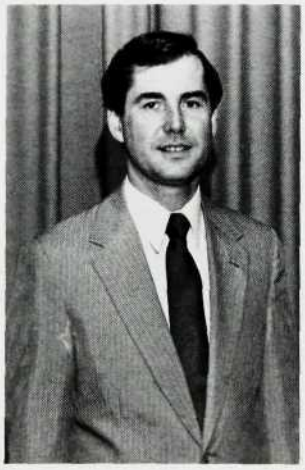
This year Ms. Plucinsky is also writing the college recommendations for her seniors. Through enthusiastic support of her students and the school system, she personifies the Paramus Super Spartan.



Dr. Joseph P. Lupo
Administrative Assistant for Personnel



Mrs. Constance M. Plucinsky
Administrative Assistant to the Superintendent



Jerome F. Bohnert
Business Administrator-Secretary of the Board of Education



Dr. Stephen Dennis
Director of Office Curriculum and Instruction



Patricia Steele
Accountant/Office Supervisor For Business Office



Steven Confini
Director of Buildings & Grounds

Special Services

Headed by Mr. G. Thomas Occhipinti, the dedicated members of Student Personnel help students achieve a higher level of school achievement by establishing good student-to-teacher relationships.



Back Row: Richard Pekmezian, Learning Disabilities Teacher, Consultant; Gloria Salnick, Office Assistant; Jay Melcer, Social Worker; G. Thomas Occhipinti, Director of Student Personnel Services; Michael Carluccio, Psychologist; Nancy Geyer, Learning Disabilities Teacher, Consultant; Dr. Judith Feltman, Psychologist. *Front Row:* Isabel! Vecchio, Secretary to the Director; Theresa Clark, Office Assistant; Carol Haddad, Learning Disabilities Teacher, Consultant; Denise Banach, Learning Disabilities Teacher, Consultant; Barbara Bell, Social Worker.

The Paramus High School P.T.A. is the Parent Teacher Association that holds monthly meetings. One of its primary functions is to exchange information among parents, teachers, and administrators. Our P.TA also holds general meetings throughout the year.



Mr. G. Tom Occhipinti
Director

Composed of parents, teachers, and administrators, the Paramus Educational Council provides a liaison between the member organizations and the concerns within the school community.



Sandra L. Saul
Student Assistance Coordinator



Barbara Shapiro, Treasurer; Peter Anders, President; Susan Pucci, Vice-President.



Debbie Esposito, Secretary; Sharon Bower, President; Mariann Harrigeld, Vice-President.

Community School

Mr. Richard *Piazza* the director of the Paramus Community School, is a real Gem in the Community and School system. Mr. Piazza organizes and helps with special programs **that further** adult and student education. Many of these **programs are** new and innovated, **such as** the new Art Show that will be held in the community center, organized by Ms. Di Paolo. Many programs of the community school are offered to both children and adults. Such programs offered are the Princeton Review course, courses in aerobics and business financing. Mr. Piazza is a great friend to our students and community.





Mr. Richard Piazza
Director, Paramus Community School; Paul Harris Fellow (Paramus P.M. Rotary Club); Vice President of B.C.C.A.C.E.; Chairperson of Program Committee, American Heart Association.



Mrs. Selma Corbo
Transitional Class; Community School

As director of the Community School for continuing Education for adults, Mr. Richard Piazza and his staff provide the opportunity to interested citizens of Paramus to expand their interests in a variety of **areas. Classes are held on weekday evenings in the High School. In addition, is the Young People's Workshop, for children in preschool through eighth grade, held Monday through** Friday **during the Fall and Spring** terms.



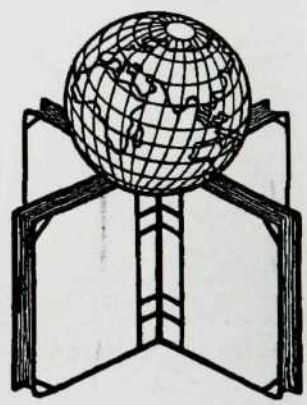
Mrs. Barbara King
Transitional Class; Community School



Mary Sorace
Community School Registrar



Mrs. Chris Menakis
Secretary, Paramus Community School



Custodians . . . Cafeteria Aides



Back Row: Jack Ciano, Larry Pissott, John Niosi, George Bates, Mike Atanas, Tom Hannon, Night Supervisor, Ray Mettberg, Jack Crawford, Ken Xheraj, Bernie Gross. *Front Row:* Dan Cuviello. Head Custodian, Cameron Hall, Jim Arakelian, Tim O'Hanlon, Charles Tussi.



Mr. Dan Cuviello
Head Custodian



Ann Boyle
Matron



Mrs. Marjorie Smith
Paramus Board of Education Driver, Girls Room Aide



Carmen Troyano
Security Guard



Mr. Alvin Garcia
Security Guard

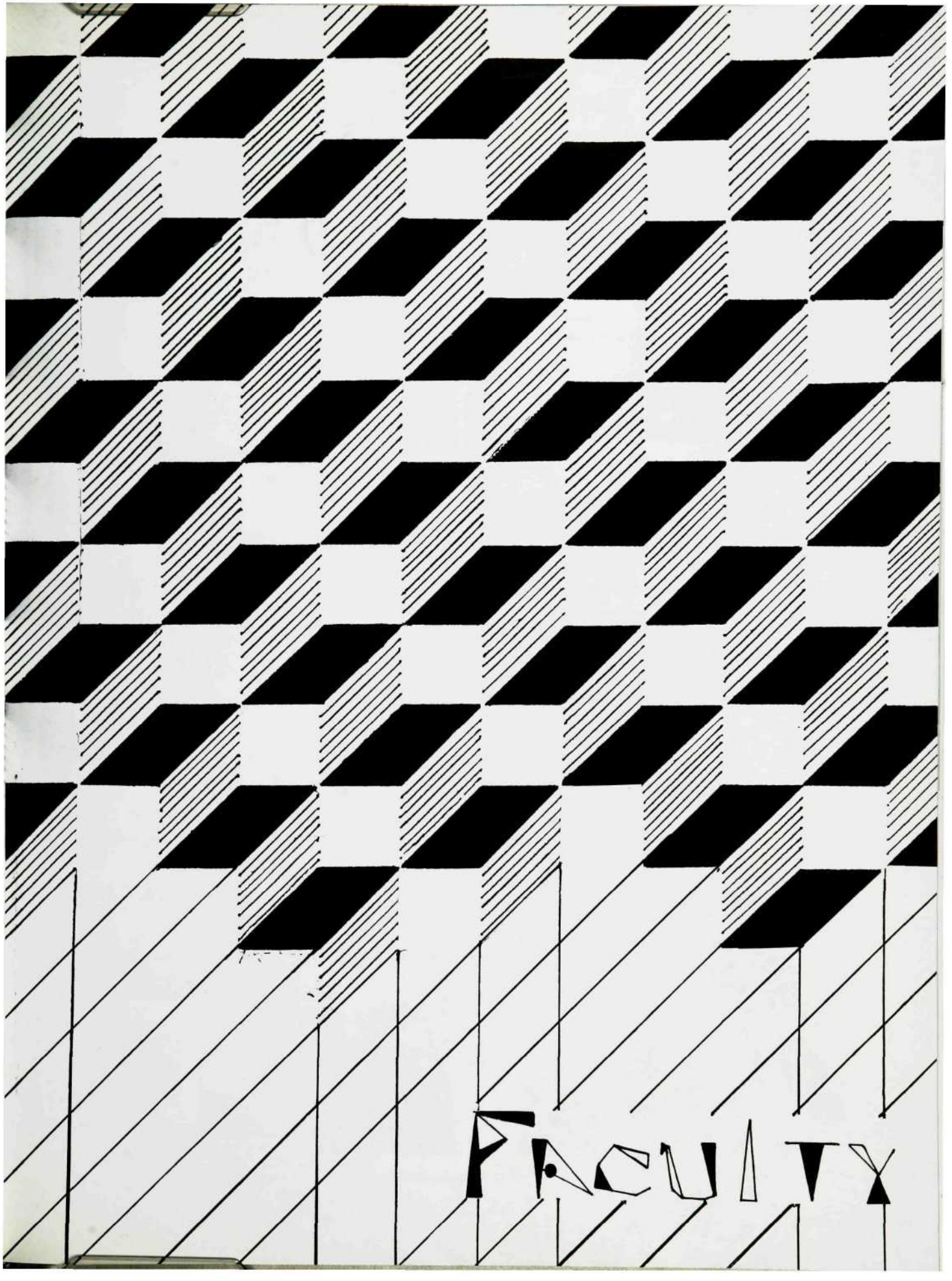


Mr. and Mrs. M. Coscia
Cafeteria Managers



Back Row: Cathy Hoffman, Catherine Fede, Nora Kustedjo, Debbie Cisternino, Marie Bari. Agnes Haran. *Front Row:* Eileen Gallina, Angie Gilbert, Semone Sheilds, Odette Mascetti, Lorie Glykas.




FACULTY

Faculty



"Do you still love us Ms. Perraudin, or did you forget?"



"What do you want?"



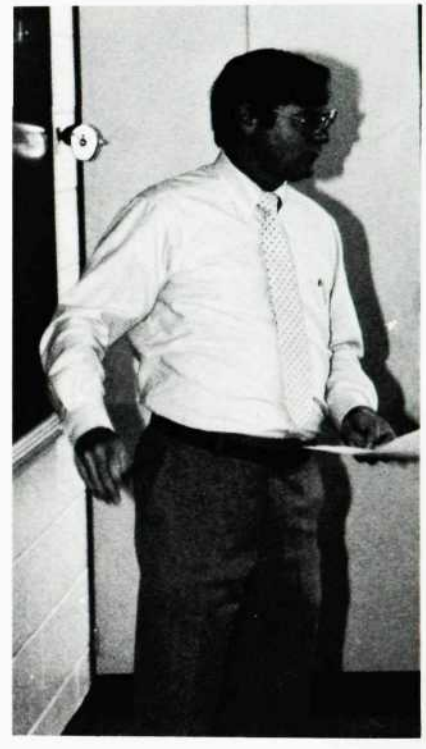
"The Academic Decathalete!"



"That colgate smile!"



"What do you mean, Navy won?"



"Okay. You're alright. Okay."



"Now what was that word?"



"Ms. Di Paolo you brute!"

Candids



"Okay, now !"



"Oh no, its the Stay Puff Marshmallow Man!"



"2+2=5?"



"Everyone's friend Flo."



"The Beastie Boys"

English Department . . .

Our English Department under the direction of the new Supervisor of English, Ms. Angela Meyer, meets the needs of all P.H.S. students. There are varied courses ranging from English I to Shakespeare. Our wonderful teachers explore the depth and meaning of many Shakespeare plays, as well as other literature.

Our English teachers act as conductors in an orchestra, helping us to organize our thoughts and reach our full potential. Not only do they help us in "basics", but they also help us explore literature to its fullest extent!



Ms. Angela Meyer
English Department Supervisor
Advance Placement English, Literary Workshop *(Amaranth)*



Ruby Bishar
Senior English; Advanced Senior English; Individual Reading; Renaissance Society Co-Adviser; Paramus High School Editorial Advisory Board; Paramus High School Faculty Liaison Committee Chairperson; K-12 Language Arts Committee; EAP Association Representative and PR and R Chairperson; NJEA Delegate Assembly and CET Committee Member; Njea Negotiations Consultant; New York City Ballet Guild Member and Green Room Chairperson; N.J. Literary Hall of Fame Trustee.



Patricia Bolger
Advanced American Literature, Composition, Sophomore English, Writing Lab, National Honor Society Co-Adviser, EAP Corresponding Secretary, Faculty Liaison Committee Member, Middle States Steering Committee Member.



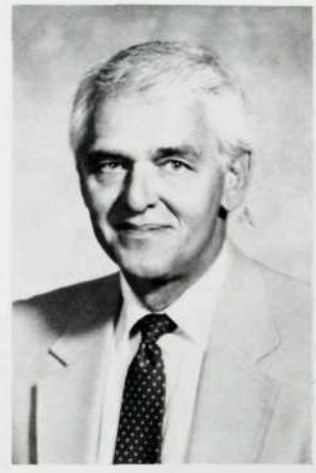
Mr. Robert Boyce
Freshman English Advanced; Language, Thought, and Behavior. *Delphian* Yearbook Adviser, Rutherford Community School Instructor, Paramus Adult School Instructor, Bergen Community Adult Education Instructor.



Mr. David Brockner
Freshman English, Tutorial Freshman English, Shakespeare Club, Master lllwood's Maids and Knaves



Dr. Daniel Corey
Fundamentals of Speech, Sophomore English, Acting, Creative Dramatics, Rotary Speech Contest, Director of Spotliters.

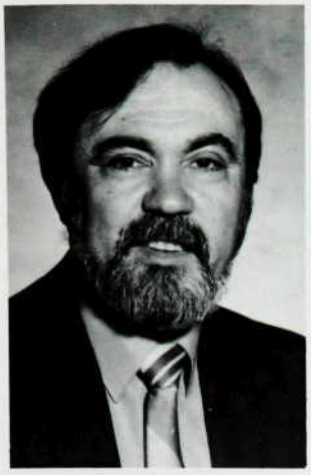


H.S. Geisler
Senior Regular English, Sophomore Advanced English, Drama Group.



Mrs. Pauline Karalis
Advanced English Freshman Advanced English Seniors, Ping Vong Club

Conductors Of Communication



James LaGreca
American Literature Advanced, Freshman English Advanced, Chess Club.



Mrs. Sharon Winston Laurence
Advanced Sophomore English, Advance Placement English, Composition

Newly appointed this, year, Ms. Angela Meyer has assumed the major role as "conductor" of the English Department Symphony. Ms. Meyer brings to the position a keen sense of organization, a devotion to the English Language, and a willingness to try innovative programs. Each member of the department is highly pleased to welcome as their new supervisor, this dynamic, tireless worker. Not only is Ms. Meyer the director of such a talented staff, she also advises the Amaranth, PHS's art and literary magazine.

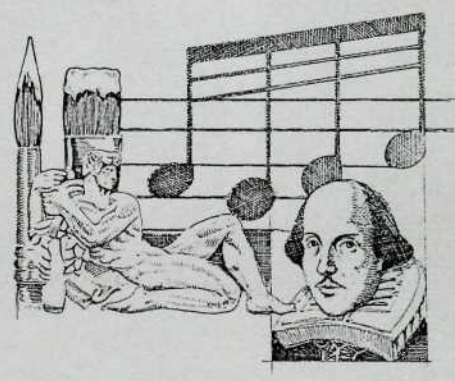




Mrs. Barbara Markowitz
Sophomore English, Hebrew, Hebrew Culture Club, Lincoln Center Institute



Mrs. Michele McKenzie
Freshman English, Reading Labs, Compensatory Education.





Ms. Bonnie Schwartz
Advanced Sophomore English, Expository Writing, Midnight Literature



Diana Walla
Building English Power II; World of English; National Honor Society Co-Adviser; Co-Chairperson, NCTE Committee; Who's Who in American Education.



Mr. James Wellen
American Literature Advanced, American Literature Regular.



Joseph Zarro
English III, Acting, Film Study, NCTE Commission on Media.

Foreign Languages ...

Our Foreign Language Department, under Ms. Kay Zazzali, presents students with a cornucopia of languages. German, Italian, French, Latin, Spanish and Hebrew are all offered to P.H.S. students. Here, our teachers teach us to communicate in a Foreign Language and help us to avoid idioms that could get us into trouble. They also foster global and international understanding through the Foreign Language Honor Societies and a series of student exchange trips. This year, two new trips have been added to the German-Exchange trip. One to France and one to Italy. These trips help to promote communication between countries while our teachers enable us to communicate with people with a different nationality.



Kay Zazzali
Spanish 111 Advanced; Foreign Language; Department Supervisor; Adviser to the *Sociedad Honoraria Hlspanica.*



Mrs. Anita Arencibia
Spanish I; Spanish II; ESL; Spanish Club.



Mary Bellina
Italian I; Italian II; Italian IV Advanced; Italian V Advanced; Italian Honor Society.



Miss Claudia Bullingham
Spanish I; German II.



Mrs. Marilyn Condini
French I; French III Advanced; World Studies Adviser; French Honor Society Chair; Curriculum Instructional Council; Lincoln Center Fellow.



Claire Gomez
Advanced Spanish IV; Spanish II; Spanish I; Cross American Culture Club - Head.



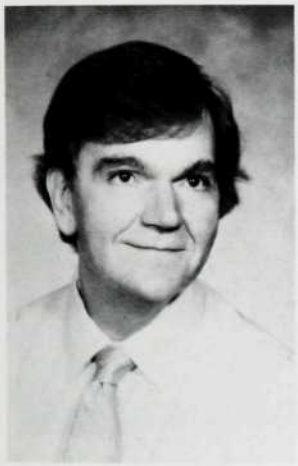
Louise Greeley
Spanish I, II, III, IV.



Mrs. Rita Kostopoulos
Advanced Placement Spanish; Spanish II Advanced; Spanish III; Italian III; Italian I; International Club; *Sociedad Honoraria Hispanica* (Spanish Honor Society).

Music To The Ears.





Mr. Josef Manzella
French I; French II; French IV Advanced; Advance Placement French; French Honor Society.



Mrs. Lola Panebianco
ESL Conversation; ESL Grammar-Beginners; Intermediate; Advanced; Subject Reinforcement.



Mr. Emst Unger
Gentian I, III, IV; Advance Placement German; Indoor Soccer; German Honor Society; Varsity Soccer Coach.



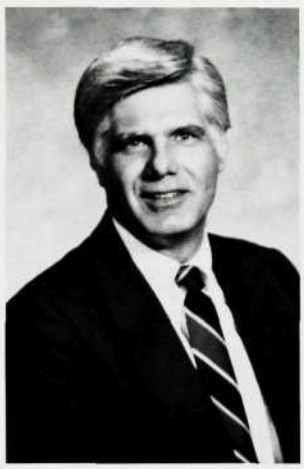


In April, the A.P. French class and the Advanced fourth and fifth year Italian classes took a trip to France and Italy respectively.

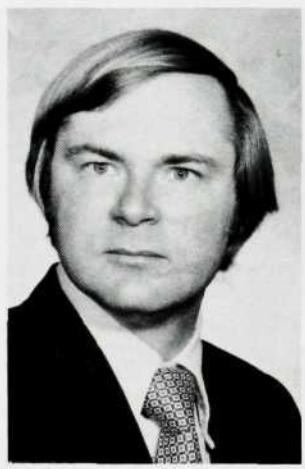
Spending Easter at the Vatican, the Italian students toured Rome and visited Florence and Venice. They saw such sights as the Sistine Chapel, Michaelangelo's David, and the Bridge of Sighs. After a ten day tour of London, the French class visited two of France's most beautiful cities, Rinard and Paris. Completing two days in London, they crossed the English Channel to Florence to see the sights. Some of the places they visited were Mt. St. Michael, Notre Dame Cathedral, the Arc de Triomphe, Versailles and, of course, the Eiffel tower.

History

Paramus High School's History department, under the direction of Mr. Fred Cotterell, helps students to understand the social and economical situations in American History. They also learn world history through World Studies or Humanities. Our conductors help us to understand what life was like during the time of the Greeks to World War II and today. Not only are history courses offered, but electives that include Psychology, Sociology, Philosophy, Political Science, and Economics. Through the varied curriculum P.H.S. students are offered the opportunity to participate in the Social Sciences.



Fred Cotterell
Social Studies Supervisor; World Studies; Advances U.S. History I.



Mr. Dale L Carlberg
U.S. History II Tutorial; U.S. History I] Advanced; US. History Advance Placement; Quiz Bowl Team; Boys Varsity Tennis Team; Lower Bergen Foreign Policy Consortium.



Joseph Fritzinger
U.S. History I; U.S. History 1 Advanced; Tutorjal History Liaison Committee; Games Qub.



Mrs. Nancy Lange
American History I; ESL American History I.



Mr. Anthony A. Latevola
US History II; American Legal System; Economic Problems; Box Office Sales.



Ms. Elizabeth C. Lombardi
Latin; Humanities; Latin Honor Society; Academic Decathlon.

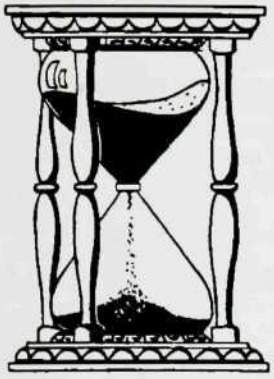


Mr. William Smith
World Studies; Foundations of History.



Dennis J. Sweeney
US History II; Political Science

Department





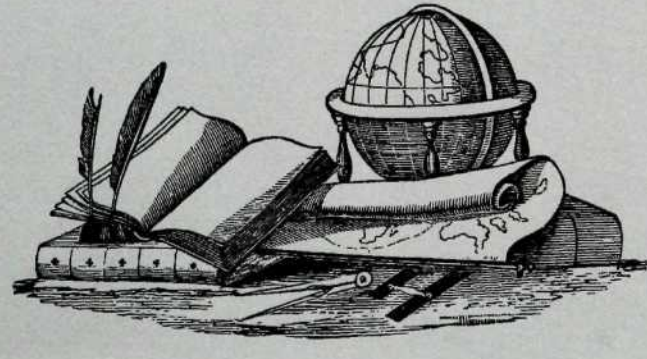
Mr. Joseph Fritzinger, is noted in P.H.S. for his many notes and his many Jokes. He is an avid Civil War Buff and can tell one anything about it! Mr. Fritz is also an expert on guns. He regales his students with many amusing anecdotes from his vast treasure chest of opinionated current events. Although he might not agree with your opinion, he defends your right to express it!



Mrs. Stephanie Sylva
Psychology I; Psychology II Advanced; Sociology; US History II; Freshman Class Advisor.



Mr. Jack Weaver
Sociology; U.S. History I; World Studies; Varsity Tennis Coach; Girls Freshman Basketball Coach.



Science ...

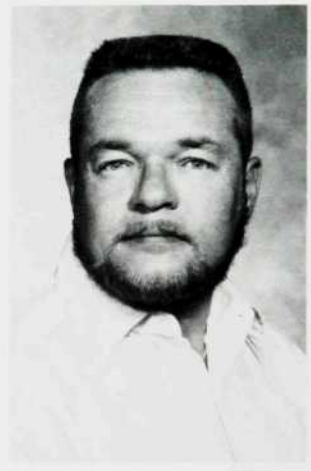
Under the supervision of Mr. Larry Finklestein, the Science Department continues to expand its facilities to meet the ever-increasing demands of the western world of biology, chemistry, and physics. In addition to these courses, subjects tough Nutrition and Horticulture. Laboratory work supplements the classroom lectures for the practical applications of evaluation of scientific principles.



Lawrence Finkelstein
Advanced Science Research, Physics. Department Supervisor



Victor J. Amendolara
Chemistry; Biology; Physics.



Arthur R. Anderson
Introductory Physical Science; Man Made World; Horticulture.



Anne Lucille Behr
Advanced Chemistry; College Prep Chemistry, Science League.



Mrs. Beverly Caccavale
Biology; Advanced Biology; Marine Biology; Marine Science Club.



Mary Ann DeSimone
A.P. Biology; Advanced Biology; College Prep Biology; New Jersey Science League; Adviser to Student Participation in Environmental Concern.



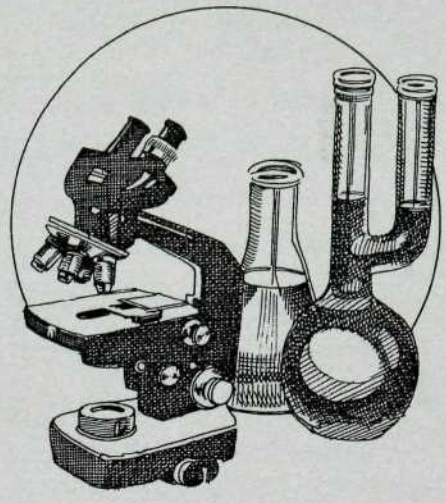
Richard **G. La Manna**
Biology; Nutrition.



David G. Miles
Physics; Advanced Physics; Advance Placement Physics; The Forum Press.

Conductors Of Electricity . . .







Mrs. Kathleen Ortiz
Teacher Aide.

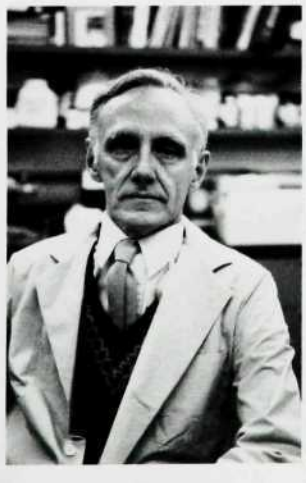


Anthony M. Pieroni
General Biology; General Science.

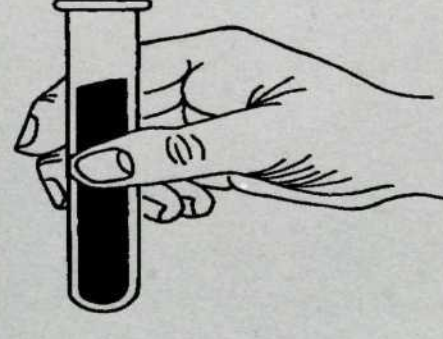
This year, the Science Department at P.H.S. is sponsoring a program for those students who excel in the sciences, or intend to pursue a scientific career in college. Twice a week, once on Monday, and once on Wednesday, a group of P.H.S. students board our mini-bus enroute to Stevens Institute of Technology. Here they meet with their "mentors" and preform and watch lab experiments. This opportunity enables those who are interested in science, to gain experience in the laboratory doing research.



Gilbert Young
College Biology; Geophysical Science; Introduction to Physical Science.



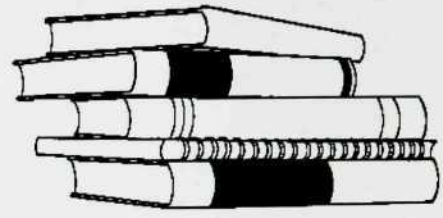
Ralph Under
Lab Assistant.



Math ...

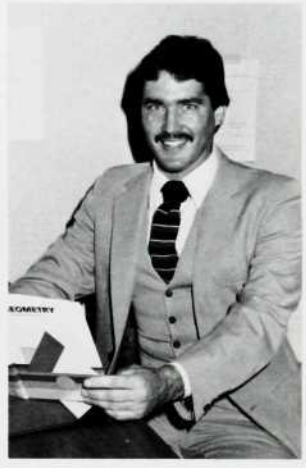
Considered the Queen of the Sciences, Mathematics is becoming increasingly important to the modem world of technology. Headed by Mr. Peter Nicholson, our math department provides a full range of courses, extending from basic mathematics to the A.P. Calculus. These courses are offered at he advanced, regular, semester, and full year levels. Computer Science is one of the most popular areas in the curriculum.

Laboratory classes are taught in the Mathematics Center. Here students may use the computer, meet with teachers, do research and homework.





Mr. Peter Nicholson
Mathematics Department Supervisor; Probability & Statistics.



Mr. Paul T. Barnes
Algebra I; Geometry; Trigonometry; Head Boys Basketball Coach; Head Softball Coach.



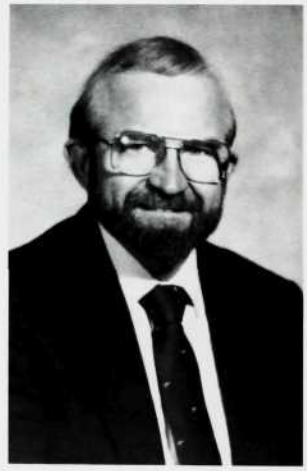
Cathy Cancalosi
Algebra II; SAT Review; Math Lab; General Math 3, 4; Three Semester Geometry.



Robert Connolly
Math Lab; Three Semester Algebra; Algebra I.



Virginia Lindner
Advanced Algebra I; Advanced Algebra & Trigonometry; Math Analysi- interact; AWSOM.



Mr. George W. Mockel
A.P. Calculus; Trigonometry; Probability and Statistics; Algebra II; Math Club.



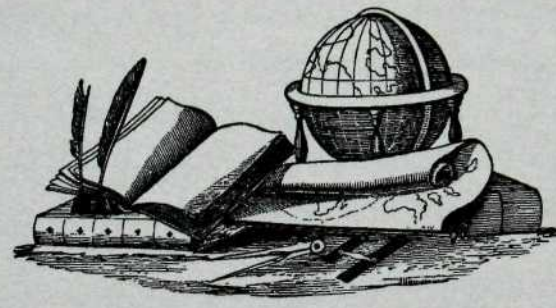
Mrs. Ellen Passage
A.P. Computer Science; Advanced Computer Science III; Fundamentals of Algebra II; Computer Club.

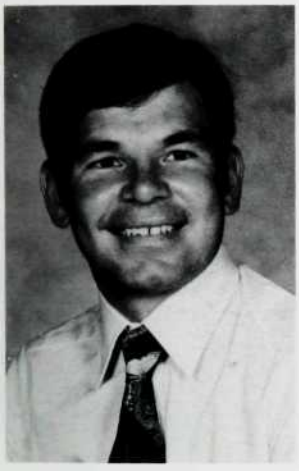


Mr. Michael Pistorio
Advanced Geometry; Algebra I; Three Semester Algebra; Logical Thinking-Chess Club.

Department

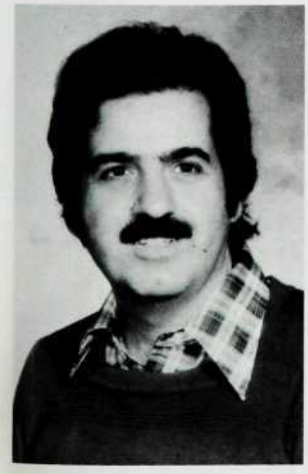


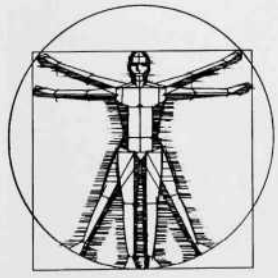






Mr. Kevin Sabella
Geometry; Algebra II; Soccer; Floor Hockey; Awards Assembly Assistant.





John Sandonato
Algebra I; General Math I & II; Sophomore Class Adviser; Member of Teachers Liaison Committee.

W1M. is AWESOME!!! Women-in-Math! This year, Ms. Kruse **our** own P.H.S. "conductor" is organizing a support group for women in math and science. She has taken a year sabbatical in order to research this very important topic. This support group meets once a week in order to discuss problems the women are having in math. Of course men are invited, but here only women count!

Through reports and studies of her own, she will learn to help other women in math. We know that when she brings back her findings, there will be more women in math in Paramus High School.

Physical

As part of its philosophy, the Physical Education department adheres to the belief that students should have a sound body in a sound mind. Students are instilled with Spartan pride and sportsmanship by Mr. Herb Hoeland and his staff.

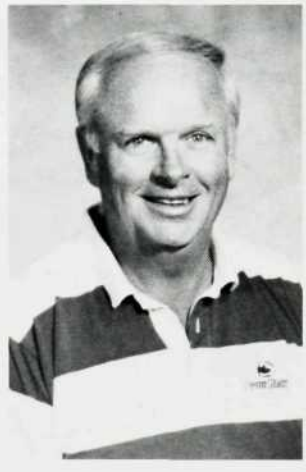
Underclassmen participate in general gym classes, while Juniors and Seniors choose various electives such as weight training and tennis. All students are required to take two levels of health classes, Driver Education, and Family Living in preparation for what lies ahead.



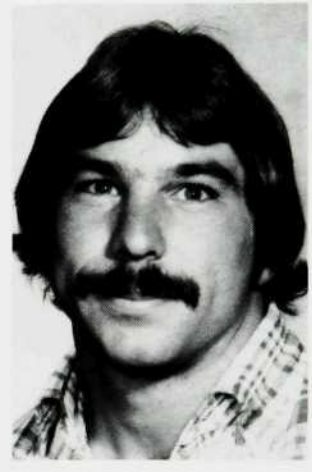




Herb Hoeland
Supervisor of Physical Education and **Athletics.**



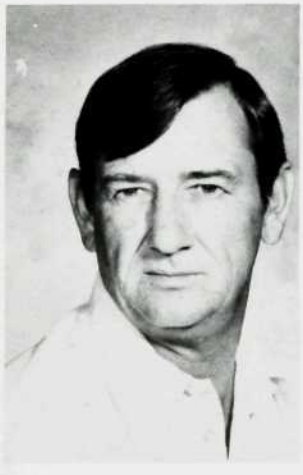
Charles Bauer
Physical Education; Driver Education; Weight Lifting Club; Assistant Football Coach,



Joe Cervino
Family Living; Physical Education; Varsity Wrestling; Baseball; Weight Training Intramurals.



Alfred Corso
Driver Education; Physical Education.



William J. Darragh
Physical Education; Health; Football-Head Coach.



Gerald Davina
Physical Education; Health; Intramural Basketball; Faculty Manager; Equipment Manager.



John V. DeGasperis
Driver Education; Physical Education; Health.



Ms. **Marie L. Hakim**
Health 9, **10; Driver Education**

Education







Robert Kingsley
Physical Education; Freshman Boys Basketball.



Constance Story
Physical Education; Head Coach of Volleyball; Assistant Coach of Spring Track.

Our Physical Education Department offers a Presidential fitness award to those students who excel in athletics and score above 85% on standardized tests. Students must take the mile, shuttle-run, sit-up, curl-up, pull-up, bent arm hang and flexibility tests. Our Physical Education Department teachers help students strive towards this goal by cheering them on and rewarding them with a Presidential Certificate and patch. This program also offers a commendation to those students who place above the 50% level on all tests.



Mrs. Jeanie Rendall, R.N., B.S.N.
School Nurse; Core Team; Blood drive.



Dr. Samuel Lipsett
Team Physician



Creative Arts, Music

This year the Creative arts Department and the Music Department have combined to give P.H.S. students a greater variety of the Arts. Under Supervisor, Mr. Simon Reicheg, the Music and Arts Departments is running smoothly. A different variety of courses are offered, for example, Orchestra, Graphic Arts and Art History. Art students of Paramus High School are now not only well versed in paintings and architecture, but also in Music. Many super teachers can be found in P.H.S.'s Arts Department. Teachers, who through dedication and hard work, make every opportunity available to their students.



Mr. Simon Recheg
K-12 Creative Arts/Music Supervisor



Patricia DiPaolo
Advanced Art 1; Advanced Art II; AP Art History; Humanities; Art Club



Mr. Dennis Marchelie
Art; Advanced Art; TV and Video Communications; Senior Class Advisor; Prom Advisor; Ski Club; Art Service Club; Spartan Communication, Video Club



Ronald Kalman
Band, Instrumental Music, Marching Band, Wind Ensemble, Jazz Ensemble



Ms. Joy Perraudin
String Instruction, Orchestra, String Ensemble.



Dr. Edward Schmiedecke
Concert Choir, Select Choir. Musical



Ellen VanHowling
Child Development I, Relationships, Clothing, International Foods B



Mrs. Mary Zeigler
Interior Design, International Foods Basic Foods, Child Development

Homemaking, and Industrial Arts





This year Paramus High School sponsored an Art Show organized by Ms. Particia DiPaolo. It was held in April, where it presented the works of various Paramus High students in the community center. During this Art Show, P.H.S. students have the opportunity to view other students' works. There was a gala-opening where the Art department students presented their works, the Music department students played "background" music, and the Home Economic students prepared the hors d'oeuvres. This first annual Art Show at Paramus' Community center was a grand success.



Mr. Anthony Forty
Coordinator of Cooperative Industrial Education; Physical Education; Varsity Golf Coach



Vince Mosdar
TV and Video, Black and White Photography, Electronics, Ski Club



George Olear
Graphic Communications I and II, Black and White Photography I and II.



Mr. Dennis Provost
Wood, Wood I, Adv. Wood I and II. Design and Set Construction, Black and White Photography, Art Skills, Transitional Industrial Arts, Stage Crafters.



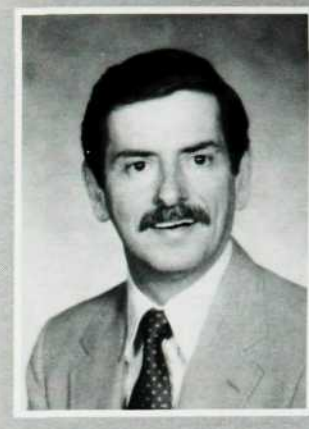
Mr. Wayne Swarctz
Mechanical Drawing I, II, Engineering Drawing, Architectural Drawing, Black and White Photography, T.V. and Video Production, Varsity Football, Wrestling, Softball.



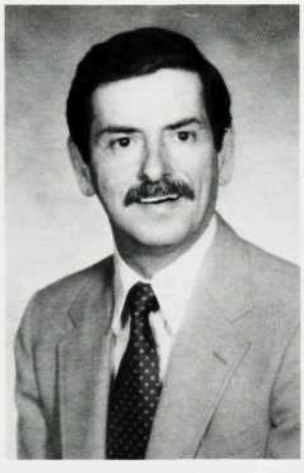
Mr. Kenneth Van Valen
Black and White Photography; Photography II; Basic Car Care; Power Mechanics I and II; Freshman Football Coach.

Business

Warren Earabino, teacher - in - Charge, heads the Business Department which continues to offer the transitional classes of Typewriting, Shorthand, and Accounting, as well as the up-to-date courses in Data Processing and Word Processing, using Apple II micro computers and Text-editing Typewriters. In addition, the department gives courses in The **World** of Finance and Business Principles and Management.



This year, as in years past, Mr. Earibino, our Student Government adviser, has kept P.H.S.'s Student Government running smoothly. Through thick and thin, Mr. Earibino has moderated any Student Government problem that has occurred this year. At our Senate meetings, he delegates with a firm but fair hand. Thanks Again Mr. Earibino, for all your time and efforts that have made P.H.S.'s Student Government a success.



Mr. Warren Earabino
English I; English For Today; College Success Skills; Business Teacher-In-Charge; Student Government Adviser; Graduation Coordinator.



Anthony D'Ambrosio
Accounting I; College Success Skills; Sales/Advertising; Business Management; Typewriting; Future Business **Leadere of America.**



'Dolph Haug
Advanced Accounting; Word Processing; Personal Typewriting; Business Finance; Business Law; Introduction to Business; Bowling Coach - Boys & Girls.



Ms. Dolores Lowry
Marketing I & II; Typing II; Office Procedures; Cooperative Office Education Coordinator; Assistant Girls Tennis Coach; Assistant Varsity Cheerleading; National Honor Society Faculty Council; Co-Chair Scholarship Awards Program.



Cathryn **M. Maxwell**
Computer Science I; Computer Science II; Computer Applications; Word Processing I; Word Processing II; Winter Varsity Cheerleaders; Competition Cheerleaders; Junior Class Advisor,



Guidance

H| Ms. Jacqueline iCrocito is th
» n e w guidance counselor in
W0use I. She obtained her
Bachelor of Arts degree in
Spanish from Montclair State
• where she also received her
Masters of Arts degree in Stu-
dent Personnel Services.

Ms. Crocito taught Spanish at
ai i academy for girls in Bayonne
and English as a Second Lan-
guage at a public school district
for two years. While working for
her master's degree, she coun-
seled at the college level at
Montclair State and Farleigh
IDickinson University at the
Rutherford campus. After com-
pleting her master's, Ms. Crocito
became the counselor and Ca-
II
Freer Education Coordinator at
Ridgefield Park High School,
where she has been for the past
11 years.



P.H.S.'s Guidance Department helps prepare students for what lies ahead. They are constantly helping students research and choose careers while also helping them to choose colleges and prepare applications. Their knowledge is valuable in course selection and college information. They write senior college recommendations that help P.H.S. students in the highly selective process of college acceptances.



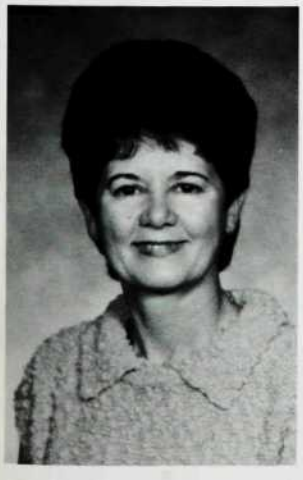
Beverly Barbour
Supervisor of Guidance; Supervisor of Special Education Program; Editor of Newsletter "Courier".



Ms. Jaqueline Crocitto
Guidance Counselor; House I.



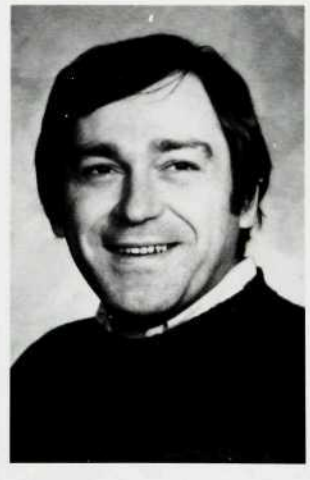
Charles Dundorf
Guidance Counselor.



Ms. Arlene Famy
Guidance Counselor; House II.



Mrs. Jacqueline Bishar Pieroni
Guidance House *1 9-12; ESL Counselor; President of the Education Association of Paramus; Co-Curricular Classification Committee; Musical-Dramatic Production Make-up Committee Adviser; National Honor Society Faculty Council.



John Villano
Guidance Counselor.



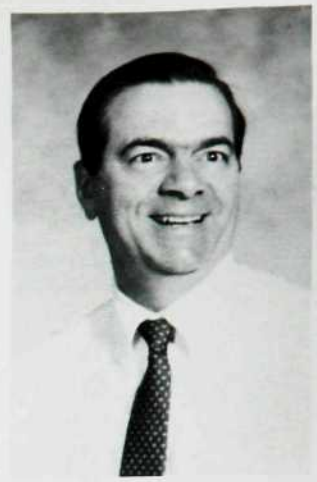
Mrs. Miriam Levin
Career Center Aide.

Library . . . Resource . . .

P.H.S.'s Library center is valuable to all students and teachers. There is an extensive collection of fiction, non-fiction, encyclopedias, and other research materials. There is also an audio-visual center directed by Mr. Morhardt. Here one can find help from Ms. Levy, head librarian, in order to get research for important history, English, or A.P. papers. Our Library is also a great place to do homework because it's always peaceful and quiet.



Elizabeth Levy
Librarian in charge



Mr. John Mohrhardt
Media Specialist, Audio Visual Volunteers.



Rose Nemeth
Media Center Secretary



Donna Vissac
Library Center Secretary



Mrs. Gale Alhadeff
Special Education - English, Reading, Co - Adviser • Forum Press, PEC Representative, Special Education



Mrs. Camille Conrad
Special Program: World Studies 9th Grade; English 9th, 10th, **11th** Grade; Reading 9th Grade; **Art** 9th Grade; Fall Varsity Cheerleaders Adviser; Paramus Education Committee Member.



Mrs. Michele Fenster
Special Program: English, Math, Reading, Social Studies



Mr. John Gangale
U.S. History 1; U.S. History II; World Studies; Family Life Education.



Mrs. Phyllis Kravitz
Resource Room: English, Reading, Study Skills; Renaissance Society Co-Adviser; Curriculum Instructional Council.



Nancy List
Special Education Aide.

Center . . . Early Childhood



Kathleen J. Moss
Practical Learning Skills



Mrs. Audrey Russo
Special Education - Math, Reading, Lincoln Center Institute Participant, Football Refreshment Stand



Mr. Joseph Tuzzolo
Resource Room Program Math and Practical Learning Skills, Special Math Program, Adviser to Winter Special Olympics, Director Saturday Morning Adaptive Recreation Program for Handicapped Youngsters, Adviser to Student Action for Education (SAE), Co-Adviser to the Interact Club, Sponsor PHS Annual Blood Drive, Representative Education Association of Paramus Rep. Council, PHS Liaison Committee Representative/Project Graduation, Teacher Representative, Sponsor Thanksgiving Dinner Basket for Needy, New York Times Delivery Service, Chairman Cerebral Palsy Drive, P.H.S. Honorary Member National Honor Society, "High School Teacher of the Year" 1989.

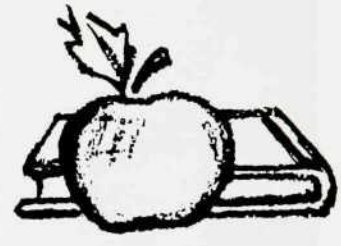
As Guidance director, Ms. Beverly Barbour supervises the Resource Program. This Special Program affords unique learning opportunities for those students who need them. Grouped in small classes, these students are taught in a relaxed, yet productive atmosphere. Each student is provided with individual educational plans designed specifically for his or her needs. Students spend one or two periods a day in which they are able to study such subjects as English, Math, and History, thereby developing practical learning skills. Teachers, assisted by Mrs. Nancy List, can give students increased attention which helps them to meet and satisfy their own individual learning needs.



Mrs. Helen Colligan
Speech Language Specialist, Speech Language Hearing Therapy



Mrs. Donna Hortian
Pre-Kindergarten Early Childhood Center



Tucked away in a far corner of Paramus High School, is a special place, called the Early Childhood Center. Here students in the Child Development Courses, have the honor of assisting children in the transition between the home environment to that of a school environment. A typical day at the Center ranges from learning ABC's to fingerpinting.



Mrs. Aurora Protano
Transitional Kindergarten



Mrs. Catherine Smith
Early Childhood Teacher



Mrs. Sally Van Saders
Early Childhood Aide



Mrs. Marian Westner
Early Childhood Aide

Our P.H.S.

Our P.H.S. Secretaries are real troopers! They are constantly aiding both administrators and students, especially seniors. Not only do they prepare important school documents, but they also prepare the senior transcripts for college applications. P.H.S. Secretaries are terrific for fixing copy machines, and helping to organize the time and work of our administrators. They are always there to help students, teachers, and administrators. For this we thank you!



Joan Brandt
Secretary to the Principal, Mr. Zanella



Mrs. Bertha Styles
Secretary to the Senior Vice-Principal, Mr. Cappucci; Office Assistant, Main Office



Mrs. Pat Szorentlnl
Office Assistant Switchboard Operator



Mrs. Flo Cotroneo
Office Assistant, Main Office; Math/Computer K-12 and Social Studies Department



Mrs. Janine Innocent!
Office Assistant, Main Office; Physical Education K-12, Foreign Language, ESL, K-12, Departments.



Mrs. Grace Anyedjian
Office Assistant, Main Office, English Department, Science Department



Mrs. Mary Abbott
Office Assistant, Main Office; Assistant to Mrs. Styles.

Secretaries



Back Row: Carolyn Berdan, Accounts Receivable; Diana Golle, Secretary to Business Administrator; Joyce Roth, Secretary to Director of Curriculum; Evelyn Rosenkranz, Secretary to Director of Buildings & Grounds, Office Assistant; Dorothea Appleheimer, Secretary to Superintendent; Clare Gorek, Secretary to Assistant Superintendent; Mary Jane Toci, Accounts Payable; Dorothy Barrows, Secretary to Accountant/Supervisor. *Front Row:* Marie Pavin, Payroll; Kay Heger, Payroll; Janet McCabe, Transportation Coordinator; Carol DeMott, Secretary to Administrative Assistant, Personnel.



Jan Lundgrcn
Guidance Secretary, House I.



Anne Pietruntl
Secretary to Mr. Brown, Vice-Principal House 1



shella Nussbaum
Guidance Assistant House I

One of our most gracious secretaries is the lady one meets upon entering House 1. Mrs. Lungren is a model of perfection and ability. She has given many years of devoted service to Paramus schools. She is going to be missed! We wish her well in a much deserved retirement.



Mrs. Grace Gaffney
Attendance Office



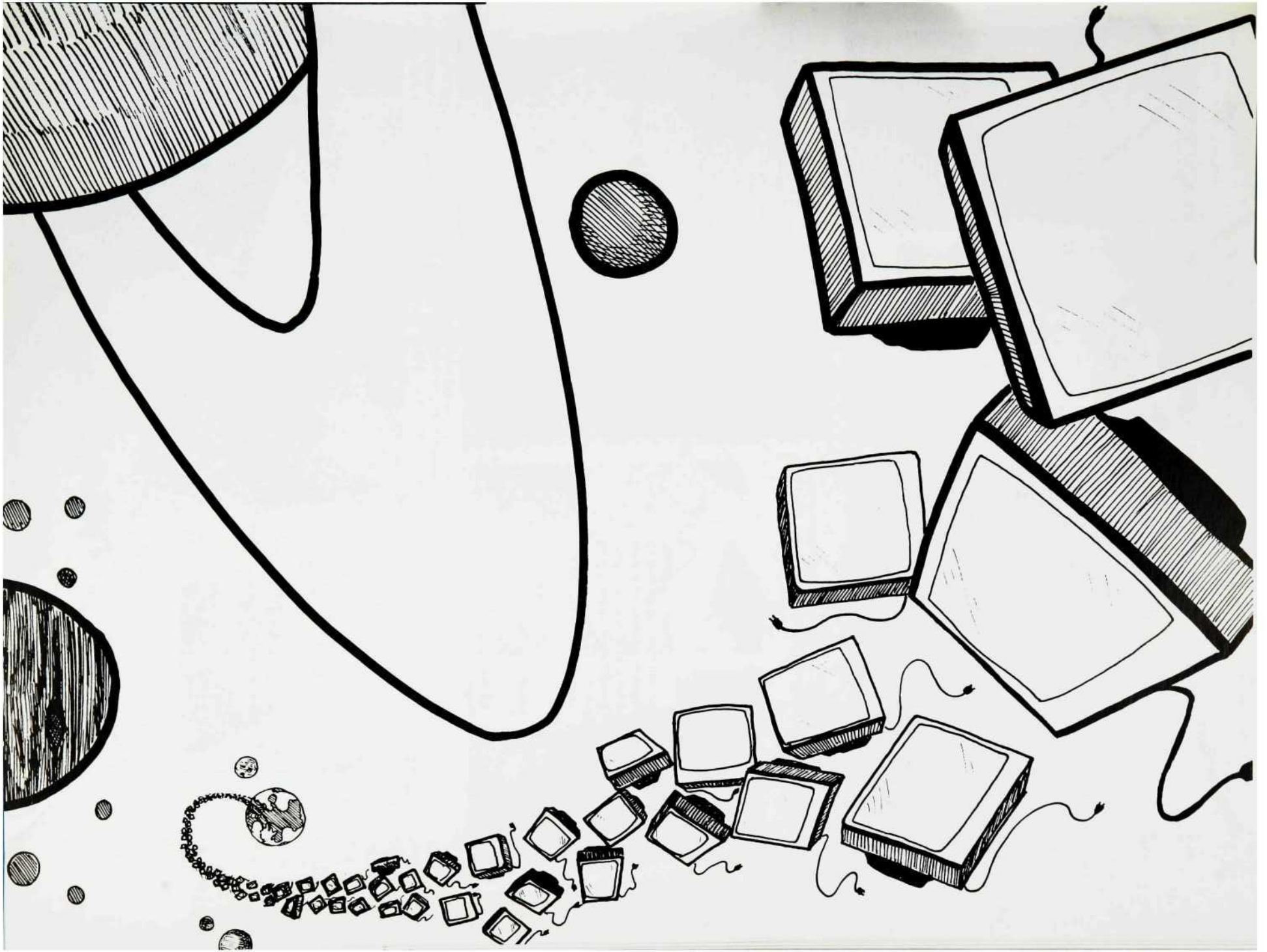
Mrs. Mary Ellen Lai
Office Assistant Guidance House 11

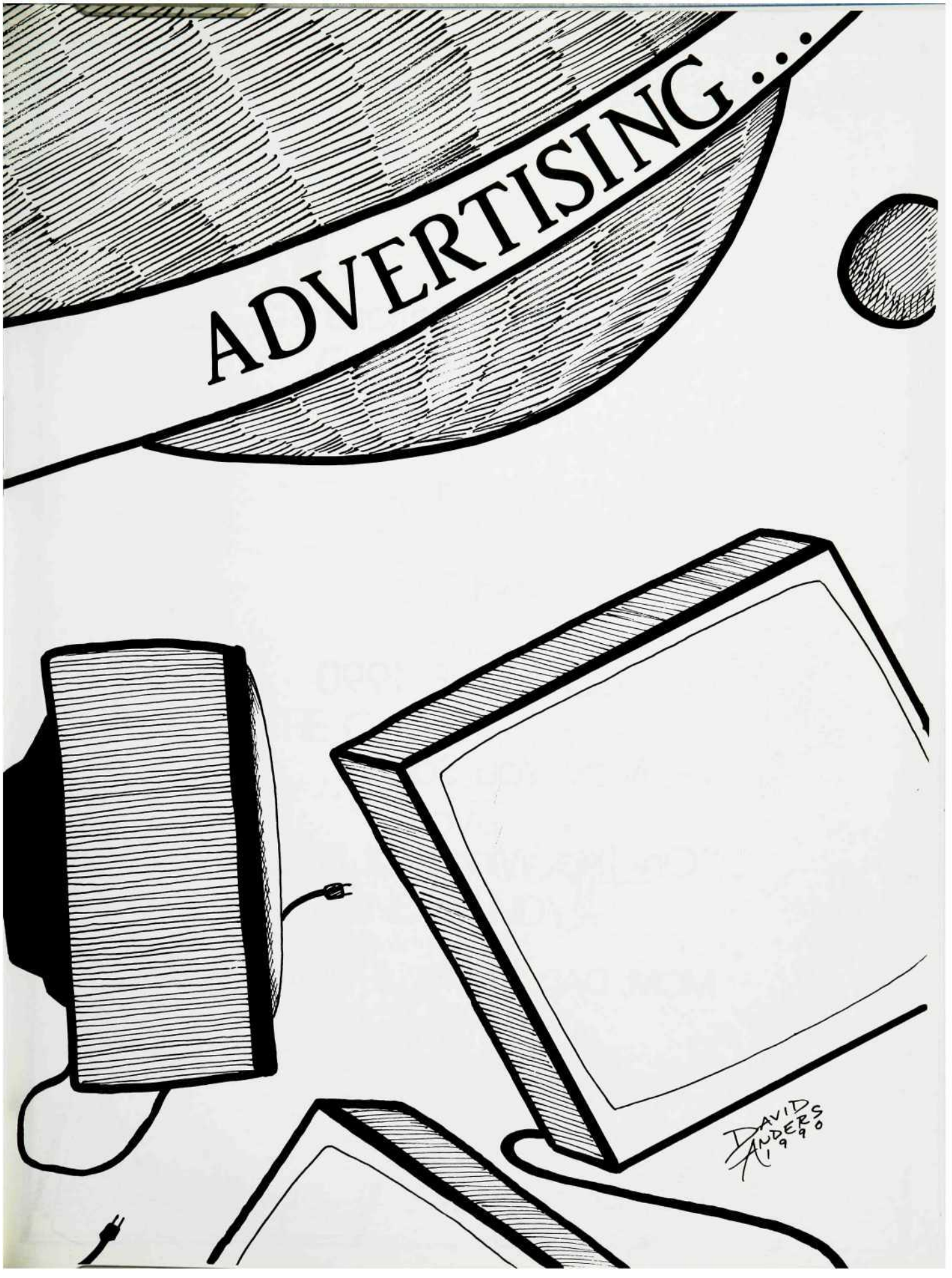


Arlene Patoray
Guidance Assistant House II



Mrs. Karln Carlough
Secretary to the Supervisor of the Guidance Department




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Mr. Richard Schweidel, Vice President
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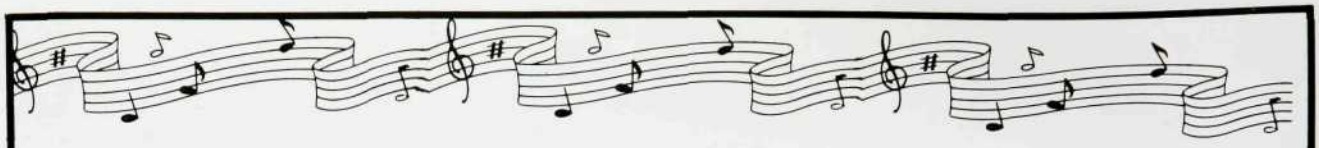


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John Aguilar
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Sue Igoe
John Nugent
Dena Lucchesi



Best Of Luck In The Future
To The Class Of 1990

Senior Class Officers

Chairperson: Marc Eskind
Vice Chairperson: Reem Shamoun

Secretary: Andy Roth
Adviser: Mr. Dennis Marchelle

Super Spartan
Fashion Show
50/50
Karate Expo



Bagel Bar
Girls Touch Football
Prom 1989
Sabrett Hot Dogs

$10,000 Gold Raffle

Prom Committee
Executive Prom Committee:

Marc Eskind
Peggy Sotirhos
Margret Vasile

Sue Garcia
Michelle Steinhardt
Kari Torsland
Stephanie Saltzberg

We Are The Best!

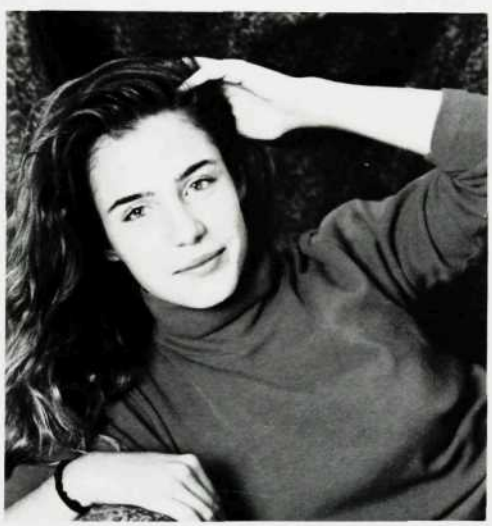
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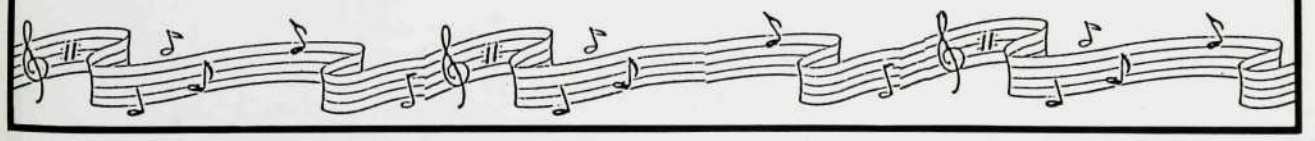


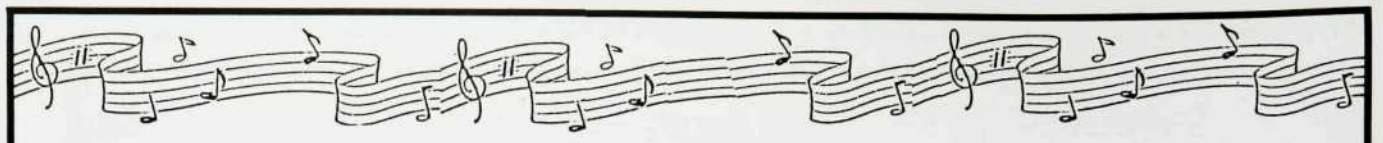
Congratulations To

STEPHANIE

And The Class of '90

David, Davida, & Felice Saltzberg





Congratulations

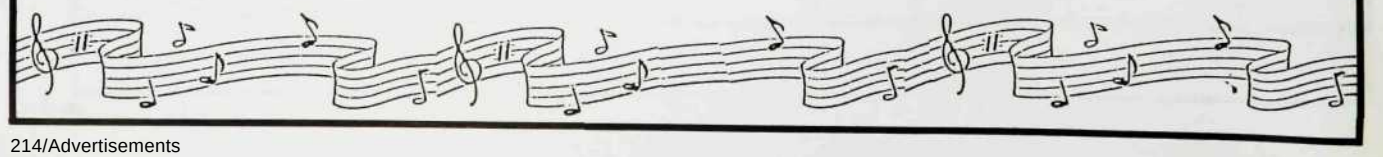
MISS BERNADETTE ANDRES

Love From: MOM, DAD, And

MRS. CARMELITH BARTOLOME

MR. EUGENIO BARTOLOME

MRS. MAXIMA BARTOLOME



BOO!



Left to Right: Mike, Roland, Kevin, Josh, Rich, Dave, Marc, and Gregg (below) *Right to Left:* Fonz, Greenspun of the Ski People, Ez, Dr. Josh, the Vanilla Gorilla, Gym, Tin Foil, and Nathan Therm (below).

With special thanks to:
Fletch, Babar, Howard Stern, Mr. Marchelle, A-a-a-l, Jit, The Machine, A Clockwork Orange, the Rams hat, Coach, the guy who plays video games with his feet at Dairy Queen, torrets, the meat closest to the bone, Lombardi recommendations, Fred Cotterell MP, the Boston Marathon, no spread from Emory, Double Dribble, Jimmy of Suburban, white on rice, mildew on the coadw, men's synchro swimmers, e-e-h-h-h, chicken girl, Sacred Cow, the occasion of your son's Bar Mitzvah, Pat Harper and all the colleges that accepted us shmendricks.

Sincerely,

The Ace of Clubs

P.S. Just win baby,







Congratulations

CLASS OF *1*990

P.H.S. ADMINISTRATORS AND SUPERVISORS

RICHARD ZANELLA, PRINCIPAL

PATRICK CAPPUCCI, SENIOR VICE-PRESIDENT

CHARLES BROWN, VICE-PRINCIPAL

BEVERLY BARBOUR, SUPERVISOR OF GUIDANCE

FRED COTTERELL, SUPERVISOR OF SOCIAL STUDIES

LAWRENCE FINKELSTEIN, SUPERVISOR OF SCIENCE

HERB HOELAND, SUPERVISOR OF PHYSICAL EDUCATION

ANGELA MEYER. SUPERVISOR OF ENGLISH

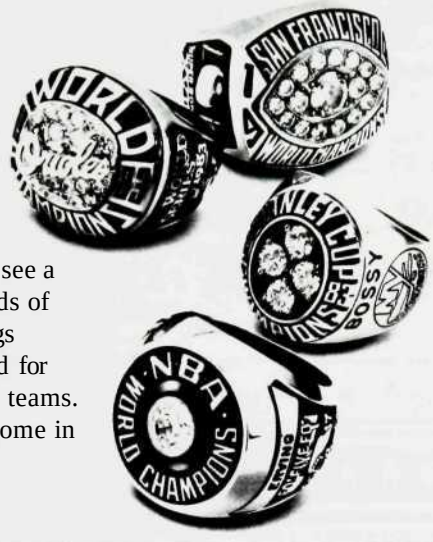
PETER NICHOLSON, SUPERVISOR OF MATHEMATICS

SIMON REICHEG, SUPERVISOR OF CREATIVE ARTS

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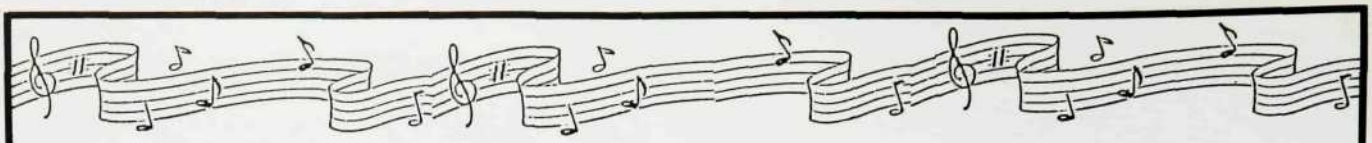
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. . . Messages from Parents . . .

Dear Michele,
We love you and are so proud of you. May your future be as bright as your smile, "Go For It All!"
Mom, Dad. and Sharon

Lisa,
We are so proud of you! Congratulations and Good Luck to you and the Class of '90
Love you, Mom. Dad & Leslie

Dear Michelle,
Always stay as kind and loving as you are today and everyone will be as proud to know and love you as we are. Best of luck to you and all the graduates always!
Love. Mom & Dad

Bill,
Congratulations and good luck. We love you and stand behind you always.
Mom, Ed, Robyn, & Ricky.

Dear Holly.
I wish you wisdom to make the right decisions, Courage to face your fears and Love and Sunshine in all you do.
Love always, Mom

Laurie,
All our love and wishes for a great future.
Love, Mom, & Dad

Dear Adrienne,
Congratulations! You made it. Happiness always. We love you.
Mom & Dad

Michelle Vetrone,
Time is filled with promises and only time can make them come true.
Love, Mom and Dad

Dear Beth,
Congratulations! "It's Only Just Begun."
Love, Mom & Dad Singer

To My Sunshine,
Through good times and not so good times, you have been a light in my life. Have a wonderful life!
Mom

Dear Wendy,
Go on my daughter far and near
Go on through the world to see and hear
Go on with God and have no fear!
I love you always. Mommy

Dear Christine,
Congrats! Now you have all the answers. Go find the questions!
Love. Mom & Dad

Dear Jonathan,
Congratulations on your graduation! We are very proud of you and all you have accomplished this year!
All our love. Mom, Dad & Steven

Dear Michael,
We couldn't be prouder! You have achieved tremendous goals At PHS and we know you will achieve even more at Union College.
Love, Mom and Bob and Stevie

To Chrissy,
Congratulations for a job well done. We hope your years in college will be just as great, if not better. You'll always be our special "B.C."!
Love. Mom & Dad

Dearest Claudine.
To the girl who really began what is now our happy family. You have made all of us so very proud of you. May life always bring you happiness and love!
"Mom and Dad"

Dear Rachel,
May your dreams, aspirations and achievements be as endless as the love and good wishes we have for you.
Mom and Alan

Danielle.
We are happy and very proud to be your parents. Congratulations to you and the Class of 1990!
Mom and Dad

Dani.
May you always walk in sunshine with good health and much success. We love you.
Mia and Pop

Dear liana,
We've always been very proud of you. Congratulations on a job well done! We love you very much!
Mom and Dad

Dear Jimmy.
You are on your way to bigger and better things, we will always be there for you. Love,
Mom, Dad, Mike, & Steven

Dear David,
Strive for the best because we think you are the best.
Love. Mom. Dad & Danielle

Jennifer Winters,
You have been a joy to us. We hope your future is filled with love, joy, and success. We love you.
Mom and Dad

B.J.
We wish you the very best. Congratulations, and good luck in college. We are proud of you.
Love, Mom and Dad

Dear Tim,
Congratulations! Our very best wishes for you now and in the future.
Love, Mom & Dad

Nancy,
Lisa and Marie join in congratulating you on your graduation. We are very proud of you and your impeccable record of 13 years.
Mom and Dad

Dear Gregg,
Keep your guns in the "Terrets" and fire when ready!!! Go get'm at N.U.!!!
Love always,
Mom and Dad

Tara St. Thomas,
We are so proud of you! Congratulations for all you have accomplished this last year. We love you!!
Mom and Dad

Todd A,
You have given us joy in the past and present- We know that you will be in your future. We love you.
Mom & Dad

Dear Mike,
You make me proud.
Love, Mom

Dear Bill,
From this day forward your life can only be what YOU wish to make of it. We wish you success, and health. God bless you and keep you. Love, Mom & Dad

Dear Michael,
I am so proud of you and I just know that Dad is looking down at you from Heaven with such pride. I love you Michael, Good Luck!
Mom

Dear Scott,
Know that yesterday is but today's memory and tomorrow is today's dreams. Striving for what life has to offer will bring you and your friends the joys of life and a successful future.
Love you, Mom and Dad

Dear Kari,
We are very proud of you! We wish you much happiness and success in your years ahead in college and always.
Love, Mom & Dad

Michele,
You and you alone hold the key to your future. May it open many doors of opportunity for you.
With love. Mom and Dad

Michelle May,
Good luck! You're smarter than you think. Now your future is in your hands. Wish you happiness and success.
Love, Mom

Roxanne Foster,
May your future be as beautiful and happy as you have made life for us.
Love, Mom & Dad

Miguel Fontanez,
To a special son — From a grateful & thankful family on a grand day.
Mom & Dad

Lisa Buckingham,
Good Luck-Stay Happy-You're the Greatest. We all love you.
Mom and Dad

Dearest Natalie,
May success and happiness be with you now and in the future. Congratulations!
Mom, Dad, and Elise

Christian,
All our love to a great son and loving brother! Reach for it!
Mom, Dad, Heather and Heidi

To George,
With our blessings and good luck for a happy future.
Love, Mom and Dad

Dearest Joy,
BETTER, BETTER & BETTER!
Love Always, Mom & Angel

Jennifer Anthony,
Congratulations to a great daughter! Best wishes in college and your future endeavors!
Love, Mom & Dad

Bret.
All of our hard work, worry & drum lessons finally paid off. Congratulations! Best of luck in all your future endeavors. Nasal Turnips forever - at least four years of college!
Love, Mom, Dad & Amy

Dear Mary Cuzzi,
We wish you every happiness today and always. You are a very special daughter who makes us very proud.
Love, Mom & Dad

To Therese,
You are God's gift to us. Your life brings us great joy and happiness. May the future hold all that you desire.
Love & Kisses, Mom & Dad

Mr. Pookie,
May the future bring you everything you're so deserving of. Congratulations to a super special son.
Love, Mom & Dad

I shall miss you, H.R. 720! Good luck to all the seniors!
C. Cancalosi

Jill Amy Epstein,
To our beautiful, sweet, and vivacious Jill. Now finished with High School, College bound must be a thrill!
Congratulations! Love, Mom & Dad

. . . Acknowledgments . . .

We of the *Delphian* Staff wish to offer our thanks to the following people for their help, cooperation, and efforts in preparing this thirty-first edition of the Yearbook, "On Wings of Song": Mr. and Mrs. Lenny Dian of the Dian Studios and their wonderful assistant, Rita, for their expertise in photography and warm personal relationships; Mrs. Bertha Styles and her capable assistant, Mrs. Mary Abbott, for their untiring efforts to count, record, and keep track of our finances; Mrs. Joan Brandt and her staff, Mrs. Grace Aynedjian, Mrs. Flo Cotroneo, Mrs. Janine Innocenti for all their assistance with our forms and requests, and Mrs. Pat Sorentini, our official receptionist, for handling our many telephone calls, especially to the studio; Mrs. Patricia Di Paolo, "Teacher of the Year", and her art staff, consisting of David Anders, John Aguilar, Peggy Sotirhos, Linda Choi, Eileen Karakashian, Reem Dawli, for the outstanding art work, especially Dave's, throughout the book, including the cover and the divider pages, which carried out our musical theme; the Administration, Mr. Richard Zanella, Mr. Patrick Cappucci, Mr. Charles Brown, especially Mr. Cappucci for signing the contract and all his help when our never-ending emergencies arose; Mr. Frank Ball, Jr. our friend and printing representative from Jostens Printing & Publishing, for his constant help and reassurance in meeting most of our deadlines; Mrs. Rita Kostopoulos, for being our "go-between" for the school and the studio; Herr Unger for his usual fine coverage of soccer, German Honor Society, and the Exchange Trip; Mr. Herb Hoeland for his cooperation in getting most of the sports pictures taken; Mr. Dolph Haugh for his help with the Bowling section; Mr. Dennis Marchelle, Senior Class and Prom Adviser, for help in getting the senior group picture and the prom picture taken; the various members of the "Editorial Board": Michelle Pucci for her dynamic leadership, innovative ideas, and her page; Danielle Scalo for her page and for already organizing the 1991 edition; Dena Luchesi and her staff for their photography; the layout staff headed by David Anders; the literary staff, Mani Roy, Doris Chou, and Ben deGuzman for their inspired writings throughout the book; the typing staff Sue Igoe, Allison Petouvis, Nancy Palamara, who shouldered the burden of doing all the mechanical but so necessary body copy for the printer; Josh Neuman, Kevin Ralph, and John Nugent for their help with Boys Sports; Denise Scherer for Girls Sports; Anne Boyajian and Lisa Galati for all their errand running; Rachel Alexander for preparing the Index; and last, but not least, Mr. Robert Boyce, our adviser, for his devotion and diligence in producing this thirty-first edition of the *Delphian, a* musical tribute "on the wings of song."





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. . . Boosters . . .

It's been a great time in PHS. I'll miss you, sis. Good Luck. John Nugent

Nicms, Ceals, Bean-Bean, Singer, Nat, Bucker. We're finally out of here! I love you guys! Rosie.

Congrats! Michelle "B"", Sue "No Tuna", Ben "Brown Bagel", Claire-Bear and everyone else I know! Love, Adam.

Best of Luck to the Class of 1990! Jeffrey Lessner

Best of Luck to you! Love, Marjorie & Josie.

Bagel — Don't fall off any wheelchairs. Love, Rosie

Partners In Crime: Who's the lucky guy this week?

To the Brat Pack and Fred: I love you all, and I'll miss you. Love, liana.

To Fish, Don't catch pneumonia! Love, Gus x 4.

Bill, 1 once had dreams and now they're gone. Thanks! Wig.

Happy Appliance Day from The Nasal Turnips.

To Tommy and Jason: I'll never forget Paramus Road that morning - you guys saved my life. Thanks for being there to help me. I'll never forget you two!! Love, Beth

Dear Bagel • 1 love you and I'll miss you - love B""!

Adam - Sweet nothings & no tuna! Sue and Michelle!

Amy - front clasp rules! love Michelle.

Adrienne and Dan! Stop fighting. Remember - no ice cube fights on Friday nights! Love, Michelle.

Jen, My Uncle lives in a bubble! That was a great summer! Dan

Kaiser, you noo noo, quit trecking around! Andy

To Froggie - Congrats! - Love, Peach

Sherlock • The family lives on - Gma Joy, Uncle Tom, Aunt Alley, Great Aunt Ann. Did you say hello to her? No moonroofs. M.O. Don't go Bowling. Watson

Dear Raj, Always you, me, and Jimmy, Best friends forever. Love, Mosh!

From one M.O. to another! I'll miss you guys forever! Remember your sweatshirts - Love, M.O. #1.

To: Rayna, Lisa, Michelle, Debbie, Natalie, and Karen. Thanks for being the greatest friends ever! You guys are the best and 1 will never forget you! 1 love you guys!!! - Beth

To the Class of '90: These four years have been the best - Thanks for making it so much fun!! Love, Rayna & Beth

Amy! Remember those talks, those hugs, those Air Supply Songs, and those Babies! Mani, with a Smile.

To my Sub-Group: It was real!

Petrovis, 15 years! WPEPA, TENT, SMOKE INHALATION, LOST! Love Ya! Nancy.

To M400. Is that racial? Love, An Olive Friend.

To the "FOOLS" in A.P. English. Please open a window! WE MADE IT! Ben and Nancy.

Amy, M.C.P. Forever! For our parents • Do you know where we are? Nancy.

Bub, Thanks for the good times we've shard together. You're the greatest! Love, Lisa.

Rayna, Michelle, Beth, Debbie, Karen, Natalie, You guys are the greatest! Thanks for being the best friends ever. I love you guys. Lisa.

Dear Fat Boy, Get a job and get out of P.H.S. (esp. the locker room). Innocently, E.W.

To Matti! I just want to thank you for all the good times we've had 2-gether. You are a big part of my life and I will always love you! Claudine.

To Connie, Robby, and little Connie, I just want you to know how important all of you are to me and that I'll love you always. Love ya, Claudine.

Tracey, We've shared good times and bad. Just remember nothing ever came between our friendship or ever will. Love, Angela.

John, Remember those important dates! Don't leave anyone watting at the beach. E.W.

Burger Queen - Stay in your space! Love Burger King

Hey, Rayna, who's Bear Bear? Iraj.

Hi Sinosh #2, mole, cowboy, and the one-eyed snake.

Greetings, Giant fans! Everett to "Flipper" kept the Rams alive. Look for L.A. in Superbowl XXV!! Dr. Josh (19-13!)

Science Researchers: You Queer Perverts! Neha, aka Mrs. Judkins.

To Kev and Gregg, MM is big He's a big kinda guy
He looks like Weird Al in "Fat" He's a big, bubbly, bibacious MM is huge!! JN

To: Natalie, Beth, Michelle. Debbie, Lisa, & Rayna, Thanks for always being there and being the best friends 1 could ever ask for, I love you all! B/F/F Karen

Jill, Good Luck! I hope you get to see Kaiser! Pate.

Dan, I never wanna see another kit-kat again! Good Luck! Pate.

Have a great life! Class of 1990

Pate. Kit-Kat Queen! Thanx for everything! Dan

Keri, bump, set. spike! "Naz"

To Perry • Zhip! — Love Lit.

To Bean and Chief • Love, Peach.

To Michele - Congratulations - Love Mom and Dad.

Ezra - You look great in your underwear, aerobic man! Rayna.

To Joe and liana: thanks for always being true friends! Love. Niems.

To the gym class gang. We know who we are! We couldn't of had a better time • Vicki.

Dear Jean, Remember Dinner at Doug's. Love, Vicki.

Alvin, My math buddy! The Greatest Story Ever Told keep it with you always. Love, Nancy

Brown Duck - "Mary Had A Little Lamb!"
Yellow Duck - Am 1 sexy? You tell me!
Love ya both, your olive friend, Nancy.

Congratulations! After 12 years of the Paramus system, we have landed.

to Nicholas. Jonathan, Daniel The tennis professor who shoves people in locker and car trunks; the Brown Cow to whom I owe 4,321 French Fries; Would you like some soup? Love ya, Mani.

Lisa - AAAHHHH!!! I had to scream!! Rayna.

To those of us who know: Front Clasps are easier.

To the accursed, 1 Luv U all! Don't laugh! Bert.

Nick • Play Net!!

Virginia - The sex-pot preacher lives!
2nd pd study - Is the *Moby Dick* thing had?

Rayna, Niem, Ceal, Beth, Nat, Lisa - So many memories! B/F/F Deb.

Hieeee! Ms. Perraudin! Did you forget or don't you remember? S.M. a little tiny division of the M.O.'s.

To the Brat Pack! The best group of friends I've ever had are you guys! Remember all the good times we've had throughout our high school years. 1 love you all - Heath, Rox, Laur, De, liana, Mom, & Neen.

Jon - 4/20/89 to now - it's been the greatest! Love you forever • Deb.

Gregg, I love you so much with 50's and IG. Rayna.

Look me in the eyes and say, Halluwajie, Halluwajie, Halluwajie! Lit, Perry, Nif.

To the Brat Pack: I've never had a better group of friends - Heather, Claudine, Roxanne, Laurie. liana, Nina - 1 love you Guys!! Dena

Heather: We have had the best friendship anyone could ask for and I hope it only gets better, you are a big part of my life and I'll always love you - Ya Brown Eye! Dena.

My Dearest Sue, May the bond live forever and may I always be cheap! Nancy.

C1AO! BELLA GINA • TU SEI UNA BUON AMICA E 10 Tl AMO! ASSUNTA.

Brown is Beautiful (Especially *You* - Know Who) From One Chocolate to another.

Amy - count your teddybears and SHEEP • Lou Lou *est mort.*

Shipa, Shipa, Shipa, Hoy, Hoy, Hoy! sp3 hybrids rule!

"If you shall confess the Lord Jesus, and shall believe in your heart that God raised Him from the dead, you shall be saved." (ROMANS 10:9) - With love in Him, Alvin.

To all the snobby cheaters • copy it from somewhere else. One honest TWINKIE.

To the class of 90: This is it! Never forget all the great times. We're gunna miss all of you! Love, Niems & Ceals.

To Karen, Debbie, Lisa, Rayna, Michelle, and Beth: You all are the Best Friends anyone could ever have. Thanks for everything. Natalie

Marie & Andy: 1 would not have made it through High School without all of your support, you are truly unique and wonderful people - Mom, Dad - 1 love you! Dena.





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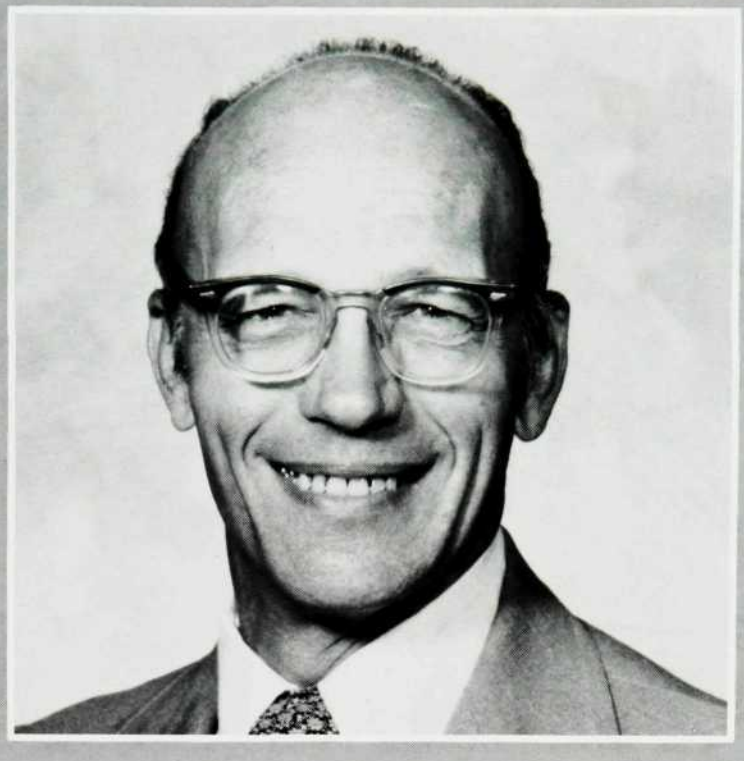
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In Memoriam

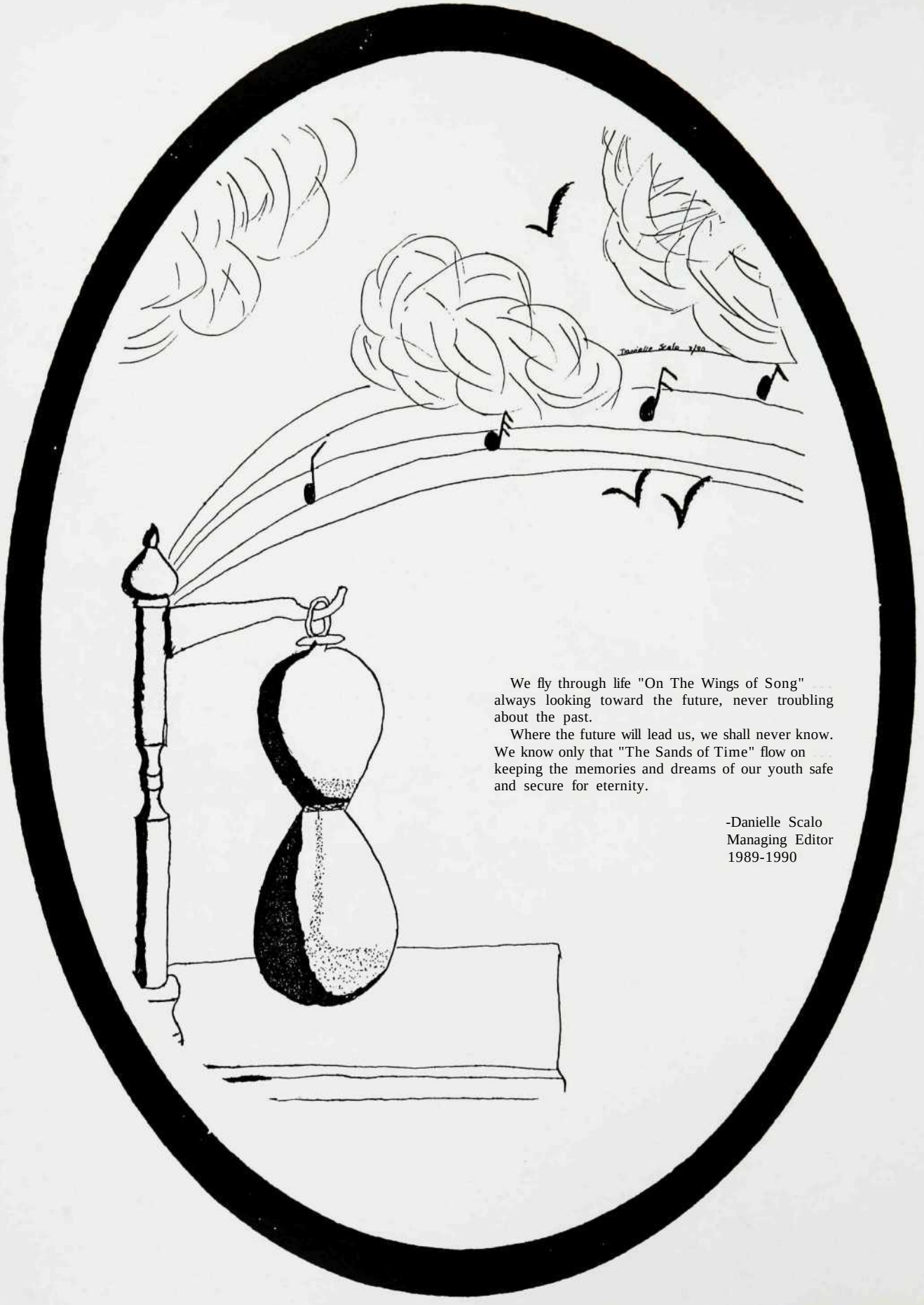


Lou Lanzalotto
1928-1990

Once again we have been tragically reminded of the ephemeral quality of life. On March 27, 1990, we lost one of our founding fathers, our friend and loyal fellow worker, Lou Lanzalotto.

Lou was on hand at the opening day of school in September, 1958. He made many fine contributions to Paramus High School during his thirty years at the helm of the Social Studies department. Lou served in many capacities: Coach, Teacher, Supervisor, and Friend. He was known throughout the State for his outstanding record in sports, having coached the track team for fourteen undefeated seasons! Lou will be remembered for his witty stories; his human qualities; his dedication to PHS; his ever-ready help to students and faculty alike in time of trouble; a teacher *par excellence;* a true friend!

We love you and will always remember you, Lou!



We fly through life "On The Wings of Song" always looking toward the future, never troubling about the past.

Where the future will lead us, we shall never know. We know only that "The Sands of Time" flow on keeping the memories and dreams of our youth safe and secure for eternity.

-Danielle Scalo
Managing Editor
1989-1990

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